

June 26, 2023

To the attention of:

Joint Compliance Audit Committee
Corporation of the City of Oshawa
50 Centre Street South
Oshawa, Ontario

Regarding the 2022 election campaign of Joe Ingino for the office of Oshawa mayor

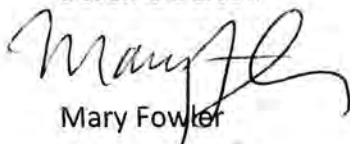
We, the undersigned electors entitled to vote in an election in Oshawa, believe on reasonable grounds that during the 2022 municipal election, the candidate, Joe Ingino, egregiously contravened provisions of the Municipal Elections Act relating to election campaign finances. This is our formal application as per section 88.33 of the Act to the Committee for a Compliance Audit of Mr. Ingino's election campaign finances.

Due to the extensive documentation required to support this application, on the following pages we detail the contraventions along with numerous attachments providing support for the application.

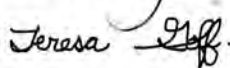
With regards,



Derek Giberson



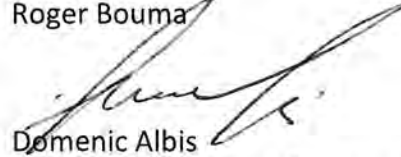
Mary Fowler



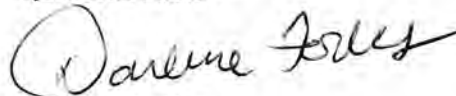
Teresa Goff



Roger Bouma



Domenic Albis



Darlene Forbes

**Application to Joint Compliance Audit Committee
Regarding the 2022 election campaign of Joe Ingino for the office of Oshawa mayor**

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Attachment 6 – Candidate’s Unsigned Financial Statement (revised from original January 23, 2023 filing, provided with letter for JCAC hearing held May 22, 2023)

**Application to Joint Compliance Audit Committee
Regarding the 2022 election campaign of Joe Ingino for the office of Oshawa mayor**

Detailing of contraventions by candidate

Background

1. In the 2022 municipal elections in the City of Oshawa, Joe Ingino was a registered candidate for the office of mayor, having registered on June 4, 2022, according to his Financial Statement (Attachment 1), which he filed on January 23, 2023. Mr. Ingino was already an experienced candidate, having run for the same office in 2018 and 2014 garnering a small vote share each time.
2. Mr. Ingino describes himself as the editor and publisher of a newspaper variously referred to as the Oshawa Central Newspaper and Oshawa/Durham Central, which its website states has been in publication since 1995, and currently exists in both a print and online format, publishing one edition per week in the middle of the week. The online format appears as a direct reproduction of the print format. This Application will use the title “Oshawa Central” when referring to it. The ownership of the Oshawa Central is unspecified but appears to be owned by Mr. Ingino.
3. In the 2022 election, Mr. Ingino ran a campaign that included election signs placed across the City and newspaper advertisements in the Oshawa Central, and he also appears to have rented a table at the Oshawa Markets, a flea market located at 555 Simcoe Street South.

General

4. The Municipal Elections Act (“the Act”) provides clear rules on campaign finances in a municipal election in Ontario, including:
 - a. a candidate must first register prior to incurring any campaign costs;

- b. a general spending limit per campaign applies (\$111,153.25 in the case of a mayoral campaign in Oshawa in 2022);
 - c. a contribution limit from the candidate and spouse applies (\$25,000 for same);
 - d. all contributions must be made by individuals (rather than businesses, corporations, unions, etc.);
 - e. the total of all contributions and expenses must be clearly documented in the Financial Statement;
 - f. the financial activities throughout the campaign must be conducted according to section 88.22 of the Act; and,
 - g. a candidate must file their Financial Statement with an auditor's report if the campaign's expenses exceed \$10,000.
5. This Application submits that Mr. Ingino severely and repeatedly violated the Act on all counts listed above.
 6. In order to clearly detail the extent of Mr. Ingino's violations of Act, this Application includes several Attachments to assist the Joint Compliance Audit Committee ("the Committee") in their review.

Newspaper Advertising

7. Mr. Ingino ran an extensive quantity of newspaper ads in the Oshawa Central throughout the campaign, as well as prior to the date of his registration as a candidate.
8. Near the outset of the municipal election period and at other points during the campaign period, via email Mr. Ingino provided candidates running for various municipal offices a rate card for advertising in the Oshawa Central. This rate card is included as Attachment 2 and is a key component in calculating Mr. Ingino's total ad spend in his newspaper.
9. As part of the preparation of this Application, it was necessary to review all the publications of the Oshawa Central from the outset of the election nomination period (May 2, 2022) up to election day (October 24, 2022), in order to quantify the types, sizes, and numbers of ads for Mr. Ingino's election campaign that he placed in the Oshawa Central.

10. This quantification can be found in a worksheet in Attachment 3, where the table calculations require two pages to fit, with totals found on the 2nd page.
 - a. Each column has a blue label that describes the ad type and size in question, and at the end of the table which falls on the 2nd page, in the grey area is a rate per ad. As often as possible this format attempts to correlate to a type and size found in the Oshawa Central rate card. This was not always easy as some ads did not exactly match an identical size in the rate card; however, where this is the case, in some cases an ad size as close as possible was selected or the count per ad was adjusted.
 - b. In each column, with the exception of "Other," the number in each cell is the number of occurrences of that type of ad in that publication date. The column labelled "Other" quantifies dollar estimates for irregular ads that don't reoccur enough to warrant a column of their own, with details in the notes.
11. Based on the calculations from the table, the blue fields on the 2nd page provide a grand total, an amount calculated at \$219,687. This amount violates the Act and election rules on numerous counts:
 - a. The mayoral race spending cap for Oshawa in 2022 was \$111,153.25, with the calculated amount of ads exceeding this by over \$108,000;
 - b. The maximum Mr. Ingino would be able to contribute to his own campaign is \$25,000, with the calculated amount of ads exceeding this by over \$194,000;
 - c. There is no mechanism in legislation by which the Oshawa Central, as a business entity, could donate ad space to a candidate, as non-individual donations are prohibited;
 - d. In his Financial Statement of January 23, 2023, Mr. Ingino reports on the advertising line of the expense section that his campaign spent only \$3,000, a number that under-reports at 1.37% of the total value of ads in his newspaper. This suggests either an unfathomable error in financial reporting or the falsifying of an election campaign filing; and,

- e. In bringing the expenses of the campaign well in excess of \$10,000, the Act requires that Mr. Ingino's campaign finances should be filed with an auditor's report, which he failed to provide.
12. In addition to the problematic quantity and monetary value of the ads during the election period, Mr. Ingino began running ads prior to his registration as a candidate, which according to his Financial Statement indicates he registered his campaign on June 3, 2022. The table in Attachment 3 is divided into two sections: the opening of the nomination period beginning on May 2, 2022, and the period after Mr. Ingino registered. On the 2nd page, an additional total is found near the bottom that calculates his total ad spend in the period prior to his registration as \$22,125. This clearly violates the Act as no expenses may be incurred or contributions received prior to registering as a candidate.
 13. Further to the ads that explicitly identify themselves as election advertising for Mr. Ingino's campaign, the Committee is being provided with a partial quantification of other ads that have run in the Oshawa Central that may merit further investigation to determine if they qualify as election advertising. Since 2018, Mr. Ingino has been promoting a program identified as "the INGINO Initiative" through both ads in his newspaper and through small signs in commercial storefronts mostly in the downtown Oshawa area. It purports to be a program meant to promote businesses in the central Oshawa area, however the program places Mr. Ingino's last name, in bold upper-case typeface, as the prominent feature in the graphic design layout wherever it appears, rather than any explicit or implicit direction to consumers to spend their money at local businesses, which is the claimed intent of the program. In the sample of Oshawa Central newspapers provided in this application, comparison is possible of the visual design of the "INGINO Initiative" ads with that of Mr. Ingino's election ads: both use similar typefaces, colour schemes (usually yellow letters on black field), and prominent placement of the word "INGINO" in all capital letters.
 14. The "INGINO Initiative" banners continued to appear twice in each newspaper after Mr. Ingino's registration date. This is quantified in Attachment 4, which includes a table that

captures the full appearances of this graphic through the election period, as well as a sample of editions of the Oshawa Central dating from June 1, 2020, through to the election period in May of 2022. The sample is not exhaustive as it was not possible to acquire each weekly edition through that period, but given that the graphic appeared in every edition acquired, it should be assumed that it appeared in all the editions that weren't acquired, lacking evidence to the contrary. The table in Attachment 4 provides subtotals of the various periods that may be relevant to future proceedings related to this Application, however this Application will not go into every detail of this concern, as it may be outside the purview of the Committee to determine whether these qualify as election ads.

15. If this point is further explored, lacking any guidance for municipal elections in Ontario, it may be informative to turn to the *Election Finances Act – Guidelines* provided by Elections Ontario for provincial elections (the same order of government that legislates municipal elections). In section 8, "Political Advertising," the Guidelines suggest among the criteria to consider:

"whether the formatting or branding of the advertisement is similar to a registered political party's or registered candidate's formatting or branding or election material;"¹

16. For summary purposes, Attachment 5 provides the Committee with the aggregated worksheet of the two prior attachments, where it can be seen that, depending on the future determination of the "INGINO Initiative" ads, this could put Mr. Ingino's campaign ad value in excess of \$266,000.

Committee hearings of May 24, 2023 and June 8, 2023

17. On May 24, 2023, and June 8, 2023, Compliance Audit Committee Meetings were held regarding contributions made by two separate individuals, Rosaldo Russo and Donald Jessome, in the 2022 municipal election, both to Mr. Ingino's campaign, in excess of the personal limit of \$1,200 per candidate. Each individual was shown on Mr. Ingino's

original filing as having donated \$1,356, which triggered an automatic review as per the Act. The review was only of the contributors and their contributions, not the candidate.

18. Two days in advance of the May 24, 2023 hearing, Mr. Ingino provided a letter and revised Financial Statement (Attachment 6) that attempted to explain some of the apparent over-contributions. Mr. Ingino appeared at both hearings in order to assist in responding to the respective applications and provide further information.
19. In his revised Financial Statement, \$356 of each \$1,356 contribution has been reallocated to new donors whose names were not on the original filing.
20. In Mr. Ingino's letter dated May 22, 2023, in describing a "clerical error in submission by [his] staff," he provides on the record several actions that violate the Act:
 - a. He describes that both Mr. Jessome and Mr. Russo paid for \$1,356 each in election signs on their credit cards; and,
 - b. As the intention for each contributor was to be \$1,000, Mr. Ingino writes that he gave each of them \$356 from donations made by James Torok and Michael Palermo.
21. In Mr. Ingino's verbal comments at the June 8, 2023 hearing, the recording of which is available on the City of Oshawa website, he goes on to describe that the campaign contribution of \$356 from Mr. Torok was a cash donation.
22. In further verbal comments, Mr. Ingino appears to indicate that there are limited or no records of these transactions without being able to provide clear and direct answers to the Committee, including the purchase of the election signs tied to these contributions, receipts of funds, or activities conducted through a campaign account.
23. These activities fail to meet the financial requirements of the Act, which states (emphasis added):
 - 88.22 (1) A **candidate** shall ensure that,
 - ...(b) all contributions of money are deposited into the campaign accounts;
 - ...(d) all payments for expenses are made from the campaign accounts;
 - (e) contributions of goods or services are valued;

(f) receipts are issued for every contribution and obtained for every expense;

(g) records are kept of,

(i) the receipts issued for every contribution,

(ii) the value of every contribution,

(iii) whether a contribution is in the form of money, goods or services, and

(iv) the contributor's name and address;

(h) records are kept of every expense including the receipts obtained for each expense;

...(l) the records described in clauses (g), (h), (i), (j) and (k) are retained by the candidate for the term of office of the members of the council or local board and until their successors are elected and the newly elected council or local board is organized;

(m) financial filings are made in accordance with sections 88.25 and 88.32;

(n) proper direction is given to the persons who are authorized to incur expenses and accept or solicit contributions under the direction of the candidate;

(o) a contribution of money made or received in contravention of this Act or a by-law passed under this Act is returned to the contributor as soon as possible after the candidate becomes aware of the contravention;

(p) a contribution not returned to the contributor under clause (o) is paid to the clerk with whom the candidate's nomination was filed;

...(r) each contributor is informed that a contributor shall not make contributions exceeding,

(i) subject to subsection (2), a total of \$1,200 to any one candidate in an election

24. Examination of the contributor information on Mr. Ingino's Financial Statements

highlights further areas requiring clarity, due to apparent irregularities:

- a. Both Statements list a financial contribution from "P. Larose" on Glendale Road but one has a house number of 56 and the other 354, neither of which exist on Glendale Avenue in Oshawa;
 - b. Both Statements list a financial contribution from "D Hart" on Charter Crescent but one has a house number of 153 and the other 1311;
 - c. The revised Statement adds Michael Palermo as described in Mr. Ingino's letter, with an address of 152 Thornton Road South, however a search of addresses shows no house or registered lot at 152 Thornton Road South (or North); and,
 - d. An internet query of the names of both James Torok and Michael Palermo turn up no results in Oshawa.
25. It is recommended that the Committee, or an authority appointed by the Committee, seek to obtain clear records on all the financial activities of Mr. Ingino's campaign as it relates to paragraphs 17 through 24 of this application, including proof of identity and residence of the contributors found on his Financials Statements, along with the usual financial record requirements of the Act.

Final notes

26. This Application will include digital samples of the Oshawa Central that were acquired from the Oshawa Central's website, but the Applicants can provide physical copies of the editions that were acquired and are currently set aside, should the Committee request them.
27. Mr. Ingino was seen advertising his presence at a table or booth at the Oshawa Markets during the election period, but clear records would be required in order to determine if he reported this expense in his Financial Statement as it does not explicitly provide for this type of activity.

Instructions

All candidates must complete Boxes A and B. Candidates who receive contributions or incur expenses must complete Boxes C, D, Schedule 1 and Schedule 2 as appropriate. Candidates who receive contributions or incur expenses in excess of \$10,000 must also attach an Auditor's Report.

All surplus funds (after any refund to the candidate or their spouse) shall be immediately paid to the clerk who is responsible for the conduct of the election.

For the campaign period from (day clerk received nomination)

YYYY	MM	DD
2022	06	04

 to

YYYY	MM	DD
2022	12	31

Initial filing reflecting finances from start of campaign to December 31 (or 45 days after voting day in a by-election)

Supplementary filing reflecting finances from start of campaign to end of extended campaign period

Box A: Name of Candidate and Office

Candidate's name as shown on the ballot

Last Name or Single Name

INGINO

Given Name(s)

JOE

Office for Which the Candidate Sought Election

MAYOR

Ward Name or Number (if any)

Municipality

OSHAWA

Spending Limit

General

\$ 100664.25

Parties and Other Expressions of Appreciation

\$ 10066.43

Contribution Limit

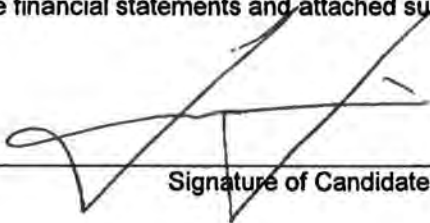
Contributions from Candidate and Spouse

\$ 25000 =

I did not accept any contributions or incur any expenses. (Complete Boxes A and B only)

Box B: Declaration

I, JOE INGINO, declare that to the best of my knowledge and belief that these financial statements and attached supporting schedules are true and correct.



Signature of Candidate

2023/01/23

Date (yyyy/mm/dd)

Date Filed (yyyy/mm/dd)

2022/02/06

Time Filed

12:51pm

Initial of Candidate or Agent (if filed in person)



Signature of Clerk or Designate



Box C: Statement of Campaign Income and Expenses

LOAN

Name of bank or recognized lending institution

Amount borrowed
\$

INCOME

Total amount of all contributions (from line 1A in Schedule 1)	+ \$	<u>6586.63</u>
Revenue from items \$25 or less	+ \$	<u> </u>
Sign deposit refund	+ \$	<u> </u>
Revenue from fundraising events not deemed a contribution (from Part III of Schedule 2)	+ \$	<u> </u>
Interest earned by campaign bank account	+ \$	<u> </u>
Other (provide full details)	+ \$	<u> </u>
	+ \$	<u> </u>
	+ \$	<u> </u>
	+ \$	<u> </u>
	+ \$	<u> </u>
	+ \$	<u> </u>
	+ \$	<u> </u>

Total Campaign Income (Do not include loan)

= \$ 6586.63 C1

EXPENSES (Note: Include the value of contributions of goods and services)

1. Expenses subject to general spending limit

Inventory from previous campaign used in this campaign (list details in Table 2 of Schedule 1)	+ \$	<u> </u>
Advertising	+ \$	<u>3000-</u>
Brochures/flyers	+ \$	<u> </u>
Signs (including sign deposit)	+ \$	<u>3028.40</u>
Meetings hosted	+ \$	<u> </u>
Office expenses incurred until voting day	+ \$	<u>200-</u>
Phone and/or internet expenses incurred until voting day	+ \$	<u>158.23</u>
Salaries, benefits, honoraria, professional fees incurred until voting day	+ \$	<u> </u>
Bank charges incurred until voting day	+ \$	<u> </u>
Interest charged on loan until voting day	+ \$	<u> </u>
Other (provide full details)	+ \$	<u> </u>
<u> NOMINATION FEE</u>	+ \$	<u>200-</u>
	+ \$	<u> </u>
	+ \$	<u> </u>
	+ \$	<u> </u>
	+ \$	<u> </u>
	+ \$	<u> </u>
	+ \$	<u> </u>

Total Expenses subject to general spending limit

= \$ 6586.63 C2

2. Expenses subject to spending limit for parties and other expressions of appreciation

_____	+ \$	_____
_____	+ \$	_____
_____	+ \$	_____
_____	+ \$	_____
_____	+ \$	_____

Total Expenses subject to spending limit for parties and other expressions of appreciation = \$ _____ **C3**

3. Expenses not subject to spending limits

Accounting and audit	+ \$	_____
Cost of fundraising events/activities (list details in Part IV of Schedule 2)	+ \$	_____
Office expenses incurred after voting day	+ \$	_____
Phone and/or internet expenses incurred after voting day	+ \$	_____
Salaries, benefits, honoraria, professional fees incurred after voting day	+ \$	_____
Bank charges incurred after voting day	+ \$	_____
Interest charged on loan after voting day	+ \$	_____
Expenses related to recount	+ \$	_____
Expenses related to controverted election	+ \$	_____
Expenses related to compliance audit	+ \$	_____
Expenses related to candidate's disability (provide full details)		_____
	+ \$	_____
	+ \$	_____
	+ \$	_____
	+ \$	_____
	+ \$	_____

Other (provide full details)

_____	+ \$	_____
_____	+ \$	_____
_____	+ \$	_____
_____	+ \$	_____
_____	+ \$	_____

Total Expenses not subject to spending limits = \$ _____ **C4**

Total Campaign Expenses (C2 + C3 + C4) = \$ _____ **C5**

Box D: Calculation of Surplus or Deficit

Excess (deficiency) of income over expenses (Income minus Total Expenses) (C1 – C5)	+ \$	_____	D1
If there is a surplus, deduct any refund of candidate's or spouse's contributions to the campaign	- \$	_____	
Surplus (or deficit) for the campaign		= \$	_____ D2

If line D2 shows a surplus, the amount must be paid in trust, at the time the financial statements are filed, to the municipal clerk who is responsible for the conduct of the election.

Schedule 1 – Contributions

Part I – Summary of Contributions

Contributions in money from candidate and spouse

+ \$ 3,158.23

Contributions in goods and services from candidate and spouse
(include value listed in Table 1 and Table 2)

+ \$ _____

Total value of contributions not exceeding \$100 per contributor

- Include ticket revenue, contributions in money, goods and services where the total contribution from a contributor is \$100 or less (do not include contributions from candidate or spouse).

+ \$ _____

Total value of contributions exceeding \$100 per contributor
(from line 1B; list details in Table 3 and Table 4)

- Include ticket revenue, contributions in money, goods and services where the total contribution from a contributor exceeds \$100 (do not include contributions from candidate or spouse).

+ \$ 3,428.40

Less: Ineligible contributions paid or payable to the contributor

Contributions paid or payable to the clerk, including contributions from anonymous sources exceeding \$25

- \$ _____

- \$ _____

Total Amount of Contributions (record under Income in Box C)

= \$ 6,586.63 1A

Part II – Contributions from candidate or spouse

Table 1: Contributions in goods or services

Description of Goods or Services	Date Received (yyyy/mm/dd)	Value (\$)
Total		

Additional information is listed on separate supplementary attachment, if completed manually.

Table 2: Inventory of campaign goods and materials from previous municipal campaign used in this campaign
(Note: Value must be recorded as a contribution from the candidate and as an expense.)

Description	Date Acquired (yyyy/mm/dd)	Supplier	Quantity	Current Market Value (\$)
Total				

Additional information is listed on separate supplementary attachment, if completed manually.

Part III – Contributions exceeding \$100 per contributor – Individuals other than candidate or spouse

Table 3: Monetary contributions from individuals other than candidate or spouse

Name	Full Address	Date Received (yyyy/mm/dd)	Amount Received (\$)	Amount Returned to Contributor or Paid to Clerk (\$)
D. BUCK	136 SILCOE ST. N.	22/09/30	300-	
D. HART	1311 CHARTER CR.	22/06/14	100-	
Total			400-	

Additional information is listed on separate supplementary attachment, if completed manually.

Table 4: Contributions in goods or services from individuals other than candidate or spouse
(Note: Must also be recorded as Expenses in Box C.)

Name	Full Address	Description of Goods or Services	Date Received (yyyy/mm/dd)	Value (\$)
D. JAMIESON	404 MAPLEWOOD DR	SIGNS	22/09/12	1356.
P. LAROSE	354 GLENDALE	SIGNS	22/09/15	316.40
R. RUSSO	243 HOWDEN DR W.	SIGNS	22/09/02	1356-
Total				3028.40

Additional information is listed on separate supplementary attachment, if completed manually.

**Total for Part III – Contributions exceeding \$100 per contributor
(Add totals from Table 3 and Table 4 and record the total in Part 1 – Summary of Contributions)**

\$ 3428.40

Schedule 2 – Fundraising Events and Activities

Complete a separate schedule for each event or activity held.

Additional schedule(s) attached, if completed manually.

Fundraising Event/Activity

Description of fundraising event/activity _____

Date of event/activity (yyyy/mm/dd) _____

Part I – Ticket revenue

Admission charge (per person) \$ _____ 2A

(If there are a range of ticket prices, attach complete breakdown of all ticket sales)

Number of tickets sold x _____ 2B

Total Part I (2A X 2B) (include in Part I of Schedule 1) = \$ _____

Part II – Other revenue deemed a contribution

Provide details (e.g., revenue from goods sold in excess of fair market value)

_____ + \$
_____ + \$
_____ + \$
_____ + \$
_____ + \$

Total Part II (include in Part I of Schedule 1) = \$ _____

Part III – Other revenue not deemed a contribution

Provide details (e.g., contribution of \$25 or less; goods or services sold for \$25 or less)

_____ + \$
_____ + \$
_____ + \$
_____ + \$
_____ + \$

Total Part III (include under Income in Box C) = \$ _____

Part IV – Expenses related to fundraising event or activity

Provide details

_____ + \$
_____ + \$
_____ + \$
_____ + \$
_____ + \$

Total Part IV Expenses (include under Expenses in Box C) = \$ _____

Auditor's Report – Municipal Elections Act, 1996 (Section 88.25)

A candidate who has received contributions or incurred expenses in excess of \$10,000 must attach an auditor's report.

Professional Designation of Auditor

Municipality		Date (yyyy/mm/dd)
Contact Information		
Last Name or Single Name		Licence Number
Given Name(s)		
Address		
Suite/Unit Number	Street Number	Street Name
Municipality		Postal Code
Province		
Telephone Number	Email Address	

The report must be done in accordance with generally accepted auditing standards and must:

- set out the scope of the examination
- provide an opinion as to the completeness and accuracy of the financial statement and whether it is free of material misstatement

Report is attached

Personal information, if any, collected on this form is obtained under the authority of sections 88.25 and 95 of the *Municipal Elections Act, 1996*. Under section 88 of the *Municipal Elections Act, 1996* (and despite anything in the *Municipal Freedom of Information and Protection of Privacy Act*) documents and materials filed with or prepared by the clerk or any other election official under the *Municipal Elections Act, 1996* are public records and, until their destruction, may be inspected by any person at the clerk's office at a time when the office is open. Campaign financial statements shall also be made available by the clerk in an electronic format free of charge upon request.

CENTRAL

DURHAM'S LARGEST AND OLDEST INDEPENDENTLY OWNED NEWSPAPER



**PROVEN
TESTED
RELIABLE
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NEWSPAPER
COMES CLOSE**

THE OSHAWA/DURHAM
CENTRAL

NEWSPAPER

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SERIOUS ABOUT
RESULTS
ADVERTISE WITH
DURHAM'S



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CLASSIFIED
SECTION
100%**

**ADVERTISER
SATISFACTION
GUARANTEE**

**WE ARE
NUMBER
ONE**

THIS IS WHY WE ARE NUMBER ONE

THE OSHAWA DURHAM CENTRAL NEWSPAPER

www.ocentral.com

Founded in 1995, based out of downtown Oshawa, a weekly publication serving/distributed across the Greater Durham Region to over **450** retail outlets. Including all major retailers including **WALMART - SOBEY - REXALL - ESSO - CIRCLE K**, to name a few. The Central publishes every tuesday a total of **65,000** hard copies, deadlines friday 5pm. **All advertisers are also included online and on all our social media.**

WHY CONSIDER ADVERTISING IN DURHAM'S #1 ADVERTISER:

- The Central was the **FIRST** newspaper across the planet to publish an online edition, today an online readership of over **600,000** daily hits.
- Hard copy readership is made up of **100%** paid subscription. Paid circulation, proof of a strong captive readership.
- **30,000 - 35,000** paid subscribers, the rest are sold throughout Durham. The Central is environment friendly, all copies not distributed at the end of each week are re-distributed to targeted neighborhoods at no charge on a promotional basis. This means **100% DISTRIBUTION**, a further assurance that advertisers ad are seen.

- When you advertise with the Central. We assure you 100% satisfaction. From design of your ads to placement. We are here every step of the way.

**TODAY THE CENTRAL HAS THE LARGEST CLASSIFIED SECTION
WIDEST RANGE OF ADVERTISERS OF ALL PAPERS**

THE CENTRAL OFFICES IN THE UNITED STATES

The West Virginia Central Newspaper founded in 2000 with offices in Wheeling, West Virginia serving the Greater Ohio Valley with an extensive circulation. Members of the Wheeling/Weirton/Wetzel county chamber of commerce.

Other services:

CENTRAL BUSINESS CONSULTING:

If your business is doing well why not make it great. The Central offers business evaluation services. Nothing is left un-checked. Our business analysis is totally confidential and discrete. Having problems. Stuck in a rut? **WE CAN GET YOU OUT.** Call us today for a **FREE** consultation.

SOCIAL MEDIA

Does your business have a web page? **WE CAN SET YOU UP IN 24HRS.**

Do you have a social media presence? **WE CAN GET YOU IN THE GAME IN 1HR.**

Do you want to be at the top of search engines? **WE CAN GET YOU THERE.**

The Oshawa Durham Central Newspaper is the leader in social media technologies.

From Public Relations to Political campaigns and fund raising revenue generating needs. We cover them all.

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NEWSPAPER

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TWO THIRDS PAGE:
\$1900 9X13



HALF PAGE:
\$1600
10.5X8.5



ONE THIRD PAGE:
\$1200
8X6



QUARTER
PAGE:
\$600
5X7



EIGHTH PAGE:
\$400
3X5



SIXTEENTH PAGE:
\$250
3X2



FULL PAGE:
\$2550.

Working Area
H ~ 15.25 inch
W ~ 10.25 inch



DURHAM'S LARGEST CLASSIFIED SECTION



The **CENTRAL CLASSIFIEDS**

The World Is Reading

Classified Rates:

Prices Listed Are Base On 1 Column X 14 Agate Lines or one inch.

1 INSERTIONS \$50.00
4 INSERTIONS \$175.00



Classified Boxed Ad Rates:

Minimum Size 5 Lines (Approximately 20 - 25 Words)
Each additional line .90

1 INSERTIONS \$90.00
4 INSERTIONS \$300.00

Regular Classified Ad

Oshawa, 1,2,3 Bedroom Apartments available from mid-January. Electric heat, washer / dryer on each floor. Very quiet exclusive, adult building. NO PETS. Call (905) 579-9016. 8152-1-8-1

Display Advertising

Oshawa, 1,2,3 Bedroom Apartments available from mid-January. Electric heat, washer / dryer on each floor. Very quiet exclusive, adult building. NO PETS. Call (905) 579-9016. 8152-1-8-1

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HAVE A WEB PAGE?
We Can Manage It For You
Professionally



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FLYER DISTRIBUTION

10 CENTS

ANYWHERE IN DURHAM YOU PICK THE AREA
You supply us the flyer we deliver - Printing EXTRA ask your agent
SAME ROUTES AS CANADA POST. YOU PICK THEM WE DO THEM
GUARANTEED DELIVERY



CAN BE INCORPORATED INTO YOUR WORLD

TODAY THOUSANDS OF INSTITUTIONS AND BUSINESS ARE USING Virtual Reality, Augmented and Artificial Intelligence For All Kinds Of Practical Uses.

360° VIDEO

905-441-2657

Virtual reality (VR) is an artificial environment that is created with software and presented to the user in such a way that the user suspends belief and accepts it as a real environment. On a computer, virtual reality is primarily experienced through two of the five senses: sight and sound. (Exceptional for Educational/Medical/Emergency Services/Training).

Augmented reality (AR) is an interactive experience of a real-world environment where the objects that reside in the real world are enhanced by computer-generated perceptual information, sometimes across multiple sensory modalities, including visual, auditory, haptic, somatosensory and olfactory. (Exceptional as a Promotional Tool/BUSINESS/Commerce. Instruction Manual step by step instruction for your business. Great tool to display manuals and instructions on how to use any apparatus).

Artificial intelligence (AI) is the ability of a computer program or a machine to think and learn. It is also a field of study which tries to make computers "smart". ... As machines become increasingly capable, mental facilities once thought to require intelligence are removed from the definition. (Exceptional Good Tool For Optimizing Virtual Reality and Augmented Platforms. Great way to enhance data bases to become self generating. (AI) is the new science being used in all commercial and industrial applications).

Virtual Tours (360 VideoTechnology. VT) Virtual tours are a link between two or more 360-degree panoramas that allow the viewer to move from one interactive photo to the other. This works on all devices, whether it's a desktop or laptop computer, a tablet, phone or a VR headset like Google Cardboard, Samsung Gear VR, and Oculus Rift. This is the most fun way to view 360 degree virtual tours.

This technology is exceptional productive for realtors and anyone that requires to showcase large spacious areas without actual having to be there. The 360 VT technology is like being at a particular place without being there.

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FOR ALL YOUR SIGNAGE NEEDS

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CANADA'S FIRST

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Commissioned in 1998

The WAVE Radio was Canada's first Commercial Internet Radio with a world wide listenership.

The primary listenership base stems from Canada, United States, Europe, Australia and across the globe.

The WAVE Radio is fully interactive and in real time.

Our advertisers are local, regional, national. Advertisers are taking advantage of this new media. Now radio is International with millions of potential listeners.

NOW you have access to the same exposure that Multi-million dollar advertisers utilize.

480,000 listeners per day exposure
Potential of Millions of viewers

RATES:

\$5.00/30 second spot.

We produce and broadcast.

Special packages:

600 spots for \$600.

**20 - 30 sec spots
per day.**



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THE WAVE RADIO

CENTRAL

DISTRIBUTION SERVICES

GET
NOTICED
~ DOOR ~
HANGERS
150,000

PRINTED
DISTRIBUTED
THROUGH
DURHAM
FULL COLOR
WE DO ALL
THE ART
WORK
FROM AS
LOW AS
\$450
PER
4 inch by
1 3/4 inch
Space
BLANKET
COVERAGE
ACROSS
DURHAM
REGION
BOOK
IT
TODAY!!!



GREAT RATES
GREAT VALUE
GREAT EXPOSURE



FLYER
DISTRIBUTION
FROM 10 CENTS
ANYWHERE IN DURHAM
YOU PICK THE AREA
You supply us the flyer we deliver
Printing EXTRA ask your agent

Central Distribution offers distribution of 8.5 x 5.5 full color on glossy paper to

200,000 HOMES

for as low as two cents. Clients must sign up for all 200,000 no exceptions or deductions. Bulk printing is a great tool for the trades, home improvements, medical, legal and special promotional items.

This very unique vehicle guarantees you full blanket coverage of all Durham Region, Newcastle and bordering Scarborough. The delivery is guaranteed and certified to be true.

**ALL PACKAGES ON THIS NOTICE ALSO HAVE THE OPTION OF
BEING POSTED ON OUR WEB SITE AT www.ocentral.com
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Links to clients web site available at a minimal charge ask your advertising consultant.

RESTAURANT PLACEMATS

Get your name out to 20,000 people for only **\$250** per 2.5 x 1 3/4 size display. These restaurant placemats will be circulated to all participating Durham area restaurants.

The great value of this product is that it has a long shelf life with ongoing daily exposure.

Imagine walking into your favorite restaurant and there is your ad displayed so that everyone can view. How many times have you gone into a restaurant and had to wait for your order to be prepared. Now restaurant patrons have something to keep their eyes entertained. **GREAT VALUE ~ GREAT EXPOSURE...**

Book your space today.

