

activeOshawa

Recreation Guide

Spring &
Summer 2024

camps

March Break & Summer

registered programs

fitness

swimming

100+



Oshawa
Celebrating 100+ Years

The City of Oshawa is situated on lands and waters within the Williams Treaties Territory, home to seven First Nation communities of the Michi Saagiig and Chippewa Anishinaabeg, who have cared for and maintained these lands from time immemorial and continue to do so to present day. Learn more at Oshawa.ca/LandAcknowledgement.

Message from Mayor Dan Carter

On behalf of Members of Council, I am proud to introduce you to the spring/summer edition of the activeOshawa Recreation Guide.

The activeOshawa Guide is a great resource to help keep you connected and engaged with the programs our city has to offer. You will find helpful information about upcoming events and programs, parks, recreation and facility locations and contact information.

Oshawa is an active, healthy, vibrant city offering diverse recreational programs, events and activities available to residents of all ages and activity levels to experience and enjoy.

If you are looking to be more active this spring and summer season, you could walk on the track at Delpark or the Civic, discover new trails and greenspaces, join a class or swim at one of our many pools. Whatever you choose, our city staff and volunteers can assist you with any inquiries and will make every visit to our facilities an enjoyable experience.

We look forward to seeing you at our amazing city's many programs, events and activities!



City Council

Standing (left to right):

- Ward 3 City Councillor Bradley Marks
- Ward 5 Regional & City Councillor Brian Nicholson
- Ward 1 Regional & City Councillor John Neal
- Ward 4 Regional & City Councillor Rick Kerr
- Ward 1 City Councillor Rosemary McConkey
- Ward 4 City Councillor Derek Giberson

Seated (left to right):

- Ward 2 City Councillor Jim Lee
- Ward 3 Regional & City Councillor Bob Chapman
- Mayor Dan Carter
- Ward 2 Regional & City Councillor Tito-Dante Marimpietri
- Ward 5 City Councillor John Gray



Contents

Registration.....	4
Our facilities.....	8
Our outdoor locations.....	9
Our partners and sponsor.....	10
Fitness Members.....	12
Inclusion Support.....	14
Registered Programs.....	20
Family & Parented Programs.....	22
Child Programs (ages 4-12).....	26
Youth Programs (ages 12-17).....	36
Adult Programs.....	42
Camps.....	52
Camp Descriptions.....	56
March Break Camps.....	58
Summer Camps.....	59

The Spring Summer 2024 activeOshawa Recreation Guide is produced by the City of Oshawa, Community and Operations Services Department, Recreation Services Branch.

Changes to program information may occur after the activeOshawa Guide has been published. For the most up-to-date information, visit activeOshawa Online at [Register.oshawa.ca](https://register.oshawa.ca).



Check out the events and initiatives happening in 2024 to celebrate the 100th anniversary of Oshawa as a city.



[Oshawa.ca/100thAnniversary](https://oshawa.ca/100thAnniversary)

Swimming.....	64
Swimming Level Descriptions.....	66
Spring Swimming	
Preschool Swim Lessons (ages 5 and under)...	68
Swim Lessons (ages 6-15).....	75
Low Ratio Swim Lessons.....	83
Private Swim Lessons.....	86
Swim Lessons.....	89
Summer Swimming	
Preschool Swim Lessons (ages 5 and under)...	92
Swim Lessons (ages 6-15).....	98
Low Ratio Swim Lessons.....	108
Private Swim Lessons.....	111
Specialty Swim Lessons.....	115
Leadership & First Aid.....	117

If this information is required in an accessible format, contact Service Oshawa: Telephone: 905-436-3311
Email: service@oshawa.ca

registration

Before you explore your favourite camps and registered programs, here are a few things to remember.

.....

Registration dates

Spring

.....

Swimming Lessons

Tuesday, February 20 at 9 a.m.

General Programs

Thursday, February 22 at 9 a.m.

Summer

.....

Summer Camps

Tuesday, April 23 at 9 a.m.

Swimming Lessons

Tuesday, May 21 at 9 a.m.

General Programs

Thursday, May 23 at 9 a.m.

Spring programs run from
March to June

Summer programs run from
July to September

Register online

The easiest way to register!

Visit Register.Oshawa.ca to log in to your account and register for recreation programs online.

New users can create an account by visiting Register.oshawa.ca and selecting create account.

Register in person

In-person registration will be available at the Civic Recreation Complex, Delpark Homes Centre, Donevan Recreation Complex and South Oshawa Community Centre.

Visit a recreation facility with your [registration form](#). Payments with cash, debit, credit card or cheque payable to the City of Oshawa are accepted.



Registration

Having difficulty registering online? Call us at 905-436-3311 or visit [Oshawa.ca/RegistrationHelp](https://www.oshawa.ca/RegistrationHelp) to learn how to successfully register for programs on activeOshawa Online!

When registering in-person, a [registration form](#) is required. Complete the registration form in its entirety and sign the waiver. Full payment is required at the time of registration.

Registrations will not be accepted on accounts that have an outstanding balance.

An administrative fee of \$50 will be charged for all payments returned by the bank. Cheques will not be accepted as the replacement form of payment.

Program changes

The City of Oshawa reserves the right to cancel, postpone or combine classes, limit or increase registration, as well as change the time, location or instructor, if required.

Prices in this Guide

The fees listed include program fees and applicable taxes. Some programs may require the purchase of basic supplies (i.e. art supplies). A detailed list will be emailed to registrants prior to the program starting for programs requiring supplies.

All program fees are subject to change. Where discrepancies in fees appear, the registration system will be taken as the correct fee.

Program cancellations

Programs may be cancelled due to low registration, or circumstances beyond our control. If this situation occurs, you may transfer free of charge to another program (subject to availability) or receive a full credit or refund.

Refund procedure

Participants must complete a [Refund Request Form](#) to begin the refund process.

Full refunds (or credits on account)

Participants will receive a full refund if:

- The program is cancelled by Recreation Services
- The participant withdraws from a program seven days prior to the start of the program

Partial refunds (or credits on account)

Participants will receive a partial refund if a refund request is received and the participant withdraws from a program less than seven days prior to the program start date and before the second class.

All partial refunds will be pro-rated on the percentage of the program remaining at the time the refund request is received or the program is cancelled, and subject to a \$12 administration fee. Administration fees are waived if the participant accepts a credit on their account for the amount of the eligible refund.

Refunds are not issued for refund requests received after the second class of a program, unless for medical reasons. In the case of a medical reason, a verified doctor's note is required to be submitted at the time of the request.

Age specifications

Participants must be the minimum required age at the start of the program.

For more information about registration, withdrawing from a course and refund policies, visit [Oshawa.ca/activeOshawa](https://www.oshawa.ca/activeOshawa).

Participants are encouraged to register online at [Register.Oshawa.ca](https://www.oshawa.ca/Register.Oshawa.ca).

Missed classes

In the event a program registrant is unable to attend a class, make-up classes will not be offered and a refund will not be issued.

Waitlists

If your preferred program is full, we recommend being placed on the waitlist. If a space becomes available, registrants will be contacted in order of being placed on the waitlist and offered the available space. There is no charge for being added to the waitlist. If you are already registered in a program and wish to transfer to the now available waitlisted program you may do so for no additional charge.

Financial assistance

Oshawa residents may be eligible to receive financial assistance based on annual income to assist with the cost of participation in our programs. The Access to Recreation Subsidy Programs have a variety of financial assistance programs for Oshawa residents. Verify your eligibility by contacting a Supervisor at a recreation facility. For more information about the Access to Recreation Program, visit Oshawa.ca/Subsidy.

Participant responsibilities

All participants are expected to do their part by showing respect for all people and property while attending a City of Oshawa program. Please report any incidents and concerns to staff. Coarse language, bullying, non-compliance, aggressive or inappropriate behaviour is not permitted. These behaviours will be documented, reported and could result in the removal of a participant from the program. Learn more at Oshawa.ca/RespectCheck.

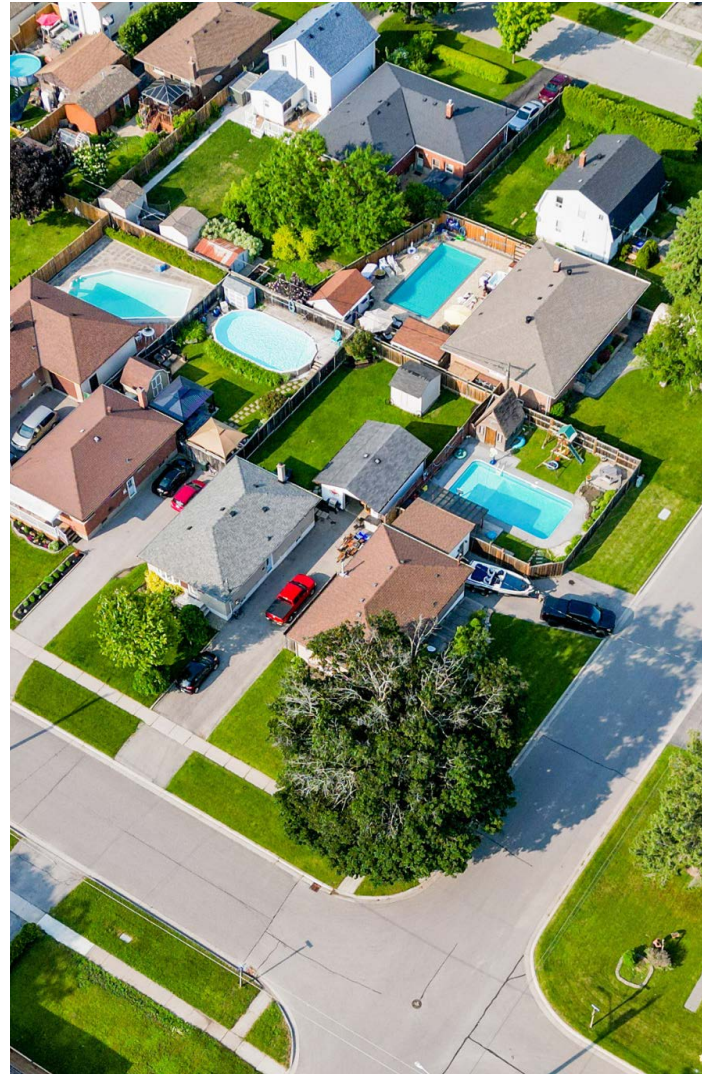


About our staff

All staff are carefully selected based on their program/ professional experience, leadership skills, enthusiasm and sound judgment.

Qualifications include:

- Extensive pre-program training
- Satisfactory Police Vulnerable Sector Check



Follow City of Oshawa on social media for the most up-to-date information on activeOshawa news, program updates, and events [@oshawacity](https://twitter.com/oshawacity).

Our facilities

For City recreation facility hours, visit Facilities.Oshawa.ca.



Arts Resource Centre
45 Queen St. | 905-436-5654



Donevan Recreation Complex
171 Harmony Rd. S. | 905-725-3536



Civic Recreation Complex
99 Thornton Rd. S. | 905-436-5454



Northview Community Centre
150 Beatrice St. E. | 905-432-1984



Delpark Homes Centre
1661 Harmony Rd. N. | 905-436-5455



South Oshawa Community Centre
1455 Cedar St. | 905-436-5474



Our splash pads

Baker Park

151 Baker Ct.

Cordova Valley Park

811 Glen St.

Deer Valley Park

870 Deer Valley Dr.

Delpark Homes Centre

1661 Harmony Rd. N.

Easton Park

900 Adelaide Ave. E.

Glen Stewart Park

201 Cabot St.

Lakeview Park

1500 Simcoe St. S.

Lake Vista Park

450 Emerald Ave.

Mackenzie Park

1234 Athabasca St.

Northview Park

1196 Ritson Rd. N.

Pinecrest Park

1350 Beatrice St. E.

Sandy Hawley Park

2500 Kentucky Derby Way

Our outdoor locations

Camp Samac Pool

275 Conlin Rd. E.

Lakeview Park Beach

1500 Simcoe St. S.

Northway Court Park

922 Oshawa Blvd. N.

North Oshawa Park

1139 Mary St. N.

Stone Street Park

1535 Cedar St.

For more information about City splash pads, visit Oshawa.ca/Splashpads.

 Looking for a park, playground or recreation facility?
Facilities.Oshawa.ca

Thank you to our facility partners



Delpark Homes Centre



Tribute Communities Centre



Delpark Homes Centre - Arena Pad 2



Delpark Homes Centre - Arena Pad 3



Donevan Recreation Complex Arena

Thank you to our event sponsors



Atria Development

Cashew & Clive

CRCS-DKI

Durham College

Durham Radio

Gervais Party Rentals

Harmony Hill Retirement Community

Hinchey Homes Real Estate

HOPA Ports

Jubilee Pavilion

Lovell Drugs

Ontario Motor Sales

Ontario Power Generation

Ontario Tech University

Peacock Lumber

Ren's Pets

Swish

TD Bank

Trent University

Tribute Communities

Vandermeer Nursery

The City of Oshawa's community partnerships program offers many unique and highly visible sponsorship and advertising opportunities across the City's network of award-winning facilities, special events and community programs.



To find out more on how your business can participate, contact our Community Partnerships Manager at MHollett@oshawa.ca or at 905-436-3311 ext. 2678.

2024 City of Oshawa Spring/Summer Events

Upcoming Events



March 8	Centennial Anniversary Celebration
April 23	Communities With Brooms
May 4	Doors Open
May 25	Mayor's Clean Up
June 1	Indigenous Cultural Celebration
June to September	Events In The Park
June 8 & 9	Peony Festival
June 22	Mayor's Clean Up
July 1	Canada Day
August 23	Kars On King
September 7	Mayor's Clean Up

For more information,
visit Oshawa.ca/Events



fitness memberships

fitness memberships

Gain access to fitness classes, indoor/outdoor tracks, courts, pools, rinks, drop-in programs and fitness centres.

Our Fitness Membership and Membership Add-on options allow you to customize your membership to meet your fitness goals.

Level 2: All Inclusive Membership



Includes access to all fitness centres, year-round, unlimited fitness classes, racquet sports add-on, discounted personal training services, indoor/outdoor track access, leisure swimming, skating and drop-in sports programs. Register to your class of choice to reserve your spot. Some conditions apply, learn more at Oshawa.ca/Membership.

Level 2: Fitness Centre Membership



All the services of the Level 1 plus access to the Fitness Centres at the Civic Recreation Complex, Delpark Homes Centre and South Oshawa Community Centre. Some conditions apply, learn more at Oshawa.ca/Membership.

Level 1: Swim, Skate and Walk Membership



Unlimited admission to our leisure swimming, skating and drop-in sports programs. As well as access to our indoor and outdoor tracks, the Civic Recreation Complex Rec Room and South Oshawa Community Centre Youth Room. Learn more at Oshawa.ca/Membership.

Group Fitness Add-on: \$42.94 per member

Includes free registration to all regular Group Fitness classes and a 50% discount on Specialty Fitness and Aquafit classes. This add-on can be purchased before the start of the spring or summer program session.



Racquet Sport Add-on

Includes advance court booking privileges and reduced court fee for tennis and squash.

Annual	1 month	3 month	6 month
\$168.01	\$14.13	\$42.94	\$84



Advantage



Advantage

With the All-inclusive or Fitness Centre membership, receive discounts on personal training, smart start packages and fitness assessments

Level 2: All Inclusive Membership

	Youth/ Full-Time Student	Adult 18 years+	Family	Senior Oshawa Resident 65+
Annual	\$419.95	\$549.04	\$1035.03	\$381.04
3 month	\$144.92	\$196.62	\$379.96	\$127.97
6 month	\$237.03	\$313.51	\$601.52	\$213.03

Level 2: Fitness Centre Membership

	Youth/ Full-Time Student	Adult 18 years+	Family	Senior Oshawa Resident 65+
Annual	\$269.98	\$402.05	\$741.05	\$218.99
1 month	\$42.94	\$64.41	\$139.27	\$35.03
3 month	\$107.07	\$160.46	\$307.64	\$88.14
6 month	\$160.48	\$241.50	\$456.02	\$130.52

Level 1: Swim, Skate and Walk Membership

	Youth/ Full-Time Student	Adult 18 years+	Family	Senior Oshawa Resident 65+
Annual	\$152.96	\$234.05	\$339.00	\$60.00
1 month	\$24.30	\$37.57	\$80.23	\$9.61
3 month	\$60.17	\$93.79	\$168.65	\$24.01
6 month	\$93.02	\$141.02	\$247.47	\$30.00

Fitness membership details

- All fitness centre users between the ages 13-17 must complete the Teen Weight Training course. See page 37.
- All membership and admission rates are subject to change.
- Family admission/passes are restricted to two adults and children (17 years of age and younger) living at the same residence. Proof of age required at the time of purchase.
- Memberships do not include Shinny Hockey or Civic Fieldhouse drop-ins after 5 p.m. or on weekends.
- Adult rates apply to non-resident seniors 65 years and older.
- Classes are limited by room/pool capacity. Most classes are on a first come, first served basis.

Court and track

Court Rental Rates

Tennis and squash courts are available at the Civic Recreation Complex.

Court rental	Member fee	Non-member fee
Squash - 40 minutes	\$2.99	\$20.00
Tennis - 60 minutes	\$16.00	\$34.00
Tennis- 60 minutes (June to August)	\$10.00	\$28.00
Court No Show Fee	\$12.00	\$12.00

Indoor and Outdoor Tracks

The City has 3 tracks available at all fitness membership levels or through general admission.

Civic Recreation Complex		Delpark Homes Centre
Outdoor track <i>400m Mondo track, 8 lanes</i>	Indoor track <i>225m Mondo track, 4 lanes</i>	Indoor walking track <i>130m, 2 lanes</i>

Learn more about indoor and outdoor tracks at Oshawa.ca/Tracks.

Personal Training

Training Packages & Programs

Smart Start Package

Our fitness team will evaluate your fitness level and create a training program specifically for you. You will receive 1 fitness assessment and 1 personal training session in which a certified personal trainer will walk you through your training program.

Non-Member Fee	\$109.62
Member Fee	\$93.18

Personal Training Fees

Personal training sessions are up to 60 minutes.

	1 session	2 sessions	5 sessions	10 sessions
Non-Member Fee	\$56.50	\$109.62	\$272.35	\$483.60
Member Fee	\$48.03	\$93.18	\$231.50	\$411.10



Inclusion Support Program

.....

The City of Oshawa is dedicated to providing accessible and inclusive recreation opportunities for participants of all abilities.

1:1 or 1:2 support can be requested for participants who benefit from additional support to be successful in a typical recreation program. Requests are fulfilled in order of request and based on the availability of appropriate inclusion staff. Support is not guaranteed.

How do I know if inclusion support is required?

Inclusion support may be beneficial if the participant:

- Receives additional support at school
- Receives support at home for basic care
- Engages in behaviour that could affect the safety of themselves or others
- Is associated with a support agency

Participant information prior to start of programs:

To promote success, all participants that access inclusion services are required to complete and return the following forms which can be found at Oshawa.ca/InclusionServices or by request from any recreation facility.

- Confidential Participant Information
- Consent to Care (if required)
- Outside Support Worker Release (if required)
- Medication Administration Request (if required)
- Consent for Assistance in Administering an Epi-Pen (if required)

To request inclusion support for aquatic programs, email recinclusionservices@oshawa.ca.

Requesting Inclusion Support

Registered Programs

To request inclusion support for a spring or summer registered program in arts & crafts, dance, drama & music, fitness or sports, participants must register in their preferred course and following inclusion support course:

Spring Inclusion Support	Summer Inclusion Support
40094	40095

March Break Camps

To request inclusion support for a March Break camp, campers must register in the camp and following inclusion support course: [38875](#)

Summer Camps

To request inclusion support for a summer camp, campers must register in a week of camp and the following inclusion support course that corresponds with that week:

	Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26
	41334	41337	41343	41347
Jul 29 -Aug 2	Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
41348	41351	41353	41356	41360

Flip to page 52 to see our latest March Break and Summer Camps.

Inclusion Support Participant Profile

To complete an inclusion support request, an Inclusion Participant Profile must be on file with the Inclusion Coordinator. To access the form please visit Oshawa.ca/InclusionServices.

The Inclusion Coordinator will confirm if the request for inclusion support has been satisfied. Participants may provide their own support staff to assist if desired.



Inclusion Services Registered Programs



The City of Oshawa offers inclusive registered programs designed for participants of all abilities. These programs range from inclusive swimming lessons to fitness, sports and camp programs.

Inclusion Services - Camps

Adaptive Camp

Designed for those 14 years of age and older with physical and or developmental needs, including autism. Participants must be able to:

- Complete activities of daily living independently or with minimal verbal prompts.
- Transition between activities and locations with ease.
- Participate safely with an instructor to participant ratio of 1:3.

Campers will have opportunities to participate in a wide range of activities that will be adapted to their abilities and interests in a sensory friendly environment. Campers will swim daily.

Age: 14 to 19 years

Location: Civic Recreation Complex

Inclusion Services - Fitness

Inclusion Services - Adult Strength Training

Engage in a basic strength training program designed for adults wanting to learn the fundamentals of strength training. Work with a certified personal trainer to develop an exercise program specifically targeted to meet personal goals. Designed for those with a mild developmental/intellectual disability, including autism. Participants must be able to manage changing and toileting independently and be able to manage in a supported group environment with a 1:3 ratio, unless attending with their own support worker. Completion of an Inclusion Participant Profile is required. Program is not included in Level 2 Fitness All-Inclusive or Group Fitness Add-on memberships.

Age: 15 to 20 years

Location: South Oshawa Community Centre

Inclusion Services - Social

Inclusion Services - Youth Group

Designed for those 15 years of age and older with physical and or developmental needs, including autism. Participants must be able to:

- Complete activities of daily living independently or with minimal verbal prompts.
- Transition between activities and locations with ease.
- Participate safely with an instructor to participant ratio of 1:4.

Participants will have the opportunity to participate in a wide range of activities that will be adapted to their abilities and interests in a sensory friendly environment.

Age: 15 to 19 years

Location: Civic Recreation Complex

Inclusion Services - Sports

Inclusion Services - Junior Sports

Younger athletes try their hand or foot at fun sports. Hockey, soccer, basketball, and many other sports make this course a ton of fun! Designed for children with physical and/or developmental needs, including autism. Active participation by the caregiver is required.

Age: 2 to 6 years

Location: Delpark Homes Centre

Inclusion Services - Totnastics

Join in a fun, structured environment where children develop and explore body awareness, gross motor skills, and coordination through active play and creative movement using mats, climbers, trampolines, and balance beams. Designed for children with physical and/or developmental needs, including autism. Active participation by the caregiver is required.

Age: 4 to 6 years

Location: Delpark Homes Centre


Inclusion Services - Multi-Sport - Family

Each week families will have the opportunity to learn the rules, practice the fundamental skills and engage in game play of a different sport. This course is designed for children with physical/and or developmental needs including autism and their family, inclusive of siblings. Active participation by the family as a whole is a goal of this program.

Age: 4 to 12 years

Location: Northview Community Centre

 Parented program

 Eligible for financial assistance

 Inclusion Services Support available



Inclusion Services - Swimming

Private Swim - Inclusion

This program is specifically designed for children and youth with special needs and incorporates an adapted aquatics approach to swimming lessons based on the individual's requirements. Once participants are registered, the Inclusion Coordinator will be in contact to arrange the required screening prior to the first lesson.

Age: 3 to 19 years

Location: Delpark Homes Centre, South Oshawa Community Centre

Inclusion Services - Multi-Sport - Child

Each week participants will have the opportunity to learn the rules, practice the fundamental skills and engage in game play of a different sport. This program is designed for neurodivergent children who can participate safely with an instructor to participant ratio of 1:4.

Age: 8 to 12 years

Location: Northview Community Centre

Inclusion Services - Let's Move

Keep up a physically active lifestyle by laying a solid foundation of fundamental movement skills. The class will keep participants moving to help increase their daily physical activity time by engaging them in fun, individual and group based activities to burn energy! Designed for participants with physical and/or developmental needs, including autism, that can participate independently with some prompting.

Age: 12 to 18 years

Location: Delpark Homes Centre

Let's
stay
in touch!



SCAN ME

News, events
and alerts in
your inbox

Oshawa.ca/Subscribe



Spring Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Inclusive Services - Fitness								
Adult Strength Training	15-20 yrs	SOCC	Wed	May 8 -May 29	5:30 p.m. -6:25 p.m.	4	41566	\$55.20
Adult Strength Training	15-20 yrs	SOCC	Wed	May 8 -May 29	6:30 p.m. -7:25 p.m.	4	41567	\$55.20
Inclusive Services - Social								
Youth Group	15-19 yrs	CRC	Tue	Apr 2 -Apr 23	5:30 p.m. -7:30 p.m.	4	41565	\$97.60
Inclusive - Sports								
Junior Sports	2-6 yrs	DHC	Sun	Apr 7 -Jun 2	10:45 a.m. -11:30 a.m.	8	40137	\$44.40
Totnastics	4-6 yrs	DHC	Sat	Apr 6 -Jun 1	10:45 a.m. -11:30 a.m.	8	40136	\$44.40
Multi-Sport - Family	4-12 yrs	NCC	Sat	Apr 27 -Jun 1	1:30 p.m. -2:15 p.m.	6	42214	\$34.20
Multi-Sport - Child	8-12 yrs	NCC	Sat	Apr 27 -Jun 1	12:30 p.m. -1:15 p.m.	6	42211	\$34.20
Let's Move	12-18 yrs	DHC	Thu	Apr 4 -Jun 6	7:00 p.m. -7:45 p.m.	10	40139	\$45.00
Inclusive Services - Swimming								
Private Swim - Inclusion	3-19 yrs	DHC	Fri	Apr 5 -Jun 7	5:00 p.m.	10	42963	\$170.00
Private Swim - Inclusion	3-19 yrs	DHC	Fri	Apr 5 -Jun 7	5:30 p.m.	10	42964	\$170.00
Private Swim - Inclusion	3-19 yrs	DHC	Fri	Apr 5 -Jun 7	6:00 p.m.	10	42965	\$170.00
Private Swim - Inclusion	3-19 yrs	DHC	Fri	Apr 5 -Jun 7	6:30 p.m.	10	42966	\$170.00
Private Swim - Inclusion	3-19 yrs	SOCC	Wed	Apr 3 -Jun 5	4:30 p.m.	10	40079	\$170.00
Private Swim - Inclusion	3-19 yrs	SOCC	Wed	Apr 3 -Jun 5	5:00 p.m.	10	40080	\$170.00
Private Swim - Inclusion	3-19 yrs	SOCC	Wed	Apr 3 -Jun 5	5:30 p.m.	10	40081	\$170.00
Private Swim - Inclusion	3-19 yrs	SOCC	Wed	Apr 3 -Jun 5	6:00 p.m.	10	40082	\$170.00

Activity Schedules



Leisure offerings include swimming, skating, soccer, basketball, tennis and much more!