Ask your Advertising consultant for details...

Election ads

Election ads											Notes/descriptions
Date	Election ad 2-column full length 1/3rd page, # of occurrences	Election ad, full page (usually back pg)	Election ad, editorial page bottom, 5x4.5	Classified 5x3 election ad, pg 22	Classified 7x5.5 ad for Oshawa Flea Market	Small classified ad	Meet Mayoral Candidate Joe Ingino, 5x4.5	Front page near-bottom banner	Pg. 22 photo w/ signs on bike, 3.5x5.5	Other	
2022/05/02	NOMINATION PERIOD OPEN										
2022/05/03											
2022/05/10			1	1						\$ 2,050	Front page photo 8.5x8 (one-third rate @ \$1200), pg 2 story (photo 3x2.5 at sixteenth rate @ \$250), pg 18 7x6 ad (quarter page/5x7 rate @\$600)
2022/05/17	3	1	1	1						\$ 600	pg 18 7x6 ad (quarter page/5x7 rate @\$600)
2022/05/24	3	1	1	1						\$ 600	pg 18 7x6 ad (quarter page/5x7 rate @\$600)
2022/05/31	3	1	1	1			1			\$ 600	pg 18 7x6 ad (quarter page/5x7 rate @\$600)
2022/06/04	CANDIDATE REGISTRATION DATE										
2022/06/07	3	1	1	1			1				
2022/06/14	4	1		1			1				
2022/06/21	4	1					1			\$ 400	Canada Day pg 8, 3x5 at \$400 rate
2022/06/28	3	1					1			\$ 400	Canada Day pg 8, 3x5 at \$400 rate
2022/07/05	4	1					1	1			
2022/07/12	4	1				1	1	1			
2022/07/19	4	2			1	1	1	1	1		
2022/07/26	3	1			1	1	1	1	1		
2022/08/02	4	1			1	1	1	1	1		
2022/08/09	4	1			1	1	1	1	1		
2022/08/16	4	1			1	1	1	1	1		
2022/08/23	4	1			1	1	1	1	1		
2022/08/30	3	2			0.57	1	1	1	1	\$ 1,200	pg 19 ~1/3rd page \$1200
2022/09/06	2	2	1		0.57	1	1	1	1	\$ 1,600	Pg 3 top banner, using \$400 banner rate; pg 19 ~1/3rd page \$1200
2022/09/13	4	1			0.57	1	1	1	1	\$ 400	Pg 3 top banner, using \$400 banner rate
2022/09/20	5	1			0.57	1	1	1	1	\$ 400	Pg 3 top banner, using \$400 banner rate
2022/09/27	4	1			0.33	1	1	1	1	\$ 400	Pg 3 top banner, using \$400 banner rate
2022/10/04	5	1	1		0.33	1	1	1	1		
2022/10/11	4	1	1		0.33	1		1	1	\$ 3,800	Pg 10 5x3 bottom @ \$400, Pg 22 half-page @ \$1600, front page photo 8.5x7 (1/3rd page 8x6 rate @ \$1200), article pg 19 (5x7 rate @ \$600)
2022/10/18	4	1	1					1	1	\$ 4,600	Editorial column, >1/3rd page, \$1200 rate; pg 16 classified ~1/4 page \$600; pg 19 ~1/3rd page \$1200; pg 22 >1/2 page \$1600
2022/10/24	ELECTION DAY										

Election ads

Rate card for ad (some ads don't have identical size in rate card; have used closest equivalent)	\$ 1,200	\$ 2,550	\$ 400	\$ 400	\$ 600	\$ 125	\$ 475	\$ 400	\$ 400	N/A
Total spend per ad type	\$ 102,000	\$ 66,300	\$ 3,600	\$ 2,400	\$ 5,562	\$ 1,750	\$ 9,025	\$ 6,400	\$ 5,600	\$ 17,050
Total spend, from opening of nominations to election day	\$ 219,687									
Spend prior to candidate's registration	\$ 10,800	\$ 7,650	\$ 1,600	\$ 1,600	\$ -	\$ -	\$ 475	\$ -	\$ -	\$ -
Total spend, prior to registration	\$ 22,125									

INGINO Initiative

Newspapers logged in this chart from 2020/06/01-2022/04/19 are a sample, based on those collected during that period; many editions were not acquired and final tally undercalculates total ads of this type likely run from 2018-2022

Date	INGINO Initiative					Notes/descriptions
	INGINO Initiative banner classified section, similar non-identical font, yellow on black	INGINO Initiative, mid-lower banner on front page, identical font w/ yellow on black*	INGINO Initiative, 2nd classified top banner, identical font w/ yellow on black	Various INGINO Initiative irregular sizes @ approx \$ value, identical font w/ yellow on black (sizes approx)	INGINO Initiative, bottom banner editorial page	
2020/06/01	1					
2020/06/15	1					
2020/06/22	1					
2020/09/14	1					
2020/10/26	1					
2020/11/30	1					
2020/12/14	1					
2021/01/11	1					
2021/02/15	1					
2021/02/22	1					
2021/03/01	1					
2021/03/08	1					
2021/03/15	1					
2021/03/22	1					
2021/04/12	1					
2021/05/10	1					
2021/05/24	1					
2021/05/31	1					
2021/06/14	1					
2021/07/05	1	1				
2021/08/30	1	1	1			
2021/09/06	1	1	1			
2021/09/27	1	1	1	\$ 400		Pg 2, 6.5x3 @ eighth page/3x5 rate
2021/11/16	1	1	1	\$ 2,000		Pg 5, 5x5 @ 3x5 rate \$400, Pg 12, 1/2 pg @ \$1600
2021/12/14	1	1	1	\$ 325		Pg 6, 5x2 @ midpoint of eighth and sixteenth rate \$325
2022/01/11	1	1	1	\$ 400		Pg 8, 5x3.5 @ eighth page rate \$400
2022/02/08	1		1	\$ 350		Pg 8, 5x2.5 @ reduced eighth page rate, \$350
2022/03/01	1		1	\$ 725		Pg 8, banner @ \$400, Pg 11 5x2 @ midpoint of eighth and sixteenth rate \$325
2022/03/15	1		1		1	
2022/04/05	1		1		1	
2022/04/12	1		1		0.5	
2022/04/19	1		1		1	
2022/05/02	NOMINATION PERIOD OPEN					
2022/05/03	1		1			
2022/05/10	1		1			
2022/05/17	1		1	\$ 267		INGINO initiative pg 5, top 2/3rd banner at 2/3rd of
2022/05/24	1		1	\$ 267		INGINO initiative pg 5, top 2/3rd banner at 2/3rd of
2022/05/31	1		1			
2022/06/04	CANDIDATE REGISTRATION DATE					
2022/06/07	1		1			
2022/06/14	1		1			
2022/06/21	1		1			
2022/06/28	1		1			
2022/07/05	1		1			
2022/07/12	1		1			
2022/07/19	1		1			
2022/07/26	1		1			
2022/08/02	1		1			
2022/08/09	1		1			
2022/08/16	1		1			
2022/08/23	1		1			
2022/08/30	1		1			
2022/09/06	1		1			
2022/09/13	1		1			
2022/09/20	1		1			
2022/09/27	1		1			
2022/10/04	1		1			
2022/10/11	1		1			
2022/10/18	1		1			
2022/10/24	ELECTION DAY					

INGINO Initiative

Rate card for ad (some ads don't have identical size in rate card; have used closest equivalent)	\$ 400	\$ 400	\$ 400	N/A	\$ 400
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						Total per period
Total spend per ad type, 2020-05/02/2022	\$ 12,800	\$ 2,800	\$ 4,800	\$ 4,200	\$ 1,400	\$ 26,000
Total spend per ad type, from opening of nomination period to candidate registration	\$ 2,000	\$ -	\$ 2,000	\$ 534	\$ -	\$ 4,534
Total spend per ad type, from candidate registration to election day	\$ 7,600	\$ -	\$ 7,600	\$ -	\$ -	\$ 15,200

Total spend per ad type	\$ 22,800	\$ 2,800	\$ 14,800	\$ 4,734	\$ 1,400
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Total spend, "INGINO" initiative	\$ 46,534
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Date	# occurrences of INGINO	INGINO Initiative					Election ads										Notes/descriptions	
		INGINO Initiative banner classified section, similar non-identical font, yellow on black	INGINO Initiative, mid-lower banner on front page, identical font w/ yellow on black*	INGINO Initiative, 2nd classified top banner, identical font w/ yellow on black	Various INGINO Initiative irregular sizes @ approx \$ value, identical font w/ yellow on black (sizes approx)	INGINO Initiative, bottom banner editorial page	Election ad 2-column full length 1/3rd page, # of occurrences	Election ad, full page (usually back pg)	Election ad, editorial page bottom, 5x4.5	Classified 5x3 election ad, pg 22	Classified 7x5.5 ad for Oshawa Flea Market	Small classified ad	Meet Mayoral Candidate Joe Ingino, 5x4.5	Front page near-bottom banner	Pg. 22 photo w/ signs on bike, 3.5x5.5	Other		
2020/06/01	1	1																
2020/06/15	1	1																
2020/06/22	1	1																
2020/09/14	1	1																
2020/10/26	1	1																
2020/11/30	1	1																
2020/12/14	1	1																
2021/01/11	1	1																
2021/02/15	1	1																
2021/02/22	1	1																
2021/03/01	1	1																
2021/03/08	1	1																
2021/03/15	1	1																
2021/03/22	1	1																
2021/04/12	1	1																
2021/05/10	1	1																
2021/05/24	1	1																
2021/05/31	1	1																
2021/06/14	1	1																
2021/07/05	2	1			1													
2021/08/30	3	1			1													
2021/09/08	3	1			1													
2021/09/27	4	1			1													Pg 2, 6.5x3 @ eighth page/3x5 rate
2021/11/16	5	1			1													Pg 5, 5x5 @ 3x5 rate \$400, Pg 12, 1/2 pg @ \$1600
2021/12/14	4	1			1													Pg 6, 5x2 @ midpoint of eighth and sixteenth rate \$325
2022/01/11	4	1			1													Pg 8, 5x3.5 @ eighth page rate \$400
2022/02/08	3	1			1													Pg 8, 5x2.5 @ reduced eighth page rate, \$350
2022/03/01	4	1			1													Pg 8, banner @ \$400, Pg 11 5x2 @ midpoint of eighth and sixteenth rate \$325
2022/03/15	4	1			1													
2022/04/05	4	1			1													
2022/04/12	4	1			1													
2022/04/19	3	1			1													
2022/05/02	NOMINATION PERIOD OPEN																	
2022/05/03	1	1			1													
2022/05/10	7	1			1													\$ 2,050
2022/05/17	10	1			1													\$ 600
2022/05/24	10	1			1													\$ 600
2022/05/31	10	1			1													\$ 600
2022/06/04	CANDIDATE REGISTRATION DATE																	
2022/06/07	9	1			1													
2022/06/14	9	1			1													
2022/06/21	9	1			1													\$ 400
2022/06/28	8	1			1													\$ 400
2022/07/05	9	1			1													
2022/07/12	9	1			1													
2022/07/19	13	1			1													
2022/07/26	11	1			1													
2022/08/02	12	1			1													
2022/08/09	12	1			1													
2022/08/16	12	1			1													
2022/08/23	12	1			1													
2022/08/30	13	1			1													
2022/09/06	14	1			1													
2022/09/13	13	1			1													
2022/09/20	14	1			1													
2022/09/27	13	1			1													
2022/10/04	14	1			1													
2022/10/11	16	1			1													
2022/10/18	14	1			1													
2022/10/24	ELECTION DAY																	
Total "INGINO" occurrences	339																	
Rate card for ad (some ads don't have identical size in rate card; have used closest equivalent)	\$ 400	\$ 400	\$ 400	N/A	\$ 400	\$ 1,200	\$ 2,550	\$ 400	\$ 400	\$ 600	\$ 125	\$ 475	\$ 400	\$ 400	N/A			
Total spend per ad type	\$ 22,800	\$ 2,800	\$ 14,800	\$ 4,734	\$ 1,400	\$ 102,000	\$ 66,300	\$ 3,600	\$ 2,400	\$ 5,562	\$ 1,750	\$ 9,025	\$ 6,400	\$ 5,600	\$ 17,050			

Notes/descriptions

Pg 2, 6.5x3 @ eighth page/3x5 rate
Pg 5, 5x5 @ 3x5 rate \$400, Pg 12, 1/2 pg @ \$1600
Pg 6, 5x2 @ midpoint of eighth and sixteenth rate \$325
Pg 8, 5x3.5 @ eighth page rate \$400
Pg 8, 5x2.5 @ reduced eighth page rate, \$350
Pg 8, banner @ \$400, Pg 11 5x2 @ midpoint of eighth and sixteenth rate \$325

Front page photo 8.5x8 (one-third rate @ \$1200), pg 2 story (photo 3x2.5 at sixteenth rate @ \$250), pg 18 7x6 ad (quarter page/5x7 rate @ \$600)
INGINO initiative pg 5, top 2/3rd banner at 2/3rd of \$400 (\$267); pg 18 7x6 ad (quarter page/5x7 rate @ \$600)
pg 18 7x6 ad (quarter page/5x7 rate @ \$600)
pg 18 7x6 ad (quarter page/5x7 rate @ \$600)

Canada Day pg 8, 3x5 at \$400 rate
Canada Day pg 8, 3x5 at \$400 rate

pg 19 -1/3rd page \$1200
Pg 3 top banner, using \$400 banner rate; pg 19 -1/3rd page \$1200
Pg 3 top banner, using \$400 banner rate
Pg 3 top banner, using \$400 banner rate
Pg 3 top banner, using \$400 banner rate

Pg 10 5x3 bottom @ \$400, Pg 22 half-page @ \$1600, front page photo 8.5x7 (1/3rd page 8x6 rate @ \$1200), article pg 19 (5x7 rate @ \$600)
Editorial column, >1/3rd page, \$1200 rate; pg 16 classified -1/4 page \$600; pg 19 -1/3rd page \$1200; pg 22 >1/2 page \$1600

Total spend, "INGINO" initiative \$ 46,534

Total spend, during election \$ 219,687

Grand total spend, all appearances of "INGINO" captured in this \$ 266,221

Spend prior to registration

\$ 10,800	\$ 7,650	\$ 1,600	\$ 1,600	\$ -	\$ -	\$ 475	\$ -	\$ -	\$ -
Total spend, prior to registration \$ 22,125									

2022 VOTE INGINO CAMPAIGN

M.F.I.P.P.A. Sec. 14(1)

M.F.I.P.P.A. Sec. 14(1)

Web: INGINO.ORG

To: 2022 MUNICIPAL JOINT COMPLIANCE AUDIT COMMITTEE
cc: City of Oshawa Clerk Mary Medeiros
cc: Adam Foran, Elections Officer | City of Oshawa

Date: May 22, 2023

Re: A May 24, 2023 Municipal Joint Compliance Audit Committee

My name is Joe Ingino, 2022 Mayoral candidate for the City of Oshawa. It has been brought to my attention that there is a matter to be heard before the Municipal Joint Compliance Audit Committee on May 24th, 2023 at 6pm. A matter that pertains to the contribution of two individuals Rosaldo Russo and Donald Jessome. According to a letter that was relayed to me by Donald Jessome. It states that the two mentioned are deemed to be in contradiction of the Municipal Elections Act, 1996, S.O. As contributor have a cap of \$1,200. and it shows on the submitted financial \$1,356.

After careful review of the Act and the financial statements submitted to the City. It appears that yes, they would be in violation of such act. But In fact, I like to assure the committee and the City clerk as well as the Elections offices that the individual sited are innocent of any violation of any act as it is a clerical error in submission by my staff at the time.

The presented financial document was submitted in error as the clerk preparing the document did it without ill intent or malice. In the case of Mr. Donald Jessome, he contributed \$1,000. This money went to purchase signs as per the revised financial submitted. The subsequent \$356 was a donation by a Mr. James Torok. Money's that at the time were used to purchase signs. The cost of the signs was \$1,356. At the time Mr. Jessome volunteered to pay with his credit card to the amount of \$1,356. This was \$1,000 Mr. Jessome donated plus I gave him the \$356 from Mr. Torok. The company we dealt with only accepted credit card payment.

Here is the error in reporting. The amount was not broken up as it should have been and entered as a lump sum from one individual as the clerk took the credit card payment as a whole contribution instead of two separate contributions as we had to use one credit card. Mr. Jessome paid \$1,356 on his credit card... I gave the \$356 from Mr. Torok to top off the \$1,356 bill.
THIS IS CLERICAL MISTAKE FROM OUR END.

Subsequently the same scenario took place with Rosaldo Russo and Michael Palermo. Mr. Russo donated \$1,000. Mr. Palermo \$356. The sign bill was \$1,356. Mr. Russo used his card and the \$356 from Mr. Palermo was given to Mr. Russo to offset the cost of \$1,356.

I hope that this explains the error in reporting on my financial records. I have since submitted a revised copy to the clerk.

Note: If it was not for Mr. Jessome. I would have never known about this reporting error. I also like to convey the message that Mr. Russo will not be attending the meeting do to health issues.

If you have any further questions or require any further explanation. Please call me **M.F.I.P.P.A.** Sec. 14(1)

The City Clerk should have notified me of this discrepancy and I could have resolved it when I submitted the original financial statement.



Joe Ingino
2022 Mayoral Candidate
City Of Oshawa

Instructions

All candidates must complete Boxes A and B. Candidates who receive contributions or incur expenses must complete Boxes C, D, Schedule 1 and Schedule 2 as appropriate. Candidates who receive contributions or incur expenses in excess of \$10,000 must also attach an Auditor's Report.

All surplus funds (after any refund to the candidate or their spouse) shall be immediately paid to the clerk who is responsible for the conduct of the election.

For the campaign period from (day clerk received nomination)

YYYY	MM	DD
2 0 2 2	0 6	0 4

 to

YYYY	MM	DD
2 0 2 2	1 2	3 1

Initial filing reflecting finances from start of campaign to December 31 (or 45 days after voting day in a by-election)

Supplementary filing reflecting finances from start of campaign to end of extended campaign period

Box A: Name of Candidate and Office

Candidate's name as shown on the ballot

Last Name or Single Name

INGINO

Given Name(s)

JOE

Office for Which the Candidate Sought Election

MAYOR

Ward Name or Number (if any)

Municipality

OSHAWA

Spending Limit

General

\$

Parties and Other Expressions of Appreciation

\$

Contribution Limit

Contributions from Candidate and Spouse

\$

I did not accept any contributions or incur any expenses. (Complete Boxes A and B only)

Box B: Declaration

I, JOE INGINO, declare that to the best of my knowledge and belief that these financial statements and attached supporting schedules are true and correct.

Signature of Candidate

2023/05/22

Date (yyyy/mm/dd)

Date Filed (yyyy/mm/dd)

Time Filed

Initial of Candidate or Agent (if filed in person)

Signature of Clerk or Designate

Box C: Statement of Campaign Income and Expenses

LOAN

Name of bank or recognized lending institution

Amount borrowed
\$

INCOME

Total amount of all contributions (from line 1A in Schedule 1)	+ \$	<u>6,586.63</u>
Revenue from items \$25 or less	+ \$	<u> </u>
Sign deposit refund	+ \$	<u> </u>
Revenue from fundraising events not deemed a contribution (from Part III of Schedule 2)	+ \$	<u> </u>
Interest earned by campaign bank account	+ \$	<u> </u>
Other (provide full details)		
1.	+ \$	<u> </u>
2.	+ \$	<u> </u>
3.	+ \$	<u> </u>
4.	+ \$	<u> </u>
5.	+ \$	<u> </u>
6.	+ \$	<u> </u>

Total Campaign Income (Do not include loan)

= \$ 6,586.63 C1

EXPENSES (Note: Include the value of contributions of goods and services)

1. Expenses subject to general spending limit

Inventory from previous campaign used in this campaign (list details in Table 2 of Schedule 1)	+ \$	<u> </u>
Advertising	+ \$	<u>3,000.00</u>
Brochures/flyers	+ \$	<u> </u>
Signs (including sign deposit)	+ \$	<u>3,028.40</u>
Meetings hosted	+ \$	<u> </u>
Office expenses incurred until voting day	+ \$	<u>200.00</u>
Phone and/or internet expenses incurred until voting day	+ \$	<u>158.23</u>
Salaries, benefits, honoraria, professional fees incurred until voting day	+ \$	<u> </u>
Bank charges incurred until voting day	+ \$	<u> </u>
Interest charged on loan until voting day	+ \$	<u> </u>
Other (provide full details)		
1. NOMINATION FEE	+ \$	<u>200.00</u>
2.	+ \$	<u> </u>
3.	+ \$	<u> </u>
4.	+ \$	<u> </u>
5.	+ \$	<u> </u>
6.	+ \$	<u> </u>

Total Expenses subject to general spending limit

= \$ 6,586.63 C2

2. Expenses subject to spending limit for parties and other expressions of appreciation

1.	+ \$	<u> </u>
----	------	-------------------

2.	_____	+ \$	_____
3.	_____	+ \$	_____
4.	_____	+ \$	_____
5.	_____	+ \$	_____
Total Expenses subject to spending limit for parties and other expressions of appreciation		= \$	C3

3. Expenses not subject to spending limits

Accounting and audit		+ \$	_____
Cost of fundraising events/activities (list details in Part IV of Schedule 2)		+ \$	_____
Office expenses incurred after voting day		+ \$	_____
Phone and/or internet expenses incurred after voting day		+ \$	_____
Salaries, benefits, honoraria, professional fees incurred after voting day		+ \$	_____
Bank charges incurred after voting day		+ \$	_____
Interest charged on loan after voting day		+ \$	_____
Expenses related to recount		+ \$	_____
Expenses related to controverted election		+ \$	_____
Expenses related to compliance audit		+ \$	_____
Expenses related to candidate's disability (provide full details)			
1.	_____	+ \$	_____
2.	_____	+ \$	_____
3.	_____	+ \$	_____
4.	_____	+ \$	_____
5.	_____	+ \$	_____
Other (provide full details)			
1.	_____	+ \$	_____
2.	_____	+ \$	_____
3.	_____	+ \$	_____
4.	_____	+ \$	_____
5.	_____	+ \$	_____
Total Expenses not subject to spending limits		= \$	C4

Total Campaign Expenses (C2 + C3 + C4) = \$ **6,586.63** C5

Box D: Calculation of Surplus or Deficit

Excess (deficiency) of income over expenses (Income minus Total Expenses) (C1 – C5)		+ \$	D1
If there is a surplus, deduct any refund of candidate's or spouse's contributions to the campaign		- \$	_____
Surplus (or deficit) for the campaign		= \$	D2

If line D2 shows a surplus, the amount must be paid in trust, at the time the financial statements are filed, to the municipal clerk who is responsible for the conduct of the election.

Schedule 1 – Contributions

Part I – Summary of Contributions

Contributions in money from candidate and spouse	+ \$	3,158.23	
Contributions in goods and services from candidate and spouse (include value listed in Table 1 and Table 2)	+ \$		
Total value of contributions not exceeding \$100 per contributor • Include ticket revenue, contributions in money, goods and services where the total contribution from a contributor is \$100 or less (do not include contributions from candidate or spouse).	+ \$		
Total value of contributions exceeding \$100 per contributor (from line 1B; list details in Table 3 and Table 4) • Include ticket revenue, contributions in money, goods and services where the total contribution from a contributor exceeds \$100 (do not include contributions from candidate or spouse).	+ \$	3,428.40	
Less: Ineligible contributions paid or payable to the contributor Contributions paid or payable to the clerk, including contributions from anonymous sources exceeding \$25	– \$		
	– \$		
Total Amount of Contributions (record under Income in Box C)	= \$	6,586.63	1A

Part II – Contributions from candidate or spouse

Table 1: Contributions in goods or services

Description of Goods or Services	Date Received (yyyy/mm/dd)	Value (\$)
Total		

Additional information is listed on separate supplementary attachment, if completed manually.

**Table 2: Inventory of campaign goods and materials from previous municipal campaign used in this campaign
(Note: Value must be recorded as a contribution from the candidate and as an expense.)**

Description	Date Acquired (yyyy/mm/dd)	Supplier	Quantity	Current Market Value (\$)
Total				

Additional information is listed on separate supplementary attachment, if completed manually.

Part III – Contributions exceeding \$100 per contributor – individuals other than candidate or spouse

Table 3: Monetary contributions from individuals other than candidate or spouse

Name	Full Address	Date Received (yyyy/mm/dd)	Amount Received (\$)	Amount Returned to Contributor or Paid to Clerk (\$)
D BLACK	136 Simcoe St. N. #1. Oshawa	2022/09/30	300.00	
D HART	153 CHARTER CRES	2022/06/14	100.00	
J TOROK	404 MAPLEWOOD RD	2022/06/20	356.00	
M. PALERMO	152 THORNTON RD S	2022/04/02	356.00	
Total			1,112.00	

Additional information is listed on separate supplementary attachment, if completed manually.

Table 4: Contributions in goods or services from individuals other than candidate or spouse

(Note: Must also be recorded as Expenses in Box C.)

Name	Full Address	Description of Goods or Services	Date Received (yyyy/mm/dd)	Value (\$)
D. JESSOME	404 MAPLEWOOD RD	SIGNS	2022/09/15	1,000.00
P. LAROSE	56 GLENDALE RD	SIGNS	2022/09/15	316.40
R RUSSO	243 HOWDEN RD W	SIGNS	2022/09/02	1,000.00
Total				2,316.40

Additional information is listed on separate supplementary attachment, if completed manually.

Total for Part III – Contributions exceeding \$100 per contributor

(Add totals from Table 3 and Table 4 and record the total in Part 1 – Summary of Contributions)

\$ **3,428.40** 1B

Schedule 2 – Fundraising Events and Activities

Complete a separate schedule for each event or activity held.

Additional schedule(s) attached, if completed manually.

Fundraising Event/Activity 1

Description of fundraising event/activity _____

Date of event/activity (yyyy/mm/dd) _____

Part I – Ticket revenue

Admission charge (per person) \$ _____ **2A**

(If there are a range of ticket prices, attach complete breakdown of all ticket sales)

Number of tickets sold x _____ **2B**

Total Part I (2A X 2B) (include in Part I of Schedule 1) = \$ _____

Part II – Other revenue deemed a contribution

Provide details (e.g., revenue from goods sold in excess of fair market value)

1.	_____	+ \$	_____
2.	_____	+ \$	_____
3.	_____	+ \$	_____
4.	_____	+ \$	_____
5.	_____	+ \$	_____

Total Part II (include in Part I of Schedule 1) = \$ _____

Part III – Other revenue not deemed a contribution

Provide details (e.g., contribution of \$25 or less; goods or services sold for \$25 or less)

1.	_____	+ \$	_____
2.	_____	+ \$	_____
3.	_____	+ \$	_____
4.	_____	+ \$	_____
5.	_____	+ \$	_____

Total Part III (include under Income in Box C) = \$ _____

Part IV – Expenses related to fundraising event or activity

Provide details

1.	_____	+ \$	_____
2.	_____	+ \$	_____
3.	_____	+ \$	_____
4.	_____	+ \$	_____
5.	_____	+ \$	_____

Total Part IV Expenses (include under Expenses in Box C) = \$ _____

Auditor's Report – Municipal Elections Act, 1996 (Section 88.25)

A candidate who has received contributions or incurred expenses in excess of \$10,000 must attach an auditor's report.

Professional Designation of Auditor

Municipality		Date (yyyy/mm/dd)
Contact Information		
Last Name or Single Name		Given Name(s)
Licence Number		
Address		
Suite/Unit Number	Street Number	Street Name
Municipality		Province
Postal Code		
Telephone Number	Email Address	

The report must be done in accordance with generally accepted auditing standards and must:

- set out the scope of the examination
- provide an opinion as to the completeness and accuracy of the financial statement and whether it is free of material misstatement

Report is attached

Personal information, if any, collected on this form is obtained under the authority of sections 88.25 and 95 of the *Municipal Elections Act, 1996*. Under section 88 of the *Municipal Elections Act, 1996* (and despite anything in the *Municipal Freedom of Information and Protection of Privacy Act*) documents and materials filed with or prepared by the clerk or any other election official under the *Municipal Elections Act, 1996* are public records and, until their destruction, may be inspected by any person at the clerk's office at a time when the office is open. Campaign financial statements shall also be made available by the clerk in an electronic format free of charge upon request.



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**TOGETHER WE CAN FIX IT
LET'S TAKE OSHAWA BACK** pg. 2



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GOVERNMENT OF CANADA REAFFIRMS COMMITMENT TO ADDRESS THE ONGOING TRAGEDY OF MISSING AND MURDERED INDIGENOUS WOMEN, GIRLS AND 2SLGBTQQIA+ PEOPLE

Violence against Indigenous women, girls and 2SLGBTQQIA+ people in Canada is an ongoing national tragedy. The Government of Canada is working with families, survivors and communities as equal partners towards solutions that will protect vulnerable people and address the root causes of this violence. Today, on the first anniversary of the release of the Missing and Murdered Indigenous Women, Girls and 2SLGBTQQIA+ People National Action Plan, Prime Minister Justin Trudeau and the Honourable Marc Miller, Minister of Crown-Indigenous Relations, attended a ceremony at the Canadian Museum of History with family members, survivors, members of the 2SLGBTQQIA+ community, Elders and Grandmothers. During the ceremony, the Government of Canada reaffirmed its commitment to continue working with families and communities to respond to this national tragedy. The Prime Minister received teachings from Elders and Grandmothers on the importance of continuing this work.

Following the ceremony, the Government of Canada released its report that outlines some of the work undertaken over the last year under the Federal Pathway to Address Missing and Murdered Indigenous Women, Girls and 2SLGBTQQIA+ People. The Federal Pathway is the Government of Canada's contribution to the National Action Plan. The report also acknowledges the significant work ahead to further implement the government's commitments. A report was also released by contributing partners to the National Action Plan entitled A Progress Report on the Missing and Murdered Indigenous Women, Girls and 2SLGBTQQIA+ People National Action Plan. The Government of Canada remains steadfast in its commitment to continue to work in partnership with provincial and territorial governments, Indigenous Peoples, families and survivors, and Indigenous women's and 2SLGBTQQIA+ organizations to make progress on the National Action Plan and address the tragedy of missing and murdered Indigenous women and girls and 2SLGBTQQIA+ people in Canada.

Addressing the ongoing violence against Indigenous women, girls, and 2SLGBTQQIA+ people is a whole-of-government approach, which requires living up to our moral obligations as a country, and all the Calls for Justice. Our work will never cease as long as survivors, families, and communities are enduring this national tragedy. We will ensure our initiatives are trauma-informed and survivor-centric, to put an end to this tragedy - as survivors work towards healing. "On this important anniversary, we reaffirm the Government of Canada's commitment to continue working with Survivors, families and communities to end the tragedy of the missing and murdered. We will never forget those who never came home and we will honour their memories by working tirelessly to build a better future, where everyone is safe from violence. To Indigenous women, girls, and 2SLGBTQQIA+ people, today, and every day, we are

supporting you in reclaiming your power and your place." The Rt. Hon. Justin Trudeau, Prime Minister of Canada "I want to acknowledge the dedication and devotion of First Nations, Inuit, Métis and 2SLGBTQQIA+ families, survivors, communities, organizations, and leadership in their tireless advocacy. We need your advocacy and guidance; our priority is to work together with you to end the violence against Indigenous women, girls and 2SLGBTQQIA+ people. We know there is still much more work to do and we remain committed to seeing this work through." The Honourable Marc Miller Minister of Crown-Indigenous Relations "Indigenous languages and cultures are at the heart of First Nations, Inuit and Métis community, identity and self-determination. They are critical sources of support, healing, and safety for Indigenous women, girls, and 2SLGBTQQIA+ people. Canadian Heritage will continue to support initiatives that help Indigenous women, girls and 2SLGBTQQIA+ people reclaim their language and

cultural knowledge, and share their own stories in their own words." The Honourable Pablo Rodriguez Minister of Canadian Heritage "In Canada, Indigenous girls and women are significantly more likely to experience gender-based violence than non-Indigenous women. We will continue to fund partners to create and run programs that protect and support First Nations, Inuit, Métis and 2SLGBTQQIA+ families and survivors. Changing a culture that undermines the worth of women is not easy but we will keep at it. Together, we can make Canada safer and more inclusive for Indigenous women and girls." The Honourable Patty Hajdu Minister of Indigenous Services "The Government of Canada recognizes that, although we all have the right to feel safe and protected in our communities, this has not been the case for many Indigenous women, girls and 2SLGBTQQIA+ individuals. There remains much to be done before these changes. I am committed to continue working with Indigenous part-

ners, communities and organizations, provinces and territories, and others to help end the violence against Indigenous women, girls and 2SLGBTQQIA+ people. This includes advancing the unique policing and community safety priorities of First Nations, Inuit and Métis and co-developing federal legislation recognizing First Nation police services as an essential service." The Honourable Marco Mendicino Minister of Public Safety "Today and every day, we reflect on the tireless work and the many voices that shaped last year's release of the 2021 Missing and Murdered Indigenous Women, Girls, and 2SLGBTQQIA+ People National Action Plan. Family members and survivors of Indigenous communities and organizations, 2SLGBTQQIA+ leaders, advocates and academics, we hear you, we see you, and we share your pain and grief. We stand shoulder-to-shoulder with you." The Honourable Marci Ien Minister for Women, Gender Equality and Youth

OFL Responds to Election Results:

We will continue building a fighting labour movement

The Ontario Federation of Labour says workers are ready to hold Ford's Conservative government to account, following Thursday night's election results. The re-election of Ford's Conservatives comes at a time when Ontarians are facing a skyrocketing cost of living, and urgently need measures to address affordability.