To view our activity schedules visit Register.Oshawa.ca



ARC - Arts Resource Centre CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex
 NCC - Northview Community Centre SOCC - South Oshawa Community Centre

Summer Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Inclusive Services - Camps								
Adaptive Camp	14 -19 yrs	CRC	Mon-Fri	Jul 8 -Jul 12	10:00 a.m. -4:00 p.m.	5	41328	\$156.00
Adaptive Camp	14 -19 yrs	CRC	Mon-Fri	Jul 22 -Jul 26	10:00 a.m. -4:00 p.m.	5	41329	\$156.00
Adaptive Camp	14 -19 yrs	CRC	Tue-Fri	Aug 6 -Aug 9	10:00 a.m. -4:00 p.m.	4	41330	\$124.80
Adaptive Camp	14 -19 yrs	CRC	Mon-Fri	Aug 19 -Aug 23	10:00 a.m. -4:00 p.m.	5	41331	\$156.00
Inclusive Services - Swimming								
Private Swim - Inclusion	3-19 yrs	DHC	Fri	Jul 5 -Aug 23	4:00 p.m.	8	42170	\$136.00
Private Swim - Inclusion	3-19 yrs	DHC	Fri	Jul 5 -Aug 23	4:30 p.m.	8	42171	\$136.00
Private Swim - Inclusion	3-19 yrs	DHC	Fri	Jul 5 -Aug 23	5:00 p.m.	8	42172	\$136.00
Private Swim - Inclusion	3-19 yrs	DHC	Fri	Jul 5 -Aug 23	5:30 p.m.	8	42173	\$136.00
Private Swim - Inclusion	3-19 yrs	DHC	Fri	Jul 5 -Aug 23	6:00 p.m.	8	42174	\$136.00
Private Swim - Inclusion	3-19 yrs	SOCC	Wed	Jul 3 -Aug 28	4:30 p.m.	9	42895	\$153.00
Private Swim - Inclusion	3-19 yrs	SOCC	Wed	Jul 3 -Aug 28	5:00 p.m.	9	42896	\$153.00
Private Swim - Inclusion	3-19 yrs	SOCC	Wed	Jul 3 -Aug 28	5:30 p.m.	9	42897	\$153.00
Private Swim - Inclusion	3-19 yrs	SOCC	Wed	Jul 3 -Aug 28	6:00 p.m.	9	42898	\$153.00

activeOshawa

Inclusion Private Swim Lessons

Grandview Special Needs Private Swimming Lessons has transitioned to Inclusion Private Swimming Lessons with the City of Oshawa.

Learn how this change will impact you at Oshawa.ca/InclusionServices



SCAN ME

registered programs

registered programs

The City offers many registered programs for families, children, youth and adults.

Registration dates

Spring

.....

General Programs

Thursday, February 22 at 9 a.m.

**Spring programs run from
March to June**

Summer

.....

General Programs

Thursday, May 23 at 9 a.m.

**Summer programs run from
July to September**

Register online

The easiest way to register!

Visit Register.Oshawa.ca to log in to your account and register for recreation programs online.

New users can create an account by visiting Register.oshawa.ca and selecting create account.

Before you go, you should know

Parented programs

- Some programs require parents/guardians to actively participate
- Look out for parented program symbol **P**

Ice programs

- CSA approved hockey helmets are required for all on-ice programs
- Participants under 18 years must wear CSA approved helmets with a full mask



family & parented programs

Preschool

Totnastics - Parented \$ P

Join in a fun, structured environment where children develop and explore body awareness, gross motor skills, and coordination through active play and creative movement using mats, trampolines, and balance beams.

Age: 2 to 3 years

Location: Delpark Homes Centre, Northview Community Centre

Mini Muck & Mess - Parented \$ P

Create works of art that are crazy, fun, and too messy to make at home! An active art program for preschoolers to use their imagination and be creative.

Age: 2 to 4 years

Location: Delpark Homes Centre, South Oshawa Community Centre

NEW

Tinkergarten \$ P

Join us for an hour of outdoor play based learning. Get up and get moving as we explore nature through crafts, independent exploration, risk taking, and getting a bit dirty. Parent participation is required. Programming will be weather dependent.

Age: 2 to 4 years

Location: Delpark Homes Centre



Fitness

Little Yogis \$ P

Yoga can help younger children learn how to use their bodies in a healthy way, manage stress through breathing, body awareness, meditation and healthy movement techniques, build concentration, increase their confidence and positive self-image, and feel like they are part of a healthy, non-competitive group.

Age: Child 4 to 7 years, Adult 15 years +

Location: South Oshawa Community Centre

AquaFit - Diaper Fit \$ P

Water exercise for parent and infant. Classes include a warm-up, aerobics, muscle conditioning exercises, and a cool-down. Infant will be in baby boat for support during the class and will be part of the exercise program.

Age: 15 years +

Location: Delpark Homes Centre

Yoga - Mother & Daughter \$ P

Develop physical strength, endurance, flexibility, and learn basic yoga moves while spending quality time with your family. A yoga mat and warm clothing are recommended.

Age: Child 10 to 15 years, Adult 16 years +

Location: Donevan Recreation Complex

P Parented program

\$ Eligible for financial assistance

i Inclusion Services Support available

Sports

Junior Sports - Parented 💰 P

Younger athletes try their hand or foot at fun sports. Hockey, soccer, basketball, and many other sports make this course a ton of fun!

Age: 2 to 3 years

Location: Delpark Homes Centre, South Oshawa Community Centre

Sportball Multi-Sport - Parented 💰 P

Multi-sport programs focus on skill development in floor hockey, baseball, basketball, soccer, tennis, volleyball, and golf. Programs are creative, non-competitive, and help children build self-esteem and prepare for a future of confident sports participation. Parents are required to actively participate with their child.

Age: 2 to 3 years

Location: Delpark Homes Centre, South Oshawa Community Centre

Sportball Multi-Sport Outdoor - Parented 💰 P

Children will participate in a different sport each week. Programs are creative, non-competitive, and help children build self-esteem and prepare for a future of confident sports participation. Parents are required to actively participate with their child.

Age: 2 to 3 years

Location: North Oshawa Park

Sportball Soccer Outdoor - Parented 💰 P

Learn the fundamentals of soccer in a non-competitive environment and receive a cool soccer jersey to keep.

Age: 2 to 3 years

Location: Northway Court Park



Learn to Skate - Parent & Child 💰 P

New skaters are introduced to the fundamental skating skills with the assistance of a parent. Instructors lead parents and children through various games and activities to make the child reach a comfort level on the ice. Parents must have competent skating ability in order to help their child during the program and may only accompany one child on the ice. All program participants (adult and child) must wear a CSA approved hockey helmet on the ice. Bicycle and ski helmets are not permitted. A face mask and gloves/mitts are strongly recommended.

Age: 2 to 5 years

Location: Delpark Homes Centre

Hockey Skills - Parent & Child 💰 P

First time hockey players are introduced to the fundamentals of hockey through drills and activities in a fun learning environment. Participants need full hockey equipment including a CSA approved hockey helmet with full face mask and neck guard. Parents are required to wear a CSA approved hockey helmet and must have competent skating ability in order to help their child during the program.

Age: 3 to 5 years

Location: Delpark Homes Centre

Spring Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Fitness								
Little Yogis (Child Participant)	4-7 yrs	SOCC	Sun	Mar 24 -Jun 23	12:15 p.m. -12:45 p.m.	13	40599	\$28.60
Little Yogis (Adult Participant)	15 yrs +	SOCC	Sun	Mar 24 -Jun 23	12:15 p.m. -12:45 p.m.	13	40595	\$60.19
Yoga - Mother & Daughter (Child Participant)	10-15 yrs	DRC	Mon	Apr 8 -Jun 10	7:05 p.m. -8:00 p.m.	9	42190	\$39.60
Yoga - Mother & Daughter (Adult Participant)	16 yrs +	DRC	Mon	Apr 8 -Jun 10	7:05 p.m. -8:00 p.m.	9	42189	\$83.43
Aquafit - Diaper Fit	15 yrs +	DHC	Wed	Apr 3 -Jun 5	1:00 p.m. -1:45 p.m.	10	41125	\$93.20
Aquafit - Diaper Fit	15 yrs +	DHC	Mon	Apr 8 -Jun 17	1:00 p.m. -1:45 p.m.	10	41124	\$93.20
Preschool								
Totnastics - Parented	2-3 yrs	DHC	Wed	Apr 3 -Jun 5	10:00 a.m. -10:45 a.m.	10	39900	\$55.50
Totnastics - Parented	2-3 yrs	DHC	Wed	Apr 3 -Jun 5	10:50 a.m. -11:35 a.m.	10	39901	\$55.50
Totnastics - Parented	2-3 yrs	DHC	Thu	Apr 4 -Jun 6	9:15 a.m. -10:00 a.m.	10	39902	\$55.50
Totnastics - Parented	2-3 yrs	DHC	Thu	Apr 4 -Jun 6	10:15 a.m. -11:00 a.m.	10	39903	\$55.50
Totnastics - Parented	2-3 yrs	DHC	Sat	Apr 6 -Jun 1	9:00 a.m. -9:45 a.m.	8	39904	\$44.40
Totnastics - Parented	2-3 yrs	DHC	Sat	Apr 6 -Jun 1	9:50 a.m. -10:35 a.m.	8	39905	\$44.40
Totnastics - Parented	2-3 yrs	NCC	Sat	Apr 6 -Jun 8	9:00 a.m. -9:45 a.m.	9	42055	\$49.95
Mini Muck & Mess - Parented	2-4 yrs	DHC	Sat	Apr 6 -Jun 8	10:15 a.m. -11:00 a.m.	9	41861	\$49.95
Mini Muck & Mess - Parented	2-4 yrs	SOCC	Mon	Apr 8 -Jun 10	3:30 p.m. -4:15 p.m.	9	40624	\$49.95
Tinkergarten	2-4 yrs	DHC	Mon	Apr 22 -Jun 3	9:30 a.m. -10:30 a.m.	6	40193	\$44.40
Tinkergarten	2-4 yrs	DHC	Mon	Apr 22 -Jun 3	10:45 a.m. -11:45 a.m.	6	40194	\$44.40
Sports								
Junior Sports - Parented	2-3 yrs	SOCC	Sat	Apr 6 -Jun 8	11:45 a.m. -12:30 p.m.	9	42387	\$49.95
Junior Sports - Parented	2-3 yrs	SOCC	Sun	Apr 7 -Jun 9	9:30 a.m. -10:15 a.m.	9	40630	\$49.95
Junior Sports - Parented	2-3 yrs	DHC	Tue	Apr 2 -Jun 4	9:15 a.m. -10:00 a.m.	10	39906	\$55.50
Junior Sports - Parented	2-3 yrs	DHC	Tue	Apr 2 -Jun 4	10:15 a.m. -11:00 a.m.	10	39907	\$55.50
Junior Sports - Parented	2-3 yrs	DHC	Sun	Apr 7 -Jun 2	9:00 a.m. -9:45 a.m.	8	39908	\$44.40
Junior Sports - Parented	2-3 yrs	DHC	Sun	Apr 7 -Jun 2	9:50 a.m. -10:35 a.m.	8	39909	\$44.40
Sportball Multi-Sport - Parented	2-3 yrs	DHC	Tue	Apr 2 -Jun 4	4:45 p.m. -5:30 p.m.	10	40337	\$208.30
Sportball Multi-Sport - Parented	2-3 yrs	SOCC	Sat	Apr 6 -Jun 15	4:00 p.m. -4:45 p.m.	10	40846	\$208.30
Sportball Soccer Outdoor - Parented	2-3 yrs	NCP	Wed	May 15 -Jun 19	5:00 p.m. -5:45 p.m.	6	40343	\$124.98
Learn to Skate - Parent & Child	2-5 yrs	DHC	Thu	Apr 4 -Jun 6	5:00 p.m. -5:50 p.m.	10	41422	\$110.00
Learn to Skate - Parent & Child	2-5 yrs	DHC	Sat	Apr 6 -Jun 8	9:00 a.m. -9:50 a.m.	9	41427	\$99.00
Hockey Skills - Parent & Child	3-5 yrs	DHC	Wed	Apr 3 -Jun 5	6:00 p.m. -6:50 p.m.	10	41419	\$110.00

ARC - Arts Resource Centre CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex
 NCP - Northway Court Park NOP - North Oshawa Park NCC - Northview Community Centre SOCC - South Oshawa Community Centre

Summer Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Sports								
Sportball Multi-Sport Outdoor - Parented	2-3 yrs	NOP	Thu	Jul 4 -Aug 29	9:15 a.m. -10:00 a.m.	9	40364	\$187.47
Sportball Soccer Outdoor - Parented	2-3 yrs	NCP	Tue	Jul 2 -Aug 27	5:15 p.m. -6:00 p.m.	9	40363	\$187.47
Learn to Skate - Parent & Child	2-5 yrs	DHC	Tue	Jul 2 -Aug 20	6:00 p.m. -6:50 p.m.	8	41431	\$88.00




MIDWAY NISSAN
FOR ALL YOUR AUTOMOTIVE NEEDS

DURHAM REGION'S #1 VOLUME NISSAN NEW & CERTIFIED PRE-OWNED VEHICLE SUPERSTORE

PROUDLY SERVING OSHAWA AND THE DURHAM REGION SINCE 1965

SERVICING ALL MAKES AND MODELS. | NISSAN EXPRESS SERVICE - NO APPOINTMENTS NEEDED.

NEW VEHICLE SPECIAL

3 YEAR

OIL CHANGE PLAN

WITH THE LEASE/FINANCE OF ANY NEW VEHICLE

*OFFER VALID WITH THIS AD. CONDITIONS APPLY. SEE STORE FOR FULL DETAILS.

USED VEHICLE SPECIAL

2 YEAR

OIL CHANGE PLAN

WITH ALL NISSAN REGISTERED CPO VEHICLE PURCHASES

*OFFER VALID WITH THIS AD. CONDITIONS APPLY. SEE STORE FOR FULL DETAILS.

SERVICE SPECIAL

\$20 OFF

OIL CHANGE

*OFFER VALID WITH THIS AD. CONDITIONS APPLY. SEE STORE FOR FULL DETAILS.



SCAN ME

SCAN HERE TO
BOOK YOUR APPOINTMENTS
OR CHAT WITH OUR TEAM

www.midwaynissan.ca

(905) 668-6828

1300 Dundas St E, Whitby, ON L1N 2K5

ARC - Arts Resource Centre CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex
 NCP - Northway Court Park NOP - North Oshawa Park NCC - Northview Community Centre SOCC - South Oshawa Community Centre

child programs

ages 4-12

.....

Arts & Crafts

Crafty Kids

A fun-filled session of crafts, colouring, sculpting, and painting to bring imagination to life through art. A masterpiece is created each week to take home and put on display.

Age: 3 to 5 years

**Location: Delpark Homes Centre,
Donevan Recreation Complex**

Muck & Mess

Create works of art that are crazy, fun, and too messy to make at home! An active art program for preschoolers to use their imagination and be creative.

Age: 3 to 5 years

**Location: Delpark Homes Centre,
Donevan Recreation Complex**



Comic Book Creation

Learn the basics of planning, designing, and creating your own graphic novels and comic book strips. Participants will create a plot and transform it into their very own illustrated story.

Age: 5 to 9 years

Location: Donevan Recreation Complex

Drawing Skills - Junior

Learn the basic techniques needed to draw portraits, landscapes, and abstract drawings using media such as pencils, markers, pastels, and charcoal.

Age: 5 to 9 years

**Location: Arts Resource Centre, Delpark Homes
Centre, Donevan Recreation Complex**

Pottery - Child/Youth - Level 1

An introduction to pottery using basic hand building techniques. Participants will be encouraged to use their imaginations to create themed projects.

Age: 5 to 9 years, 6 to 12 years

Location: Arts Resource Centre


Art Exploration - Child/Youth

An exploration of various creative mediums including sculpting, drawing, and painting. Class material will be based around popular themes.

Age: 6 to 12 years

**Location: Civic Recreation Complex, Delpark
Homes Centre**

 Parented program

 Eligible for financial assistance

 Inclusion Services Support available

Cartooning - Beginner

Learn the basics of cartoon drawing such as facial expressions, costume designs, and caricatures. Participants will be encouraged to use their imagination to create different cartoon characters.

Age: 6 to 12 years

Location: Donevan Recreation Complex



Claymation

Use clay and plasticine along with your imagination to create a story, 3D characters, design backgrounds, props, or even dioramas. Working with the instructor, participants will record their creations making their very own stop motion animation.

Age: 6 to 12 years

Location: Civic Recreation Complex

Minecraft© Creations

Focused around the popular game Minecraft©. Participants will unleash their creativity by making a variety of Minecraft© projects using watercolours, drawing, painting, and sculpting.

Age: 6 to 12 years

Location: Donevan Recreation Complex

Pottery - Child/Youth - Level 2

Participants will build on their hand building techniques learned from Pottery Level 1 and explore sculpting in 3D while creating a mix of functional and sculptural work.

Age: 6 to 12 years

Location: Arts Resource Centre

Pottery Workshop - Child/Youth

Participants will learn basic hand-building techniques and explore areas of construction, design, and glazing. Participants will create one piece per workshop and all pieces will be fired and ready to take home approximately two weeks after the workshop.

Age: 5 to 9 years

Location: Arts Resource Centre

Dance



Ballet - Preschool

Children will learn the basics of ballet in this non-competitive, structured program, focusing on fun, improving balance, and enhancing coordination skills. An informal recital for family and friends will be held at the end of the course.

Age: 3 to 5 years

**Location: Delpark Homes Centre,
Donevan Recreation Complex, South Oshawa
Community Centre**

Find Your Groove

Participants use their creative minds in this unstructured environment and dance to various genres of music, interpreting instructions and suggestions provided by the instructor while experiencing the healthy benefits of being active and having fun.

Age: 3 to 5 years

Location: Donevan Recreation Complex

Hip Hop - Preschool

Introduction to the steps and moves of hip hop dancing. An informal recital for family and friends will be held at the end of the course.

Age: 3 to 5 years

**Location: Delpark Homes Centre,
Donevan Recreation Complex, South Oshawa
Community Centre**

Acro - Intro

Incorporating jumps, cartwheels, and other acrobatics this introductory program combines jazz, dance, and gymnastics. An informal recital for family and friends will be held at the end of the session.

Age: 5 to 7 years

**Location: Delpark Homes Centre, Donevan
Recreation Complex**

Ballet - Child/Youth

Aimed at improving a dancer's balance, body awareness, and graceful movement by focusing on ballet and basic body positions. An informal recital for family and friends will be held at the end of the course.

Age: 5 to 7 years

**Location: Delpark Homes Centre, Donevan
Recreation Complex**

Funky Town

A fun, recreational dance program that teaches some of the latest hip hop video dance moves. Includes cardio warm up and dance combinations to the latest radio hits. Focus is on building self-esteem and confidence in a non-competitive environment. An informal recital for family and friends will be held at the end of the course.

Age: 6 to 9 years

Location: Donevan Recreation Complex

Hip Hop - Level 1

Introduction to the steps and moves of hip hop dancing. An informal recital for family and friends will be held at the end of the course.

Age: 6 to 10 years

**Location: Delpark Homes Centre, Donevan
Recreation Complex**



Hip Hop - Level 2

Building on previous hip hop knowledge by adding funky dance moves and combinations and a more challenging dance routine. An informal recital for family and friends will be held at the end of the course.

Age: 8 to 12 years

**Location: Delpark Homes Centre, Donevan
Recreation Complex**

Drama & Music



Little Actors

Casting call for little actors ready to step into the spotlight! Songs, dances, and fairy tales are explored. Activities and games focus on co-operation, movement, voice, and imagination.

Age: 4 to 6 years

Location: Arts Resource Centre

Guitar - Child

Participants will learn the fundamentals of playing guitar including handling and tuning. Participants will progress to open chords, chord progressions, strumming, and melody reading. A guitar is required.

Age: 6 to 9 years

Location: Arts Resource Centre

Junior Actors

Activities and games will focus on co-operation, movement, voice, and imagination. Songs, dances, and fairy tales will be explored.

Age: 6 to 12 years

Location: Arts Resource Centre

Musical Theatre

Combining dancing and acting to musical numbers from popular shows, participants will practice then perform at an informal recital for family and friends at the end of the session.

Age: 6 to 12 years

Location: Arts Resource Centre

Vocal & Singing

Learn the fundamentals of singing including breathing, posture, diction, pitch, and tempo!

Age: 6 to 12 years

Location: Arts Resource Centre

Preschool

Music, Movement & Make Believe

Explore movement through music, dance, and imaginative play. The emphasis is on fun, nurturing creative imagination, social interaction, and learning through music.

Age: 3 to 5 years

Location: Arts Resource Centre


Ready, Set, School

Prepare for junior kindergarten with counting, printing, art, and social skills. Take part in circles and creative group and individual activities that are theme-based and encourage independence. Each season has a separate curriculum. Children must be toilet trained and out of diapers/pull-ups. Children may only register for one Ready, Set, School course per program session.

Age: 3 to 5 years

Location: Delpark Homes Centre

 Parented program

 Eligible for financial assistance

 Inclusion Services Support available

Sports

Sportball Multi-Sport Outdoor

Children will participate in a different sport each week. Programs are creative, non-competitive, and help children build self-esteem and prepare for a future of confident sports participation. Parents are required to remain at the field during the classes.

Age: 3 to 5 years, 5 to 9 years

Location: North Oshawa Park

Sportball Multi-Sport

Multi-sport programs focus on skill development in floor hockey, baseball, basketball, soccer, tennis, volleyball, and golf. Programs are creative, non-competitive, and help children build self-esteem and prepare for a future of confident sports participation.

Age: 3 to 5 years, 6 to 9 years

Location: Delpark Homes Centre, South Oshawa Community Centre

Sportball Soccer Outdoor

Focuses on the fundamentals of soccer, including throw-ins, passing, dribbling, and goalie skills. This program enables children to implement the soccer skills taught in order to play a soccer game with success and confidence.

Age: 3 to 5 years, 6 to 9 years

Location: Northway Court Park

T-Ball Skills

"And... it's outta here!" This fun, entry-level introduction to the game of baseball will focus on basic skill development such as throwing, catching, and hitting. Baseball gloves are mandatory for all participants.

Age: 3 to 5 years

Location: South Oshawa Community Centre



Junior Sports

Younger athletes try their hand or foot at fun sports. Hockey, soccer, basketball, and many other sports make this course a ton of fun!

Age: 4 to 6 years

Location: Delpark Homes Centre, Northview Community Centre, South Oshawa Community Centre

Learn to Skate - Child

Skating skills are taught in a progressive sequence of seven levels. New participants are assessed at the first class and assigned to the most appropriate level. Participants previously enrolled in this program should bring progress cards to the first class. All program participants must wear a CSA approved hockey helmet on the ice. Bicycle and ski helmets are not permitted. A face mask and gloves/mitts are strongly recommended.

Age: 5 to 11 years

Location: Delpark Homes Centre

Hockey Skills - Child/Youth

House league caliber and first time hockey players are taught fundamental hockey skills: stick handling, puck control, passing, and shooting. Participants must be able to skate in order to attend this program and are required to wear full hockey equipment including a CSA approved hockey helmet with full face mask and neck guard.

Age: 6 to 8 years, 9 to 12 years

Location: Delpark Homes Centre

Floor Hockey

A basic introduction to floor hockey with emphasis on stick handling, passing, team play, sportsmanship, and the rules of the game. Boys and girls are welcome! This is a non-contact program. Sticks are provided. Helmets and face masks are mandatory and must be provided by the participant.

Age: 6 to 8 years

Location: South Oshawa Community Centre

Badminton

Join friends for some fun, exercise, and learn the skills of the game! Racquets and shuttles are provided for players new to the game.

Age: 7 to 10 years

Location: Delpark Homes Centre, Northview Community Centre

Basketball

Learn the basics of basketball in a fun and friendly environment.