Ford's playbook of buddying up to big businesses and backtracking on bad decisions isn't going to cut it this time around, said Patty Coates, Ontario Federation of Labour President. We know what workers need, and we will continue to fight for it.

In the lead-up to the election, the Ontario Federation of Labour called for a workers-first agenda, which included a \$20 minimum wage, decent work, affordable housing, permanent paid sick days, well-funded public services, livable income support for all, climate justice, and an end to racism and oppression. These demands were the cornerstone of a province-wide day of action on May 1.

Ford spent his election campaign touting support for workers. If Ford's Conservatives truly want to work for workers, their first action will be the immediate repeal of Bill 124 and implementation of the workers-first agenda demands, added Coates.

Ontarians once again elected the Ontario NDP as the Official Opposition. NDP MPPs have repeatedly held Ford's Conservatives accountable in the Ontario Legislature. As Official Opposition they have championed workers' rights.

Ford's re-election also comes at a time of unprecedented strike action in the province, according to the Ontario Federation of Labour.

Workers have raised expectations about what they should earn for their work. They will be demanding more at the bargaining table, and from their government, said Coates.

ONTARIO NURSES' ASSOCIATION WILL CONTINUE TO FIGHT FOR BETTER HEALTH CARE

The Ontario Nurses' Association (ONA) is expressing disappointment with the political outcome of the 2022 provincial election and is thanking Ontarians who supported nurses and voted for investment in publicly funded and delivered health care.

Despite another majority PC government, most Ontarians voted for parties that pledged to repeal Bill 124, take meaningful action on the nursing shortage and defend public health care.

"Most Ontarians stood with nurses and health-care professionals in this province and sent a message to the Ford government that they do not support Bill 124, the privatization of the health-care system and attacks on workers' rights," says ONA President Cathryn Hoy, RN. "While I am disappointed in the results of the election, I am also inspired by the momentum built by ONA members throughout



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DIGITAL SIGNS BEING TESTED AT SELECT BUS TERMINALS

Next Bus digital signs are now being tested at select Durham Region Transit (DRT) terminals and stops.

These signs provide riders with information about upcoming bus departures.

Next Bus signs are solar-powered and receive live updates about bus departure times, similar to Transit App. The devices are equipped with a text-to-speech function for customers with the press of a button.

The signs are currently in the testing and configuration phase, said DRT. Departures and other content will be tested, including weather information and service updates for customers.

The signs are located at:

- Oshawa Centre Terminal (one on each side of the bus loop)
- Pickering Parkway Terminal
- Ontario Tech/Durham College North Campus Terminal
- Clarington Boulevard and Prince William Boulevard (Bowmanville)

this election, as they fought for a better, stronger, public health-care system."

Hoy says that as patient advocates, nurses and health-care professionals will continue to fight for their patients, residents and clients - and for all Ontarians.

"We will not give up in our efforts to overturn Bill 124, Doug Ford's unfair wage-suppression legislation that has seriously worsened the nursing shortage," says Hoy. "ONA's Charter challenge against this law will continue, and we will continue to support our members as they speak out against the bill."

Hoy also notes that as a non-partisan organization, ONA remains committed to sharing the invaluable knowledge and advice of front-line workers to improve health care for all Ontarians.

"We know this province must

move quickly to address the crisis in nursing and improve Ontario's health-care system now and into the future," says Hoy. "Nurses and health-care professionals have the knowledge and expertise to help this government do just that. Our patients, residents and clients deserve no less."

ONA is the union representing more than 68,000 registered nurses and health-care professionals, as well as 18,000 nursing student affiliates, providing care in hospitals, long-term care facilities, public health, the community, clinics and industry.

The Prime Minister, Justin Trudeau, today the following statement on the results of the provincial election in Ontario:

"On behalf of the Government of Canada, I congratulate Doug Ford and the Progressive Conservative Party of Ontario on their re-election.

"Over the past several years, the federal government, working with the province, has delivered historic investments in retooling our auto sector to build cleaner vehicles while creating and securing thousands of good jobs in communities across the province.

"I look forward to continue working with Premier Ford and his government to keep people safe from COVID-19, build the housing that communities need, and deliver on our federal promise of \$10-a-day child care for families while growing the middle class and the economy.

"We will build a better future for Ontarians, and all Canadians."

The recent poll has sent a warning shot of what is to become at the Federal level as the PC blue wave picked up momentum in Ontario.

IT'S TIME TO CLEAN UP OUR CITY

I Joe Ingino as the new Mayor Pledge to clean up our City. To rid out parks and ravines of the ever out of control health and public safety issue of discarded needles.

I pledge to find a quick resolve to the ever increasing homeless issue. No one in Oshawa will ever have to find shelter in doorway, alley ways. No one in Oshawa will ever have to do without proper shelter, food, water, refuge.

I ALSO PLEDGE THAT I WILL NOT TAKE ONE PENNY IN REENUMERATION UNTIL A PROPER SOLUTION IS FOUND

Our Children deserve better. Our City is full of valuable resources and sites with optimal potential. Nothing has been done since 2018. Taxes keep going up while quality of life keeps deteriorating.

NO MORE EXCUSES. We now need to take Oshawa and develop it to world class standards. No more two by four, drywall complexes. We need real developments. Developments that not only cater to the needs of the community at large. But most importantly create good solid tax revenue in order to offset tax increases.

I PUBLICLY PLEDGE TO FREEZE ALL PROPERTY TAX INCREASES FOR MY TERM IN OFFICE.

We must cut expenses and bring to Oshawa prosperity.

WONT YOU JOIN ME?

Read My Full Detailed Platform At INGINO.ORG

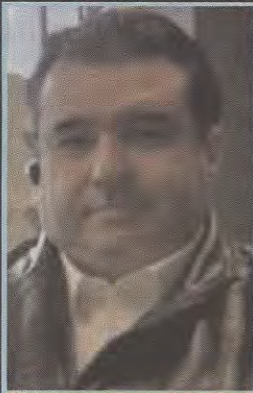
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Oshawa,
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Lodge 2132/WOTM
Chapter 1759
Member since 2015
- WING 420**
Member since 2017

WE ARE OSHAWA

- Member since 2015
- Wheeling and Area Chamber of Commerce**
Member since 2000
- Wetzel County Chamber of Commerce**
Member since 2000

Former Kiwanis Westmount (Oshawa)

- Fundraising Chair 2015 - 17
- Former **Kinsmen of Oshawa**
Member 2015 - 2018
- Former **Rotary Club of Courtice**, Member 2015, Secretary 2017

Former Courtice Lions Club

- Member 2015(Director)
- Chair - Santa Parade
- Chair - PR. Media
- Member of fundraising committee 2017
- Chair of Membership 2017
- Vice President -2017-18

Former Oshawa Naval Veterans Club, Member 2015.

JOE INGINO IS AN ACCOMPLISHED WRITER/AUTHOR OF OVER 800,000 Published Columns in Canada and The United States



Logic

WE CAN ALWAYS DO BETTER

By Joe Ingino
Editor/Publisher

ACCOMPLISHED WRITER/AUTHOR OF OVER 800,000 Published Columns in Canada and The United States

I live a dream in a nightmare world

Always Remember That The Cosmic Blueprint Of Your Life Was Written In Code Across The Sky At The Moment You Were Born. Decode Your Life By Living It Without Regret.

Many are asking how my mayoral platform is coming along. The platform is ready. The issue is how to tailor the presentation as it is not utilized without my permission before the election.

In the past I have written solutions to a local problems... and boom miraculously and without any credit. The solution becomes implemented by City hall.

Just recently the Mayor has been busy working on numerous press releases. Releases that through his administration were far from few. It appears now that we are upon the eve of a municipal election he has to make it look like he has done something and or is doing.

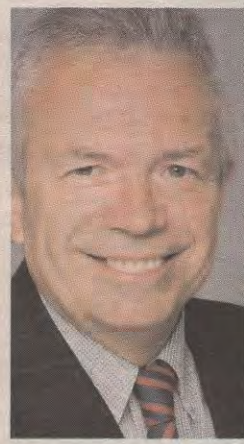
The question I have for him is. How can he go to sleep at night knowing that his people are sleeping on the streets?

In a release entitled: 'Message from His Worship Mayor Dan Carter to Business Community Stakeholders, May 2022'. He stated:

Our economic recovery has always depended on the idea of working together. (his definition of together is... as long as it benefits him. The mayor has show bias and prejudice towards local businesses/contractors and developers. Why do you think we in Oshawa do not have any building over 20 floors. Real developers have pulled away and left it for these two by four/drywall type of future ghetto developers).

Whether you're a local consumer, business or government policymaker, our collective actions have a profound cumulative impact on our economic direction. (Really name one impact that they have had under his leadership? One.) That's why advocacy is so important to the work we do at the City of Oshawa. When we formed the Mayor's Economic Recovery Task Force in 2020, we knew that advocating for your business, hearing your voice and communicating that message with all tiers of government would be critically important to emerge from the pandemic in a stronger position than ever. (In my opinion the Task Force is a joke. The councillor chairing it has no actual business experience or practice. He is to be taken serious as an advocate? They tell people they are advocacy group... in other fancy word for saying they are doing nothing and relying on a prayer. This is the same advocate that refused \$100,000. free money from a local business in the middle of COVID. This is the same mayor that refused this same company out of personal vendetta, prejudice, bias. This is the same mayor that has turned off real investment do to his red tape from his city permit department.

This is the same mayor that advocated making illegal to feed the poor on our streets. The same advocates to spend your hard tax dollars on rent a cops at the tune of \$90/hr and pay the guards \$40. To harass and rough up the homeless. This is the same advocate that refused a permit for C.A.M.P- Community Assisted Meal Program. A program that ran with zero tax dollars. The mayor took it upon himself to shut it down... This is advocacy? This is leadership? No real or formal reason given. Just that he did not like the organizers. This is the same mayor that stands before his supporters of the Durham Realtor Board and boasts on how he brought a billion dollars worth of development during COVID. When in reality he had nothing to do with it, as it is called natural population growth. This is the same mayor that attempted to take credit for the announcement of GM once again tossing us a token bone. Smoke and mirror. This has to stop. Let's bring pride back to Oshawa. Let's stop pretending and let's start doing what we should have been all along.



CANADA AT THE CROSSROADS

by Maj (ret'd) CORNELIU E. CHISU, CD, PMSC, FEC, CET, P. Eng.

Former Member of Parliament
Pickering-Scarborough East

As we descend from spring into summer in Canada, the days may be getting brighter, but the outlook for our society is somber. At 6.8% inflation is the highest it has been in 30 years. The bank prime rate quickly inching towards 3% will have a drastic cooling effect on house sales. High gasoline prices and an active war in Europe are just some of the events that are shaping our lives today.

The Canadian political scenario is not doing anything to bring relief to the people who have been caged by the Covid-19 pandemic for more than 2 years. With businesses collapsing and the state intruding more and more on our private lives, one is driven to believe that Canada is going toward a multi-faceted trust crisis. Trust in our public institutions is fading fast, and what used to be the cornerstone of Canadian society, is cracking.

Trust in our political system and politicians is at the lowest possible level. In Ontario we are facing a provincial election that seems colorless and odorless, mostly concerned with the elites and less with real people. Unfortunately, we do not foresee significant changes coming after the election. Politics is more interesting at the federal level, with the Conservatives engaged in a new leadership campaign and the governing Liberals in coalition with the NDP enacting legislation aimed at further limiting our freedom.

If this continues and some common sense measures are not taken, this will irretrievably alter who we are as a country and how we govern ourselves. We will become more divided and less able to achieve big things that matter. Trust in our public institutions and people in general previously made Canada an enviable example of good governance in the world. We are on the verge of losing that and spiraling into unknown and uncharted waters. If not stopped, this downward spiral will spell disastrous consequences for our children and grandchildren.

As we have seen, a polarizing pandemic has quickened the latent disintegration, alienation and loss of professionalism in Canada's politics. The ailments are plain to see: an increasingly coarse and negative political dialogue; a rejection of public policy compromise; and rising misinformation and censure of all kinds in society and across information platforms.

Adding to this decline is the corrosion of the once proud public service. Mostly populated with senior officials who serve the politics of the day rather than the people, they contribute massively to the mushrooming trust deficit between Canadians and their governments. These tendencies raise core questions about what it means to govern in Canada today, and in the future. We need to remember that public servants are responsible for translating political direction from elected politicians into public policy and public services. They are charged with providing advice not just on the right public policy but on its effective implementation. To do this well in a system of responsible government with a non-partisan, independent public service, requires "fearless advice and loyal implementation." That is, the ability to speak "truth to power" and abide by the decisions of duly elected leaders. Are they doing that today? We really do not know.

The Covid-19 pandemic brought to light some issues we need to reflect on, that indicate we need to move to a new and more up to date way of governance in our country. Once the scale of the pandemic became clear, governments at all levels moved erratically to respond to public need. The politicians delegated their responsibility and decision-making to unelected officials ostensibly invoking science. That resulted in trust levels of Canadians gradually declining in their governments as the pandemic wore on.

Good governance is literally embedded in Canada's constitutional record or, more precisely, its BNA, the British North America Act. The phrase "Peace, order and good government" stems from the original 1867 constitutional document, which legally formed Canada. It has been a guiding principle ever since.

Good governance means increased confidence in the decisions and actions of governments. That leads to greater legitimacy and acceptance of those decisions by citizens. Higher trust and faith in our public institutions then follows.

The question now, is how we keep Canada united in today's tumultuous times. This goal raises new questions about the relationship between governments and the governed; between citizens and state. Maybe it is time to update our governance system with new concepts appropriate to this century.

Many questions arise. What do we want from government? Not just bigger or smaller government, but what is the role of government and its institutions in society today? These questions are questions related to governance; the way we do things for our citizens for their benefit and for the benefit of the country.

In conclusion, Canada's governments and leaders will need to listen more to Canadians and learn from them in the months and years ahead in order to re-establish our traditional, common sense and uniquely strong democratic traditions and public institutions.

Our public servants need to be part of this process because they have a big stake in getting this right. Listening and learning from their front-line experiences with citizens and inside experiences with politicians would be advisable. Come down from your ivory towers.

Let us hope that sanity will prevail and as a country we will once again be at the forefront of a good governance fully trusted by the people. Hope is not lost yet, wake up Canada!

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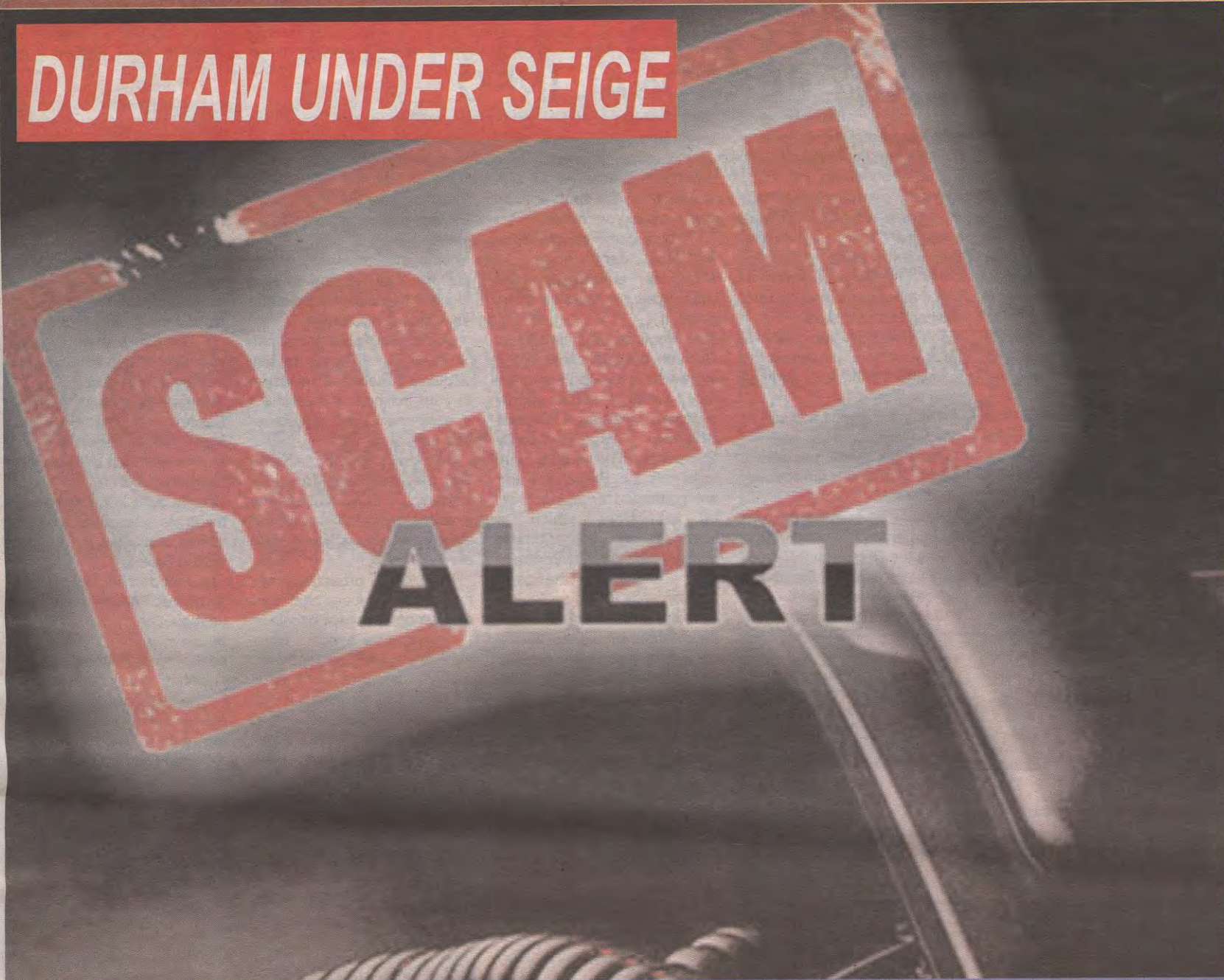
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# PAST AND FUTURE OF OSHAWA FIRE SERVICES IMPORTANT MUNICIPAL ISSUE IN 2022 ELECTION



OSHAWA - With municipal elections upon us. Many important issues are coming to the fore front.

With all the development to the North and the proposed high rise building coming to the downtown core.

No other more important issue can be said of that of fire fighting.

We just can't afford to wait for a catastrophe to take place to act on.

Oshawa fire plays a very key role in community safety.

## OUR PAST

Did you know that Oshawa fire services started on February 4, 1856, as a volunteer department under Chief Engineer Mr. P. Thornton by order of By-law 33. The first piece of firefighting equipment was an old one-handed operated pumper cart. Other Chiefs to serve Oshawa after Chief P. Thornton included Robert Strong, James Pellow and John Mellows - the last of the volunteer:

Fire Chiefs (Chief Engineers).  
On July 20, 1868, the Oshawa Fire Department was incorporated as a full time department by By-law 142. The first full time Chief was Patrick Thornton. He was responsible for 50 men with the Fire Company and a further 15 men with the Hook and Ladder Company, plus 1 engine, some ladders and numerous hose lines.

In 1875, Chief Thornton obtained a Ronald Steam Pumper from the U.S. to replace the old hand pumper. Water was provided by water storage cisterns throughout the village. A new town hall was erected in 1877 at the south-west corner of Duke (Richmond) and Simcoe Street North, in part to serve as a fire station. John Kellow was the Chief in 1905.

He had 20 volunteer fire fighters including officers and four of these volunteers were required to sleep at the station.

In 1916 Angus Cameron became Chief of the Fire Department and he took delivery of its first motorized fire apparatus, a Chevrolet Hose Tender. Angus Cameron was the Chief when Oshawa became a City in 1924.

On January 1, 1926, Chief Angus Cameron received the first four permanent full time firefighters. That same year he was presented with a new Bickle equipped GMC. Fire Pumper by R.S. McLaughlin, Founder of G.M. Canada and an Oshawa resident.

In 1927, the Oshawa Fire Brigade resigned en-mass thus opening the door for a new era.

In January 1928, Chief Cameron resigned and was replaced by Wesley R. Elliott and the permanent force was increased to 16 men. The volunteers were phased out over the following two years.

During Chief Elliott's term many improvements and additions were made to the Department; a GMC Bickle Pumper, a Chevrolet truck equipped as a combination chemical and hose truck, plus replacement of an assortment of dilapidated hose were acquired. On June 21, 1930, Chief Elliott took delivery of a new ladder truck fully equipped with 412 feet of ladders of various lengths.

Chief Elliott implemented a full-scale Fire Prevention program and the Oshawa Fire Department was presented with an award by the Province of Ontario for its program in 1930. Chief Elliott guided the Fire Department through the thirties and the great depression. He replaced the old rubber helmets with new leather helmets and purchased two new all service gas masks. Chief Elliott also acquired a new 1934 Chevrolet Chassis with 100 GMC Bickle Pump with a booster pump. The first Chief's car was purchased by the City for Chief Elliott in April 1937. He also took delivery of a new Bickle Pumper with an 800-gallon capacity centrifugal pump on June 14, 1939. Additional new pumpers were added to the Department in 1943 and 1944. Until 1946, a single fire station located in the downtown area had protected Oshawa. In December 1946, a 2nd station in the south part of the city (Cedardale) was officially opened. This hall was designed to house three pieces of apparatus and twelve men.

A new headquarters' station on Simcoe Street North opened in 1951 replacing the antiquated hall in the old municipal complex. In April 1953, the Oshawa firefighters began operating the Oshawa Ambulance Service from the new headquarters, which continued for 20 years, answering over 35,000 calls. One of the biggest challenges in the Fire Department's history was October 15, 1954 when Hurricane Hazel arrived in Ontario. The Fire Department responded all available equipment to 32 alarms during the night and miraculously no fatalities were noted.

Chief W. R. Elliott resigned on August 1, 1955 and was replaced by H. R. Hobbs. Station 3 (located on Somerville Street) was opened under Chief Hobbs'

term on October 15, 1955. Chief Hobbs successfully increased the Fire Department's manpower to 96 firefighters on October 1, 1957 and he introduced a new concept in firefighting to Oshawa called water fog.



Many changes occurred in the 1960's: a reduction in the workweek from 48 to 42 hours, the first alarm room cadets in 1966, the removal of all street alarm boxes in 1967 and the installation of a new alarm board in the Dispatch Centre with direct hookup to factories, commercial units, medical buildings, etc.

In 1967, E. R. Stacey took over as Chief upon the untimely death of H. R. Hobbs. In 1967, Chief Stacey opened a fourth station for the Department, on King Street East named after Chief Hobbs, and he expanded the staff by 24 men. By 1970, the total staff complement was 159. It was under Chief Stacey's term in 1970 that the Oshawa Fire Department appointed its first Training Officer, Wm. Tweedie.

1973 saw the end of an era in the Fire Service when the Oshawa Civic Ambulance Service, operated by the Department since 1953, was transferred to the Province. By 1981, all four existing fire halls were relocated to their present locations to facilitate faster response times and more effective coverage. In 1982 Chief E. Stacey retired and was replaced by W. A. Forsythe. Under Chief Forsythe, Oshawa became the first fire department in Canada to implement a computer aided dispatch system to improve vehicle response. Chief Forsythe retired in 1985 and Gary J. Hooper was appointed Chief.

In 1987, Oshawa lost its first firefighter in the line of duty. Highlights of changes in the 1990's include the implementation of a new 9-1-1 system and the new firefighter curriculum, and the development of a new Communications Division. Chief G. Hooper retired in April 1995, and Chief Milt Wilson filled his position.

In 2002 Milt Wilson retired and was replaced by Chief Steve Meringer who continued as Chief until his retirement in 2016. Shane Caskanette was named Chief in 2016 but left in January

2017. In the interim, Deputy Chief Derrick Clark stepped up until his appointment as Chief in March 2017. Chief Derrick Clark remains at the helm of Oshawa Fire Services today.

We have come a long way

from our first hand pumper and bucket brigade in 1856 to our modern, well-educated and trained Oshawa Fire Services of today, thanks to the dedication, wisdom and plain hard work of numerous past and present firefighters.

## OUR PRESENT

"To promote and protect the health and well-being of the community through adaptable and progressive education, prevention, and emergency services."

Oshawa Fire Services provides the highest level of life safety and property protection to our community. We are proud of the men and women who work for Oshawa Fire Services and the skills and services they provide on a daily basis. We respond to many types of emergencies, including:

- fires
- medical assists
- motor vehicle accidents
- specialized type rescues

Other services provided to the public include:

- fire safety inspections, fire prevention and public fire safety education
- emergency planning and preparedness
- enforcement of the Ontario Fire Code, Fire Protection and Prevention Act, municipal by-laws, and fire control activities
- plans review and new building construction inspections

## THE FUTURE

The corporation has undertaken a significant review of the master plan, displaying the comparable analysis and updates to statistics dated from 2013-2017. Ontario Fire Marshal Emergency Management Public Safety Guidelines and industry best practices were referenced as part of the review process including risk assessment, effective models and statistics collection. Included in this review are performance measures and a risk assessment as recommended in the Fire Master Plan as well as growth projections and a review of Fire Prevention, Training, Mechanical, and

Communications Divisions.

The risk for the City of Oshawa remains in the residential property stock, which industry standards suggest that 15 personnel are required for responding to that type of structure fire. Oshawa continues to be a fast-growing municipality. Oshawa grew 6.6% between 2011 and 2016, from 149,607 to 159,458 (unadjusted).

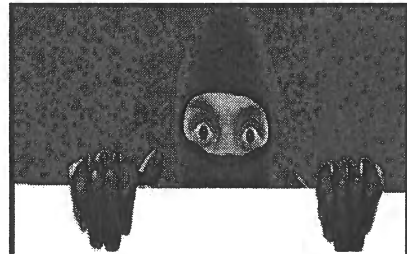
The Conference Board of Canada reported Oshawa's economy grew at an estimated 4.1% in 2017. The five-year comparison of residential structural dwelling types has increased by 3,790 units.

3 Out of reported fires as per property classification, Group C residential fires continue to be the highest occupancy type involved at 76.6%, an increase of 3.9% in the 5-year review. (Residential occupancies - High Rise multi family

Low-Rise, multi family Seniors Residential Facilities Two unit Residential Boarding Lodging and Rooming Houses Group Homes Hotels/Motels College/University Residential Student Housing Residential Rentals

An interdepartmental analysis of on-going projects and active developments within the City of Oshawa has determined that much of the growth is in the Downtown, Conlin Road, Kedron, Columbus, and Winfield's planning areas.

These concerns should be front center as the need for new equipment and mostly trucks is a need that needs to be met. Mayoral candidate said, Fire services should be our first priority in order to promote safe growth for our citizens.



## Here is how to reach us

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# RCMP INVESTIGATION LEADS TO COUNTERFEIT CURRENCY CHARGES

- Approximately 10 000 counterfeit toonies have been identified and seized, following an investigation by the Royal Canadian Mounted Police (RCMP). The Greater Toronto Area (GTA) Trans-National Serious & Organized Crime Section (TSOC) have charged one individual as a result of the investigation.

resolve in preserving the integrity of the Canadian currency system. The RCMP is committed to working with the Royal Canadian Mint, the Canada Border Services Agency (CBSA), FINTRAC, banks, and municipal police partners, to combat illicit efforts that target Canada's economic system."

make them among the most secure in the world and allowed these counterfeit pieces to be identified and removed from circulation quickly. The Royal Canadian Mint will continue to work closely with financial institutions and the RCMP to ensure the integrity of Canada's coin supply."

communities safer places to live but your assistance in remaining vigilant and informing us of any suspicious activities will help us be even more effective. If you have any information in relation to counterfeit currency, suspect that you are in possession of counterfeit currency or believe someone has attempted to pass along counterfeit currency to you, you can contact your local police, the Ontario RCMP at 1-800-387-0020 or anonymously through Crime Stoppers at 1-800-222-8477 (TIPS), at any time.

In Summer 2021, the Royal Canadian Mint identified an ongoing counterfeit currency issue through their random sampling process. The RCMP GTA-TSOC initiated an investigation, focusing on identifying those involved in the passing of the counterfeit coins.

- Supt. Ann Koenig, District Commander of the GTA-TSOC Section

- James Malizia, Vice-President, Corporate Security, Royal Canadian Mint

"The unique features on Canada's circulation coins

Law enforcement agencies work diligently to make our

Throughout the investigation, the RCMP seized approximately 10 000 of this specific type of counterfeit two-dollar coin, which had been placed into the Canadian banking system. It is suspected that there are additional counterfeit coins in the currency system and that the coins originate from China. The seized counterfeit two-dollar coins can be distinguished by their primary characteristic flaw of having a "split-toe" on the right front paw of the Polar Bear which resembles a "claw".

Daixiong He (age 68) of Richmond Hill, Ontario, has been charged with:

Uttering counterfeit money, contrary to Section 452 of the Criminal Code; and Possession of counterfeit money, contrary to Section 450 of the Criminal Code.

Mr. He was arrested and released on an undertaking. Mr. He's first court appearance will be held at the Ontario Court of Justice located at 50 Eagle Street West, in Newmarket on June 2nd, 2022, Courtroom 201 at 10:30 a.m.

"These criminal charges are a reflection of the RCMP's

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**'LET'S TAKE OSHAWA BACK'**  
Let's Clean Up Our Downtown of Crime. (Prostitution, Drugs, Loitering.)  
Let's Find A Quick Solution To The Homeless in Oshawa. Nothing Has Been Done Since 2018.  
Let's Deal With Cleaning Our Parks And Creeks Of Used Syringes. A Major Public Safety/Health Concern.  
Let's Bring Back Good Paying Jobs. Amazon, Google, IBM, Bell, Banks For Example.  
Let's Stop The Marginalization Of People By The City. No more committees and run around.  
Let's Put Municipal Government Back In The Hands/Control Of All Citizens.  
Let's Revitalize Our Downtown As It Has Been Done in Mississauga, Hamilton, Brampton, Aurora And Many Other Municipalities.  
Let's Bring Back Municipal Government To The Taxpayers.  
Let's Take Care Of Our Firefighters. Get Them The Trucks They Need.  
Let's Cut Wasteful Expenditures. Together We Can Make A Difference. Nothing has changed sine 2018 election. If anything the quality of life in Oshawa has become worst.

Taxes keep going up and services compromised.

**NOW IS YOUR CHANCE TO MAKE A DIFFERENCE.**

**WE MADE A MISTAKE IN 2018**

**WE CAN'T AFFORD TO DO IT AGAIN.**

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SHOP DOWNTOWN INITIATIVE SINCE 2018  
The Oshawa-Durham Central Newspaper

## PARK TO BE NAMED AFTER OSHAWA BUILT SILVERADO TRUCKS

The City of Oshawa has named a future Oshawa park to recognize and celebrate the reopening of the General Motors Oshawa Assembly plant and the high-quality new Silverado trucks being built at the plant.

At a recent meeting, city council approved the naming of 'Silverado Park' that will be a feature in the Treasure Hill development located north of Shankel Road and west of Townline Road North, said a city statement.

It is anticipated that Silverado Park will be constructed in 2022. A number of streets in the surrounding area are also named after General Motors vehicles, including Belair Crescent, Eldorado Avenue, Lemans Avenue and Skylark Avenue.

The first 2022 Chevrolet Silverado pickup rolled off the line at the retooled and reopened Oshawa Assembly Plant in November 2021 with Oshawa shipping trucks to dealers in December 2021.

GM Canada has invested up to \$1.3 billion at the reopened Oshawa Assembly Plant.

In April 2022, GM announced further plans to add light-duty pickup production and a third shift in Oshawa, creating more than 2,600 new jobs since operations resumed at the plant. With the third shift of production, the Oshawa Assembly Plant will become the only GM plant producing both heavy-duty and light-duty pickups.

These investments further solidify Oshawa as a key player in the new transformed automotive industry while keeping thousands of quality jobs and manufacturing operations in Oshawa.

Oshawa has been on an incredible journey this past year with the successful restart of the truck plant and news of a third shift that will restore even more quality jobs to our great city, said Oshawa Mayor Dan Carter. As a community that has much to celebrate, we thank General Motors and the generations of Oshawa GM workers who have helped shape our city, with the naming of Silverado Park.



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Ipledge to find a quick resolve to the ever increasing homeless issue. No one in Oshawa will ever have to find shelter in doorway, alley ways. No one in Oshawa will ever have to do without proper shelter, food, water, refuge.

I ALSO PLEDGE THAT I WILL NOT TAKE ONE PENNY IN REENUMERATION UNTIL A PROPER SOLUTION IS FOUND Our Children deserve better. Our City is full of valuable resources and sites with optimal potential. Nothing has been done since 2018. Taxes keep going up while quality of life keeps deteriorating. NO MORE EXCUSES. We now need to take Oshawa and developed it to world class standards.

No more two by four, drywall complexes. We need real developments. Developments that not only cater to the needs of the community at large. But most importantly create good solid tax revenue in order to offset tax increases.