Age: 7 to 10 years

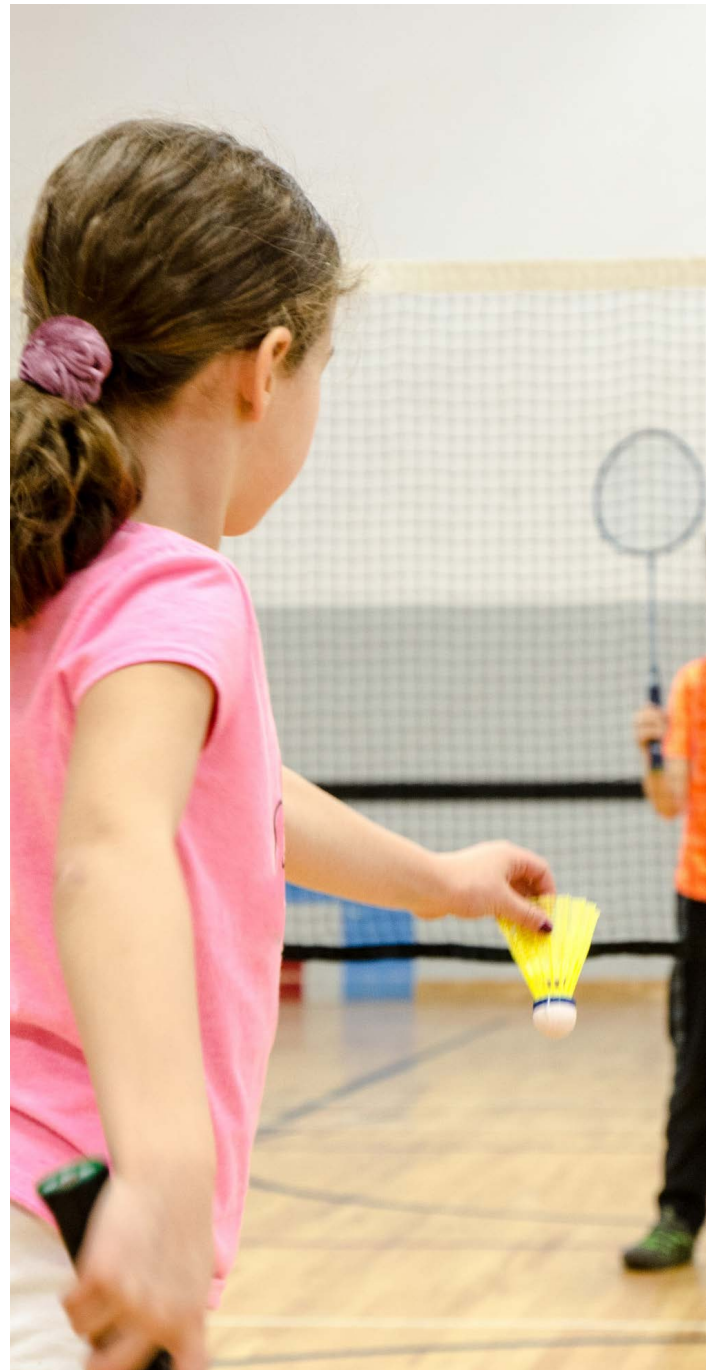
Location: Delpark Homes Centre, Northview Community Centre, South Oshawa Community Centre

Dodgeball - Child/Youth

Focuses on the game of dodgeball and incorporates different versions such as king's court, elimination dodgeball, and many more!

Age: 7 to 10 years

Location: Delpark Homes Centre, Northview Community Centre



Spring Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Arts & Crafts								
Crafty Kids	3-5 yrs	DHC	Thu	Apr 4 -Jun 6	4:45 p.m. -5:30 p.m.	10	41825	\$55.50
Crafty Kids	3-5 yrs	DRC	Wed	Apr 3 -Jun 5	5:00 p.m. -5:45 p.m.	10	41623	\$55.50
Muck & Mess	3-5 yrs	DHC	Sat	Apr 6 -Jun 8	11:15 a.m. -12:00 p.m.	9	41863	\$49.95
Muck & Mess	3-5 yrs	DRC	Wed	Apr 3 -Jun 5	6:00 p.m. -6:45 p.m.	10	41624	\$55.50
Comic Book Creation	5-9 yrs	DRC	Mon	Apr 8 -Jun 10	5:00 p.m. -6:00 p.m.	9	40232	\$95.40
Drawing Skills - Junior	5-9 yrs	DHC	Wed	Apr 3 -Jun 5	5:00 p.m. -6:00 p.m.	10	41625	\$106.00
Drawing Skills - Junior	5-9 yrs	DRC	Tue	Apr 2 -Jun 4	5:00 p.m. -6:00 p.m.	10	40277	\$106.00
Drawing Skills - Junior	5-9 yrs	DRC	Thu	Apr 4 -Jun 6	5:00 p.m. -6:00 p.m.	10	41806	\$106.00
Pottery - Child/Youth -Level 1	5-9 yrs	ARC	Mon	Apr 8 -Jun 10	5:00 p.m. -6:30 p.m.	9	40221	\$148.50
Pottery Workshop - Child/Youth	5-9 yrs	ARC	Sat	May 25	9:30 a.m. -12:30 p.m.	1	41879	\$60.00
Art Exploration - Child/Youth	6-12 yrs	CRC	Tue	Apr 2 -Jun 4	5:00 p.m. -6:00 p.m.	10	40275	\$106.00
Art Exploration - Child/Youth	6-12 yrs	DHC	Thu	Apr 4 -Jun 6	5:45 p.m. -6:45 p.m.	10	41830	\$106.00
Cartooning - Beginner	6-12 yrs	DRC	Tue	Apr 2 -Jun 4	6:15 p.m. -7:15 p.m.	10	40278	\$106.00
Claymation	6-12 yrs	CRC	Mon	Apr 8 -Jun 10	5:00 p.m. -6:00 p.m.	9	40230	\$95.40
Minecraft© Creations	6-12 yrs	DRC	Mon	Apr 8 -Jun 10	6:15 p.m. -7:15 p.m.	9	40233	\$95.40
Pottery - Child/Youth - Level 2	6-12 yrs	ARC	Thu	Apr 4 -Jun 6	5:00 p.m. -6:30 p.m.	10	42194	\$159.00
Dance								
Ballet - Preschool	3-5 yrs	DHC	Sun	Apr 7 -Jun 9	1:00 p.m. -1:30 p.m.	9	40106	\$37.80
Ballet - Preschool	3-5 yrs	DHC	Sun	Apr 7 -Jun 9	1:45 p.m. -2:15 p.m.	9	40109	\$37.80
Ballet - Preschool	3-5 yrs	DRC	Tue	Apr 2 -Jun 4	5:35 p.m. -6:05 p.m.	10	42129	\$42.00
Ballet - Preschool	3-5 yrs	DRC	Wed	Apr 3 -Jun 5	5:50 p.m. -6:20 p.m.	10	42132	\$42.00
Ballet - Preschool	3-5 yrs	DRC	Sat	Apr 6 -Jun 8	9:50 a.m. -10:20 a.m.	9	42133	\$37.80
Ballet - Preschool	3-5 yrs	DRC	Mon	Apr 8 -Jun 10	5:15 p.m. -5:45 p.m.	9	42121	\$37.80
Ballet - Preschool	3-5 yrs	SOCC	Sat	Apr 6 -Jun 8	9:15 a.m. -9:45 a.m.	9	40584	\$37.80
Ballet - Preschool	3-5 yrs	SOCC	Sat	Apr 6 -Jun 8	10:45 a.m. -11:15 a.m.	9	40591	\$37.80
Hip Hop - Preschool	3-5 yrs	DHC	Sun	Apr 7 -Jun 9	2:30 p.m. -3:00 p.m.	9	40111	\$37.80
Hip Hop - Preschool	3-5 yrs	DHC	Sun	Apr 7 -Jun 9	3:15 p.m. -3:45 p.m.	9	40113	\$37.80
Hip Hop - Preschool	3-5 yrs	DRC	Tue	Apr 2 -Jun 4	5:00 p.m. -5:30 p.m.	10	42150	\$42.00
Hip Hop - Preschool	3-5 yrs	DRC	Wed	Apr 3 -Jun 5	6:25 p.m. -6:55 p.m.	10	42153	\$42.00
Hip Hop - Preschool	3-5 yrs	DRC	Thu	Apr 4 -Jun 6	5:15 p.m. -5:45 p.m.	10	42154	\$42.00
Hip Hop - Preschool	3-5 yrs	DRC	Sat	Apr 6 -Jun 8	9:15 a.m. -9:45 a.m.	9	42155	\$37.80
Hip Hop - Preschool	3-5 yrs	DRC	Mon	Apr 8 -Jun 10	5:50 p.m. -6:20 p.m.	9	42145	\$37.80
Hip Hop - Preschool	3-5 yrs	SOCC	Sat	Apr 6 -Jun 8	10:00 a.m. -10:30 a.m.	9	40585	\$37.80
Acro - Intro	5-7 yrs	DHC	Sat	Apr 6 -Jun 8	12:15 p.m. -12:45 p.m.	9	40099	\$37.80
Acro - Intro	5-7 yrs	DHC	Sat	Apr 6 -Jun 8	2:30 p.m. -3:00 p.m.	9	40100	\$37.80
Acro - Intro	5-7 yrs	DRC	Wed	Apr 3 -Jun 5	5:15 p.m. -5:45 p.m.	10	42156	\$42.00
Acro - Intro	5-7 yrs	DRC	Sat	Apr 6 -Jun 8	10:25 a.m. -10:55 a.m.	9	42157	\$37.80
Acro - Intro	5-7 yrs	DRC	Sat	Apr 6 -Jun 8	11:00 a.m. -11:30 a.m.	9	42158	\$37.80

Spring Program Information ..continued

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Dance								
Acro - Intro	5-7 yrs	DRC	Sat	Apr 6 -Jun 8	11:35 a.m. -12:05 p.m.	9	42159	\$37.80
Ballet - Child/Youth	5-7 yrs	DHC	Sat	Apr 6 -Jun 8	1:00 p.m. -1:30 p.m.	9	40101	\$37.80
Ballet - Child/Youth	5-7 yrs	DRC	Tue	Apr 2 -Jun 4	6:10 p.m. -6:40 p.m.	10	42164	\$42.00
Funky Town	6-9 yrs	DRC	Mon	Apr 8 -Jun 10	6:25 p.m. -6:55 p.m.	9	42160	\$37.80
Hip Hop - Level 1	6-10 yrs	DHC	Sat	Apr 6 -Jun 8	1:45 p.m. -2:30 p.m.	9	40102	\$56.70
Hip Hop - Level 1	6-10 yrs	DRC	Thu	Apr 4 -Jun 6	5:50 p.m. -6:20 p.m.	10	42165	\$42.00
Hip Hop - Level 2	8-12 yrs	DHC	Sat	Apr 6 -Jun 8	3:15 p.m. -4:00 p.m.	9	40103	\$56.70
Hip Hop - Level 2	8-12 yrs	DRC	Thu	Apr 4 -Jun 6	6:25 p.m. -6:55 p.m.	10	42166	\$42.00
Drama & Music								
Little Actors	4-6 yrs	ARC	Sat	Apr 6 -Jun 8	10:30 a.m. -11:15 a.m.	9	41843	\$49.95
Little Actors	4-6 yrs	ARC	Mon	Apr 8 -Jun 10	5:15 p.m. -6:00 p.m.	9	40227	\$49.95
Guitar - Child	6-9 yrs	ARC	Thu	Apr 4 -Jun 6	5:45 p.m. -6:45 p.m.	10	42196	\$100.00
Junior Actors	6-12 yrs	ARC	Sat	Apr 6 -Jun 8	11:30 a.m. -12:30 p.m.	9	41849	\$64.80
Junior Actors	6-12 yrs	ARC	Mon	Apr 8 -Jun 10	6:15 p.m. -7:15 p.m.	9	40228	\$64.80
Musical Theatre	6-12 yrs	ARC	Tue	Apr 2 -Jun 4	6:15 p.m. -7:15 p.m.	10	40263	\$72.00
Vocal & Singing	6-12 yrs	ARC	Wed	Apr 3 -Jun 5	6:00 p.m. -7:00 p.m.	10	41616	\$106.00
Preschool								
Ready, Set, School	3-5 yrs	DHC	Tue, Thu	Apr 2 -Jun 13	9:15 a.m. -11:15 a.m.	22	39898	\$325.60
Ready, Set, School	3-5 yrs	DHC	Mon, Wed	Apr 3 -Jun 12	9:15 a.m. -11:15 a.m.	20	39896	\$296.00
Ready, Set, School	3-5 yrs	DHC	Mon, Wed	Apr 3 -Jun 12	12:00 p.m. -2:00 p.m.	20	39897	\$296.00
Ready, Set, School	3-5 yrs	DHC	Tue, Thu	Apr 2 -Jun 13	12:00 p.m. -2:00 p.m.	22	39899	\$325.60
Music, Movement & Make Believe	3-5 yrs	ARC	Sat	Apr 6 -Jun 8	9:30 a.m. -10:15 a.m.	9	41836	\$67.50
Sports								
Sportball Multi-Sport	3-5 yrs	DHC	Tue	Apr 2 -Jun 4	5:30 p.m. -6:30 p.m.	10	40329	\$208.30
Sportball Multi-Sport	3-5 yrs	SOCC	Sat	Apr 6 -Jun 15	4:45 p.m. -5:45 p.m.	10	40849	\$208.30
Sportball Soccer Outdoor	3-5 yrs	NCP	Wed	May 15 -Jun 19	6:00 p.m. -7:00 p.m.	6	40348	\$124.98
T-Ball Skills	3-5 yrs	SOCC	Tue	Apr 2 -Jun 4	4:30 p.m. -5:15 p.m.	10	40631	\$45.00
T-Ball Skills	3-5 yrs	SOCC	Sat	Apr 6 -Jun 8	12:45 p.m. -1:30 p.m.	9	40603	\$40.50
Junior Sports	4-6 yrs	DHC	Thu	Apr 4 -Jun 6	5:15 p.m. -6:00 p.m.	10	40114	\$45.00
Junior Sports	4-6 yrs	DHC	Thu	Apr 4 -Jun 6	6:05 p.m. -6:50 p.m.	10	40138	\$45.00
Junior Sports	4-6 yrs	NCC	Sat	Apr 6 -Jun 8	10:00 a.m. -10:45 a.m.	9	42056	\$40.50
Junior Sports	4-6 yrs	NCC	Sat	Apr 6 -Jun 8	11:00 a.m. -11:45 a.m.	9	42060	\$40.50
Junior Sports	4-6 yrs	SOCC	Sat	Apr 6 -Jun 8	1:45 p.m. -2:30 p.m.	9	40606	\$40.50
Learn to Skate - Child	5-11 yrs	DHC	Tue	Apr 2 -Jun 4	6:00 p.m. -6:50 p.m.	10	41415	\$104.00
Learn to Skate - Child	5-11 yrs	DHC	Tue	Apr 2 -Jun 4	7:00 p.m. -7:50 p.m.	10	41416	\$104.00

ARC - Arts Resource Centre CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex
 NCP - Northway Court Park NOP - North Oshawa Park NCC - Northview Community Centre SOCC - South Oshawa Community Centre

Spring Program Information ..continued

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Sports								
Learn to Skate - Child	5-11 yrs	DHC	Thu	Apr 4 -Jun 6	6:00 p.m. -6:50 p.m.	10	41423	\$104.00
Learn to Skate - Child	5-11 yrs	DHC	Thu	Apr 4 -Jun 6	7:00 p.m. -7:50 p.m.	10	41424	\$104.00
Learn to Skate - Child	5-11 yrs	DHC	Thu	Apr 4 -Jun 6	8:00 p.m. -8:50 p.m.	10	41425	\$104.00
Learn to Skate - Child	5-11 yrs	DHC	Sat	Apr 6 -Jun 8	10:00 a.m. -10:50 a.m.	9	41428	\$93.60
Learn to Skate - Child	5-11 yrs	DHC	Sat	Apr 6 -Jun 8	11:00 a.m. -11:50 a.m.	9	41430	\$93.60
Hockey Skills - Child/Youth	6-8 yrs	DHC	Wed	Apr 3 -Jun 5	7:00 p.m. -7:50 p.m.	10	41420	\$104.00
Floor Hockey	6-8 yrs	SOCC	Sun	Apr 7 -Jun 9	3:45 p.m. -4:30 p.m.	9	42386	\$40.50
Sportball Multi-Sport	6-9 yrs	DHC	Tue	Apr 2 -Jun 4	6:30 p.m. -7:30 p.m.	10	40330	\$208.30
Sportball Multi-Sport	6-9 yrs	SOCC	Sat	Apr 6 -Jun 15	5:45 p.m. -6:45 p.m.	10	40859	\$208.30
Sportball Soccer Outdoor	6-9 yrs	NCP	Wed	May 15 -Jun 19	7:00 p.m. -8:00 p.m.	6	40349	\$124.98
Badminton	7-10 yrs	DHC	Sun	Apr 7 -Jun 9	2:30 p.m. -3:30 p.m.	9	40110	\$54.00
Badminton	7-10 yrs	NCC	Sun	Apr 7 -Jun 9	12:00 p.m. -1:00 p.m.	9	41731	\$54.00
Basketball	7-10 yrs	DHC	Sun	Apr 7 -Jun 9	12:00 p.m. -1:00 p.m.	9	40107	\$54.00
Basketball	7-10 yrs	NCC	Sun	Apr 7 -Jun 9	2:30 p.m. -3:30 p.m.	9	41743	\$54.00
Basketball	7-10 yrs	SOCC	Sat	Apr 6 -Jun 8	2:45 p.m. -3:45 p.m.	9	40611	\$54.00
Basketball	7-10 yrs	SOCC	Sun	Apr 7 -Jun 9	4:45 p.m. -5:45 p.m.	9	40612	\$54.00
Basketball	7-10 yrs	SOCC	Sun	Apr 7 -Jun 9	6:00 p.m. -7:00 p.m.	9	40617	\$54.00
Dodgeball - Child/Youth	7-10 yrs	DHC	Mon	Apr 8 -Jun 3	5:45 p.m. -6:45 p.m.	8	40104	\$48.00
Dodgeball - Child/Youth	7-10 yrs	NCC	Sat	Apr 6 -Jun 8	2:15 p.m. -3:15 p.m.	10	41757	\$60.00
Hockey Skills - Child/Youth	9-12 yrs	DHC	Wed	Apr 3 -Jun 5	8:00 p.m. -8:50 p.m.	10	41421	\$104.00



Get your **FREE** Grade 5 Action Pass



All Grade 5 students in Durham Region can get a pass that gives them:

- free public swimming
- free public skating
- free drop-in programs (programs vary by recreation centre)

Have fun, meet new friends and get active!

For more information and a list of participating recreation centres and programs visit: durham.ca/physicalactivity

ARC - Arts Resource Centre CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex
 NCP - Northway Court Park NOP - North Oshawa Park NCC - Northview Community Centre SOCC - South Oshawa Community Centre

Summer Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Arts & Crafts								
Drawing Skills - Junior	5-9 yrs	ARC	Tue	Jul 16 -Aug 20	5:30 p.m. -6:30 p.m.	6	41882	\$63.60
Pottery - Child/Youth -Level 1	6-12 yrs	ARC	Tue	Jul 16 -Aug 20	5:15 p.m. -6:45 p.m.	6	41885	\$99.00
Dance								
Ballet - Preschool	3-5 yrs	DHC	Tue	Jul 2 -Aug 27	4:00 p.m. -4:30 p.m.	9	40189	\$37.80
Ballet - Preschool	3-5 yrs	DHC	Tue	Jul 2 -Aug 27	4:45 p.m. -5:15 p.m.	9	40190	\$37.80
Ballet - Preschool	3-5 yrs	DRC	Tue	Jul 2 -Aug 20	5:15 p.m. -5:45 p.m.	8	42198	\$33.60
Find Your Groove	3-5 yrs	DRC	Tue	Jul 2 -Aug 20	6:25 p.m. -6:55 p.m.	8	42202	\$33.60
Hip Hop - Preschool	3-5 yrs	DHC	Tue	Jul 2 -Aug 27	5:30 p.m. -6:00 p.m.	9	40191	\$37.80
Hip Hop - Preschool	3-5 yrs	DRC	Tue	Jul 2 -Aug 20	5:50 p.m. -6:20 p.m.	8	42201	\$33.60
Acro - Intro	5-7 yrs	DHC	Wed	Jul 3 -Aug 28	4:00 p.m. -4:30 p.m.	9	40192	\$37.80
Acro - Intro	5-7 yrs	DRC	Thu	Jul 4 -Aug 22	5:50 p.m. -6:20 p.m.	8	42205	\$33.60
Ballet - Child/Youth	5-7 yrs	DHC	Wed	Jul 3 -Aug 28	4:45 p.m. -5:15 p.m.	9	40195	\$37.80
Ballet - Child/Youth	5-7 yrs	DRC	Thu	Jul 4 -Aug 22	5:15 p.m. -5:45 p.m.	8	42204	\$33.60
Hip Hop - Level 1	6-10 yrs	DHC	Wed	Jul 3 -Aug 28	5:30 p.m. -6:15 p.m.	9	40196	\$56.70
Hip Hop - Level 1	6-10 yrs	DRC	Thu	Jul 4 -Aug 22	6:25 p.m. -6:55 p.m.	8	42207	\$33.60
Drama & Music								
Little Actors	4-6 yrs	ARC	Thu	Jul 18 -Aug 22	5:30 p.m. -6:15 p.m.	6	41888	\$33.30
Junior Actors	6-12 yrs	ARC	Thu	Jul 18 -Aug 22	6:30 p.m. -7:30 p.m.	6	41889	\$43.20
Vocal & Singing	6-12 yrs	ARC	Thu	Jul 18 -Aug 22	5:15 p.m. -6:15 p.m.	6	41901	\$63.60
Sports								
Sportball Multi-Sport Outdoor	3-5 yrs	NOP	Thu	Jul 4 -Aug 29	10:00 a.m. -11:00 a.m.	9	40365	\$187.47
Sportball Soccer Outdoor	3-5 yrs	NCP	Tue	Jul 2 -Aug 27	6:00 p.m. -7:00 p.m.	9	40361	\$187.47
Sportball Multi-Sport Outdoor	5-9 yrs	NOP	Thu	Jul 4 -Aug 29	11:00 a.m. -12:00 p.m.	9	40367	\$187.47
Learn to Skate - Child	5-11 yrs	DHC	Tue	Jul 2 -Aug 20	6:00 p.m. -6:50 p.m.	8	41432	\$83.20
Learn to Skate - Child	5-11 yrs	DHC	Tue	Jul 2 -Aug 20	7:00 p.m. -7:50 p.m.	8	41444	\$83.20
Learn to Skate - Child	5-11 yrs	DHC	Tue	Jul 2 -Aug 20	8:00 p.m. -8:50 p.m.	8	41447	\$83.20
Sportball Soccer Outdoor	6-9 yrs	NCP	Tue	Jul 2 -Aug 27	7:00 p.m. -8:00 p.m.	9	40362	\$187.47

**Wear a helmet
while skating.**



**Your family's
safety is your
responsibility.**

youth programs

ages 12-17

.....

Arts & Crafts

Anime Introduction

Learn how to create sketches and full colour illustrations in the popular Japanese cartoon style 'Anime'. Using a variety of drawing media, learn how to create various characters, costumes, and facial expressions.

Age: 8 to 13 years

Location: Civic Recreation Complex

Drawing Skills - Youth

Participants will learn basic techniques needed to draw portraits, landscapes, and abstract drawings using media such as pencils, markers, pastels, and charcoal.

Age: 10 to 14 years

Location: Arts Resource Centre, Delpark Homes Centre, Donevan Recreation Complex

Pottery - Child/Youth - Level 1

An introduction to pottery using basic hand building techniques. Participants will be encouraged to use their imaginations to create themed projects.

Age: 10 to 15 years

Location: Arts Resource Centre

Acrylic Painting - Youth

Participants will be encouraged to experiment with a variety of techniques, including paint handling and application, brush work, colour theory, and composition. Participants may be required to purchase some of their own supplies after the first class.

Age: 10 to 15 years

Location: Civic Recreation Complex

Fashion Illustration Basics

Includes drawing fashion faces, formulas for building full-length drawings, and how to develop a unique illustration style using a variety of media.

Age: 10 to 15 years

Location: Civic Recreation Complex

Introduction to Children's Book Illustration

Participants will explore character development, layout, and how to nurture a unique illustration style using a variety of media.

Age: 10 to 15 years

Location: Civic Recreation Complex


Pottery Workshop - Child/Youth

Participants will learn basic hand-building techniques and explore areas of construction, design, and glazing. Participants will create one piece per workshop and all pieces will be fired and ready to take home approximately two weeks after the workshop.

Age: 10 to 15 years

Location: Arts Resource Centre

 Parented program

 Eligible for financial assistance

 Inclusion Services Support available

Pottery & Sculpture - Youth

An introduction to pottery using basic hand building techniques. Participants will be encouraged to use their imaginations to create themed projects.

Age: 13 to 17 years

Location: Arts Resource Centre

Drama & Music

Lights, Camera, Action!

Participants will collaborate to create a theatrical performance of their very own by writing a script, directing, and acting. Participants will showcase their work in a performance for friends and family at the end of the session.

Age: 9 to 13 years

Location: Arts Resource Centre

Musical Keyboarding - An Introduction

Participants will be taught basic keyboard functions, note reading, chords, and popular songs. Keyboards are provided.

Age: 9 to 14 years

Location: Arts Resource Centre

Guitar - Youth

Participants will learn the fundamentals of playing guitar including handling and tuning. Participants will progress to open chords, chord progressions, strumming, and melody reading. A guitar is required.

Age: 10 to 15 years

Location: Arts Resource Centre

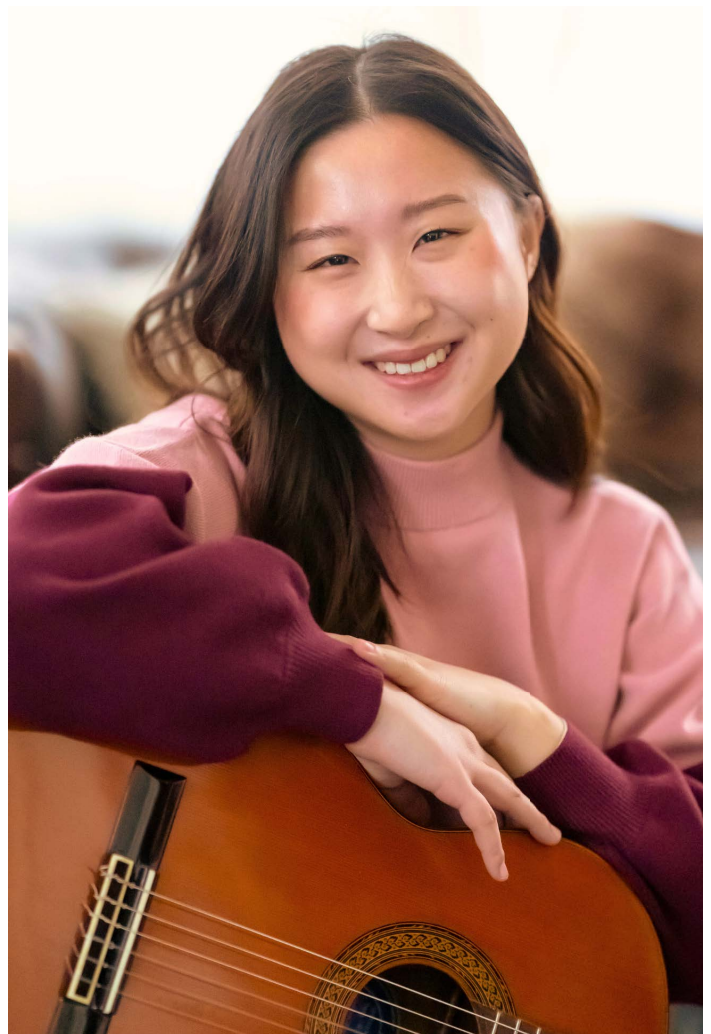
Fitness

Teen Weight Training

Teens learn the tools to create a safe workout routine. The class covers equipment orientations, education on safe fitness programs, training techniques, and fitness centre etiquette. Youth between the ages of 13-17 must successfully complete the course in order to use City of Oshawa fitness centres. The minimum purchase of a one month child/youth Level 2 membership is required to register for this course unless participants are already part of a family Level 2 membership.