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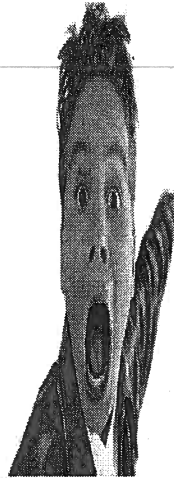
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Chair - PR. Media

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Chair of Membership 2017

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Former

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JOE INGINO IS AN

ACCOMPLISHED

WRITER/AUTHOR OF

OVER 800,000 Published

Columns in Canada and

The United States

less fortunate. I can further tell you that I, should never be in: I, am doing it for my best

interest. I, should think of me first and my fellow man second. I, have no responsibility and

it is my life. I, should not be about rewarding the self but about contributing in any way possible

for the betterment of society. There can never be an US in an I mentality. Unfortunately this is the biggest

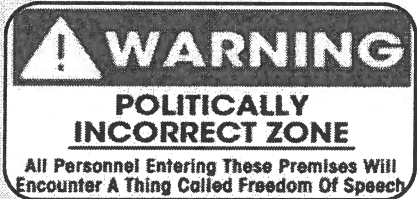
problem with society today. This in part is why Oshawa is failing. We can't run a corporation with an 'I',

mentality. Made up of retiree's, realtors and the unemployable only looking to up their pensions,

get a job and or name booster recognition types. Only thinking of how they can better their

lives and not ours. If I am wrong. Tell me this. How has your life become better in the last four

years? Choose wisely. Choose one of 'US'!



Logic

IT IS NOT ABOUT 'I' IT IS ABOUT 'US'

By Joe Ingino
Editor/Publisher

ACCOMPLISHED WRITER/AUTHOR OF OVER 800,000
Published Columns in Canada and The United States

I live a dream in a nightmare world.

Always Remember That The Cosmic Blueprint Of Your Life Was
Written In Code Across The Sky At The Moment You Were Born
Decode Your Life By Living It Without Regret.

The other day in conversation I came across someone that is thinking of putting their name in the municipal election. He is undecided on the ward and on if he should be regional or city. He even expressed opinion of possibly putting his name in for Mayor.

This particular person has no political experience. Unemployed, but has great community involvement. I asked him why he wanted to run for office? His answer floored me. Well, I know I probably won't get elected. I am doing it to get more name recognition.

Wow, really. Sadly his answer is not that uncommon. Many that have entered municipal politics do it to get name recognition. Look at our current Mayor. An unemployed television broadcaster. Ran for a council seat and won it on name recognition. The same person ran for Mayor with no real business experience and won on name recognition.

Sad, that we as taxpayers vote on name recognition and not competency, experience and contributions to the community. Imagine using the same process of democracy to hire the CEO of GM, or OPG. Personally, I put my name forward because I care about the community at large. Anyone can have an opinion and anyone can criticize. It takes character to do something about it.

I am tired of driving downtown and witnessing people living on the streets. You don't have to look far to see people smoking crack. Or people that have overused in door ways.

We have a system that is broken. That due to neglect it has deteriorated to a level never seen in Oshawa before.

I decided to run not for me. Not because I needed a job or the money. I decided to run because something positive needs to be done. It is not about 'I', it is about US.

We can't afford to continue this way. We must plan for the future of Oshawa by implementing a solid path. We must create this path by ongoing setting of goals that will lead us to success and prosperity.

No matter what you do in life. I can only be used in selective places such as: I, must be the one that must go to work to assure my family is taken care. I, must be the one that will stand up for what is right.

I, have a duty to my family, community, country. I, have the responsibility to assure that my children are educated and productive members of society. I, must live by the law of the land and support those

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CANADA, THE INTERNET, SOCIAL MEDIA, PRIVACY LAWS AND FREEDOM OF SPEECH

by Maj (ret'd) CORNELIU E. CHISU, CD, PMSC, FEC, CET, P. Eng.
Former Member of Parliament
Pickering-Scarborough East

As spring descends on Canada, with economic worries and a bleak international environment surrounding us, Canadian parliament is in session and focusing on laws to put more controls on the citizens of Canada.

Two of the most important values in a democracy are the right of citizens to have their privacy protected and their right to free speech. With the advances in internet technology and electronic management of your finances, shopping and social media, you never know where your personal information is going. Worse still, your personal information and even your personal movements can now be tracked and used by malefic organizations with the intention to control you and eventually punish you.

So we need to do something to avoid further loss of our personal freedom, while also avoiding a nefarious digital environment.

Canada's current privacy law, which governs how Canadians' personal information must be handled and protected by the businesses and government you share it with, was brought into force about 20 years ago.

While there have been some tweaks made to it since then, the digital world we live in today is vastly different from twenty years ago. Federal law simply hasn't kept up with the pace of change, and consequently, ordinary Canadians donating to charitable organisations and Canadian businesses are now finding themselves exposed and at a disadvantage. Unfortunately, state bureaucrats like to do work for themselves and create little kingdoms. In Canada there is the added complication of several sets of privacy laws; the federal privacy law and the provincial privacy laws. How nice and efficient.

The federal privacy laws, including those that regulate digital privacy and digital trade, are increasingly coming into play, and are also significantly outdated. They are now outdated to the point of holding Canadian innovation and entrepreneurship back, while also limiting the freedom of expression.

The lesson to learn from this is to create an efficient law, a common sense one, to ensure that Canada doesn't end up with a proliferation of new privacy laws being enacted in each province individually. More importantly, the new privacy law must not act as a limitation on personal freedoms.

In a digital world, Canadians are connected like never before. As virtual activities continue to increase, businesses and their customers must be confident that their data is protected. Simply put, Canada needs 21st century privacy legislation to help get the job done.

This new reality creates a world of opportunity for those who desire to have some control over you, your activities and your movements. This must be avoided at all cost.

There is little doubt amongst experts, policy makers and the public, that the ways in which our digital infrastructure is designed and incentivized has had widespread social, economic, and political costs. The largest and most vexing piece of this policy agenda is what to do about harmful content online and how we define it. When we discuss this issue we need to be very careful to avoid infringing on the basic freedom, the freedom of speech. We need to be assured that ensuring online safety does not harm the core democratic right, which is the free expression.

Democratic governments around the world define and regulate speech differently, and so there is no global set of rules for platforms to follow - this will be determined country by country. In the Canadian context, the Charter provides robust protection for free speech, while recognizing that governments can limit speech to prevent harms, provided the limits are reasonable and justified in a free and democratic society.

So the Canadian government must find the best way to accommodate privacy, safety and freedom of expression. Some countries have developed some systems, but our society must define one for Canadians by the Canadian legislators who have been elected to serve the people.

The systems must be made radically transparent. One of the core problems with digital platforms is their opacity. Platform companies such as Facebook and Google could be compelled to share privacy-protected data with the public.

Platforms must also be held accountable for how they build their products. To do so, we should base our regulatory system on a concept already in use in Canadian law - that of a statutory duty to act responsibly. This would place the onus on platforms themselves to demonstrate that they have acted in a manner that would minimize the harm of the products they build and offer to Canadians. A well-resourced regulator could have the power to audit these systems.

It is also critical to shift the balance between platforms and their users. We can do so through mandated interoperability and data portability, a serious national civic education and digital literacy initiative, and critically, significantly strengthened and long overdue data privacy protection.

This approach is not about responding or reacting to content, or speech, but about assessing the level of risk and implementing product safety standards so that platforms are being subject to the same statutory duty to act responsibly as other consumer facing products.

For too long the issue of online harms has been erroneously framed as one of individual bad actors and the regulation of speech, but the problem is one of systemic risk and it must be addressed as such.

Canada now has the chance to learn from and build on the policies attempted in other countries and get it right once and for all. Hope they will do it well!

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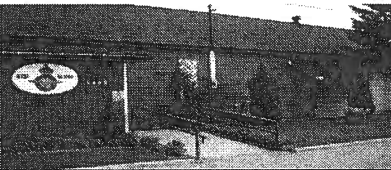
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'LET'S TAKE OSHAWA BACK'
Let's Clean Up Our Downtown of Crime. (Prostitution, Drugs, Loitering.)
Let's Find A Quick Solution To The Homeless in Oshawa. Nothing Has Been Done Since 2018.
Let's Deal With Cleaning Our Parks And Creeks Of Used Syringes. A Major Public Safety/Health Concern.
Let's Bring Back Good Paying Jobs. Amazon, Google, IBM, Bell, Banks For Example.
Let's Stop The Marginalization Of People By The City. No more committees and run around.
Let's Put Municipal Government Back In The Hands/Control Of All Citizens.
Let's Revitalize Our Downtown As It Has Been Done in Mississauga, Hamilton, Brampton, Aurora And Many Other Municipalities.
Let's Work on improving transportation like transit routes.
Let's Take Care Of Our Firefighters. Get Them The Trucks They Need.
Let's Cut Wasteful Expenditures.
Let's Take Control Of The Increasing Rodent Problem.
Together We Can Make A Difference. Nothing has changed sine 2018 election. If anything the quality of life in Oshawa has become worst.

Taxes keep going up and services compromised.

NOW IS YOUR CHANCE TO MAKE A DIFFERENCE.

WE MADE A MISTAKE IN 2018 WE CAN'T AFFORD TO DO IT AGAIN.

Together We Can Make A Difference. With Your Help We Can Give You Back A Voice In What Matters To You And Your Family.
Won't You Join Me in 2022

In Taking Back Oshawa For The Sake Of Our Children's Future?

Read My Full Platform At **INGINO.ORG**

OPG UPDATES GREEN BOND FRAMEWORK TO INCLUDE NUCLEAR

Ontario Power Generation (OPG) released an update to its green bond framework that now includes eligible nuclear projects in recognition of the critical role the technology plays in fighting climate change and in achieving OPG's own ambitious climate change goals.

Net proceeds from green bonds can now be used to finance Darlington Refurbishment and maintenance of existing nuclear facilities that produce low-cost power free of carbon emissions.

In addition, CICERO Shades of Green, a leading provider of independent, research-based evaluations of green bond and sustainability financing frameworks, completed a second-party opinion on OPG's green bond framework with a CICERO Medium Green shading and a governance score of Good.

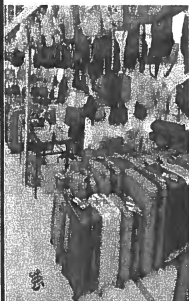
Ontario Power Generation (OPG) was the first Canadian utility ever to release green bonds with four corporate bonds issued to date totalling \$2.15 billion. As well, in May 2021 Lower Mattagami Energy Limited Partnership, an entity wholly owned by OPG, completed a private placement green bond totalling \$375 million.

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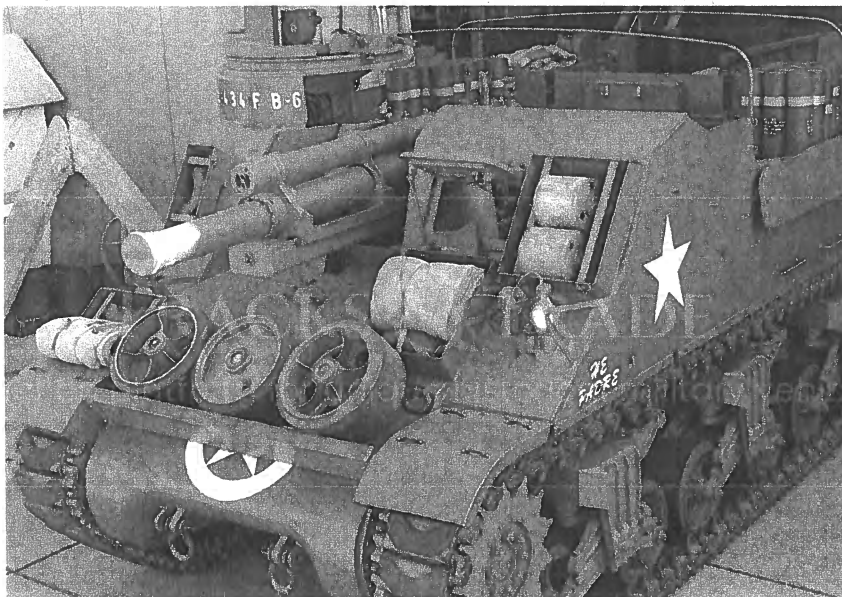


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RARE SECOND WORLD WAR VEHICLE ACQUIRED BY CANADIAN MUSEUM

Oshawa, Ontario, July 13, 2022 - The Ontario Regiment R.C.A.C. Museum (ontrmuseum.ca) has acquired and will display a very rare WW2 Howitzer Motor Carriage M7B1 better known as the M7 Priest. More than 4,000 M7 Priests were built in the US between April 1942 and the end of WW2. Based on the very successful M4A3 Sherman, the turret was replaced by a casemate and a 105mm Howitzer. The M7 was used by the Americans, the British, the Canadians, and the Free French.

Many Canadians landed on Juno Beach in these vehicles during the Second World War

commented Jeremy Neal Blowers, Executive Director of the Museum: The 12th, 13th, and 14th Field Regiments of the 3rd Canadian Infantry Division landed with their Priests on D-Day. The Canadians later modified many of their Priests into one of the first Armoured Personnel Carriers - the Kangaroo.

After the war, this Priest was used by the US Army in Korea and then by the West Germany Army up until 1965. The Museum's vehicle was rescued from a German scrap yard in 2005 and expertly restored to a WW2 running condition by BAIV of the

Netherlands. It was finished in 2014. The Museum's Priest was built in December of 1944 and also served in Korea as well as with the French, then West German Armies. It was put up for auction at Tracks & Trade in the Netherlands where it was purchased for the Museum with the generous support of The Dunkley Charitable Foundation. A new display has been commissioned for the Museum by the Foundation, which will show the M7 Priest along with the story of the vehicle (and later Kangaroos) in Canadian service. The display will be in place for public viewing in the fall when the vehicle arrives at the Museum from overseas.

The Ontario Regiment R.C.A.C. Museum is home to a historical vehicle collection of over 120 military vehicles. These vehicles include jeeps, trucks, armoured personnel carriers, and tanks, and are all kept fully operational by the Museum's volunteers. In addition to an extensive static display section with artifacts dating up to 200 years ago, the Museum prides itself on making history come alive.

Once a month, visitors will have a rare opportunity to experience these historical vehicles in action, as it provides a live display of these vehicles at the Tank Saturday shows

CANADA'S INFLATION RATE CLIMBS TO 8.1% IN JUNE 2022, ACCORDING TO STATCAN

Canadians continued to see higher food prices, with the cost of food up 8.8 per cent compared with June last year.

Canada's annual inflation rate rose to 8.1 per cent in June, boosted by soaring gas prices, which rose more than 50 per cent compared with a year ago, Statistics Canada said on Jul. 20.

The June inflation rate was up from 7.7 per cent in May and marked the largest yearly change since January 1983.

Excluding gasoline, the inflation rate was 6.5 per cent in June compared with 6.3 per cent in May.

With public health restrictions easing and more people looking to travel in June, the cost of travel-related services surged. Prices for accommodation rose by about 50 per cent across the country compared with a year ago. Advertisement

The return of sporting events, festivals and other large in-person gatherings has resulted in higher demand for accommodation, particularly in major urban centres, Statistics Canada said.

On a month-over-month basis, the consumer price index edged higher by 0.7 per cent, largely due to rising prices for gasoline and travel accommodations.

After declining slightly in May, air transportation costs rose 6.4 per cent month-over-month.

Canadians also continued to see higher food prices, with the cost of food up 8.8 per cent compared with June last year.

Among food items, the largest increase in prices was for edible fats and oils, which rose by 28.8 per cent year-over-year.

In the face of concerns from consumers and businesses that high inflation will persist for several years, the Bank of Canada is ratcheting its efforts against rising inflation. In its most recent rate decision, the central bank opted to hike its key interest rate by a full percentage point, the largest single increase since 1998.

What does this mean for the average family of four? Cut back on essentials. No vacationing and careful spending.

The youth today have it tough as having three jobs may not guarantee them the opportunity to own a new home. Skyrocketed prices compounded with interest rates and banks not lending. The dream of purchasing a new home for many is a far away dream.

With interest rates going up you can assure bankruptcies will also skyrocket.

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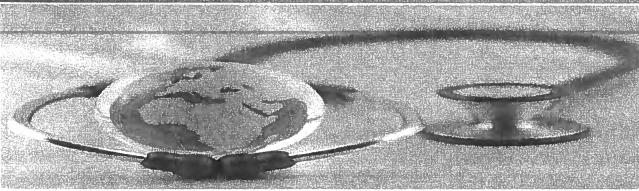
2022 CALENDAR
MAY 14 WORTHY History of the RCMP
JUNE 3-4-5 AQUINO TANK WEEKEND
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Direct Answers from Wayne & Tamara THE RIGHT TO SPEAK

I have a little problem that has been going on for a long time. I have no feelings whatsoever for anyone or anything. I feel so numb it isn't funny. Or rather I should say this is the face I show the world.

I can't even say I love you to my mom though I love her dearly. I can't express my emotions to others at all. If I express my feelings, I'll be hurt. A lot happened in my life to cause me to choose not to be emotionally involved. My dad and I were close when I was younger, but after my parents' divorce I never had a relationship with him. I was exposed to many physical encounters that were not appropriate for a child, but no one else knows about that and my family doesn't understand me. This affects my relationship with men and people in general. I am wounded at 21. I only seem to attract people who use and hurt me. I'm tired of holding in the pain, but I don't know what to do anymore.
Christy

Christy, you know where you got lost. It was when you were molested. That needs to be dealt with now. None of us can live with a discrepancy between our interior world and the exterior world.

Numbness, emotional withholding, and the inability to say "I love you" are textbook signs of sexual abuse. Right now you think your problem is unique. If you knew others with your background, you would see how much you have in common.

The first step, and the most difficult, is finding a support group or individual working with people who have had your experience. When it occurred, you were too young and vulnerable to do anything about it. You tried to close the door on your pain. But closing the door on pain also closed the door on truth and happiness.

You have a right to breathe fully, to speak freely, and to live completely. You have a right to connect with others in an open and honest way. But harsh experience took those rights away from you. Finding your voice again will explain a lot to those close to you. Finding your voice will free you.

Someone once said, "If you weren't scared, then you weren't brave." It is time to be brave and reclaim your birthright as a human being.
Wayne & Tamara

First Comes Love

I wish I could tell you my story but it is so long. It is a classic love story between a man who is 45 and a young woman, 22. This is the problem. Our relationship is based on passion. There is only passion.

We meet once a month and sex is everything. I am a very modest girl, and because of that he likes me. Often he says he wants our relationship to last, but in the beginning he said not to grow too fond of him. I think he is protecting himself from me.

I am not sure if there is any serious woman in his life, but I am afraid I am falling in love with him. I need him and want him to be mine. Is it possible he feels the same for me? Could I ask him without destroying our relationship?
Maria

Maria, when a woman has sex, her thoughts goes in one of two directions. Either I am in love and loved, or I am not loved. If it is love, it's okay. If it's just sex, I am something I don't want to be. For a woman, if the relationship involves sex, it's serious.

This man is not offering you love or sharing his life. You are not even dating. He is meeting you for sex. In an attempt to save your self-respect you want him to love you.
Tamara

Wayne & Tamara

Write: Directanswers@WayneAndTamara.com



The Doctor Game Online Grocery Shopping a Cause for Concern

W. Gifford-Jones, M.D. and Diana Gifford-Jones
Food products in stores are changing. Shoppers easily find more processed, attractively packaged, and conveniently prepared meals. With online shopping, the way these products are now selected and put in the cart has changed too. For that, consumers may be paying more than just the price of inflation.

Online food shopping has become the norm for many people. Home delivery of groceries may be a convenience, but consumers are losing their moment of discernment. Even if online customers take the time to click through product pages checking nutritional information, in-store shopping assistants frequently turn to substitute products and don't take notice when ingredients in products have changed. Food deliveries arrive with frequent surprises. That's not what I ordered, must be among the pandemic's defining phrases. Online grocery shopping is a double-edged sword. It may increase healthy choices by reducing unhealthy impulse purchases and help overcome food access limitations for some. But it also increases unhealthy choices due to consumers' reluctance, for example, to purchase fresh produce online.

High fiber cereal is a good start on a grocery list. Regular consumption of high-fiber, low-sugar cereal is associated with lower risk of obesity and diabetes. When online purchases result in the delivery of cereals sweetened with sucralose, sugar, and syrup, one could argue it's safer to eat the box!

Changes in the way food makes it to market and to the table call for more vigilance by consumers. Kids and parents fail to realize that more processed foods, more calories from sugar, and more salt for preservation and taste are the start of future trouble.

A focus on fiber alone tells an important story. Most North Americans consumers are eating less than 10-15 grams of fiber a day. But the recommended intake is 25 grams for women and 38 grams for men. Take a look at your bowel movement. If the content floats, you're getting sufficient fiber.

Insufficient fiber is associated with a higher risk of obesity and type 2 diabetes, which in turn lead to greater risk of heart attack, blindness, kidney failure and losing a leg due to hardening of arteries.

Millions of people suffer from chronic constipation due to a lack of fiber. Grunting through bowel movements can trigger small hernias in the large bowel that may cause inflammation, sometimes perforation of the intestines and emergency surgery. Remember, no surgeon can guarantee a risk-free operation.

Years ago, Dr. Denis Burkitt, an English researcher, reported that African societies consuming large amounts of fiber did not suffer from constipation or appendicitis. Later Dr. Thomas L Cleaves, a surgeon aboard the battleship King George V, was suffering from constipation. So were the sailors. Unprocessed bran cured Cleaves and the sailors.

What's the magic of fiber? It holds water in the digestive system, producing stools soft as toothpaste. Fiber is filling, decreasing the hunger reflex. Drinks containing the equivalent of eight teaspoons of sugar have no effect on satisfying the appetite. The solution: eat an apple, loaded with fiber.

Knowing what you want is also knowing what you must give up to get it. Say no to sugar laden cereals. Getting this message through, especially to parents, is not easy. But setting the course for obesity and Type 2 diabetes is punishing their chances for a long, healthy life. It's not just sugar. It's too many calories and lack of exercise as well.

Shop smart. Monitor weight daily by stepping on a scale. See if your stools float. And, read more at www.docgiff.com about ways to ensure a healthier and longer life. Sign-up at www.docgiff.com to receive our weekly e-newsletter. For comments, contact-us@docgiff.com. Follow us Instagram @docgiff and @diana_gifford_jones

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INCREASE IN THE OLD AGE SECURITY PENSION FOR SENIORS AGED 75 AND OLDER BEGINS

The Government of Canada is committed to supporting seniors after a lifetime of hard work. That's why the Government of Canada has taken historic measures to improve financial security for the oldest seniors.

The Honourable Kamal Khara, Minister of Seniors, and the Honourable Pablo Rodriguez, Minister of Canadian Heritage and Quebec

Lieutenant announced that the Old Age Security (OAS) pension has permanently increased by 10% for seniors aged 75 and over. This means that full pensioners will get more than \$800 extra over the first year. This will be the first permanent increase to the OAS pension since 1973, other than adjustments due to inflation. It will strengthen the financial security of 3.3 million seniors. Eligible seniors will not have to take any action to receive this increase—their payments will be automatically increased.

This increase follows a one-time payment of \$500 that the Government of Canada provided in August 2021 to seniors who were eligible for the OAS pension in June 2021 and born on or before June 30, 1947. The one-time payment was provided to help address the immediate needs of this group of seniors. Both measures were announced in Budget 2021.

These measures are part of broader work to support the financial security of seniors of all ages, including the following:

- restoring the age of eligibility for the OAS pension and the Guaranteed Income Supplement (GIS) to 65 from 67;

- enhancing the Canada Pension Plan for future retirees;

- increasing the GIS for single seniors;

- raising the GIS earnings exemption; and

- amending the Old Age Security Act to exclude federal pandemic benefits from the calculation of income for GIS/Allowance purposes.

"The permanent increase to the OAS pension will help provide older seniors with greater financial security now and in

the future. Younger seniors—and all Canadians—can enjoy greater peace of mind while planning their retirement finances, knowing they will be able to count on more support from the OAS pension in their later years."

The Honourable Kamal Khara, Minister of Seniors

"Today's announcement is further evidence of our concrete commitment to deliver for seniors in Quebec and across Canada. Since the beginning of the pandemic, we've promised not to leave anyone behind and that's what we've done, through a one-time payment and various programs that have made a real difference for seniors in our communities. Now that we're talking about recovery, we are making that commitment again and we'll do what it takes to ensure all Canadians can age safely and with dignity. We will always continue to work to deliver for seniors!"

The Honourable Pablo Rodriguez, Minister of Canadian Heritage and Quebec Lieutenant

"The mental, physical and financial security of seniors must remain a priority for all governments. Groupe

Sélection is happy to see the increase of the OAS for those 75 and over and will always be there to support measures that improve the quality of life of older Canadians."

Réal Bouclin, Founding President and Chief Executive Officer of Groupe Sélection

The objective of the OAS program is to ensure a minimum income for seniors and help reduce the incidence of low income among Canada's seniors. The OAS benefits include: the OAS pension, which is paid to all individuals aged 65 and older who meet the residence requirements; the GIS for low-income seniors; and the Allowances for low-income Canadians aged 60 to 64 who are the spouses or common-law partners of GIS recipients, or who are widowed or widowers.

All OAS benefits are indexed on a quarterly basis (in January, April, July and

October), so that they maintain their value over time, even as prices increase. Increases to OAS benefits are calculated using the Consumer Price Index, which measures changes in prices paid by Canadian consumers for goods and services. The Consumer Price Index is the most widely used indicator of price changes in Canada. If the cost of goods and services goes down, OAS benefits do not decrease. OAS payment amounts will only increase or stay the same.

In July 2022, as a result of quarterly indexation, maximum OAS benefits increased by 2.8%.

Older seniors make up one of the country's fastest-growing demographics, and the population of people aged 85 and over is expected to triple over the next 25 years.

In 2018, among OAS pensioners aged 75 and over, 59% had incomes below \$30,000, compared to 52% of those aged 65 to 74.

In 2020, 39% of OAS pensioners aged 75 and over received the GIS, compared to 29% of those aged 65 to 74.

In 2020, among OAS pensioners aged 75 and over, 57% were women, compared to 52% among those aged 65 to 74.

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FOR YOUR COVER LETTER TO DO ITS JOB DON'T COMMIT THESE FAUX PAS

By Nick Kossovan

Not including a cover letter is lazy-employers don't hire lazy. (I certainly don't.)

Regardless of how you apply for a job, whether through a referral or online, you must show how your skills, experiences, and personality set you apart from other applicants. It's for this reason, you should always include a cover letter.

Including a well-written cover letter tailored to the job, and addressed to the hiring manager, offers several competitive advantages:

- It shows your enthusiasm and that you researched the job requirements and the company. (You're not lazy.)
 - You're addressing the hiring manager directly and therefore bringing your relevant skills and experiences directly to their attention.
 - You're selling how you can add value to the company.
 - Your personality is conveyed to the hiring manager.
 - Your cover letter shows off your writing skills. (Employers value above-average writing skills.)
- Your cover letter has one job: to get the reader to read your resume. (It's your resume's job to get you an interview.) Imagine how much more likely you'd get an interview invite if you applied for jobs with a great cover letter and a resume that WOWS. Therefore, you don't want to make the following mistakes that'll hinder your cover letter from doing its job.

1. Attaching your cover letter to your email. To ensure your cover letter is read, don't send it as an attachment. Instead, write it within the email body. When the recipient opens your email, your cover letter will be immediately visible, increasing the likelihood that they'll read it.

2. Providing irrelevant information. Cover letters should be concise. Only offer details directly relevant to the job or that illustrates you have the skills and experience the employer is looking for.

When I'm looking for a sales-oriented call center agent, I'm not looking for someone who's been providing "world-class" customer service or who's, in their opinion, "detail-oriented." These things don't matter in terms of reaching sales goals. A person who knows how to ask a prospect discovery questions to uncover their wants and needs and then offer them the appropriate product or service is whom I'm looking for. I'll lose interest if someone goes on and on about their customer service skills. I want them to tell me about the biggest sale they ever made, along with their passion and methodology (e.g., discovery questions they usually ask) for making sales.

Hiring managers aren't responsible for connecting the dots regarding why you're a great fit for the position or how your skills are transferable. Connect the dots in your cover letter. "Having sold life insurance for the past 15 years, I'm comfortable selling an intangible product, and therefore, I don't anticipate not being successful selling registered RESPs." (Registered Education Savings Plan)

Think about what the reader of your cover letter would like to see and what'll convince them you're worth interviewing. Sentences like, "I see you need someone who's available to work nights and weekends. I enjoy working these hours and I'm available to do so," or, "Along with my resume, I've attached several samples of my writing," goes a long way.

3. Not including requested information. The most common application mistake I see is not following instructions. Based on my experience I'd estimate 7 out of 10 applicants fail to address every stipulation listed in a job posting, which indicates an inability, or unwillingness, to follow instructions. Name an employer who'd hire someone who can't follow instructions.

Be sure to read the job posting in its entirety! It's common for employers to ask candidates to submit examples of their work or portfolio, link to their LinkedIn profile, their availability, a video, or their salary requirements. In your cover letter, include anything you've been asked to include or mention that it's attached (e.g., portfolio, writing sample, video, certificates). Failure to follow instructions is a sure way to get rejected.

4. Closing with a cliché statement. "Thank you for taking the time to review my resume. I look forward to hearing from you," shows a lack of creativity and hustle. (Name an employer who dislikes employees who hustle.)

Conclude your cover letter with something like, "I look forward to discussing what I can bring to the Social Media Manager role at Pendant Publishing. I'll call you Thursday morning to schedule a time/date for us to meet." This shows initiative, that you want the job and aren't afraid to go after what you want. (Be sure to make the call.)

I once received a cover letter that closed with, "Call today, don't delay." The closing was aggressive, which I tend to gravitate towards. It grabbed my attention. Additionally, her cover letter outlined everything she could bring to the table as an employee. Her boldness impressed me, so I called her.

-Nick Kossovan, a well-seasoned veteran of the corporate landscape, offers advice on searching for a job. You can send him your questions at artoffindingwork@gmail.com



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Taking A Carp At The Park

By Rosaldo Russo

Allow me to begin this column by thanking the Oshawa/Central newspaper for allowing me the opportunity and access to the press. Not to many if any allow an average person like me to tell the world what I see and think. In my opinion, The Editor/Publisher is a real upstanding type of guy. He shoots from the hip and hold traditional core values.

My name is Rosaldo Russo. I came to this great country to make a better life for myself and my family. I thank Canada for everything it has allowed me to do and earn. I worked construction all my life. I know the value of hard work and honesty. I remember as a boy my father always telling me to work hard and buy land. So I did. I remember days when I did not have enough to eat. I go to work... but I did not wait for hand outs. I rounded up my pride my skill and my determination to succeed and went to work. In those days the only benefits we received was the fact we were employed.

Before retiring I was the owner and operator of local material supply company that allowed me to retire without worry. Now that I have time to enjoy life, I look around me and have some concern for future generations. I see that the world is finished.

I know you read the title and thought it was a spelling mistake... You must have wondered, has he gone insane? C.A.R.P., formally incorporated as the Canadian Association of Retired Persons, is a national, nonpartisan, not for profit association that advocates on behalf of Canadians as they age. Ok. Now that we get that out of the way. Let's talk about taking a crap at Lakeview. Is there a by-law against that? It seems that in the City of Oshawa there is a by-law for just about everything. One day they are going to demand we all wear a methane meter up our arses so they can tax us for polluting the environment...

You can't park your own paid car in front of your own paid house... or here comes these I think I can wanna be cops and harass you...Or worst give you a ticket.

Now to read all that you can't do at Lakeview Park. It disgust me. Yet on any given day you can drive down our downtown and watch people take a CRAP right in the open. Where are the by-law Gestapo?

I am embarrassed at bringing family from Europe through Oshawa. Then again from what I hear. Some museum and attraction guide their guest through Whitby down Hwy 2.

What is wrong with this city. Where are our elected officials. This is why I support Joe Ingino for Mayor. Here is a guy that is honest and genuine. He has vast knowledge of the downtown core and Oshawa in general. He out of his pocket funds Oshawa's most successful 'SHOP LOCAL' initiative I have ever known.

You can see his name in every other store... and for those store that do not have his initiative name in their front window. I will never visit. Other people should do the same. We need to support those who support our city.

Joe Ingino will be a good change for this City. He is a proven successful businessman. He does not play around. When he says something he follows through. Sometimes to much. One time I remember jokingly he made a remark. I asked him. Is that a threat. He looked at me and smiled. No my friend, there is not place in society for threats. I am just telling you what is about to happen and giving you the option of choosing the outcome.

Mr. Ingino, I believe will put a stop to crime in our downtown. He will run out the drug dealers, the pimps and all that comes with that. No more petty crime. Mr. Ingino has a solid economic plan that will put downtown merchants back in the limelight they deserve. He will bring great opportunity as he is a master negotiator and an experience business person. His intellect is unmatched. I truly believe that he will bring industry/commerce/trade to Oshawa like it has never been seen before. His leadership qualities are one that people can entrust to work in their best interest.

As it stands I can't even take a CARP to memorial park or Lakeview in fear of being at the one mugged at the other harassed by bylaw. Come on people vote Ingino in 2022.

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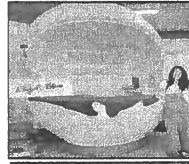
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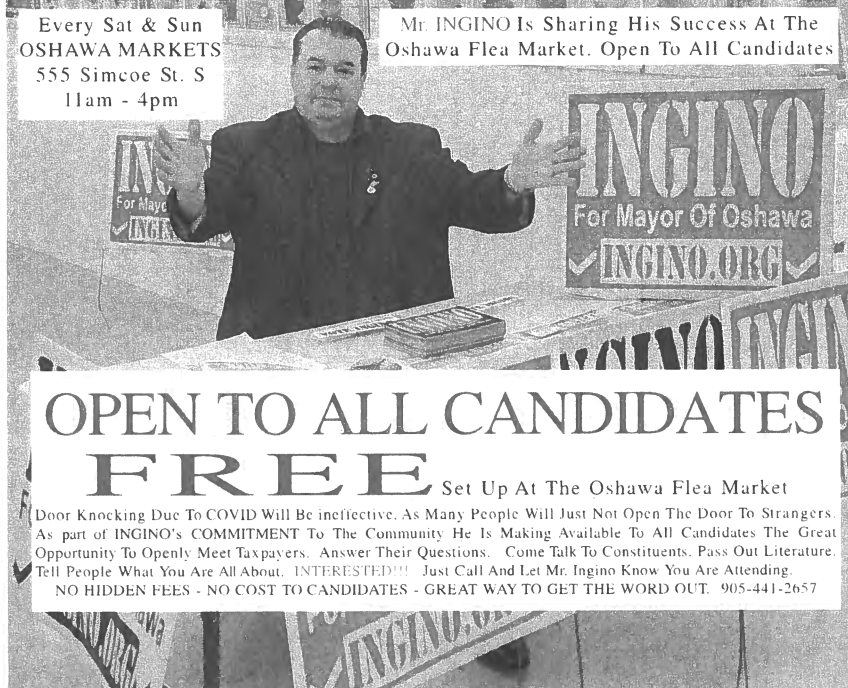
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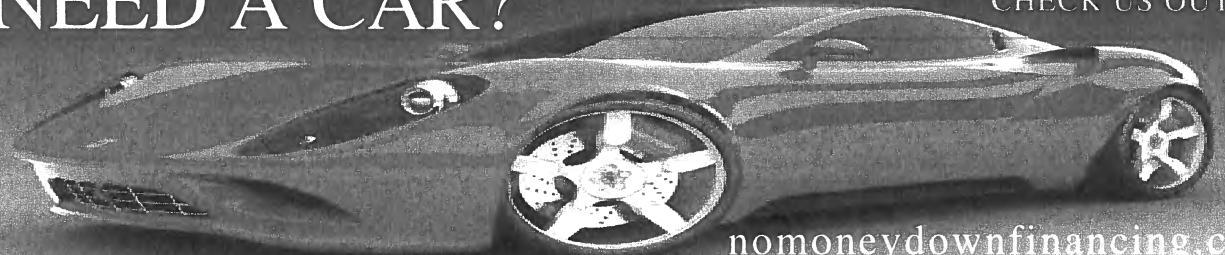
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of Courtice Member
2015 Secretary 2017
- Former
Courtice Lions Club
Member 2015(Director)
- Chair - Santa Parade
- Chair - PR Media
- Member of fundraising
committee 2017
- Chair of Membership 2017
- Vice President -2017-18
- Former
Oshawa Naval
Veterans Club -
Member 2015
- JOE INGINO IS AN
ACCOMPLISHED
WRITER/ AUTHOR OF
OVER 800,000 Published
Columns in Canada and
The United States

! WARNING
**POLITICALLY
INCORRECT ZONE**
All Personnel Entering These Premises Will
Encounter A Thing Called Freedom Of Speech

Logic QUESTION 'Q'

By Joe Ingino
Editor/Publisher

ACCOMPLISHED WRITER/AUTHOR OF OVER 800,000
Published Columns in Canada and The United States

I live a dream in a nightmare world

Always Remember That The Cosmic Blueprint Of Your Life Was
Written In Code Across The Sky At The Moment You Were Born
Decode Your Life By Living It Without Regret or Sorrow.
When I am in the wrong, I am in the wrong. I will be the first to admit
it. But to be presumed wrong or in violation of any law is wrong. Since
I have put my name forth to run for Mayor. It has been one obstacle
after another. One agency after the other attempting to discredit me
or question my integrity. Some deem it a complaint others normal
inspection. The bottom line is, that it is what it is.

This past week I received the following email from a staff member at
City Hall that I will not disclose after I had sent in a detailed document
requesting explanation on By-law 42-2014. I bring this by-law to ques-
tion due to the fact that it is only applicable to city roadways and par-
tial regional roads. Furthermore, the by-law in question favor the
incumbents as it is tailored to confuse and mislead new candidates.
The by-law in question is signed by the Mayor himself. This brings to
question the intent. If this by-law is intended for city roadways
Then why am I being made to feel like I am being harrassed. Not only
that. The presumption that I have done anything wrong without proof.
Is WRONG. The email read: Good morning Joe: Thank you for your
email. After reviewing it, the City's position remains the same - the
signs in question (the Signs) are in violation of Section 3(q) of the
City's Election Sign By-law. As previously requested, please
ensure the Signs are removed immediately to avoid further
action being taken by the City. 1. I have not erected any signs.
False accusation. 2. Threaten with further action. 3. The City has yet
to give me explanation in reference to the detailed document present-
ed for clarification Section 3(q) reads: (q) for a municipal election, is
erected, placed, maintained or displayed before the forty-second
(42nd) day prior to the last polling day for the election or after the sev-
enth (th) day following the last polling day for the election. I brought
this to question due to the fact that the date stipulate from the date of
the election only gives new candidates limited exposure on municipal
roadways. I also brought to question as to who set those dates as they
are not a provincial nor federally mandated. All I asked was for clear-
ification and I am ignored and just told to comply. To almost admit to
the fact that I erected ANY SIGNS as prescribed by the said by-law.
In which I have not. Therefore why the demand? Why does the City
want me to admit to something I am not guilty. This mentality at City
Hall will STOP. Together we will bring our municipal government back
to the people where it belongs. At the least before they pass judge-
ment get the facts straight. Call me. I called numerous time and still
waiting. I know you read this. Please call 905-441-2657 Thank you.



CANADA AND THE INFLATION RACE

by Maj (ret'd) CORNELIU E. CHISU, CD, PMSC,
FEC, CET, P. Eng.
Former Member of Parliament
Pickering-Scarborough East

Summer is here and the hot days finally came together with some hot
news from the Bank of Canada, which raised the prime rate by one
entire point, using the excuse of dealing with inflation.

Currently the prime rate is at 2.5%. The latest prime rate hike made
by the Bank of Canada on 13th of July was the largest single increase
in more than 20 years.

No wonder the rate of inflation in June reached a 39 year high of 8.1%, boosted by soaring gas
prices, which rose more than 50 % compared with a year ago. Statistics Canada said last week.
Inflation is expected to increase further in July.

As the cost of living has continued to rise, wages in Canada continue to lag, rising 5.2% in June
on a year over year basis.
In a common sense approach there are very few people in Canada who aren't feeling the pres-
sures of bonkers inflation right now, with the cost of just about everything hitting sky-high lev-
els and continuing to rise

The prices of food and gas have been hurting people's wallets the most as we hit a 40-year
inflation high in June and wages are certainly not keeping pace.
The crisis is only bound to get worse now that food suppliers have said that even more price
increases are coming.
Excluding gasoline, the inflation rate was 6.5 % in June compared with 6.3 % in May.

With public health restrictions easing and more people looking to travel in June, the cost of travel-
el-related services surged. Prices for accommodation rose by about 50 % across the country
compared with a year ago.
"The return of sporting events, festivals and other large in-person gatherings has resulted in
higher demand for accommodation, particularly in major urban centres," Statistics Canada
reports.

On a month-over-month basis, the consumer price index edged higher by 0.7%, largely due to
rising prices for gasoline and travel accommodations.
After declining slightly in May, air transportation costs rose 6.4% month-over-month.
Canadians also continued to see higher food prices, with the cost of food up 8.8% compared
with June last year. Among food items, the largest increase in prices was for edible fats and
oils, which rose by 28.8 % year-over-year.
So let us look at who benefits most from inflation. The answer is, that governments benefit from
inflation in two significant ways.
First, because inflation increases the price of goods and services, the value of money effective-
ly declines-as does the value of debt. When the value of debt declines, the cost of debt inter-
est payments also essentially declines.

Second, inflation tends to increase the nominal value of assets such as real estate, which
increases the capital gains tax liabilities of Canadians who sell those assets, thereby pushing
some Canadians into higher tax brackets. Consequently, government tax revenues will
increase even though the "real" incomes and wealth of most Canadians may remain constant
or even decrease.

So in Canada our liberal government is ready to benefit from the rise of inflation. No wonder
they are spending money left, right and center, on illusory projects, especially squandering it
outside the country, instead of looking to the welfare of their own citizens.
There is also a known link between the rise of inflation and a potential for an economic down-
turn. Despite reassurances from the Trudeau government that the Canadian economy is on the
road to recovery, there are signs that a recession is fast approaching in Canada.
A culmination of fast rising inflation, increased interest rates on mortgages, international events
such as worsening relations with China and sanctions on Russian energy and a contracting US
economy all point to a Canadian economy that is on the brink of recession.
As the Bank of Canada continues to hike rates, the sale of homes in May 2022 fell by 9%, con-
tributing to a 0.1% contraction of GDP.

The effect of a slowing housing market is likely to take a bigger toll on the Canadian economy
than on the American economy, as Canada is more than twice as reliant on the housing mar-
ket for economic growth as the US.
The housing market dragging Canada's GDP down could lead to a much more severe recession,
causing increased unemployment and the recession to drag on longer.

China's recent economic contraction is also stunting economic growth worldwide. China is
Canada's second-largest trading partner, and therefore supply chain issues occurring in China
have ripple effects, especially with regard to Canadian imports.
Despite reassurances from Finance Minister Chrystia Freeland that the government is focused
on "fiscal restraint," the Trudeau government continues to spend at an astronomical rate, causing
the economy to overheat.
Keeping all this in mind, be prepared for more restraints and tightening of the belt.
Hopefully there are no new pandemics on the horizon.

Enjoy the summer while it lasts!



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For Mayor Of Oshawa

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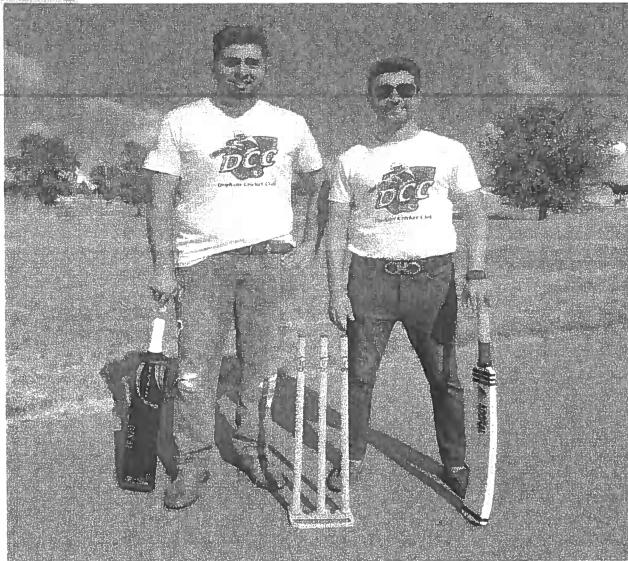


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Oshawa - Located at 1535 Cedar Street, Stone Street Park provides a number of active and passive recreational opportunities. In addition to the cricket field, the park includes a playground, outdoor tennis courts equipped with lighting for evening play, and access to washrooms and accessible parking adjacent to the South Oshawa Community Centre.

The sport of cricket was introduced to India by sailors and traders of the English East India Company in the 17th and 18th centuries. The earliest known record of cricket in India dates from 1721 and the first club had been founded by 1792. In the 1886 and 1888 summer seasons, the Parsees cricket team toured England.

Competitive cricket is essentially a bat and ball sport. It is played by two teams on an oval and involves batting, fielding and bowling. There are 11 players a side and a game can last anywhere from several hours to several days. Cricket can be played both socially and competitively, by males and females of all ages.

Why do they call it cricket? The exact origins of cricket are unknown, but are believed to date back to the 16th century, the name deriving from the Anglo-Saxon word 'cricc', meaning a shepherd's staff.

Who invented cricket? Early Cricket (Pre 1799) There is a consensus of expert opinion that cricket may have been invented during Saxon or Norman times by children living in the Weald, an area of dense woodlands and clearings in south-east England. Cricket is a bat-and-ball game played between two teams of eleven players each on a field at the centre of which is a 22-yard (20-metre) pitch with a wicket at each end, each comprising two bails balanced on three stumps. The game proceeds when a player on the fielding team, called the bowler, "bowls" (propels) the ball from one end of the pitch towards the wicket at the other end, with an "over" being completed once they have legally done so six times. The batting side has one player at each end of the pitch, with the player at the opposite end of the pitch from the bowler aiming to strike the ball with a bat. The batting

side scores runs when either the bowler unfairly bowls the ball to the batter, the ball reaches the boundary of the field, or the two batters swap ends of the pitch, which

CRICKET IN OSHAWA! OUR FIRST CRICKET FIELD IS NOW OPEN FOR PLAY!

results in one run. The fielding side's aim is to prevent run-scoring and dismiss each batter (so they are "out", and are said to have "lost their wicket").

Means of dismissal include being bowled, when the bowled ball hits the stumps and dislodges the bails, and by the fielding side either catching a hit ball before it touches the ground, or hitting a wicket with the ball before a batter can cross the crease line in front of the wicket to complete a run.

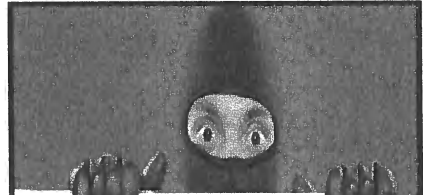
When ten batters have been dismissed, the innings ends and the teams swap roles.

At the end of the game, the team that scored more runs wins, provided that the other team has completed its one or two scheduled innings. The

game is adjudicated by two umpires, aided by a third umpire and match referee in international matches.

Cricket is in Oshawa and leagues are forming. Contact the Durham Cricket Club and

sign up for a recreational league. Fun is just a phone call away. Come join us at Stone Street Park, Oshawa.



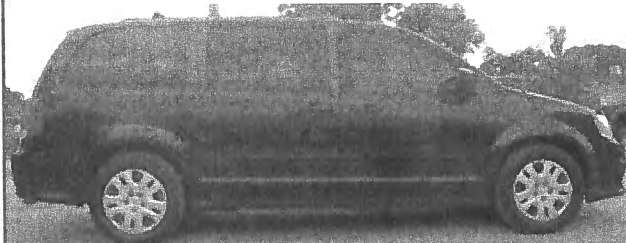
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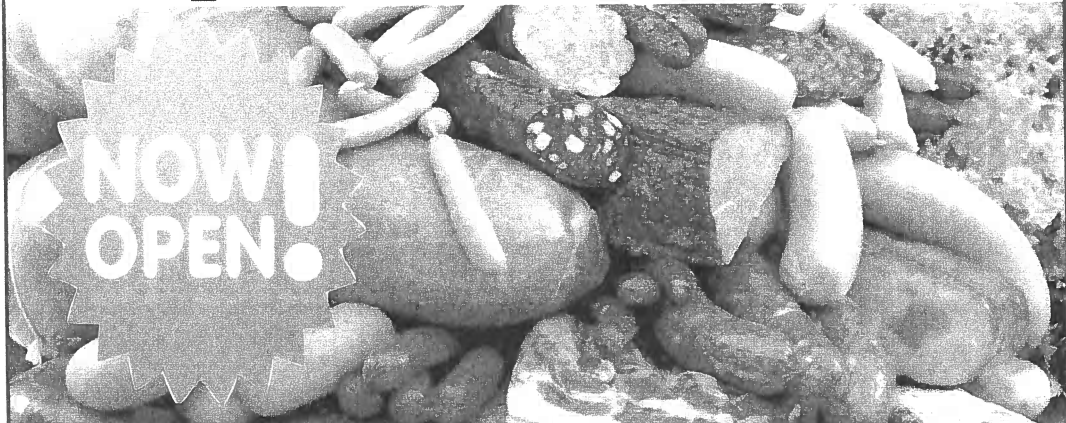
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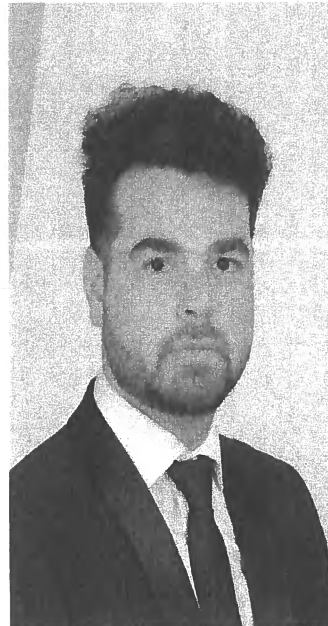
If you keep voting from the same municipal pool. DON'T EXPECT CHANGE. Expect More Of The Same.

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**RNAO CALLS ON ONTARIO
GOVERNMENT TO DOUBLE
THE MONTHLY ODSP RATE**

Tens of thousands of people who rely on the Ontario Disability Support Program (ODSP) are falling further behind because their income has been frozen since 2018. Their ability to find adequate housing, pay for essentials and live with any sense of dignity and hope are being further compromised given sky-high inflation, says the Registered Nurses' Association of Ontario (RNAO).

Scott Ferguson of Ottawa is one of more than 417,000 Ontarians who rely on ODSP to live. Confined to a wheelchair, he is forced to try to cover rent, food and other essentials on a monthly payment of only \$1,169. It's an amount well below the poverty line, which is why his mother, a retired registered nurse (non-practising) in Ontario, helps out regularly.

"Living like this makes me feel subhuman. I rely on ODSP for all of my living expenses. I rarely get to go out. If it wasn't for having a roommate I would probably be out of a home and if it wasn't for my mother, I probably wouldn't be eating," says Mr. Ferguson.

Scott's mother, Una Ferguson, says rates that reflect the true value of the cost of living and more affordable and accessible housing are key to making life easier for her son and thousands like him. She helps her son regularly by paying for his utilities and clothing needs. "As a nurse, I am well aware of how debilitating pain can be. To watch your son struggle on a daily basis on top of the pain he has to endure is heart-breaking. I worry what will happen when I am no longer able to help him."

RNAO has launched a campaign urging the provincial government to double rates



and families in Ontario who must rely on ODSP to lead dignified lives."

During a media availability taking place in Ottawa this Friday (July 29) Mr. Ferguson will share his story with members of the media. We ask reporters to contact Victoria Alarcon and Marion Zych of RNAO's communications department to make arrangements for one-on-one interviews. Please see contact information below.

The Registered Nurses' Association of Ontario (RNAO) is the professional association representing registered nurses, nurse practitioners and nursing students in Ontario. Since 1925, RNAO has advocated for healthy public policy, promoted excellence in nursing practice, increased nurses' contribution to shaping the health system, and influenced decisions that affect nurses and the public we serve.

immediately and index future increases to inflation. It has written a letter to Premier Ford and issued an action alert to drive home the fact that the province's support program is out of step with today's reality. For example, individuals on ODSP receive \$1,169 per month, while the average rate for a bachelor apartment in Ontario in 2021 was \$1,106. RNAO calculates that since the Ford government came to power in 2018, the real value of ODSP has further declined by 10 per cent, with an overall decline of

almost 32 per cent since 1992.

"It's cruel that we force people with disabilities, like Mr. Ferguson, to live in utter poverty. Ontario is a rich province and we can and must do better. All Ontarians deserve to have adequate shelter, to be able to afford a healthy diet and to realize their full potential as individuals," says Dr. Doris Grinspun, RNAO CEO. "We urge Premier Ford to act immediately by doubling the ODSP rates. This will enable people

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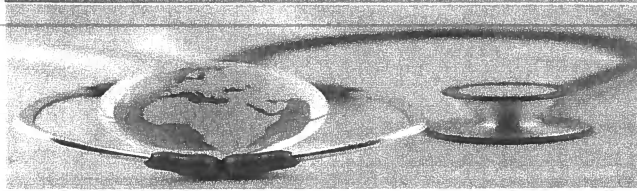
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Direct Answers from Wayne & Tamara Buried Truths

Q My wife and I married in the early 1980s. I was her first. Sixteen months into our marriage she took me to a party and made out with another man on the floor in front of me and our friends. It was intentional. She later said she was trying to make me mad and get a reaction out of me. I saw it as a public emasculation. I grew up in an alcoholic household and was emotionally undeveloped as a result of my childhood. I was mad but I shut down. A year later she had an emotional affair. There was a public emasculation involved with that as well. We went into counseling and I thought we had resolved the issue. Several months later, she moved to another city to further her education. I stayed home and worked. When I went to visit eight months later, she told me she had been sleeping with three other men and they were friendships that got out of hand. That was another public emasculation. Hours before she told me about the affairs, she took me to a party. I shook hands and chatted with two of the men she had been sleeping with. We went back into counseling where the goal of the counselor was to keep the marriage together. At the end, I was told it was my fault because I was emotionally unavailable to my wife. In my opinion, a lot of that emotional unavailability started when boyfriends started. We did counseling for months. I couldn't accept what happened. Something snapped, I suppose. I decided to pretend that it never happened. I buried it. My wife's affairs stopped, but I soon started drinking and became a closet alcoholic for a decade. I sobered up 22 years ago. We were very successful in our careers. I retired two years ago. My head cleared from my extremely busy job, and a year ago I decided to go back in my mind and see if something needed to be addressed. I realized that for the last 30 years, I never thought about the affairs. I knew they happened but never thought about them. I found that odd. That's when the panic attack started. Just like in your book *Cheating in a Nutshell*, disgust, anger, and trauma hit me like a brick. It's as if I opened an old door and found everything I left back in the 80s. I brought it up to my wife. She said she wanted to talk about the affairs but I had always blown it off when it came up (which is true). We went into marriage counseling again, and I went into individual counseling. These feelings won't leave me alone. I quickly realized that I should have divorced my wife 35 years ago. I told her this. I also learned more details about the last three affairs. They were worse than I thought. Our conversations over the last year have deepened our relationship. We both realize now there had been a wall between us for 34 years, and it was my unconscious reaction to the affairs. Our sex life over the last year has also been better than ever. Still, a powerful voice in me demands retribution. It is furious. It is livid. It is disgusted. It demands divorce. I'm having trouble sleeping. I have mind movies. I get sudden flashes of other men's hands on my wife's body. It's the same voice I killed in the 1980s. The rest of me knows leaving now would be ridiculous, if for no other reason than it would wreck our retirement. She has been an excellent wife for three decades, and we are very close. But the battle in my mind remains. It is constant and sometimes I wonder which side will win. An old wound reopened and a realization that it never healed. I stayed with the source of my trauma, Phil A Phil, let's start at the beginning. You weren't too emotionally unavailable for your wife to marry, but you were so emotionally unavailable it excused her affairs and deliberate emasculations. To block those memories, you turned into a closet drinker, buried yourself in work, and she suddenly became faithful. We don't find that story plausible. How did that fix her excuse your emotional unavailability? Even more, as a heavy drinker who buried himself in work, how could you know whether her affairs ended? The counselor who wanted to save the marriage hurt you grievously. PTSD was officially recognized in 1980, and discussions of serious trauma were all over the popular press. Yet this individual was incapable of recognizing your trauma, right before his or her own eyes. Your wife got herself a defense attorney and you were without representation. You were not a couple havingiffs over childcare responsibilities or the family budget. You were the victim of your wife's affairs and public humiliations. This needed one session. These two don't belong married. She is repeatedly unfaithful. Done. So instead of one session, the counselor got months and months of pay. Then, with botched counseling behind you, you found ways to mask the problem. When you retired, you did not decide to go back and reexamine what happened in the 1980s. Those memories disintegrated themselves. In your heart you know, if you had divorced your wife 35 years ago, you could have had all those years with the woman who was the love of your life. That's what your wife took from you. Why are things better than ever? Most probably she senses something from you, and she fears you will make her pay for her actions. Your mind, your body, and your soul will continue to plague you because disgust, anger, and the traumatic response are baked into us as human beings. You can't say you have a good marriage and say your soul is crying out for justice. You don't get to ride the fence like that. A well-lived life cannot be lived straddling the fence. Fence-straddling neutens you.

Wayne & Tamara
 Write: DirectAnswers@WayneAndTamara.com



The Doctor Game The Seedy Story Beneath Healthy Cranberries

W. Gifford-Jones, M.D. and Diana Gifford-Jones
 Cranberries are a superfood. They are known to fight urinary tract infections. They have anti-inflammatory properties. Cranberries promote heart health. Researchers are even exploring a potential role in reducing cancer risk. But

a myopic view that sees only the nutritional value of cranberries misses the larger not-so-pretty picture. It's a cruel irony that so healthy a berry has endured the unhealthy violations brought on by industry's unthinking push for production and humankind's fixation with sugar. Cranberries have been a staple of Thanksgiving celebrations for centuries. Harvard University served them at commencement dinner as early as 1703. A recipe for cranberry sauce appeared in a 1796 cookbook. General Ulysses S. Grant ordered his Union Army be served cranberries with the holiday meal in 1864. Until more recent times, cranberries were typically found growing naturally in bogs or marshes long ago formed by retreating glaciers. Pockets of clay filled in with water and over time became lined with rich peat and sand. Today, most cranberry producers utilize industrial methods to meet vastly expanded markets. Flooding bogs to facilitate the harvest is now the norm for about 95% of all cranberries. This requires an extraordinary amount of water - each acre of cranberries uses seven to ten feet of water to meet all production, harvesting and flooding needs. Inevitably, there has been a long and slow learning curve associated with the use of so much water. The management of fertilizers and pesticides has been a significant concern. Consumer reports and nutrition gurus have been advising consumers to buy organic cranberries for years. Cranberry associations have been working hard to find innovative new practices. But there are still loopholes in legislation and monitoring industry practices. So here again is another instance where consumer behaviours need to exert influence. This is easier to say and harder to do, especially in the context of inflation. But in the grocery store, picking up the higher priced organic, fresh cranberries is the right move.

Admittedly, there won't be a rush on organic cranberries because of this article. But there is new research showing that cranberries improve brain function while also lowering cholesterol. A study published in *Frontiers in Nutrition* reports that people ages 50 to 80 who ate the equivalent of a cup of fresh cranberries a day for 12 weeks saw significant improvement in their memory of everyday events. The Cleveland Clinic offers an impressive list of health benefits associated with cranberries. The most known of these is the role of cranberries in the prevention of urinary tract infections. But did you know cranberries can also help prevent dental cavities? The same plant compounds that prevent harmful bacteria from developing in the urinary tract may be working on bacteria in the mouth. Cranberries are high in antioxidants that help reduce inflammation. Research shows, however, that these benefits come from low-calorie cranberry juices or cranberry supplements, not high-sugar cranberry drinks, sugar-added dried cranberries, or sweet holiday sauces. The association of cranberries with lower cancer risk follows the same logic. High fiber diets and non-starchy fruits and vegetables (like cranberries, beans, and artichokes) improve the performance of the gut in promoting good health. If fresh organic cranberries in the local grocery store are out of reach, then cranberry supplements are an option. Natural health food stores carry a wide variety of cranberry products. The strict regulations, testing standards and verification requirements for certified supplements ensure that any pesticide residues are not in the final product. Sign-up at www.docgiff.com to receive our weekly e-newsletter. For comments, contact-us@docgiff.com. Follow us Instagram @docgiff and @diana_gifford_jones

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AGEISM: DOES IT EXIST OR IS IT A FORM OF 'TMA VICTIM' MENTALITY?' [PART 3]

By Nick Kossovan

Your age is irrelevant.

This is the third column of a 4-part series dealing with ageism while job hunting.

Career coaches and job search experts claim you can fool employers about your age and beat ageism. The truth is, regardless of your age, nobody can "beat" ageism.

Say you land an interview by concealing your age using experts' tips and tricks. When you meet the hiring manager, will your age not become evident? Deflecting your age until an in-person or Zoom interview is pointless. At some point during the hiring process, your age will be revealed.

Then there's the Internet, which "experts" never mention. Employers Google candidates to determine if they're interview-worthy, which'll turn up many ways to assess the candidate's age:

- Your graduating years.
- The years you played minor league baseball
- The picture your son, who tagged you, posted on Facebook, in August 2004, of you dropping him off at university.
- The whitepaper, Advancing Asian Markets Are Undermining Globalization, you wrote back in 1994 for the brokerage firm you were working at.
- Last March, you tweeted you were celebrating your 25th wedding anniversary.

There's plenty of information on the Internet, either placed by you or not, that employers can use to determine your age. The Internet has made attempting to hide one's age from employers futile. Employers can easily determine, even find, your age outside of your resume and LinkedIn profile. Hence, the advice to leave off dates, etc., seems illogical to me. It's actually telling that you're trying to hide your age when you leave off dates.

Employers can find almost anything about potential candidates thanks to the Internet, (e.g., age, place of birth, your social media posts). Consequently, employers won't schedule an interview if they see something they don't like about a candidate. The Internet allows employers to exercise their biases, right or wrong, before contacting a candidate. When you apply and don't hear anything, the reason(s) is unknown to you. It's a guess-a-pacifying belief-to say you're not getting interviews because of your age.

An employer invites you to an interview because you have the skills, experience, and qualifications they're looking for, and your digital footprint has passed their scrutiny. If you're not hired, it's not because of your age. Assuming you didn't arrive late, dressed professionally, built rapport with your interviewer, and didn't knock over the picture of their dog, you weren't hired because (the two most common reasons):

- You didn't sell yourself as the solution to the problem the position was created to solve, or (brace yourself)
- There were better candidates.

Obviously, candidates get rejected for various reasons, not just the ones I mentioned. However, rejected candidates often use excuses, such as ageism, to justify why they weren't selected rather than evaluating their interviewing skills.

You're not owed friendship, love, respect, health or making a living. Everything in life-everything worthwhile-must be earned. No matter how old you are, you need to earn (READ: prove) why you deserve to be on an employer's payroll.

Now that you know you can't beat ageism, what can you do? As regular readers of my columns know, my first advice to jobseekers is to find their tribe. Look for where you belong and will be welcomed. Pursue the right employers! My advice to "find your tribe" applies not just to ageism but to overcoming all perceived "isms." An undeniable fact: As humans, we prefer to be around people we feel comfortable with.

When you focus on where you belong, your job search will be much more successful. I'm confident there are just as many employers who value the experience a seasoned candidate will bring to their company as there are employers who prefer less seasoned candidates for what they'll not bring to their company. (I know, this is a bit of a mind prezel. Flip it around in your head for a few minutes. Slowly it'll make sense.)

Regardless of whether you consider yourself young or old, you can make your age irrelevant by:

- Demonstrating your ability to generate revenue, save money, improve processes, improve safety, etc. (Share your expertise and track record of delivering results.)
- Adopt a consulting mindset. (Treat interviews as consulting conversations. Show curiosity and a learning mindset.)
- Communicating your confidence in your ability to hit the ground running. (This isn't your first rodeo.)
- Show you're energetic and enthusiastic.

Look at that. I provided ways to negate your age over which "older candidates" have more leverage.

Whatever your age, remember, an interview isn't about you. It's about convincing your interviewer you're the best solution to their problems. Remember, you were vetted before getting the interview: your age isn't an issue.

Next week, in my final column of this series, I'll discuss having the right mindset to cope with ageism during job searches.

Nick Kossovan, a well-seasoned veteran of the corporate landscape, offers advice on searching for a job. You can send him your questions at artoffindingwork@gmail.com



SNAKES IN THE GRASS

By Rosaldo Russo

Allow me to begin this column by thanking the Oshawa/Central newspaper for allowing me the opportunity and access to the press. Not to many if any allow an average person like me to tell the world what I see and think.

In my opinion, The Editor/Publisher is a real upstanding type of guy. He shoots from the hip and hold traditional core values.

My name is Rosaldo Russo. I came to this great country to make a better life for myself and my family. I thank Canada for everything it has allowed me to do and earn.

I worked construction all my life. I know the value of hard work and honesty. I remember as a boy my father always telling me to work hard and buy land. So I did.

I remember days when I did not have enough to eat. I go to work... but I did not wait for hand outs. I rounded up my pride my skill and my determination to succeed and went to work.

In those days the only benefits we received was the fact we were employed.

Before retiring I was the owner and operator of local material supply company that allowed me to retire without worry. Now that I have time to enjoy life. I look around me and have some concern for future generations. I see that the world is finished.

You can't even trust those that call you friend. What is wrong with people? I remember in my upcoming days... worked like a horse. No one even gave me a second look.

Today I am running for office a self made man. Everyone wants to be my friend. I am made like the virgin at a perv convention.

Ok stop laughing. People are not genuine anymore. They sneak and hide and pass judgement and on the same breath shake your hands and smile.

Sad. This is why our society is falling. Politicians and their cronies are horrible human beings. In part this is why I am running. I want to bring municipal government back to the people.

It breaks my heart to see how people in our city are being treated. It disgusts me to see that we the taxpayers are treated with disrespect at city hall.

The elect that are supposed to represent us don't return calls. This is not right. I will bring you 100% representation. I will as I have all my life work hard to assure you have the best services possible. I will get tough on developers that keep raping our lands.

I will work with the new mayor in order to control planning and development in order to assure citizens that their interest will come first. We will not be bought or sold. We will not play the cronies game. We will not be influenced. Our future depends on solid planning and execution.

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The Regional Municipality of Durham would like to remind residents that the Region does not sell or endorse water filters or treatment equipment. The Region has been contacted by concerned residents inquiring about phone calls from salespeople who want access to their home to test the water or inspect the water service. In the past, salespersons have gone door-to-door making similar claims. If someone calls you or shows up at your door, remember the following to protect yourself from scams:

Did you request this call or visit? Regional staff will not visit without sending an official letter to schedule an appointment.

Never give out your personal information.

Call the Region at 905-668-7711 to confirm that the phone call or visit is legitimate.

If you receive a phone call, don't feel pressured to agree to a home visit.

If someone comes to your door, don't feel pressured to sign contracts on the spot, or to let anyone into your home.