Age: 13 to 17 years

Location: Civic Recreation Complex, Delpark Homes Centre, South Oshawa Community Centre



Sports

Kidz X-FITT

A fast-paced fitness circuit developing balance, body control, flexibility, and movement through running, jumping, hopping, climbing, throwing, and skipping. This program is sure to be challenging but exhilarating for the athlete in training and the non-athlete looking to get active.

Age: 10 to 14 years

Location: Civic Recreation Complex

Basketball

Learn the basics of basketball in a fun and friendly environment.

Age: 10 to 14 years, 11 to 14 years

Location: Delpark Homes Centre, Northview Community Centre, South Oshawa Community Centre

Badminton

Join friends for some fun, exercise, and learn the skills of the game! Racquets and shuttles are provided for players new to the game.

Age: 11 to 14 years

Location: Delpark Homes Centre, Northview Community Centre

Dodgeball - Child/Youth

Focuses on the game of dodgeball and incorporates different versions such as king's court, elimination dodgeball, and many more!

Age: 11 to 14 years

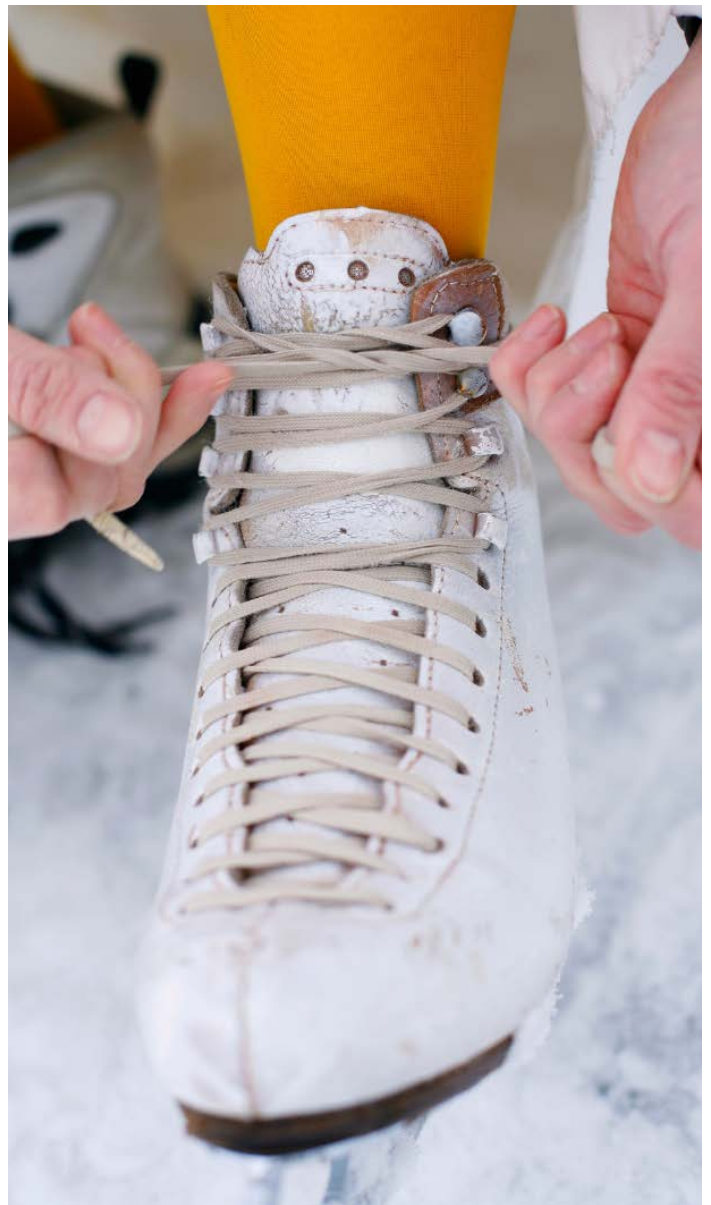
Location: Delpark Homes Centre, Northview Community Centre

Learn to Skate - Youth


Skating skills are taught in a progressive sequence of seven levels. New participants are assessed at the first class and assigned to the most appropriate level. Participants previously enrolled in this program should bring progress cards to the first class. All program participants must wear a CSA approved hockey helmet on the ice. Bicycle and ski helmets are not permitted. A face mask and gloves/mitts are strongly recommended.

Age: 12 to 17 years

Location: Delpark Homes Centre



 Parented program

 Eligible for financial assistance

 Inclusion Services Support available

Spring Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Arts & Crafts								
Anime Introduction	8-13 yrs	CRC	Mon	Apr 8 -Jun 10	6:30 p.m. -8:00 p.m.	9	40231	\$143.10
Drawing Skills - Youth	10-14 yrs	DHC	Wed	Apr 3 -Jun 5	6:15 p.m. -7:45 p.m.	10	41626	\$159.00
Drawing Skills - Youth	10-14 yrs	DRC	Thu	Apr 4 -Jun 6	6:15 p.m. -7:45 p.m.	10	41822	\$159.00
Pottery - Child/Youth - Level 1	10-15 yrs	ARC	Tue	Apr 2 -Jun 4	5:00 p.m. -6:30 p.m.	10	40258	\$165.00
Pottery Workshop - Child/Youth	10-15 yrs	ARC	Sat	May 4	9:30 a.m. -12:30 p.m.	1	41873	\$60.00
Acrylic Painting - Youth	10-15 yrs	CRC	Tue	Apr 2 -Jun 4	6:15 p.m. -7:45 p.m.	10	40276	\$159.00
Fashion Illustration Basics	10-15 yrs	CRC	Wed	Apr 3 -Jun 5	7:15 p.m. -8:15 p.m.	10	41620	\$106.00
Introduction to Children's Book Illustration	10-15 yrs	CRC	Wed	Apr 3 -Jun 5	6:00 p.m. -7:00 p.m.	10	41619	\$106.00
Pottery & Sculpture - Youth	13-17 yrs	ARC	Thu	Apr 4 -Jun 6	7:00 p.m. -8:30 p.m.	10	42197	\$165.00
Drama & Music								
Lights, Camera, Action!	9-13 yrs	ARC	Tue	Apr 2 -Jun 4	7:30 p.m. -8:30 p.m.	10	40274	\$72.00
Musical Keyboarding - An Introduction	9-14 yrs	ARC	Wed	Apr 3 -Jun 5	7:15 p.m. -8:15 p.m.	10	41618	\$100.00
Guitar - Youth	10-15 yrs	ARC	Thu	Apr 4 -Jun 6	7:00 p.m. -8:00 p.m.	10	42199	\$100.00
Fitness								
Teen Weight Training	13-17 yrs	CRC	Sat	Mar 23	10:00 a.m. -2:00 p.m.	1	42956	\$0.00
Teen Weight Training	13-17 yrs	CRC	Sat	Apr 13	10:00 a.m. -2:00 p.m.	1	42957	\$0.00
Teen Weight Training	13-17 yrs	CRC	Sat	May 04	10:00 a.m. -2:00 p.m.	1	42958	\$0.00
Teen Weight Training	13-17 yrs	CRC	Sat	May 18	10:00 a.m. -2:00 p.m.	1	42959	\$0.00
Teen Weight Training	13-17 yrs	CRC	Sat	Jun 1	10:00 a.m. -2:00 p.m.	1	42960	\$0.00
Teen Weight Training	13-17 yrs	CRC	Sat	Jun 22	10:00 a.m. -2:00 p.m.	1	42961	\$0.00
Teen Weight Training	13-17 yrs	DHC	Fri	Apr 5	4:00 p.m. -8:00 p.m.	1	41332	\$0.00
Teen Weight Training	13-17 yrs	DHC	Sun	Apr 21	4:00 p.m. -8:00 p.m.	1	41336	\$0.00
Teen Weight Training	13-17 yrs	DHC	Fri	May 3	4:00 p.m. -8:00 p.m.	1	41340	\$0.00
Teen Weight Training	13-17 yrs	DHC	Sun	May 12	4:00 p.m. -8:00 p.m.	1	41344	\$0.00
Teen Weight Training	13-17 yrs	DHC	Sun	May 26	4:00 p.m. -8:00 p.m.	1	41352	\$0.00
Teen Weight Training	13-17 yrs	DHC	Fri	Jun 7	4:00 p.m. -8:00 p.m.	1	41357	\$0.00
Teen Weight Training	13-17 yrs	DHC	Sun	Jun 16	4:00 p.m. -8:00 p.m.	1	41363	\$0.00
Teen Weight Training	13-17 yrs	SOCC	Sun	Apr 7	1:00 p.m. -5:00 p.m.	1	40842	\$0.00
Teen Weight Training	13-17 yrs	SOCC	Sun	Apr 28	1:00 p.m. -5:00 p.m.	1	40843	\$0.00
Teen Weight Training	13-17 yrs	SOCC	Sun	May 19	1:00 p.m. -5:00 p.m.	1	40844	\$0.00
Teen Weight Training	13-17 yrs	SOCC	Sun	Jun 9	1:00 p.m. -5:00 p.m.	1	40845	\$0.00

ARC - Arts Resource Centre CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex
 NCC - Northview Community Centre SOCC - South Oshawa Community Centre

Spring Program Information ..continued

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Sports								
Kidz X-FITT	8-14 yrs	CRC	Wed	Mar 27 -Jun 19	5:00 p.m. -5:55 p.m.	13	42210	\$57.20
Basketball	10-14 yrs	SOCC	Sun	Apr 7 -Jun 9	7:15 p.m. -8:15 p.m.	9	40616	\$54.00
Badminton	11-14 yrs	DHC	Sun	Apr 7 -Jun 9	3:45 p.m. -4:45 p.m.	9	40112	\$54.00
Badminton	11-14 yrs	NCC	Sun	Apr 7 -Jun 9	1:00 p.m. -2:00 p.m.	9	41736	\$54.00
Basketball	11-14 yrs	DHC	Sun	Apr 7 -Jun 9	1:15 p.m. -2:15 p.m.	9	40108	\$54.00
Basketball	11-14 yrs	NCC	Sun	Apr 7 -Jun 9	3:45 p.m. -4:45 p.m.	9	41744	\$54.00
Dodgeball - Child/Youth	11-14 yrs	DHC	Mon	Apr 8 -Jun 3	6:45 p.m. -7:45 p.m.	8	40105	\$48.00
Dodgeball - Child/Youth	11-14 yrs	NCC	Sat	Apr 6 -Jun 8	3:15 p.m. -4:15 p.m.	9	41758	\$54.00
Learn to Skate - Youth	12-17 yrs	DHC	Thu	Apr 4 -Jun 6	8:00 p.m. -8:50 p.m.	10	41426	\$104.00



"WE HATE TO THINK WHAT WOULD HAVE HAPPENED IF NOT FOR THE EATING DISORDERS PROGRAM FOR OUR DAUGHTER."

THESE ARE THE FACES OF ONTARIO SHORES.

They are teens like Jessica, who, at just 13 was diagnosed with Anorexia Nervosa. When her mindset switched from 'being healthy' to 'being skinny', concern grew among those in Jessica's circle. Ontario Shores was there to help Jessica find the strength and resilience to get through her illness and realize her potential.