If they come to your door, ask for identification. All Regional employees and authorized contractors carry photo identification.

The Regional Municipality of Durham provides safe drinking water to residents through the municipal water supply system, meeting Ontario Drinking Water Quality Standards. The quality and safety of the Region's water are confirmed at an accredited laboratory, which is licensed by the Ontario Ministry of the Environment and Climate Change as a requirement of the Ontario Drinking Water Regulations.

**SUSPECT
CHARGED
IN
GRANDPARENT SCAM**

One male suspect is facing charges after defrauding victims in a Grandparent Scam. On Thursday, August 18, 2022, the victims received a phone call from a male claiming to be their grandson who advised he was in trouble and needed bail money. Someone claiming to be an officer of the court then advised them that their grandson had been involved in a car accident injuring a pregnant female and \$9,000 was required as bail. The suspect arranged for a bondsman or courier to pick up the money. Having been the victims of the same scam earlier in the month, the victims immediately contacted police. Investigators from the DRPS Financial Crimes Unit attended the area and were able to arrest the suspect without incident. Further investigation connected the suspect to another incident less than an hour before in which the victims provided \$9,000. Jaaziah BRERETON, age 22, of MARKHAM, is charged with Fraud Over \$5,000 x2, and Possession of Proceeds of Crime.

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I have the vision and the plan to stop the homeless issue from getting worst. I have a plan that will put a stop to your worries, fears and security concerns. Read my detailed platform at INGINO.ORG

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**I AM SHOCKED**

By Joe Ingino  
 Editor/Publisher

ACCOMPLISHED WRITER/AUTHOR OF OVER 500,000  
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**I live a dream in a nightmare world.**

Always Remember That The Cosmic Blueprint Of Your Life Was  
 Written In Code Across The Sky At The Moment You Were Born.  
 Decode Your Life By Living It Without Regret or Sorrow.

For the past two weeks the number of calls I have received have  
 surged beyond words. For every plea my heart breaks, to think that  
 people in our community are in such suffering.

Many after asking the government for assistance and turned down  
 have given hope. They turn to the Mayor office to only be either  
 ignored or given the usual. It is not my jurisdiction.

The word through the years on the street has been that I help people  
 out of tight spots. For the last two weeks the calls have been over-  
 whelming.

Out of the 9 families in desperate need of housing. I managed to  
 assist 7. One is pending and the other have made temporary arrange-  
 ment with a family member.

Out of the 28 calls on complaint against by-law. I have managed to  
 assist on 19 so far. 3 may be having to go the civil route. 2 gave up  
 and decided to move out of Oshawa. 4 are still pending.

What is wrong with people today. Our municipal government is out  
 of control. The disrespect accounts is overwhelming. The way the  
 City hides behind bias and wrongfully worded by-law is disgusting.

I know one of the things I look forward to achieving is the untangling  
 of the mess that previous administrations have weaved.

I want by-laws to be simple and direct. No confusing or misleading  
 language. I want the city of Oshawa to employ a new customer first  
 mentality. A customer service that is people friendly. One that serves  
 the people that pay their wages.

Some of the most heart breaking calls. A woman dependent on social  
 services, with a severe illness. A pet lover.

She gets a knock on her door. A by-law demands to see her dog.  
 According to reports someone had complaint on the condition of her  
 aging dog. The lady scared and not knowing her rights. Allows them  
 to come in and inspect the animal. The animal a senior by dog years  
 had suffered numerous veterinarian conditions. Subsequently the  
 dog had a skin condition.

Without much understand and or compassion. By-law calls animal  
 services. Animal services without any compassion informed the lady  
 that she needed to have the dog looked at. Subsequently, she was  
 served an order to have the dog looked at. At her cost.

The woman in tears calls me. They threatened that if she did not have  
 a vet inspect the dog that they will take it away. The woman has no  
 money. That dog is her life companion. How dare they threaten and

demand. Where is compassion. Under INGINO administration. I would send someone from  
 animal control to check the dog over. To assure that the dog was old but in good health. To  
 assist the poor woman and assure that her pet would not be removed. That is service. Since  
 our conversation. I have contacted a group that may find a way to pay for the vet. Worst comes  
 to worst. I will pay myself.



**THE SAD STATE OF THE  
 HEALTH CARE SYSTEM IN  
 CANADA**

by Maj (ret'd) CORNELIU E. CHISU. CD. PMSC,  
 FEC. CET. P. Eng.  
 Former Member of Parliament  
 Pickering-Scarborough East

In the aftermath of the COVID-19 pandemic, Canada's health-care  
 system appears to be crumbling. Canada is already one of the biggest  
 spenders in the OECD when it comes to health care, yet it seems that  
 our system was not designed to handle a massive crisis like a pan-  
 demic.

Ontario, and indeed Canada, are in a protracted health system crisis  
 marked by waiting lists, ER shutdowns and shortages of critical health care professionals.  
 Despite decades of fierce public debate and escalating budgets, Canadian wait times continue  
 to get worse. For "medically necessary" treatment, patients wait an average of 20.9 weeks from  
 referral to treatment, in addition to the wait time to see the family doctor in the first place. In less  
 populated areas, wait times can stretch dramatically longer.

By one estimate, over one million Canadians-3% of the entire population are waiting for medical  
 treatment at any given moment. These waiting lists can average six months, and often  
 much longer in areas that suffer from such extreme staff shortages that many cannot even find  
 a family doctor.

With one million waiting, many Canadians turn in desperation to health care in the US and other  
 countries, where Canadians who are prepared to pay can get very high-quality care without  
 waiting. In 2017 alone, Canadians made 217,500 trips abroad for health care, paying out-of-  
 pocket to skip the queue.

Beyond rationing care using waiting lists, Canada's monopoly health care also underinvests in  
 equipment and staff. Canada has 35% fewer acute care beds than the US and one-fourth as  
 many MRIs per capita-indeed, it has fewer MRIs per capita than Turkey, Chile, or Latvia. As a  
 result, Canadian MRI waits average over 9 weeks, adding months of diagnostic delays to  
 months of treatment delays. Even routine diagnostic exams like ultrasounds have almost four-  
 week waiting lists.

Canada's underinvestment in medical staff and doctors, ranks it 29th out of 33 high-income  
 countries for doctors per 1,000 populations. Having half as many specialists per capita as the  
 US, should the lengthy wait times for specialty treatment be surprising?

One recent trend in Canada is for medical providers to imitate "One issue per visit" rules that  
 force patients to make multiple appointments, not only inconvenience the ill and suffering, but  
 extend waits as patients work through their medical issues appointment by delayed appoint-  
 ment. As one doctor who follows this practice recognized, such tactics raise "a big ethical ques-  
 tion about rationing health care in a public system" and whether patients are denied treatment  
 as a result.

Solving the acute problems of the health system has electrified Canadian politics - whether or  
 not there should be more privatization in health care.

The perennial debate over privatization has been accompanied by the other usual approaches  
 to improving the system, including additional resources and reorganizing delivery to improve  
 efficiency.

One might argue that this time the rhetoric must lead to action, given that staff shortages have  
 worsened working conditions for doctors and nurses and longer shifts are burning out staff.

At the same time the call for more resources should be weighed against the experience of the  
 aftermath of the "Romanow Report" that led to the six percent Canada Health Transfer  
 Escalator that was supposed to buy transformative change in the health-care system. Yet, two  
 decades later, we are facing a lot of similar issues - overcrowded ERs, lack of after-hours  
 access to family physicians, waiting lists.

So really, we need to rethink the administration of the health care system; we probably need a  
 new design. But after two years of pandemic burnout and a backlog of surgeries combined with  
 COVID-19 resurgences, how do we press water from a stone? At the same time, many health  
 sector workers are seeking better work-life balances though not necessarily reduced compen-  
 sation.

The administration of health care rests with the provinces by law. The federal government  
 provides funding but is not involved in the administration and does not have the tools to verify how  
 the money is spent provincially.

Another major problem left unaddressed is the licensing of medical professionals. The  
 provinces make the decision on licensing the practice of professionals, including health care  
 professionals, through the regulatory bodies. Limited licensing is now putting a brake on pro-  
 viding adequate health care by limiting the number of doctors and nurses.

The universities, in consensus with the regulatory bodies establish the number of yearly places  
 available in the medical schools. This may seem like a fair process, but I see it as a way of pro-  
 tecting the market in limiting the number of doctors performing work, thus assuring high remun-  
 eration. In practice, they make it extremely difficult for foreign trained doctors to be licensed,  
 propagating a monopoly on the health care market by eliminating competition.

If this is to change, as it must, we need the political will, understanding of the problem, and the  
 competence to act meaningfully, both at the federal and provincial levels. The tools to do so are  
 provided in legislation, but they must be acted on soon.

Across the country Canadians are struggling with inflated wait times at hospitals, closed emer-  
 gency departments, shrinking access to ambulances and long-term care, among other impacts,  
 as the health-care system limps along.

Data from the Canadian Institute for Health Information shows admitted patients across Canada  
 waited 38.3 hours in emergency rooms in 2019-2020, up from 29.3 hours five years earlier. The  
 total number of visits spiked to nearly 1.6 million during that time, up from just over 1.1 million.  
 Across the nation, five million Canadians lack a primary health-care provider, when primary  
 health care is key. If individuals can't take care of themselves, how do they avoid ending up in  
 hospital?

"We don't have enough doctors or nurses to be able to take care of all the Nova Scotians and  
 Canadians that need access to care," Dr. Leisha Hawker, president of Doctors Nova Scotia,  
 recently told CTV News.

Doctors and nurses coast-to-coast are saying they can't keep up with the demand. Morale is at  
 an all-time low, according to Tim Guest, president of the Canadians Nurses Association.

"I would say that nurses are exhausted, they're burnt out, they're demoralized," he told CTV  
 News.

So isn't it time to reshape our health care system? Are our politicians ready?

You decide.

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 JUNE 3-4-5: AQUINO TANK WEEKEND  
 JULY 9: CANADA AT WAR  
 AUG 13: BLITZKRIEG!  
 SEP 19: APPOINTED RECCO  
 OCT 15: ARMAGEDDON!

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## Prime Minister announces additional support for Ukraine

The Prime Minister, Justin Trudeau, today participated in the virtual Summit for Heads of State and Government of the International Crimea Platform, where he announced new sanctions against supporters of the Russian regime, as well as additional assistance for Ukraine.

Chancellor of Germany Olaf Scholz, currently visiting Canada, also participated in this Ukraine-led initiative. The two leaders highlighted their solidarity and unwavering support for Ukraine and the Ukrainian people bravely defending their sovereignty, territorial integrity, and independence against Russia's illegal and unjustifiable invasion.

To increase pressure on Putin's regime, the Prime Minister announced that Canada is imposing new measures on 62 close associates of the Russian regime and a defence sector entity that is complicit in Russia's invasion of Ukraine. Among the individuals sanctioned are high-ranking Russian government officials, including Russian federal governors and regional heads, their family members, and senior officials of currently sanctioned defence sector entities.

To support the Ukrainian government and people, the Prime Minister also announced allocation of funding for two Ukraine projects through the Peace and Stabilization Operations Program (PSOPs), totalling \$3.85 million. This funding will provide additional support to Ukraine's security sector institutions and includes:

Approximately \$2.9 million in additional funding for the Canada-Ukraine Police Development Project, implemented by Alinea International, that is providing targeted support to the National Police of Ukraine (NPU) and Ukraine's Ministry of Internal Affairs and State Emergency Services, including the provision of essential equipment and supplies. Support is also being provided to improve police responses to cases of conflict-related sexual violence and expand psychological peer support for police.

Approximately \$950,000 in additional funding for the Promoting Reform Objectives through Technical Expertise and Capacity Transfer project, implemented by Alinea International, focusing on providing technical advice and support to Ukraine's Ministry of Defence. This project is strengthening the capacity of this institution that is critical to Ukraine's ability to defend itself in the face of Russian aggression.

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# IT'S TIME TO CLEAN UP OUR CITY

I Joe Ingino invite you to join me and clean up our City. Let's freeze property taxes by cutting back wasteful expenditures, such as consultants and meaningless studies. Let's review how we are developing farm lands and consider High rise developments instead. Let's take control of the homeless issue by uniting services and dealing with the problem head on instead of offering band aid type of solutions. Let's create COMMUNITY FUND by having all multi million dollar a day big box stores do their part and contribute to the quality of life in Oshawa. Let's improve services. Extended bus routes, purchase much needed equipment for firefighter. Work with the police to keep our streets safe. Develop and aggressive plan to deal with the increasing infestation of rodents. Let's develop a plan of action that would have property owners with ownership of over a set number of years enjoy a property tax cut. Offset it against all the new development. Let's put money back in your pocket by controlling tax rates. I NEED YOU TO DO YOUR PART We must initiate a stronger police community relations. We must cut expenses and bring to Oshawa prosperity. WONT YOU JOIN ME? Read My Full Detailed Platform At [INGINO.ORG](http://INGINO.ORG) IF YOU CARE ABOUT OSHAWA I INVITE YOU TO JOIN ME.

# INGINO

**For Mayor Of Oshawa**

**✓ INGINO.ORG ✓**

MAKE A DIFFERENCE - VOLUNTEER - DONATE  
 WE NEED YOUR HELP TO MAKE A DIFFERENCE IN 2022  
**905-441-2657**  
 Make Donation By Cheque To: Joe Ingino c/o Mayoral Campaign  
 Mail To: 136 Simcoe St. North Suite 4, Oshawa L1C4S7

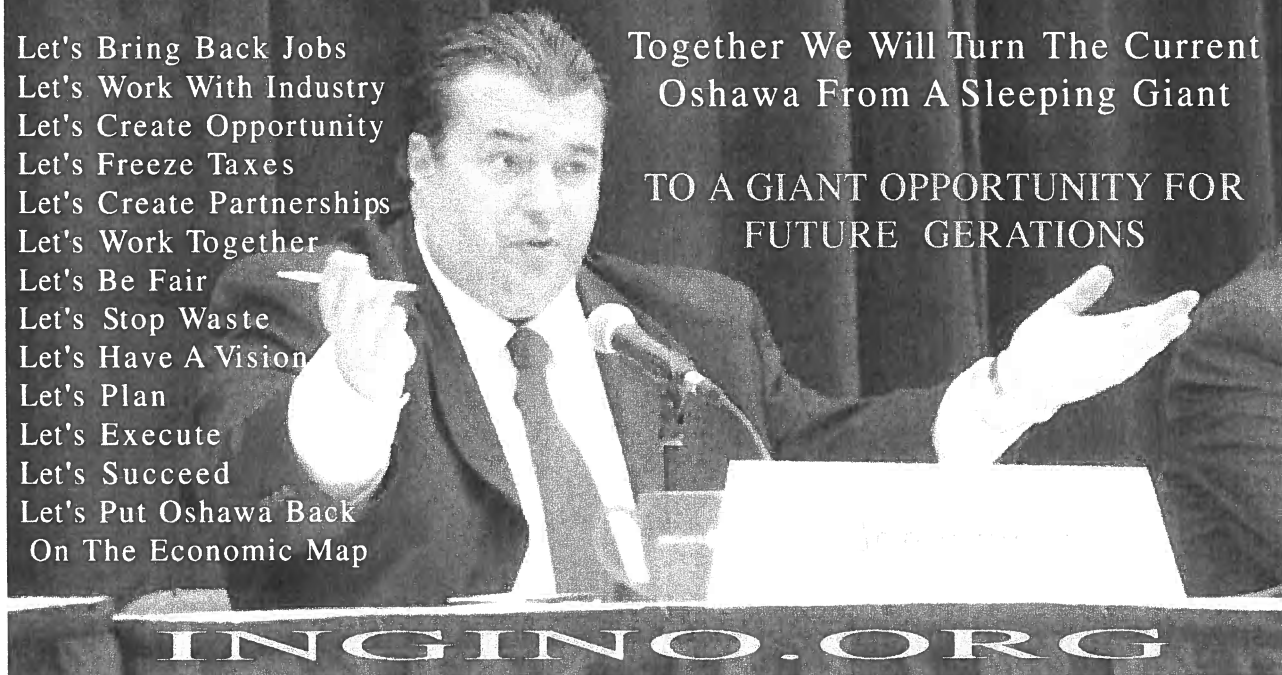
# Proven ~ Tested ~ Leadership

## VOTE INGINO FOR MAYOR OF OSHAWA

Let's Bring Back Jobs  
 Let's Work With Industry  
 Let's Create Opportunity  
 Let's Freeze Taxes  
 Let's Create Partnerships  
 Let's Work Together  
 Let's Be Fair  
 Let's Stop Waste  
 Let's Have A Vision  
 Let's Plan  
 Let's Execute  
 Let's Succeed  
 Let's Put Oshawa Back  
 On The Economic Map

Together We Will Turn The Current  
 Oshawa From A Sleeping Giant

TO A GIANT OPPORTUNITY FOR  
 FUTURE GERATIONS



**INGINO.ORG**

Together We Will Turn The Current Oshawa From A Sleeping Giant  
 TO A GIANT OPPORTUNITY FOR FUTURE GENERATIONS  
 We Owe Our Children The Same Quality Of Life and Style Our  
 Forefathers So Hardly Worked to Give Us.

Oshawa has sat dormant for too long. Opportunities are all around us and due to lack of vision and planning, Oshawa missed out. From the Airport to the Harbour. The Sleeping Giant must be awoken and turned into a GIANT OF OPPORTUNITY. I am a local business owner and know the value of hard work. I know how it feels to work hard and pay those never ending bills. I am tired of property tax increases only to see first hand the waste of tax payers dollars on frivolous expenditure. I share with you the hardships and the many economic worries you endure on a daily basis. Most importantly I respect and observe with great conviction the importance the voice of our community.

For the past 25 years working as the city newspaper editor and publisher. I have listened to the many concerns of our citizens. From public safety across the city to emergency responder logistics issues. From the retailers and merchants of our core left to fend for themselves to the many needs of those less fortunate. How they have been forgotten by our municipal elect. People feel isolated and left to fend for themselves. This will change.

I am a strong supporter of our community. I believe that much like our city slogan, PREPARE TO BE AMAZED. We prepared long enough. It is time to streamline this corporation and work in the best interest of tax payers. Open the doors to the City and of City Hall. No more restrictions on staff. No more citizens coming to committees and their pleas put on the shelf due to someone in that committee having a vindictive agenda.

It is time to bring good paying jobs back to Oshawa and assure that we keep GM at the same time work very hard to assist the business/commerce/retailers to prosper through creative incentives and initiatives. Our children's future should be our priority and will be our priority. We must assure that future generations have the jobs that will keep them living in Oshawa. Under my administration I will work hard with industry/trade and commerce to bring opportunity to Oshawa. With your help. We can transform Oshawa into a GIANT OF OPPORTUNITY.

### OUR GOAL

Our goal is to assure fair access to municipal government. To streamline the way Oshawa does business through a clear vision of opportunity and partnerships with industry/trade and commerce. We need to create prosperity by working with the needs of retailers/developers/investors/citizens interested in making Oshawa a better place to live.

### OPPORTUNITY IS ALL AROUND US

Oshawa is one of the most beautiful cities in Canada. We have a pristine harbor and municipal airport that are dormant opportunities with great potentials. Under an INGINO administration. The harbor will have a full service marina, with a full function hotel and luxury condo and to the north a transformed airport that will be a win win situation for patrons and residents. At no cost to tax payers. The future is here.

### IT IS OUR RESPONSIBILITY


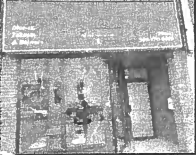















Success comes through great discipline, planning, vision and responsibility. Responsibility as a citizens to contribute and a government to create opportunity through a well planned vision. Under a INGINO municipal government there will be no property tax increase for four years. Job creation will be a priority through a aggressive plans of action. Please read my full Plans below. Thank You J. Ingino

I have served my community and will continue to serve once in office. I am proud member and supporter of the The Royal Legion Branch 43 Member since 2014  
 Former Kiwanis Westmount (Oshawa) Former Fundraising Chair 2015. Member of Klasmen of Oshawa since 2015. Former Rotary Club of Courice Member 2015 served as Secretary 2017 until 2018. Proud MASON LODGE No. 649 Oshawa Member 2016. Former Granite Loans Club, since Member 2015 appointed club (Director) and Chair - Santa Clause Chair 2016 Committee. During the same time Chair - PR Media Committee 2017 and Member of fundraising committee 2017 as well as Chair of Membership 2017. Elected as Vice President -2017-18. Proud member Moose Lodge 2132, Oshawa Lodge 2132/WOTM Chapter 1759 Member Member 2015  
 Former Oshawa Naval Veterans Club Member 2015. Proud member of WING 426 Member 2017.

Email: [ingino4mayor2018@gmail.com](mailto:ingino4mayor2018@gmail.com) Phone: 905-441-2657 In Person: 136 Simcoe St. North, Suite 4, Oshawa

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EMAIL: \_\_\_\_\_

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# INGINO

## For Mayor Of Oshawa

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# ATTENTION TO ALL OSHAWA MUNICIPAL CANDIDATES

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# FREE

TO ALL CANDIDATES

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## OCT 3rd, 2022

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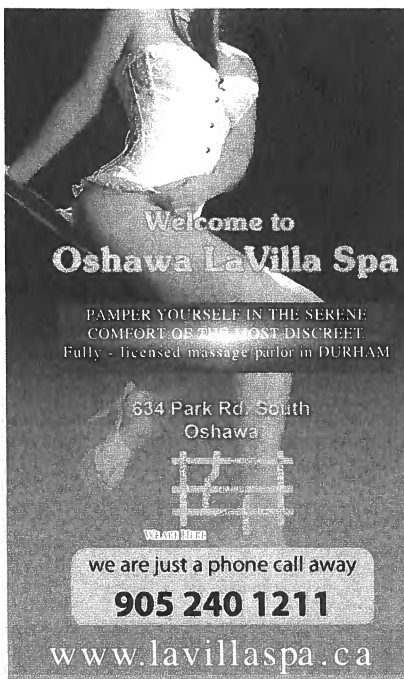
CANDIDATES CALL TO RESERVE YOUR FREE SPOT: 905-441-2657

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# I NEED YOUR HELP TO GET TOUGH ON CRIME

Clean up our street and make them safe again for all to enjoy.  
NO MORE SLEEPING ON THE STREET - NO MORE SHOOTING UP DRUGS  
IN OUR PARKS - NO MORE PETTY CRIME - NO MORE EXCUSES.

We need to go after the drug dealers, the human traffickers the gangs and organized crime that is slowly diminishing our way of life.

# TO PUT MONEY BACK IN YOUR WALLET

We need to cut waste from City Hall by restructuring. Let's run our city like the corporation that it is instead of the three ring circus that it has become.

Let's put a freeze on property taxes for the next four years.

# BRING GOOD PAYING JOBS TO OSHAWA

By Offering Oshawa as Home Base For Industry/Trade/Technology HQ's.  
We need a solid business plan. I have it. with a proven success rate.

# REVITALIZE DOWNTOWN OSHAWA/AIRPORT/LAKE FRONT

By Negotiating With Investor/Developers For Major Investment and Developments (High Rise Development)

# CUT WASTEFUL EXPENDITURES REINVEST IN OUR COMMUNITY AT LARGE

STOP The Hiring Of Expensive Consultants/Studies/Advisors - TO TELL US THE OBVIOUS

Invest Back & Purchase Of At Least Two Fully Equipped Fire Trucks And Infrastructure, such as roads.

# WE ARE DONE WITH EXCUSES - IT IS TIME TO TAKE ACTION

Take Aggressive Action To Control/Combat The Increasing Rodent Problem In Oshawa. To clean up our creeks and parks of disposable needles that has become a public health concern. Work with transit to increase routes. Create community based programs to increase neighborhood spirit. Invest in sports.

OSHAWA FOR THE PAST 4 YEARS HAS BECOME A RUNAWAY TRAIN

# LET'S BRING LEADERSHIP BACK

LET'S BRING MUNICIPAL GOVERNMENT BACK TO YOU THE PEOPLE

# INGINO

For Mayor Of Oshawa

✓ **INGINO.ORG** ✓

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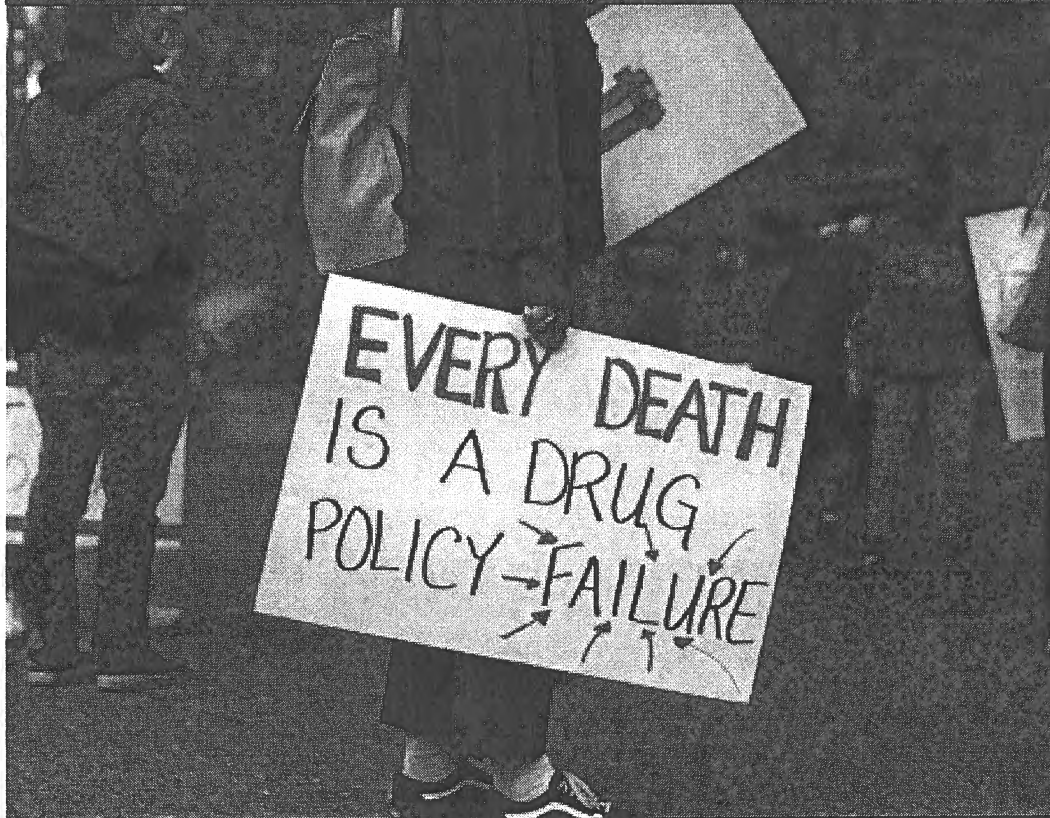
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## EXCUSES ARE CAUSING DEATHS IN THE CITY OF OSHAWA

Pg. 2

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In 2022

# VOTE INGINO

LET'S BRING BACK PROVEN LEADERSHIP TO THE PEOPLE OF OSHAWA



THE OSHAWA/DURHAM CENTRAL NEWSPAPER

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## ONTARIO INVESTING IN VIDEO SURVEILLANCE SYSTEMS IN THE DURHAM REGION

**DURHAM REGION** - The Ontario government is investing \$52,062 to help the Durham Regional Police Service expand its video surveillance systems and better protect the community against crime and the threat of gun and gang violence.

Funding is being delivered through the Ontario Closed Circuit Television (CCTV) Grant Program and will be used to replace outdated equipment, expand or enhance current technology, and install new or additional CCTV surveillance cameras in areas where gun and gang violence and correlated crimes, such as drug and human trafficking, are most prevalent.

Our frontline police, the heroes we rely on to bring criminals to justice, tell us that CCTV technology works and is one of the best tools we have to gain critical advantage over criminal organizations, h said Lorne Coe, MPP for Whitby and Parliamentary Assistant to the Premier. "These investments will improve the Durham Regional Police Service's Support and Outreach (SOS)

Program, increasing community involvement and aiding in the detection and prevention of criminal activity. h "Safety in Pickering-Uxbridge, and across Durham Region is the top priority of the provincial government," said Peter Bethlenfalvy, MPP for Pickering-Uxbridge. "Investing in new CCTV equipment will replace outdated equipment, enhance current technology, and expand CCTV camera coverage in areas where gun and gang violence and correlated crimes - such as drug and human trafficking - are most prevalent. h

Keeping the residents of Durham Region safe is a priority for our Government h said Durham Riding MPP Todd McCarthy. gProviding law enforcement with the added tools and resources such as CCTV coverage and enhanced technology to combat human and drug trafficking, guns and gang violence, we are committed to supporting our front-line officers who put their lives on the line every day. h

Peter Bethlenfalvy MPP, Pickering-Uxbridge

Lorne Coe MPP, Whitby  
Patrice Barnes MPP, Ajax  
Todd McCarthy MPP, Durham

The Province is investing in the safety of the Durham Region by updating the existing CCTV coverage. h said Patrice Barnes, MPP for Ajax. gThis is an example of our government's plan to work proactively in the prevention of crime in our communities. We will continue to look for ways to improve the existing infrastructure and use technology to help support our law enforcement partners and serve the community. h

Our government is determined to provide police services with the tools and resources they need to keep Ontarians safe. h said Solicitor General Michael Kerzner. gCCTV surveillance systems are an important part of local police work to detect, prevent, and deter criminal activity, especially in areas of gun and gang violence and other serious crimes. h

Launched in August 2020, the Ontario CCTV Grant program is part of Ontario's Guns, Gangs and Violence Reduction Strategy and repre-

## Dave Thompson Ward 4 City Councillor Safety, Security & Well Being for Ward 4

### COPS ON BLOCKS (My Plan)

**Aim** - To reduce increased crime and violent activity (3 Phases)

#### Phase #1

Additional Durham Police officers are assigned to area deemed to be experiencing an increase in violent activity and crime.

#### Phase #2

Once the neighbourhood is deemed safe, enhanced level of enforcement continues. This phase includes collaboration between the Durham Police Services and the City on Community Member Organizations.

#### Phase #3

Durham Police Services presence is again normalized as a support system to the community that has been empowered to reduce violent activity and crime.

**Purpose** - clean up downtown area and reduce crime and west in Ward 4 and improve our image.

Ward 4 now has 2 methadone clinics in downtown. The newest is just north of the Holiday Inn (How did that happen? Council/Mayor). We also have Cooperations, the Old Salvation Army, St. Vincent's Kitchen, Mental Health (Centre St. Welfare Office (Services) Midtown Mall to help homeless and poorest. My plan is to clean up, not add to in Ward 4. It's time the other wards help out and do their fair share. No more free needles or handouts downtown.

**Finally** - Fire Services - support local 485 Oshawa Fire Fighters. Let's hear from our FIRST RESPONDERS not consultants.

#### SAFE FOR SENIORS

Safe for seniors. Sunrise Oshawa Senior Centre, John St. Faith place, Carriage house, Chatterwell, Hilldale, Parkview, the Barlett and all women and students downtown.



### Service Oshawa

Report nuisance related issues (e.g. soliciting, loitering, camping, garbage, graffiti, discarded needles) to Service Oshawa:  
Call: 905-436-3311

### Durham Regional Police Service

Report criminal activity (e.g. vandalism to vehicles or property, including incidents of graffiti or drug related activities underway) to DRPS:  
Call: 905-879-1520 (non emergency)

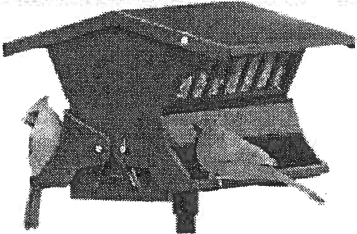
## ON OCTOBER 24, 2022 VOTE

sents a \$6 million investment across the province over three fiscal years, from 2020-2021 to 2022-2023. Durham Regional Police Service is one of 20 police services

across the province to receive a grant for 2022-23. QUICK FACTS  
- Support and Outreach Services (SOS) Program is receiving \$52,062

The grant funding covers 50 per cent of project costs up to a maximum of \$200,000 for each successful project.

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## Durham Region hosts annual farm tour; spotlights multi-generational family farming

Whitby, Ontario - Yesterday, the Durham Agricultural Advisory Committee (DAAC) successfully hosted its 20th annual farm tour at Sargent Family Dairy in Enniskillen. The theme was multi-generational family farming in Durham Region, and covered a variety of topics including on-farm dairy processing, dairy operation and the importance of media production to showcase agricultural operations.

The tour started with opening remarks from John Henry, Regional Chair and Chief Executive Officer for The Regional Municipality of Durham, followed by a special screening of videos from Durham Region's Agriculture Workforce Project-a project developed to inform residents of careers in agriculture and agri-food production and their essential role in the region, and to encourage residents to enter careers in the agriculture industry.

More than 120 participants attended this year's tour, including elected officials, representatives from various levels of government, chambers of commerce, farmers and agricultural organizations, the educational sector and public agencies.

Agriculture and agri-food production are top economic drivers for Durham Region; and careers in this vibrant sector are essential to our growing communities. Sargent Family Dairy is a wonderful example of multi-generational farming founded on hard work and tradition. They continue to innovate in the agri-business sector to produce the highest-quality products for residents in Durham Region and beyond.

- John Henry, Regional Chair

and Chief Executive Officer, Region of Durham. The DAAC Farm Tour showcases the economic and cultural importance of the agricultural industry in Durham Region by highlighting innovative and successful farming operations in the region. This year's tour focused on a vertically integrated, multi-generational dairy farm that produces the highest quality milk and dairy products.

- Zac Cohoon, Chair of DAAC

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**'LET'S TAKE OSHAWA BACK'**  
Let's Clean Up Our Downtown of Crime. (Prostitution, Drugs, Loitering.)  
Let's Find A Quick Solution To The Homeless in Oshawa. Nothing Has Been Done Since 2018.  
Let's Deal With Cleaning Our Parks And Creeks Of Used Syringes. A Major Public Safety/Health Concern.  
Let's Bring Back Good Paying Jobs. Amazon, Google, IBM, Bell, Banks For Example.  
Let's Stop The Marginalization Of People By The City. No more committees and run around.  
Let's Put Municipal Government Back In The Hands/Control Of All Citizens.  
Let's Revitalize Our Downtown As It Has Been Done in Mississauga, Hamilton, Brampton, Aurora And Many Other Municipalities.  
Let's Work on improving transportation like transit routes.  
Let's Take Care Of Our Firefighters. Get Them The Trucks They Need.  
Let's Cut Wasteful Expenditures.  
Let's Take Control Of The Increasing Rodent Problem.  
Together We Can Make A Difference. Nothing has changed sine 2018 election. If anything the quality of life in Oshawa has become worst.

Taxes keep going up and services compromised.

**NOW IS YOUR CHANCE TO MAKE A DIFFERENCE.**  
**WE MADE A MISTAKE IN 2018 WE CAN'T AFFORD TO DO IT AGAIN.**

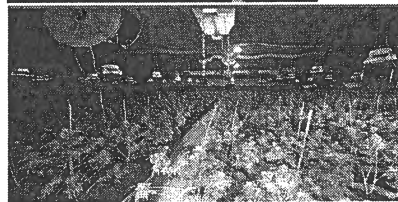
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**Charged Laid in Connection to Cannabis Grow-Op**

als on the property while they were tending to the cannabis plants, they were charged under the Cannabis Act with Unauthorized Production of Cannabis and Possession of Illicit Cannabis.

If anyone has any new information pertaining to this incident, please contact D/ Cst. Payne of the Drug Enforcement Unit at 1-888-579-1520 ext. 2204.

Several people face charges after a cannabis grow-op was discovered in Port Perry.

On Wednesday, September 14, 2022, members of the Drug Enforcement Unit concluded a cannabis grow investigation in relation to a property on Highway 7 and 12 in Port Perry. Investigators executed a search warrant, which led to the discovery of more than 10,000 illicit cannabis plants. These plants were found growing indoors and outdoors on the property. Police also located approximately 250 pounds of dried cannabis in vacuum-sealed bags.

The estimated value of the seized cannabis is approximately \$8.5 million.

Police arrested two individuals

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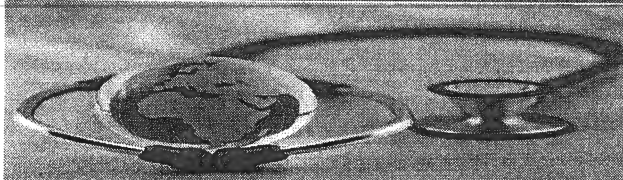


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## Direct Answers from Wayne & Tamara Cutting The Cord

I am of Indian descent and come from a very good family background. A boy from abroad has asked for my hand in marriage, and my parents accepted his offer. We are expected to marry early next year.

My parents say I will finally get to love this boy, but in my heart I know I never will. I am madly in love with a boy no one knows about. Our relationship is a secret. I love only him and no one else, and if my parents found out I would be in big, big trouble.

If I sat down and talked to my parents, they would explode because they are old-fashioned people. Wayne and Tamara, I love my parents as well as this boy no one knows about. I don't want to hurt anyone's feelings, but I don't know who to please.

The reason why I write to you is because I think only the two of you could help me. I am 18 years of age, and my parents don't want me to work so I am still a minor.

Devi

Devi, whether one believes in arranged marriages or not, one thing is clear. Arranged marriage belongs more to the human past than the human future.

Slavery was a common feature of the ancient world, but it is an unusual one of the modern world. In the same way, arranged marriage is becoming less common. In marriage, as in other areas, things are moving toward more choice, more freedom, and greater self-determination.

Some people argue that arranged marriages are more successful than freely chosen ones, but it is not a fair comparison. Arranged marriage is often enforced by the threat of expulsion from the family, the social group, and the culture. How does a young person stand up against that?

To be put in this position in itself means you are now an adult woman, not a minor child. You must make a choice and that choice, though difficult, will give you the solution. But you must be willing and prepared to accept the consequences.

The first thing we suggest is don't marry your boyfriend to prevent this forced marriage. He may, or may not, be the right one for you. Then decide whether being pushed into a marriage by your parents is an act of love on their part, or simply the desire to have their own way. Finally, consider what it would mean for a woman to be intimate with a man she does not love.

People are more than breeding stock, and going against your parents' wishes doesn't make you a bad child. It is not a reason to disown you, though that may happen. You are simply a woman who needs time, and the freedom, to decide on her own future.

Wayne & Tamara

## Malpractice

I am a 32-year-old male, married for five years. My married life has not been happy because I daily regret marrying the woman I married. Even as I said the vows, I knew I was not being honest. Our values and loves are vastly different.

Stupid as it sounds, I went through with it. Perhaps as a consequence, I never felt committed and cheated throughout our marriage. I often think we are merely meeting a social expectation by remaining married.

I went to a counselor, but ended up having an affair with her. Now I feel I need to find happiness, but have no idea how to end my marriage.

Sergio

Sergio, you stood at the altar and spoke what you knew to be a lie. You sought counseling as if a counselor could undo this lie. It is poetic justice your counselor proved by her actions she doesn't have one of what she is selling. Both of you need to go back to where you made your first mistake. You to the courthouse. She to her academic advisor.

Tamara

Wayne & Tamara are also the authors of Age Difference Relationships. When Is the Gap Insurmountable, available from Amazon, Apple and most booksellers.

Wayne & Tamara  
Write: Directanswers@WayneAndTamara.com



## The Doctor Game CONSTIPATION CAUSES MORE TROUBLE THAN YOU THINK

W. Gifford-Jones, M.D. and Diana Gifford-Jones  
Now and again, friends confide in friends that they have big problems. Dreaded are the occasions when the prob-

lem is a serious medical diagnosis. But when the problem is persistent constipation, it's better to air the issue and not suffer in silence.

Drug store remedies for constipation can fail to have effect. For many sufferers, the ailment involves days without a bowel movement. Ignoring the problem can lead to disturbing complications, to be avoided at all costs.

Dr. Linus Pauling, a two-time Nobel Prize winner, believed we are all living with sub-optimal levels of vitamin C. His primary interest was in studying the effects of high doses of vitamin C in protecting against heart disease. But in an interview with him, he added, High doses of C also resolve constipation. It's a natural remedy for constipation and a sad fact most people, including doctors, are not aware of this

A lack of dietary fiber, which holds onto water, sets the stage for constipation. Fiber will change bowel movements from hard rocks to stools as soft as toothpaste. When on a high-fiber diet, if you look in the toilet bowl, you'll see stools that float. One reader of this my column said it gave her a stiff neck! But she was grateful for the relief provided.

So how much vitamin C is required? It depends on bowel-tolerance. Vitamin C in high doses will cause diarrhea. So, take 2,000 milligrams (mg) at bedtime. If this doesn't produce a result take 3,000 mg the following night, and so on. It will eventually have effect.

A component of our natural physiology called the gastrocolic reflex also helps to prevent constipation. A high fiber cereal with fruit and a hot tea or coffee stimulates nerves in the stomach to trigger a bowel movement.

The great concern with constipation is the possibility of fecal impaction, when a bowel movement becomes impossible. This demands a visit to the hospital emergency room. The solution is an enema and sometimes manual removal of the impacted feces. Having this treatment just once quickly convinces anyone to use high-dose vitamin C and more fiber.

Chronic intestinal pressure may cause small hernias to appear in the large bowel. These bowel out-pockets are referred to as diverticulosis and may be present for years without people knowing.

For the unlucky, diverticulosis can change to diverticulitis when small particles of food become stuck in one of the hernias. This can cause mild pain and inflammation, usually cured by antibiotics. Or it can be worse and trigger a severe inflammatory reaction causing acute pain and a life-threatening situation requiring an emergency operation and removal of the inflamed bowel. Busy doctors normally don't spend much time on diagnosis of constipation unless patients complain of this trouble. Circus promoters used to say, There's a sucker born every day. They're right, as millions of unsuspecting consumers use over-the-counter laxatives which injure the large bowel.

So remember, vitamin C is nature's natural laxative that cannot injure the intestines. It also decreases the risk of overall disease and has a positive effect on cardiovascular problems. Moreover, you cannot overdose with C. It's a win, win situation.

Some worry about kidney stones. The majority of renal stones occur in alkaline urine. But since vitamin C acidifies urine, there's less chance of this happening.

Linus Pauling took 20,000 mg of C daily for years. We take 4,000 mg and 10,000 mg respectively of C daily - and one of us is 98.

Are you among those suffering silently from constipation? The natural solution is one of nature's best kept secrets.

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# All Jobs Are a 'Means to an End'

By Nick Kossovan

All jobs are a means to an end, which is why all jobs have one thing in common-they come with a paycheck.

Suppose I'm hungry and want a cheeseburger and onion rings. To achieve my goal, I drive to Harvey's and order their angus burger with cheese and bacon and a side order of onion rings.

In this scenario, eating the cheeseburger and onion rings is my "end" goal. I'm doing everything else, getting in my car, driving, etc. to get a cheeseburger and onion rings. These activities are the "means," the things I must do to achieve my end goal.

A means is a conditional act. I use several means to reach my cheeseburger end goal-driving to Harvey's, walking up to the counter, etc.

An end goal is something that's desired for its own sake. Our decisions and behaviours are driven by it. A company without medical benefits wouldn't be suitable if one of your end goals is to maintain your health.

All the activities (means) associated with a job, from waking up, commuting, dealing with annoying colleagues, to performing all the tasks required to do your job, lead to one goal (end): Making money.

"Necessities of life" (READ: end goals) have greatly expanded since the mid-70s. Canadians now "need" (READ: feel entitled to) the latest iPhone, eat out three times a week, vacation in Mexico, two cars, a 64" Smart TV, bottled water, buying Starbucks coffee which can be made at home for 20 cents. We're not tethered to our employer, which many say, as if work isn't voluntary, is exploiting them. Instead, we're tethered to consumerism and always wanting more, thus constantly chasing more money.

How many people in a Starbucks line have little or nothing saved for retirement?

It never ceases to amaze me how much stuff some people accumulate while oscillating between lower middle class and upper middle class-cars, boats, motorhomes, jet skis, etc.

The bottom line: When you buy stuff, you're told you need, you're creating your own exploitation. Employees aren't exploited by their employers. Employees exploit themselves when they feel they must have what marketing propaganda tells them they "must have."

We're exploiting ourselves for a Starbucks, an iPhone, eating out, travelling, a leased car, an oversize house, a designer "whatever," you know, spending money trying to look rich. I've never encountered a boss who was unhappy with an employee going into debt. Indebted employees are less likely to leave.

Regarding a job, what are your end goals other than "make money"? Why do you need to make as much money as you'd like to make? Do your whys stem from your ego or financial prudence?

Ego-driven end goals:

- Buy a car, sailboat, or cottage.
- Every week eat at the best steakhouse in town.
- Take your spouse on a trip of a lifetime for her 45th birthday.
- Get the latest electronic gadgets.

Ego-driven goals aren't about meeting your actual needs but about appearing "successful."

Financially prudent driven end goals:

- Save as much money as possible for retirement.
- Pay off your mortgage before the age of 55.
- Build an emergency fund that'll cover 6 months of your expenses
- Eliminate any debt you may have. (e.g., student loan, car, credit cards)

Financially prudent goals lead to building equity and wealth, early retirement and being able to pursue your passions, and less stress during inevitable job losses.

Some of the happiest people I've met, and know, see their job as little more than a paycheck. As far as they're concerned, their job is nothing more than a means to achieve their end goals. They don't identify themselves with their job, and more importantly, they don't define success based on their boss's opinion. They define success as making it to the next paycheck. Defining success doesn't get much simpler than this.

In contrast, I find that those who are the most stressed, frustrated, and unhappy expect fulfillment from their job. Their boss's praise and recognition are important to them. They believe their work alone should be rewarded with raises and promotions while ignoring that being likeable and successfully navigating office politics is how careers advance.

It may seem noble to remain loyal to your employer. However, I believe being loyal to financially prudent end goals are much more practical, especially when jobs are precarious. During the pandemic, we saw how quickly jobs can disappear.

Ask yourself these 4 questions:

1. What are my end goals?
2. Are my end goals ego-driven or financially prudent drive? (It's healthy to have a few ego-driven end goals.)
3. Are my end goals causing me undue stress?
4. Can I achieve my goals with the jobs I'm going after?

Here's some advice I learned the hard way: The wrong end goals cause you to chase the wrong employers.

Nick Kossovan, a well-seasoned veteran of the corporate landscape, offers advice on searching for a job. You can send him your questions at [artoffindingwork@gmail.com](mailto:artoffindingwork@gmail.com)

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# FRIENDS TODAY ENEMY TOMORROW

By Rosaldo Russo

Allow me to begin this column by thanking the Oshawa/Central newspaper for allowing me the opportunity and access to the press. Not to many if any allow an average person like me to tell the world what I see and think.

In my opinion, The Editor/Publisher is a real upstanding type of guy. He shoots from the hip and hold traditional core values.

My name is Rosaldo Russo. I came to this great country to make a better life for myself and my family. I thank Canada for everything it has allowed me to do and earn.

I worked construction all my life. I know the value of hard work and honesty. I remember as a boy my father always telling me to work hard and buy land. So I did.

I remember days when I did not have enough to eat. I go to work... but I did not wait for hand outs. I rounded up my pride my skill and my determination to succeed and went to work.

In those days the only benefits we received was the fact we were employed.

Before retiring I was the owner and operator of local material supply company that allowed me to retire without worry. Now that I have time to enjoy life. I look around me and have some concern for future generations. I see that the world is finished.

What is it with people today? I remember a time when deals were closed on a handshake. A promise meant your honor was on the line. That your word was gold. A friendship, a bond that is anchored in your heart and soul. Something that is respected, honored and valued.

Something that under no circumstance be compromised.

Much like family. It is a life long bond. A relationship rooted in blood and genetics.

Friendships are an extension of that sacred bond.

I remember the pride in men knowing that they honored family and friends. A bond that mandated reciprocation. A bond that made society the great place it was.

I say was because today. Society is compromised. Your friends today are nothing but out for themselves and not true friends.

Running in this election this finding is so much so. Those I thought to be friends. Turned out to compromise that bond. Those that came around when they needed something. Now shun away. What is wrong with people today.

Now, for those that are truly my friends I can count them on a single hand. I thank the God's that there are still men and women of integrity, honor and valor. People that are human beings and respectful towards one another.

I ENDORSE JOE INGINO FOR MAYOR OF OSHAWA IN 2022 VOTE INGINO

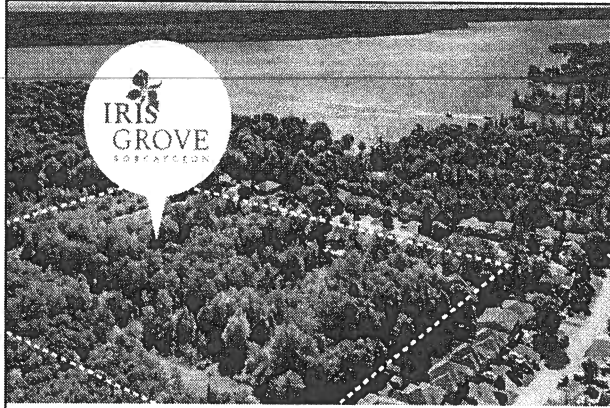


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\$8.5 MILLION IN ILLEGAL CANNABIS SEIZED FROM FARM

Several people face charges after a cannabis grow-op was discovered in Port Perry.

On Wednesday, September 14, members of the Drug Enforcement Unit concluded a cannabis grow investigation in relation to a property on Highway 7 and 12 in Port Perry.

The estimated value of the seized cannabis is approximately \$8.5 million. Police arrested two individuals on the property while they were tending to the cannabis plants.

BACK-TO-SCHOOL TRAFFIC BLITZ NETS MORE THAN 1,300 TICKETS

A week-long traffic safety Back-to-School blitz centered around neighbourhood schools in Durham Region, has resulted in more than 1,300 traffic tickets being issued.

The Durham Regional Police Traffic Services Branch, in conjunction with officers from all divisions, initiated a zero-tolerance traffic enforcement campaign targeting school and community safety zones during the week of September 5 to 9.

During this week, officers issued 1,343 tickets for various driving offences in and around schools, which included 765 tickets for speeding. Other tickets included 140 for stop sign violations, 10 cell-phone violations and six vehicles impounded for stunt driving, said a police statement.

The goal of the annual 'In the Zone' enforcement campaign is to ensure high officer visibility and proactive enforcement in and around school zones during the first week back to school.

The DRPS thanked local school officials and members of the public for supporting this traffic initiative.

DRIVER SERIOUSLY HURT AFTER CAR FLIPS OVER IN A DITCH

Durham Police said a 24-year-old male driver was seriously injured following a single motor-vehicle collision Wednesday afternoon in Whitby.

On September 14 at about 1:56 pm, members of Central West Division responded to Victoria Street and Hopkins Street for a single motor-vehicle collision, said a police statement.

A 2008 Volkswagen Jetta was travelling eastbound on Victoria Street East, when it lost control and entered the south ditch, where it came to rest on its roof. The 24-year-old male driver was transported to a Toronto trauma centre with life-threatening injuries. The driver remains in serious but stable condition, said. Members of the Collision Investigation Unit were called and the roadway was closed for several hours to collect evidence and conduct their investigation. The investigation is ongoing.

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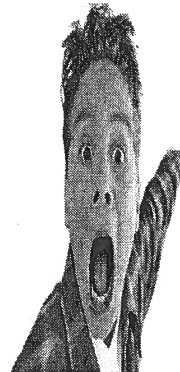
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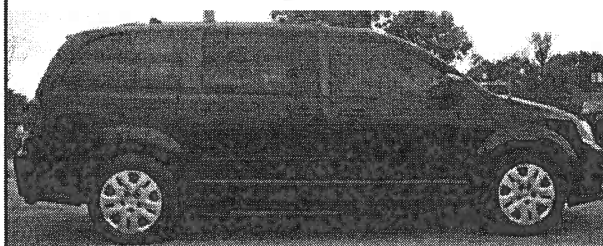
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**Can Hardly Wait**  
By Ahmad Formtly  
Ward 1 City Councillor Candidate for Oshawa

I like to begin this column by thanking The Central for inviting me to write a weekly column to all readers. This I believe is a great service to the community at large. Most voters when faced with an election know very little about those running. Specially the new candidates. From now until the election I hope to take advantage of this feature and address many of the issues that matter to Oshawa and the ward I will be representing.

I must say that I can hardly wait to be elected. After meeting with many ward residents, I feel excited to have the opportunity to serve. My drive to serve comes from seeing the quality of life not only in our ward but in Oshawa slowly decline. This as a young person it concerns me. I want to feel safe walking down our streets. Not to worry about being assaulted by petty criminals. I don't want to worry about walking parks and constantly having to look down due to discarded drug paraphernalia.

I want a clean and healthy Oshawa. Some day I plan on raising a family and the way things look today, I am concerned and scared. I am also concerned over development. The costs of homes and the run away development of these complexes.

It is time to take control of the over development and consider other alternatives. Such as high rise. Less use of land and maximum capacity. As a young candidate I bring fresh and innovative ideas. Ideas that will transform Oshawa from what it is to what it could be. I heard someone say that Oshawa use to be the crown jewel of Durham. Today, our luster appears to have tarnished.

Our relation to the Region need to be strengthen as the opportunities and prosperity are awaiting for us to have a vision. A vision that requires new educated minds. I do not profess to have all the answers, but I can assure you I will do my best to find them for all of us. I also am looking so forward once in office to listening and addressing all of your concerns. I keep hearing time and time again that many constituents have called the city and no response.

This is wrong. Councillors work for the taxpayers and as such it should be our primary duty to stay in touch with each one of the callers. No excuses.

I vow to bring municipal government back to the people of Oshawa. I vow to assure that everyone has a voice and a way to air concerns.

Without public input we can't gage the need of the community. We need to have everyone take part in the decision process and the new vision for Oshawa.

Oshawa and ward 1 are my home. As such my interest runs deep. I am running not for me. I am running for us and future generations. We the youth want to contribute to our future. Please consider me as your new representative. I promise not to let you down and repeat the mistakes of previous councillors.

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- MASON LODGE No. 419
- Oshawa,
- Member since 2016
- Masonic Lodge 2132, Oshawa
- Lodge 2132/WOTM
- Chapter 1759
- Member since 2015
- WING #20
- Member since 2017

- WE ARE OSHAWA**
- Member since 2015
- Wheeling and Amusement Chamber of Commerce
- Member since 2000
- Western Chamber of Commerce
- Member since 2000
- Weitzel County Chamber of Commerce
- Member since 2000
- Former Keweenaw Westinians (Oshawa)
- Fundraising Chair 2015 - 17
- Former Kinsmen of Oshawa
- Member 2015 - 2018
- Former Rotary Club of Courville, Member 2015, Secretary 2017
- Former Courville Lions Club
- Member 2015 (Director)
- Chair - Santa Parade
- Chair - PK Media
- Member of fundraising committee 2017
- Chair of Membership 2017
- Vice President - 2017-18
- Former Oshawa Naval Veterans Club
- Member 2015

**JOE INGINO IS AN ACCOMPLISHED WRITER/AUTHOR OF OVER 800,000 Published Columns in Canada and The United States**

Oshawa and Durham region for over 27 years. He can practice the bias and prejudice. I then informed him that he is supposed to champion local businesses. I asked him if this is how he made decisions at city hall. If he has such poor judgement and practices such bias and prejudice. Is he fit to spend tax payers dollars? Further more. As a community leader you are not to judge but to assist all local business. Your job is to assure the well being of your community. Not to play judge and jury, pick and choose. Based on bias/prejudice in favor of or against one thing, person, or group compared with another, usually in a way considered to be unfair; prejudice (preconceived opinion that is not based on reason or actual experience wrongful opinion.) Opinion that he has no professional qualification to be passing. He basically decides on personal prejudice. This is why our city is broken. Let's take it back in 2022. Let's get rid of the circus these clowns have created out of our great City.

**WARNING**  
**POLITICALLY INCORRECT ZONE**  
All Personnel Entering These Premises Will Encounter A Thing Called Freedom Of Speech

**Logic**  
**RICK KERR**  
**DOES NOT SUPPORT LOCAL DOWNTOWN BUSINESSES**  
**HE HAS TO GO**

By Joe Ingino  
Editor/Publisher  
ACCOMPLISHED WRITER/AUTHOR OF OVER 800,000 Published Columns in Canada and The United States

**I live a dream in a nightmare world.**  
Always Remember That The Cosmic Blueprint Of Your Life Was Written In Code Across The Sky At The Moment You Were Born. Decode Your Life By Living It Without Regret or Sorrow.

Nothing irritates me more than an over opinionated, bias, ignorant clown. In case he has admirations to question the definition of a CLOWN: A clown is a person who wears a unique makeup-face and flamboyant costume, performing comedy and arts in a state of open-mindedness. In this case Rick Kerr goes around wearing a unique makeup-face of pretending to be doing something positive for the ward he represents when in reality he has sat on his hands for the past four years.

Wearing his flamboyant style costume of saying one thing while doing something else. Performing comedy and arts in a state of open mindedness while pretending to care when in reality he does not care about his ward as he lacks life experience. He has no real active business practice. How is he to relate to the merchants of the core? A downtown ward that has slowly deteriorated to a point that people are living on our streets and dieing of overdose almost on a nightly basis.

Kerr in my OPINION should not be in office. He had his chance and he failed the people of the core. The people of Oshawa significantly. He failed me as a downtown business owner. He did nothing to combat the homeless situation. The crime. The drug trade. He is so bound by creating a culture hub that he missed the boat on the real issues impacting the core. But he is not alone. His partner in crime, Derek Giberson both sat on their hands and failed the people of the core while collecting our tax dollars as wages.

I called him the other day to ask him about an ad I had seen on a third rate magazine that only publishes 1,500 copies and has no real distribution. I was concerned over the fact that the publishers are using the Rotary good name as a commercial tool for profit. My call was out of concern... as he is always broke and claims he does not self promote. At least not with his own money. In conversation I asked him why would he waste his limited money on a publication that has no readership or distribution. Then he disclosed... that he did not support the and personally wanted to be aligned with some of the editorial content in this newspaper. So in other words if he personally is bias, prejudice towards a downtown business, a business that has served



**Pierre Poilievre's leadership win and the Conservative Party of Canada**

by Maj (ret'd) CORNELIU E. CHISU, CD, PMSC, FEC, CET, P. Eng.  
Former Member of Parliament  
Pickering-Scarborough East

The leadership race is over and a new leader is guiding the Conservative Party of Canada. I believe that in Pierre Poilievre, the Party has chosen a winner. A Conservative Party in search of its soul needs a young, energetic person with plenty of political experience, and in Pierre Poilievre they finally have one. With his sixty-eight per cent decisive victory on the first ballot in the federal Conservatives' leadership race, the party now has a generational opportunity to radically reimagine what Conservative policies could be palatable to the Canadian public.

"Tonight we begin the journey to replace an old government that costs you more and delivers less with a new government," Pierre Poilievre told hundreds of cheering Conservatives at a downtown Ottawa convention centre on September 10th when the results were announced. To his rivals' supporters, he said "I open my arms to you. Now today, we are one party serving one country."

Pierre Poilievre's victory sets the stage for him to take on the Liberal government when the House of Commons reconvenes later this month. He ran a brilliant campaign that included promises to make Canadians the "freest people on Earth," fire the Governor of the Bank of Canada as part of a bid to deal with inflation, cut funding to the CBC and endorse cryptocurrencies. He also challenged what he called "gatekeepers" such as politicians, bureaucrats and agencies he accused of stifling the potential of Canadians.

Late in the campaign, he promised that if he became prime minister, he would enact a "plain-language law" to require government to publish information in straightforward language. Now in his seventh term as an MP, Pierre Poilievre entered the leadership race with a video statement in which he said "governments have gotten big and bossy," and that COVID-19 has been a "political opportunity" for the Liberal government to attack small businesses, truckers and other Canadians.

"Trudeau thinks he's your boss. He's got it backwards. You're the boss," he said. "That's why I am running for prime minister. To put you back in charge of your life. Our destination is a Canada where the government is servant, not master."

During the campaign, Pierre Poilievre was endorsed by Mr. Harper - the first such endorsement the former prime minister has given in a leadership race since his government was defeated in 2015.

Noting Pierre Poilievre's decision to run for the Conservative Party leadership, I was convinced that he would win and would re-establish the grassroots conservative values of the party so badly trampled by the two previous leaders.

This conviction led me to make a difficult personal decision in resigning from the Peoples Party of Canada (PPC) and rejoining the Conservative Party, because I found most of the ideas advocated by the PPC in Pierre's platform. Having known him for four and a half years as a colleague in the House of Commons, I was convinced that he would pursue these ideas with tenacity and would not be another weathervane leader.

Pierre Poilievre, 43, was first elected to the House of Commons in 2004. Under Stephen Harper he served in cabinet as democratic reform minister and employment and social-development minister. More recently, he was the finance critic for the Conservative Party, pressing the Liberal government on inflation - an issue that was central to his leadership campaign.

Pierre Poilievre's campaign featured rallies across Canada attended by large crowds. Midway through, his team announced that it had signed up about 311,000 members. This figure came out as the party announced that overall membership had grown to 678,702 from about 160,000, when the race began.

In Pierre Poilievre, the federal Conservative Party of Canada has found its most effective, electable leader since Stephen Harper. Someone who may defeat Prime Minister Justin Trudeau in the next general election and relegate the federal Liberal Party to the political sidelines. While one may be ambivalent about Pierre Poilievre's victory, it must be acknowledged that his straight-ahead march to his party's leadership was singularly impressive. In fact, it was one of the most masterful leadership bids in recent Canadian history.

Pierre Poilievre's overwhelming victory gives him total control over his party and caucus. There is no dispute about who is in charge, something a couple of his predecessors (see Andrew Scheer and Erin O'Toole) could never claim. This will allow him to focus on his primary task: preparing to defeat Mr. Trudeau in the next election.

He is a gifted communicator in both of the country's official languages. Many of the short, four-to-five minute videos he posted during his campaign were brilliant. One on the cost of housing in Canada was talked about for weeks.

While some of his most successful campaign talking points - the government's failure to effectively run airports and passport offices, the waste of time that is the ArriveCAN app, the infringement on "personal freedoms" that vaccine mandates pose - are not likely to be viable targets when the next election is held, other issues he focused on during his leadership run continue to fester.

When Pierre Poilievre zeros in on pocketbook issues, the Liberals know that the high cost of everything is not a problem likely to disappear in the near term. The mountainous debt the Liberals have racked up is not going to disappear before the next election either. These issues provide a feast Pierre Poilievre can dine on for some time.

Pierre Poilievre also has a not-so-secret weapon in his wife, Anaida, who introduced herself, and her husband, after his victory was declared. Born in Venezuela, she tells a compelling story about her family's immigration to Canada, where they started with nothing. She can describe the journey in three different languages. She is not shy of a microphone and seems like a natural campaigner. It's not difficult to imagine Pierre Poilievre appealing to the immigrant vote with her help.

Pierre Poilievre has his own unique story to tell as well. The son of an unwed teenaged mother who gave him up, he was adopted by a couple of French Canadian school teachers from Saskatchewan. So the Conservative Leader's upbringing stands in stark contrast to the silver-spoon childhood of the current Prime Minister, a fact voters are sure to be reminded of.

Having a French-sounding name will not hurt him in Quebec, nor will his fluency in French. In fact, it will be an enormous advantage during the French election debate. His wife having grown up in working class Montreal and speaking fluent French also helps. This is not Andrew Scheer the Liberals will be facing.

While a lot can happen between now and the next election, as things stand, Pierre Poilievre represents the best chance of regaining power the Conservatives have had in a long, long time.

Best of luck Pierre!  
Bonne chance, Pierre!

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**IT'S TIME TO  
CLEAN UP  
OUR CITY**

I Joe Ingino invite you to join me and clean up our City.

Let's freeze property taxes by cutting back wasteful expenditures, such as consultants and meaningless studies.

Let's review how we are developing farm lands and consider High rise developments instead.

Let's take control of the homeless issue by uniting services and dealing with the problem head on instead of offering band aid type of solutions.

Let's create **COMMUNITY FUND** by having all multi million dollar a day big box stores do their part and contribute to the quality of life in Oshawa.

Let's improve services. Extended bus routes, purchase much needed equipment for firefighter. Work with the police to keep our streets safe.

Develop and aggressive plan to deal with the increasing infestation of rodents.

Let's develop a plan of action that would have property owners with ownership of over a set number of years enjoy a property tax cut. Offset it against all the new development.

Let's put money back in your pocket by controlling tax rates.

**I NEED YOU TO DO YOUR PART**  
We must initiate a stronger police community relations. We must cut expenses and bring to Oshawa prosperity.

**WONT YOU JOIN ME?**

Read My Full Detailed Platform  
At [INGINO.ORG](http://INGINO.ORG)  
**IF YOU CARE ABOUT OSHAWA  
I INVITE YOU TO JOIN ME.**

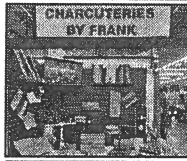
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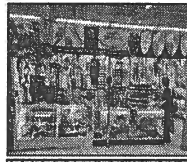
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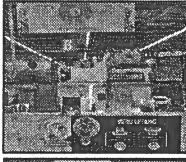
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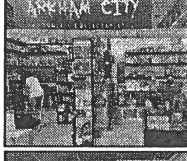
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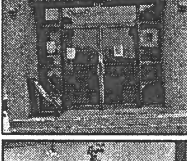
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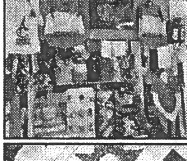
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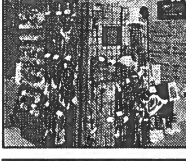
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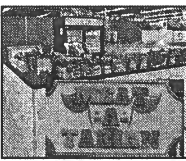


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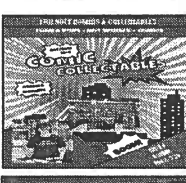
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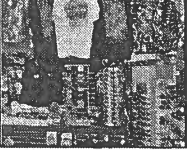
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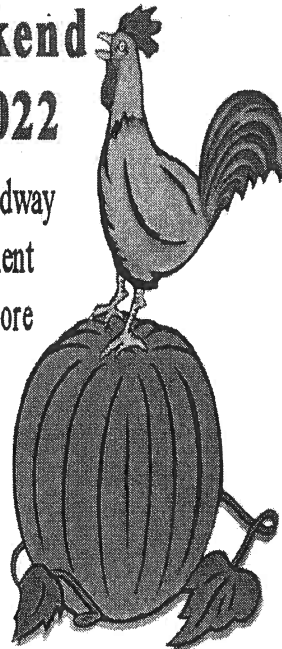
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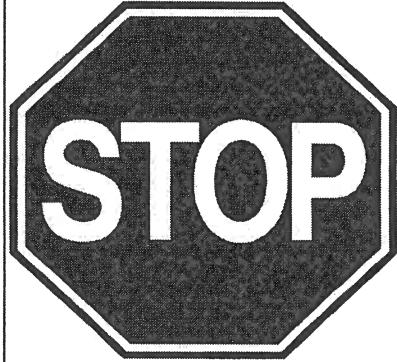
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- \* CRONYISM
- \* FAVORITISM

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For Mayor Of Oshawa

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TO ALL CANDIDATES

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THE OSHAWA DURHAM CENTRAL NEWSPAPER - WE ARE DURHAM'S NUMBER ONE FOR A REASON



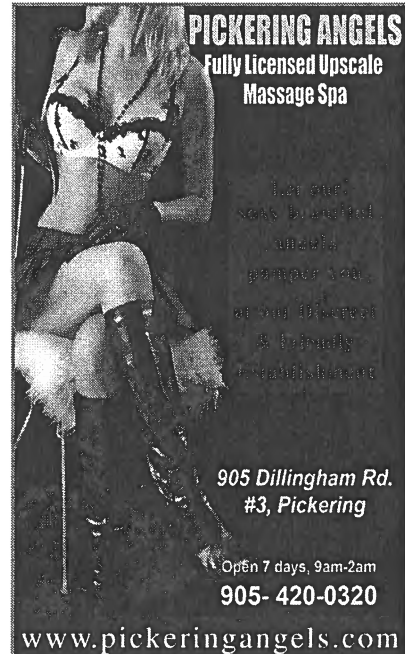
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Clean up our street and make them safe again for all to enjoy.  
NO MORE SLEEPING ON THE STREET - NO MORE SHOOTING UP DRUGS  
IN OUR PARKS - NO MORE PETTY CRIME - NO MORE EXCUSES.  
We need to go after the drug dealers, the human traffickers the gangs and  
organized crime that is slowly diminishing our way of life.

# TO PUT MONEY BACK IN YOUR WALLET

We need to cut waste from City Hall by restructuring. Let's run our city like  
the corporation that it is instead of the three ring circus that it has become.  
Let's put a freeze on property taxes for the next four years.

# BRING GOOD PAYING JOBS TO OSHAWA

By Offering Oshawa as Home Base For Industry/Trade/Technology HQ's.  
We need a solid business plan. I have it, with a proven success rate.

# REVITALIZE DOWNTOWN OSHAWA/AIRPORT/LAKE FRONT

By Negotiating With Investor/Developers For Major Investment and Developments (High Rise Development)

# CUT WASTEFUL EXPENDITURES

# REINVEST IN OUR COMMUNITY AT LARGE

STOP The Hiring Of Expensive Consultants/Studies/Advisors - TO TELL US THE OBVIOUS  
Invest Back & Purchase Of At Least Two Fully Equipped Fire Trucks And Infrastructure, such as roads.

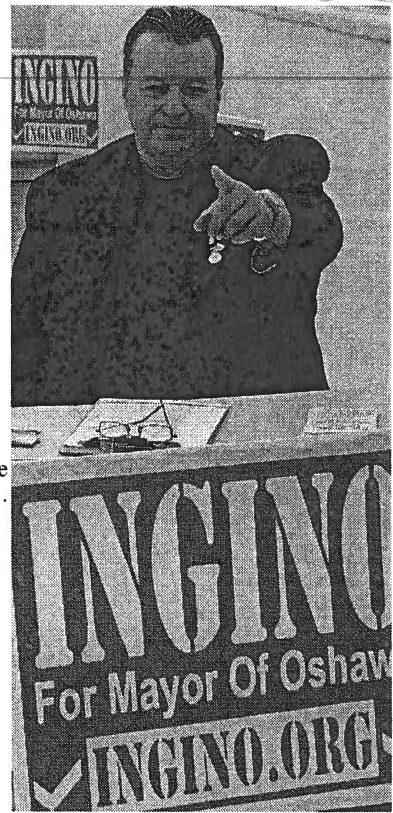
# WE ARE DONE WITH EXCUSES - IT IS TIME TO TAKE ACTION

Take Aggressive Action To Control/Combat The Increasing Rodent Problem In Oshawa. To clean up our  
creeks and parks of disposable needles that has become a public health concern. Work with transit to  
increase routes. Create community based programs to increase neighborhood spirit. Invest in sports.

OSHAWA FOR THE PAST 4 YEARS HAS BECOME A RUNAWAY TRAIN

# LET'S BRING LEADERSHIP BACK

LET'S BRING MUNICIPAL GOVERNMENT BACK TO YOU THE PEOPLE



# INGINO

For Mayor Of Oshawa

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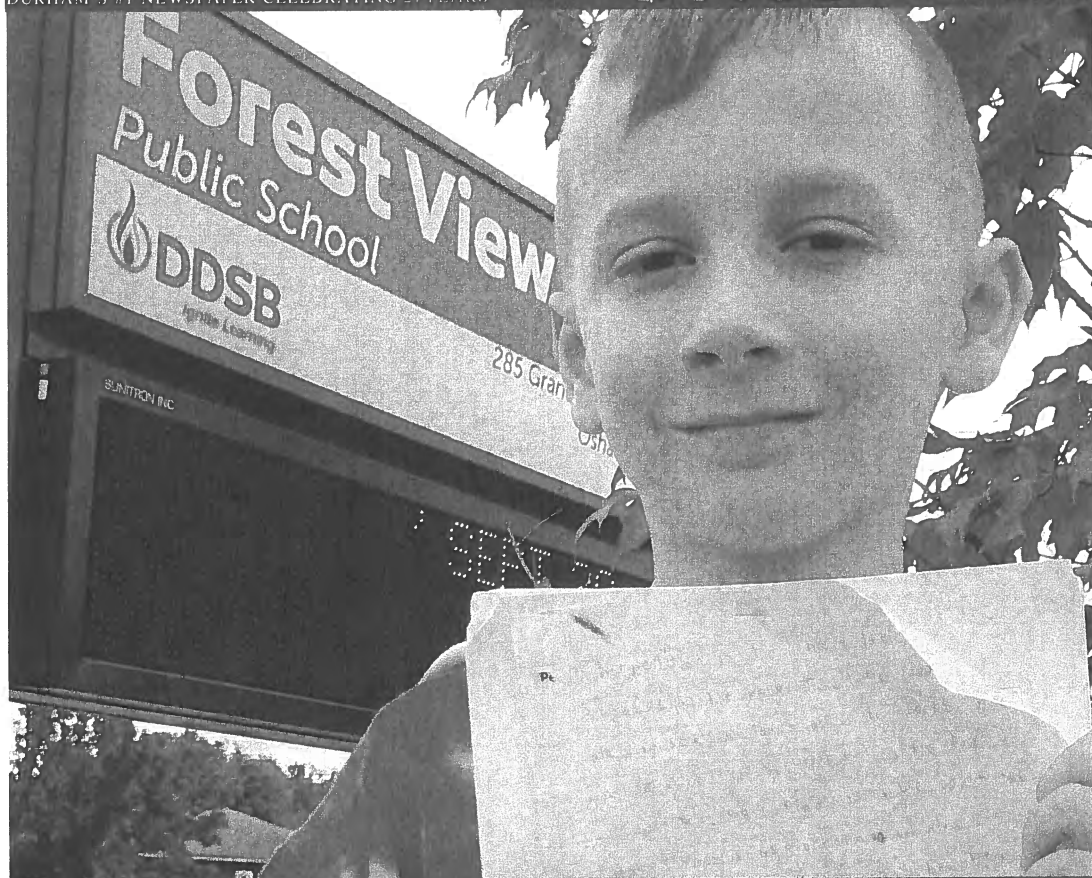
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# 98 New Correctional Officers Join the Frontline

The Ontario government is enhancing public safety in communities across the province by hiring 98 new correctional officer graduates who will help ensure communities are supported and protected. Increasing frontline staff is part of the government's investment of more than \$500 million over five years to modernize adult correctional services.

I applaud every graduate for choosing a rewarding career in corrections and salute them for their contribution," said Solicitor General Michael Kerzner. Correctional officers

are vital public safety partners who make a difference to our communities on the frontlines of the justice system.

Graduates have successfully completed the eight-week correctional officer training program, delivered virtually by Mohawk College. In-person training was led by the Corrections Centre for Professional Advancement and Training. All recruits received extensive training with enhanced instruction in communication and de-escalation techniques. The curriculum also included a focus on anti-Black racism, Indigenous

cultural training, and inmate management techniques. There are three Francophone recruits in this cohort.

Correctional officer graduates will be assigned to 17 different institutions across Ontario near their home regions:

Seven graduates will support the Eastern Region at the Central East Correctional Centre and Ottawa-Carleton Detention Centre.

27 will support the Western Region at the Central North Correctional Centre, Elgin-Middlesex Detention Centre, Sarnia Jail and South West Detention Centre. 26 gradu-

ates will work in the Northern Region at the Algoma Treatment and Remand Centre, Fort Frances Jail, Kenora Jail, Monteith Correctional Complex, Sudbury Jail, Thunder Bay Jail and Thunder Bay Correctional Centre. 24 will work in the Toronto Region at Toronto East Detention Centre and Toronto South Detention Centre. 14 will support the Central Region at the Maplehurst Correctional Complex and Vanier Centre for Women.


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**'LET'S TAKE OSHAWA BACK'**

Let's Clean Up Our Downtown of Crime. (Prostitution, Drugs, Loitering.)

Let's Find A Quick Solution To The Homeless in Oshawa. Nothing Has Been Done Since 2018.

Let's Deal With Cleaning Our Parks And Creeks Of Used Syringes. A Major Public Safety/Health Concern.

Let's Bring Back Good Paying Jobs. Amazon, Google, IBM, Bell, Banks For Example.

Let's Stop The Marginalization Of People By The City. No more committees and run around.

Let's Put Municipal Government Back In The Hands/Control Of All Citizens.

Let's Revitalize Our Downtown As It Has Been Done in Mississauga, Hamilton, Brampton, Aurora And Many Other Municipalities.

Let's Work on improving transportation like transit routes.

Let's Take Care Of Our Firefighters. Get Them The Trucks They Need.

Let's Cut Wasteful Expenditures. Let's Take Control Of The Increasing Rodent Problem.

Together We Can Make A Difference. Nothing has changed since 2018 election. If anything the quality of life in Oshawa has become worst.

Taxes keep going up and services compromised.

**NOW IS YOUR CHANCE TO MAKE A DIFFERENCE.**

WE MADE A MISTAKE IN 2018

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Together We Can Make A Difference. With Your Help We Can Give You Back A Voice In What Matters To You And Your Family.

Won't You Join Me in 2022

In Taking Back Oshawa For The Sake Of Our Children's Future?

Read My Full Platform At  
[INGINO.ORG](http://INGINO.ORG)

## Suspect Wanted in Threatening Investigation

Police are looking for the public's assistance in identifying a suspect wanted for threatening another male with a firearm in Pickering.

On Sunday, October 9, 2022, at approximately 2:35 p.m., members from West Division attended the area of Brock Road and Concession Road 3 after receiving information that a male suspect followed a male around Pickering pointing a firearm at him on numerous occasions. The victim and the suspect were in separate vehicles and are unknown to one another.

The suspect is described as male, Black, medium build, short dread style hair and a small goatee. He was wearing a black hoodie with the hood up.

The suspect was believed to be operating a sedan style, 2015-2016 black two-door Acura.

Investigators are requesting anyone who was in the following areas around this time and that may have dash-cam or cellphone video to contact police immediately.

- > Taunton Road between Church Street and Westney Road
- > Westney Road to Rossland Road
- > Rossland Road and Concession Road 3

Police are urging the suspect to contact a lawyer and turn himself in.

## FRAUD EMAIL ALERT FROM BROCK TOWNSHIP

Brock has alerted township and wider Durham residents about a fraudulent email that claims to have been sent from the township. "Fraud emails have been sent to members of the public pretending to be the Clerk/Deputy CAO Fernando Lamanna," said the township.

"Please DO NOT OPEN and delete immediately," it advised. The township said its security team is working on the situation. "We apologize for the inconvenience and confusion this may have caused". The township did not disclose the content of the fraudulent email.

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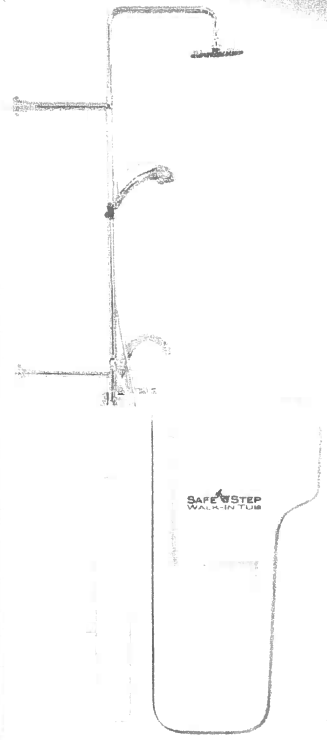
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- WE ARE OSHAWA**
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- Member since 2000

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- Fundraising Chair 2015 - 17

- Former Kinmen of Oshawa
- Member 2015 - 2018
- Former Rotary Club of Courville
- Member 2015
- Secretary 2017

- Former Courtice Lions Club
- Member 2015
- Director
- Chair - Santa Parade
- Chair - PR Media
- Member of fundraising committee 2017

- Chair of Membership 2017
- Vice President - 2017-18
- Former Oshawa Naval Veterans Club
- Member 2015

**JOE INGINO IS AN ACCOMPLISHED WRITER/AUTHOR OF OVER 800,000 Published Columns in Canada and The United States**

the same thinking we used when we created them." Think about this for a moment. Our current Mayor had his chance to do something for the city. Natural growth is not of his design but on natural over population. Much like in Carter's word during the recent debate. The proof is in the pudding. Then it so. Take a walk downtown Oshawa. Do you feel safe? Talk to any merchant of the core and ask them two questions. 1. When was the last time you seen the Mayor walk in to your shop and ask you how your business was doing? 2. Do you feel safe in your place of business? We live in one of the world richest countries. Our people are over dosing at a rate of 1 every two nights. People are living on the streets, along ravines. In Einstein's words... we cannot solve our problems with the same thinking we used to create them. Then should Carter even be considered? He made the problem he was elected to solve worst. What would give anyone the idea that he can accomplish anything different in another four years. The future of Oshawa is on the line. They say we can't move forward until we respect and appreciate our history. Einstein was not a stupid man. He knew better. Would Einstein have voted for Carter? Would he have voted him for another term? You know the answer. Then why should you prove Einstein theories true? NO TO CARTER.

**WARNING**  
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# Logic

## OSHAWA -EINSTEIN SAID IT BEST

### Insanity Is Doing the Same Thing Over and Over Again and Expecting Different Results

By Joe Ingino  
Editor/Publisher

ACCOMPLISHED WRITER/AUTHOR OF OVER 800,000 Published Columns in Canada and The United States

#### I live a dream in a nightmare world

Always Remember That The Cosmic Blueprint Of Your Life Was Written In Code Across The Sky At The Moment You Were Born. Decode Your Life By Living It Without Regret or Sorrow.

With less than one week. The big question before us will the people of Oshawa make the same thing over and over again and expecting different results?

When you speak of the realities of our City. People jump to conclusions and assume it is negativity. NO IT IS REALITY.

The reality of things is that people keep electing that had already served in council on a name recognition basis. Not on achievements, accomplishments and contributions to the community they want to serve.

Many of the incumbents are careered politicians that in some cases are nothing but fluffing pensions on your dime and other could not get equivalent paid position in any other corporation.

So it is put on your best suit on. Brush them pearls and do a lot of praying that someone in your family has a recognizable name.

I remember the Aker family name. The sitting councillor partially retired and his daughter put her name ran on the Aker name and won. Not till after the election did the electoral realized they been fooled.

People please stop making the same thing time and time again and expect a different outcome. The future of our City is on the line. The future of your children. The safety and health of our community and that of our families is on the line.

I can stand at any given corner and yell caution. But will that do any good? Then how do we get through?

Einstein famous words include, "We cannot solve our problems with the same thinking we used when we created them."

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## The Bank of Canada and the Canadian Economy

by Maj (ret'd) CORNELIU. CHISU. CD. PMSC, FEC. CET. P. Eng.

Former Member of Parliament  
Pickering-Scarborough East

In today's high finance driven western world, it is time to take an attentive look at the relationship and influence of the Bank of Canada on the Canadian economy and the wellbeing of Canadians.

This institution has a major influence on our lives and we certainly need to update it so that it suits our contemporary needs and has a major responsibility to the elected Parliament.

To give a historical perspective, the bank was chartered by and under the Bank of Canada Act on 3 July 1934 and the Bank of Canada began operations on 11 March 1935, following the granting of royal assent to the act

The preamble to the act set out bank's purpose:

WHEREAS it is desirable to establish a central bank in Canada to regulate credit and currency in the best interests of the economic life of the nation, to control and protect the external value of the national monetary unit and to mitigate by its influence fluctuations in the general level of production, trade, prices and employment, so far as may be possible within the scope of monetary action, and generally to promote the economic and financial welfare of Canada

In practice, however, it has a more narrow and specific internal definition of that mandate: to keep the rate of inflation (as measured by the Consumer Price Index) between 1% and 3%. Currently The Bank of Canada is structured as a Crown corporation rather than a government department, with shares held in the name of the minister of finance on behalf of the government.

While the Bank of Canada Act provides the minister of finance with the final authority on matters of monetary policy through the power to issue a directive no such directive has ever been issued.

The governor and senior deputy governor are appointed by the bank's board of directors. The deputy minister of finance sits on the board of directors but does not have a vote.

The bank submits its spending to the board of directors, while departmental spending is overseen by the Treasury Board with their spending estimates submitted to Parliament.

The head of the Bank of Canada is the governor. While the law provides the board of directors with the power to appoint the governor, in practice they approve the choice of the government. So the question is, where is the so called independence of the Bank?

The governor serves a fixed seven-year term which may be renewed. With the exception of matters of personal conduct ("good behaviour") the Bank of Canada Act does not provide the government with the direct ability to remove a governor during his or her term in office. Certainly this should be changed!

In the case of profound disagreement between the government and the Bank, the minister of finance can issue written instructions for the bank to change its policies. To date, this has not happened in the history of the bank.

In practice, the governor sets monetary policy independent of the government. From the above we see an institution which acts independently and is not responsible to the elected government or parliament

Rather, I need to assume that it follows instructions from an intricate web of similarly created banks such as the Bank of England, the Federal Reserve Bank in the US, and the European Bank etc. with the head of the dragon being the Bank of International Settlement (BIS) owned privately by historically well established financial families.

BIS is really the bank which tells national banks what to do and in fact is a super national organization which dictates governments. But nobody of the elites seems to bother. Let us now look at the latest Bank of Canada decisions.

With the exception of the Conservative opposition leader, no attention was paid to the Bank of Canada's latest actions and its failed duties to Canadians.

Inflation is high because there are too many dollars and too few goods to buy. The Trudeau government kept spending galore on pandemic related "relief" programs, and the Bank of Canada kept pumping out more and more new money to cover this orgy of government expenditure with no accountability.

This rapid, reckless and massive expansion of Canada's money supply has had a profound impact on inflation in this country.

According to Bank of Canada numbers, the money supply grew by more than 22% between the start of the pandemic and spring this year.

That means more than one in five dollars currently in circulation in Canada didn't exist in pre-pandemic life. When you think about it, that's a staggering amount and all produced electronically

Considering the responsibility of the government in this matter, and that of the Minister of Finance, we can see that they worked in tandem and in gross incompetence. And who has to pay for it? You and me. International supply chain issues also contributed but not as much as domestic blunders. While the Trudeau government and the Bank of Canada have spent more than a year denying any blame for inflation, the truth of the matter is that the single biggest cause of Canada's inflation is the tsunami of extra cash the government and the bank pumped into the economy.

That money is still sloshing around out there. It's also one of the biggest reasons housing prices have skyrocketed: There are hundreds of billions of dollars on the market and a limited supply of housing.

The Trudeau Liberals spent almost \$400 billion on pandemic subsidies - by far the most, per capita, in the developed world. They didn't have an extra \$400 billion to spend. They didn't tax an extra \$400 billion from Canadians.

What they did was issue bonds in that amount and because there weren't enough private or institutional investors interested, the Bank of Canada chipped in and created enough new money to cover Justin Trudeau's massive overspending.

Even though the bank has repeatedly claimed that it wasn't responsible for inflation, its staff had to know that all this extra money flooding the economy would lead to way too much money chasing goods.

While Bank of Canada Governor Tiff Macklem has been reluctant to accept his institution's complicity in the worst inflation in 40 years, at least he is now finally admitting that our inflation is homegrown.

One has to ask where the Minister of Finance was in this concerning situation. Wasn't it her duty to oversee the Bank and show leadership? Apparently not, as the Minister is more interested in globalist issues led by World Economic Forum (WEF) where she is on the Board of Directors, than national interests.

Of course, rather than pointing the finger at his own bank, Governor Macklem blames businesses. Not the bank but those foolish entrepreneurs and greedy workers are responsible for the high inflation!

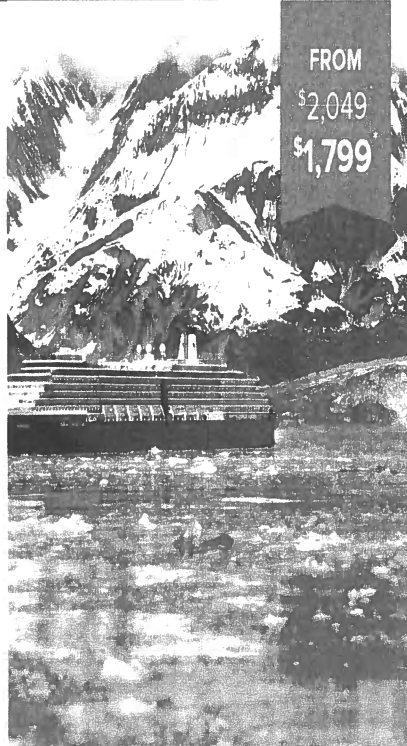
Let's face it. The bank and the government created this inflation and now they are expecting ordinary Canadians to pay for it with higher interest rates, higher prices, lower growth, lower wages, a devalued currency, eroding savings and a general decline in the standard of living.

Don't you think it's time to reform the Bank of Canada?

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# IT'S TIME TO CLEAN UP OUR CITY

I Joe Ingino invite you to join me and clean up our City.

Let's freeze property taxes by cutting back wasteful expenditures, such as consultants and meaningless studies.

Let's review how we are developing farm lands and consider High rise developments instead.

Let's take control of the homeless issue by uniting services and dealing with the problem head on instead of offering band aid type of solutions.

Let's create **COMMUNITY FUND** by having all multi million dollar a day big box stores do their part and contribute to the quality of life in Oshawa.

Let's improve services. Extended bus routes, purchase much needed equipment for firefighter. Work with the police to keep our streets safe.

Develop an aggressive plan to deal with the increasing infestation of rodents.

Let's develop a plan of action that would have property owners with ownership of over a set number of years enjoy a property tax cut. Offset it against all the new development.

Let's put money back in your pocket by controlling tax rates.

**I NEED YOU TO DO YOUR PART**  
We must initiate a stronger police community relations.

We must cut expenses and bring to Oshawa prosperity.

**WONT YOU JOIN ME?**

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**IF YOU CARE ABOUT OSHAWA  
I INVITE YOU TO JOIN ME.**

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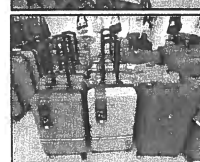
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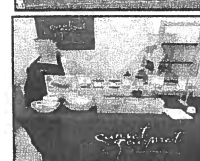
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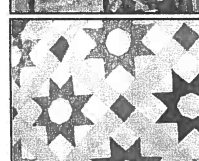
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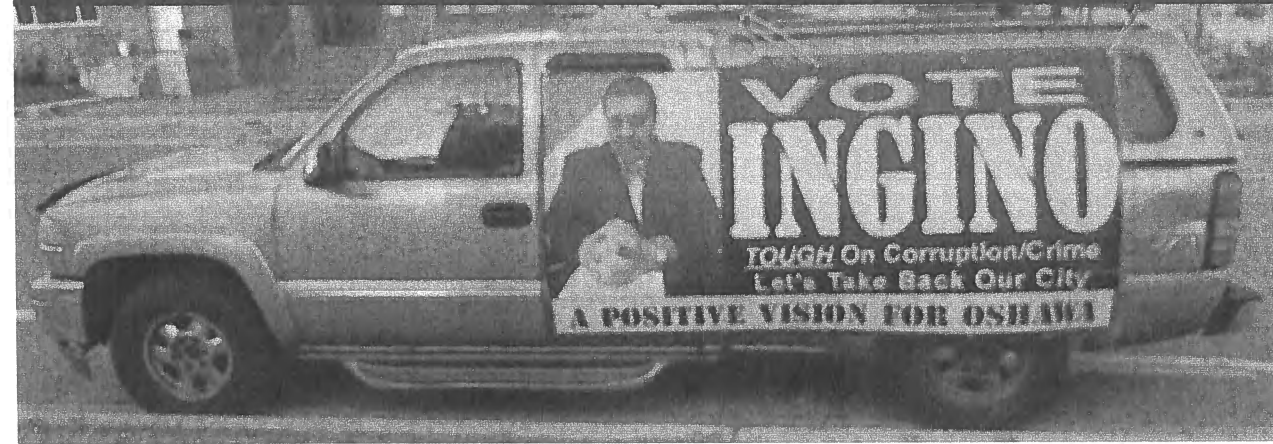


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If you want to dispose of your  
computer, printer, scanner we  
repair them and

**DONATE THEM TO FAMILIES IN NEED**

Give us a call **905-432-2657**



## THIS 2022 MUNICIPAL ELECTION



ELECTING CAREERED  
POLITICIANS  
STOP VOTING ON  
NAME RECOGNITION

### OSHAWA NEEDS

- \* Real Leadership
- \* Direction & Vision
- \* Solutions \* Unity

### PUT A STOP TO

- \* HYPOCRISY
- \* BIAS/PREJUDICE
- \* CRONYISM
- \* FAVORITISM

Let's put a stop to  
elected official treating  
citizens/staff without  
respect and dignity.

**NO MORE EXCUSES**  
If you keep voting from  
the same municipal pool.  
**DON'T EXPECT CHANGE.**  
Expect More Of The Same.

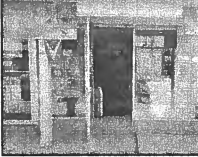
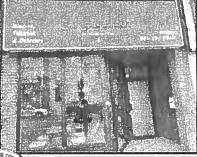
















LET'S BRING  
GOVERNMENT BACK TO  
YOU - THE PEOPLE

**INGINO**  
For Mayor Of Oshawa

✓ **INGINO.ORG** ✓

MAKE A DIFFERENCE - VOLUNTEER - DONATE  
WE NEED YOUR HELP TO MAKE A DIFFERENCE IN 2022  
**905-441-2657**  
Make Donation By Cheque To: Joe Ingino c/o Mayoral Campaign  
Mail To: 136 Simcoe St. North Suite 4, Oshawa L1G 4S7

# SHOP LOCAL - SUPPORT THE INGINO SHOP DOWNTOWN INITIATIVE SINCE 2018

|                                                                                     |                                                                                                                |                                                                                     |                                                                                              |                                                                                       |                                                                                                                     |
|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
|    | <b>SEVEN ROYALS</b><br>33 KING ST. EAST<br>Oshawa<br>905-240-4774                                              |    | <b>NONELLO'S</b><br>22 Simcoe St. S.<br>Oshawa<br>905-720-9999                               |    | <b>ROYAL</b><br>CANADIAN LEGION 43<br>471 SIMCOE ST. S.<br>Oshawa<br>905-723-9211                                   |
|    | <b>Colette</b><br>The Shoe Box<br>905-244-4712<br><i>Style/Quality/Price</i><br>LWY'S THE BEST (SHEEP) OR FREE |    | <b>KACHIGUJA JUNCTION</b><br>INDIAN BISTRO<br>905-240-7000<br>14 KING WEST<br>OSHAWA         |    | <b>CIAO AMICI</b><br>AUTHENTIC ITALIAN CUISINE<br>905-438-8171<br>8 Bond St. W. Oshawa<br>www.ciaoamici.ca          |
|    | <b>LEGEND OF FAZIO'S</b><br>33 Simcoe St. South<br>Oshawa<br>905-240-1199                                      |    | <b>HONEST LOUIE'S BAKERY OUTLET</b><br>504 Simcoe St. South<br>Oshawa<br>905.576.6176        |    | <b>JD TECH SHOP</b><br>One Stop Tech Shop<br>905-718-1790<br>16 Simcoe St. South<br>www.jdtechshop.ca               |
|    | <b>MAMA'S YUMMY FOOD</b><br>4 Bond St.<br>Oshawa<br>905-571-5858                                               |    | <b>THE WAVE</b><br>Radio<br>136 Simcoe St. N.<br>Oshawa<br>905-432-2657                      |    | <b>WOK'S UP OSHAWA</b><br>2-36 SIMCOE ST. N.<br>Oshawa<br>905-725-2580                                              |
|   | <b>DOLLAR CONVICIENCE</b><br>14 Simcoe St. S<br>905-240-0555                                                   |   | <b>ORIENTAL LATIN INTL. FOOD SPECIALTY MARKET</b><br>905-579-1375<br>164 Division Rd. Oshawa |   | Owner/artist<br><b>Jonny Inx Moniz</b><br>10 Ontario St. Oshawa ON<br>289.600.9469<br>email:<br>jon.lifex@gmail.com |
|  | <b>EGGCELLENT EATERY</b><br>ALL DAY BREAKFAST<br>905-404-2840<br>15 KING WEST. OSHAWA                          |  | <b>STUDIO JEWELLERS</b><br>CUSTOM DESIGNED<br>905-436-6267<br>640 BOND EAST<br>OSHAWA        |  | <b>EGGCELLENT BAR &amp; GRILL</b><br>GOOD FOOD/SERVICE<br>905-240-4200<br>850 KING WEST. OSHAWA                     |

**VOTE FOR YOUR FAVOURITE BUSINESS**

Every three months we will be posting the winner selected. All winners will receive a complimentary 3 x 7 size ad in the paper. ALL THAT ENTER MAY WIN A \$50.00 DOWNTOWN SHOPPING SPREE. No charge to enter. Enter as many times as you like.

BUSINESS SELECTED: \_\_\_\_\_ NAME: \_\_\_\_\_ TEL: \_\_\_\_\_

EMAIL: \_\_\_\_\_ Send all entries to: 136 Simcoe St. North Suite 4. Oshawa. ON L1G 4S7

# INGINO

## For Mayor Of Oshawa

# ✓ INGINO.ORG ✓

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# VOTE INGINO

TOUGH On Corruption/Crime  
Let's Take Back Our City

## A POSITIVE VISION FOR OSHAWA

### WHEN COVID HIT - THE CENTRAL HIT BACK

THE OSHAWA DURHAM CENTRAL NEWSPAPER - WE ARE DURHAM'S NUMBER ONE FOR A REASON



Welcome to  
**Oshawa LaVilla Spa**

PAMPER YOURSELF IN THE SERENE COMFORT OF THE MOST DISCREET.  
Fully - licensed massage parlor in DURHAM

634 Park Rd. South  
Oshawa

**we are just a phone call away**  
**905 240 1211**

[www.lavillaspa.ca](http://www.lavillaspa.ca)




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Fully Licensed Upscale  
Massage Spa

905 Dillingham Rd.  
#3, Pickering

Open 7 days. 9am-2am  
**905-420-0320**

[www.pickeringangels.com](http://www.pickeringangels.com)



# WE NEED YOUR HELP TO GET TOUGH ON CRIME

Clean up our street and make them safe again for all to enjoy.  
NO MORE SLEEPING ON THE STREET - NO MORE SHOOTING UP DRUGS  
IN OUR PARKS - NO MORE PETTY CRIME - NO MORE EXCUSES.  
We need to go after the drug dealers, the human traffickers the gangs and  
organized crime that is slowly diminishing our way of life.

# TO PUT MONEY BACK IN YOUR WALLET

We need to cut waste from City Hall by restructuring. Let's run our city like  
the corporation that it is instead of the three ring circus that it has become.  
Let's put a freeze on property taxes for the next four years.

# BRING GOOD PAYING JOBS TO OSHAWA

By Offering Oshawa as Home Base For Industry/Trade/Technology HQ's.  
We need a solid business plan. I have it, with a proven success rate.

# REVITALIZE DOWNTOWN OSHAWA/AIRPORT/LAKE FRONT

By Negotiating With Investor/Developers For Major Investment and Developments (High Rise Development)

# CUT WASTEFUL EXPENDITURES

# REINVEST IN OUR COMMUNITY AT LARGE

STOP The Hiring Of Expensive Consultants/Studies/Advisors - TO TELL US THE OBVIOUS  
Invest Back & Purchase Of At Least Two Fully Equipped Fire Trucks And Infrastructure, such as roads.

# WE ARE DONE WITH EXCUSES - IT IS TIME TO TAKE ACTION

Take Aggressive Action To Control/Combat The Increasing Rodent Problem In Oshawa. To clean up our  
creeks and parks of disposable needles that has become a public health concern. Work with transit to  
increase routes. Create community based programs to increase neighborhood spirit. Invest in sports.

OSHAWA FOR THE PAST 4 YEARS HAS BECOME A RUNAWAY TRAIN

# LET'S BRING LEADERSHIP BACK

LET'S BRING MUNICIPAL GOVERNMENT BACK TO YOU THE PEOPLE

# INGINO

For Mayor Of Oshawa

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Be Part Of History In The Making

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