Help change the face of mental health.
facesofontarioshores.ca



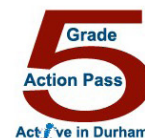
ARC - Arts Resource Centre CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex
 NCC - Northview Community Centre SOCC - South Oshawa Community Centre

Summer Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Arts & Crafts								
Drawing Skills - Youth	10-14 yrs	ARC	Tue	Jul 16 -Aug 20	6:45 p.m. -7:45 p.m.	6	41884	\$63.60
Drama & Music								
Musical Keyboarding - An Introduction	9-14 yrs	ARC	Thu	Jul 18 -Aug 22	6:30 p.m. -7:30 p.m.	6	41890	\$60.00
Fitness								
Teen Weight Training	13-17 yrs	DHC	Fri	Jul 5	4:00 p.m. -8:00 p.m.	1	41410	\$0.00
Teen Weight Training	13-17 yrs	CRC	Sat	Jul 13	10:00 a.m. -2:00 p.m.	1	42978	\$0.00
Teen Weight Training	13-17 yrs	DHC	Sun	Jul 21	4:00 p.m. -8:00 p.m.	1	41411	\$0.00
Teen Weight Training	13-17 yrs	CRC	Sat	Aug 3	10:00 a.m. -2:00 p.m.	1	42979	\$0.00
Teen Weight Training	13-17 yrs	DHC	Fri	Aug 9	4:00 p.m. -8:00 p.m.	1	41412	\$0.00
Teen Weight Training	13-17 yrs	CRC	Sat	Aug 17	10:00 a.m. -2:00 p.m.	1	42980	\$0.00
Teen Weight Training	13-17 yrs	DHC	Sun	Aug 18	4:00 p.m. -8:00 p.m.	1	41413	\$0.00
Teen Weight Training	13-17 yrs	DHC	Fri	Sep 13	4:00 p.m. -8:00 p.m.	1	41414	\$0.00
Teen Weight Training	13-17 yrs	SOCC	Sun	Jul 7	1:00 p.m. -5:00 p.m.	1	41479	\$0.00
Teen Weight Training	13-17 yrs	SOCC	Sun	Jul 28	1:00 p.m. -5:00 p.m.	1	41483	\$0.00
Teen Weight Training	13-17 yrs	SOCC	Sun	Aug 11	1:00 p.m. -5:00 p.m.	1	41488	\$0.00
Teen Weight Training	13-17 yrs	SOCC	Sun	Sep 1	1:00 p.m. -5:00 p.m.	1	41489	\$0.00
Teen Weight Training	13-17 yrs	CRC	Sat	Sep 14	10:00 a.m. -2:00 p.m.	1	42981	\$0.00
Sports								
Kidz X-FITT	8-14 yrs	CRC	Wed	Jul 3 -Sep 11	5:00 p.m. -5:55 p.m.	11	42253	\$48.40
Learn to Skate - Youth	12-17 yrs	DHC	Tue	Jul 2 -Aug 20	8:00 p.m. -8:50 p.m.	8	41450	\$83.20



Get your **FREE** Grade 5 Action Pass



All Grade 5 students in Durham Region can get a pass that gives them:

- free public swimming
- free public skating
- free drop-in programs (programs vary by recreation centre)

Have fun, meet new friends and get active!

For more information and a list of participating recreation centres and programs visit: durham.ca/physicalactivity

adult programs

Arts & Crafts

Acrylic Painting

An introduction to basic acrylic painting through a series of projects relating to art concepts and techniques. Ideal for painters of all abilities wanting to refresh their skills and/or learn new techniques. Participants will be required to purchase their own art supplies after the first class.

Age: 16 years +

Location: Civic Recreation Complex

Introduction to Pottery

This course will introduce participants to the craft of pottery and sculpture at a beginner level. It will feature hand building instruction in form, texture, construction, and design. Decoration and glaze techniques will also be taught. Fee includes clay.

Age: 16 years +

Location: Arts Resource Centre

Mixed Media

Participants will create a variety of projects working with many different materials. Explore the boundaries between drawing, printing, painting, collage, and sculpting to create dynamic and multi-layer compositions. Participants may be required to purchase some of their own art supplies after the first class.

Age: 16 years +

Location: Civic Recreation Complex

Pottery - Hand Building - Beginner

Learn techniques such as pinching, coiling, slabbing, and moulding that will result in functional and small sculptural objects.

Age: 16 years +

Location: Arts Resource Centre

Pottery & Sculpture - Open Studio

Bring creative ideas to these fun and relaxing afternoons. This is not a structured class, but an instructor will be available to answer questions and guide participants through projects. Fee includes one sleeve of clay, glaze, and firing. Additional sleeves of clay are available for purchase.

Age: 16 years +

Location: Arts Resource Centre

Pottery Workshop - Adult

Participants will create a single piece while learning basic hand-building techniques and explore areas such as construction, design, and glazing in one creative workshop. All pieces created will be fired and ready to take home approximately two weeks after the workshop.

Age: 16 years +

Location: Arts Resource Centre



Dance

Social Dance - Beginner

Introduction to American Standard Social Dancing. Each session will cover a fast and a slow dance such as Fox Trot, Waltz, Tango, Rumba, Cha Cha or Swing, Samba or Mambo, and Merengue.

Age: 15 years +

Location: Donevan Recreation Complex

Zumba®

Zumba® is an exhilarating, easy-to-follow, Latin-inspired, calorie-burning dance fitness party that's moving millions of people toward health.

Age: 15 years +

Location: Civic Recreation Complex, Delpark Homes Centre

Indian Traditional Dance - Adult Workshop

Come out and enjoy learning one of the folk dance styles from India, Garba. Garba is a group dance originally performed to worship 'Ma Shakti' Goddess of Strength. Garba is practiced during traditional Indian occasions like weddings, birthday parties, gatherings, and festivals.

Age: 16 years +

Location: Arts Resource Centre

Country Line Dancing

Learn many varieties of the popular country line dances. Partners are not required. Please wear soft-soled shoes.

Age: 18 years +

Location: Donevan Recreation Complex

Country Line Dancing - Couples

Learn many varieties of the popular country line dances. Partners are required. Please wear soft-soled shoes. Fee includes both participants. Register only one of the two participants attending the course.

Age: 18 years +

Location: Donevan Recreation Complex

Social Ballroom - Couples


Introduces the Waltz, Fox Trot, Tango, Rumba, Cha-Cha, and Jive. Fee includes both participants. Register only one of the two participants attending the course.

Age: 18 years +

Location: Donevan Recreation Complex



 Parented program

 Eligible for financial assistance

 Inclusion Services Support available

Fitness

Aquafit - Deep Water

Instructors are trained in the latest techniques in providing safe aquatic exercises to improve flexibility, aerobic capacity, muscular strength, and endurance. Classes include a warm-up, aerobics, muscle conditioning exercises, and a cool-down. Participants must be comfortable in deep water.

Age: 15 years +

Location: Civic Recreation Complex, South Oshawa Community Centre

Aquafit - Shallow Water

Water exercise exerts less impact on the joints and is suitable for swimmers and non-swimmers. Components include a warm-up, aerobics, muscle conditioning exercises, and a cool-down.

Age: 15 years +

Location: Civic Recreation Complex, Delpark Homes Centre, Donevan Recreation Complex, South Oshawa Community Centre

AB Attack

Take it to the next level by adding standing functional core training to traditional floor ab exercises for a vigorous core strengthening experience.

Age: 15 years +

Location: Civic Recreation Complex, South Oshawa Community Centre

Basic Bootcamp (Women Only)

Introduces a circuit of drills that keep you moving, including strength training, cardio endurance, and calisthenics all while gaining muscle and losing inches at the same time.

Age: 15 years +

Location: Donevan Recreation Complex



Basic Bootcamp

Introduces a circuit of drills that keep you moving, including strength training, cardio endurance, and calisthenics all while gaining muscle and losing inches at the same time.

Age: 15 years +

Location: Delpark Homes Centre, South Oshawa Community Centre

BodyMAX

A cardio-free, total body strength training program using a variety of strength equipment and body weight exercises.

Age: 15 years +

Location: Civic Recreation Complex, Delpark Homes Centre

Cardio Sculpt

Incorporating intervals of cardio, body sculpting, and abdominal work which will improve muscle strength and overall endurance.

Age: 15 years +

Location: Civic Recreation Complex, Delpark Homes Centre

Cycle

A great workout simulating race conditions through interval sprints, hill climbing, cardio conditioning, and stretch components.

Age: 15 years +

Location: Delpark Homes Centre, South Oshawa Community Centre

Easy Fit

Designed for beginners, older adults, and those returning to fitness after a long break. Various equipment is used to focus on developing cardiovascular, balance, and muscle strength through stretching and postural exercises.

Age: 15 years +

Location: South Oshawa Community Centre

Golf Tune Up

Designed to get your body prepared for the upcoming golf season. Working on core, stability, and mobility to start building towards strength and power to help add distance to your game.

Age: 15 years +

Location: Civic Recreation Complex

Osteo FIT

Safely tone and strengthen muscles with gentle aerobics and stimulating resistance training. Improve bone density while improving fitness level.

Age: 15 years +

Location: Civic Recreation Complex

SoulBody Barre Unhitched®

SoulBody Barre "Unhitched" is a one hour, mindfully intense class with the perfect mix of dynamic, isometric, and isotonic movements that works deep into the muscles, seamlessly transitioning to deep stretches to balance the body.

Age: 15 years +

Location: Civic Recreation Complex

Weigh Back Wednesdays

What better way to build strength than having some great oldies music playing as motivation in the background. A certified instructor will take you through safe and fun movements using a variety of equipment and some good old music.

Age: 15 years +

Location: South Oshawa Community Centre

Yoga

Enjoy the many benefits of yoga including relaxation, stress reduction, increased concentration, and improved strength and flexibility. A yoga mat and warm clothing are recommended.

Age: 15 years +

Location: Civic Recreation Complex, Delpark Homes Centre, Donevan Recreation Complex, South Oshawa Community Centre

Yoga -Gentle

Release chronic tension, cultivate concentration, calm restless thoughts, invite deep peace, and encourage self-acceptance through breathing and gentle movement. A yoga mat and warm clothing are recommended.

Age: 15 years +

Location: Civic Recreation Complex


50 & Better Fitness

Best suited for the 50+ age group, this class includes low impact aerobics, step, and muscle conditioning.

Age: 50 years +

Location: Civic Recreation Complex, Delpark Homes Centre, South Oshawa Community Centre

 Specialty fitness program

 Eligible for financial assistance

 Inclusion Services Support available

Sports



High Energy Aquafit Training (H.E.A.T.)

Challenge your fitness level and improve cardio conditioning with strength, balance, and core training segments. This low impact, high energy class will help burn calories fast and help you feel de-stressed and invigorated.

Age: 18 years +

Location: South Oshawa Community Centre

Stretch and Balance

Flexibility is a key component to fitness. Learn safe and effective stretching exercises to improve or maintain flexibility along with working on balance.

Age: 50 years +

Location: Civic Recreation Complex

Safety


Babysitter Course


Designed to teach the basics of caring for children from infants to school-age. Participants learn what makes a great babysitter, how to maintain safety in various environments, and what to do in an emergency. The course also discusses how to find work and keep yourself safe while being a babysitter. Please bring a pen/pencil, a doll or stuffed toy, and a peanut free lunch.

Age: 11 years +

Location: Civic Recreation Complex



 Specialty fitness program

 Eligible for financial assistance

 Inclusion Services Support available

Hockey Skills - Adult

Recreational and beginner hockey players will practice fundamental hockey skills: skating, stick handling, passing, and shooting. All participants must wear full hockey equipment including a CSA approved hockey helmet.

Age: 18 years +

Location: Delpark Homes Centre

Hockey Skills - Women

Recreational and beginner hockey players will practice fundamental hockey skills: skating, stick handling, passing, and shooting. All participants must wear full hockey equipment including a CSA approved hockey helmet.

Age: 18 years +

Location: Delpark Homes Centre

Learn to Skate - Adult

Learn basic skating skills to help feel more comfortable on the ice, including starting, stopping, striding, and gliding. All participants are required to wear a CSA approved hockey helmet.

Age: 18 years +

Location: Delpark Homes Centre

Spring Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Arts & Crafts								
Acrylic Painting	16 yrs +	CRC	Thu	May 9 -Jun 6	7:00 p.m. -9:00 p.m.	5	41784	\$79.10
Introduction to Pottery	16 yrs +	ARC	Tue	Apr 2 -Jun 4	7:00 p.m. -9:00 p.m.	10	40268	\$217.00
Mixed Media	16 yrs +	CRC	Thu	Apr 4 -May 2	7:00 p.m. -9:00 p.m.	5	41774	\$79.10
Pottery - Hand Building - Beginner	16 yrs +	ARC	Wed	Apr 3 -Jun 5	5:00 p.m. -6:30 p.m.	10	41610	\$162.70
Pottery & Sculpture - Open Studio	16 yrs +	ARC	Wed	Apr 3 -Jun 5	7:00 p.m. -9:00 p.m.	10	41617	\$217.00
Pottery & Sculpture - Open Studio	16 yrs +	ARC	Mon	Apr 8 -Jun 10	7:00 p.m. -9:00 p.m.	9	40229	\$195.30
Pottery Workshop - Adult	16 yrs +	ARC	Sat	Apr 13	9:30 a.m. -12:30 p.m.	1	41872	\$67.80
Dance								
Social Dance - Beginner	15 yrs +	DRC	Tue	Apr 2 -Jun 4	6:45 p.m. -7:45 p.m.	10	42188	\$97.20
Zumba®	15 yrs +	CRC	Mon	Mar 25 -Jun 24	6:30 p.m. -7:30 p.m.	12	42106	\$116.64
Zumba®	15 yrs +	CRC	Tue	Mar 26 -Jun 18	6:00 p.m. -7:00 p.m.	13	43125	\$126.36
Zumba®	15 yrs +	DHC	Wed	Mar 27 -Jun 26	7:30 p.m. -8:30 p.m.	14	39807	\$136.08
Indian Traditional Dance - Adult Workshop	16 yrs +	ARC	Thu	Apr 18	6:30 p.m. -8:30 p.m.	1	42206	\$19.44
Country Line Dancing	18 yrs +	DRC	Fri	Apr 5 -Jun 7	6:00 p.m. -7:00 p.m.	10	42185	\$97.20
Country Line Dancing - Couples	18 yrs +	DRC	Tue	Apr 2 -Jun 4	7:45 p.m. -9:15 p.m.	10	42186	\$145.80
Social Ballroom - Couples	18 yrs +	DRC	Fri	Apr 5 -Jun 7	7:00 p.m. -8:30 p.m.	10	42187	\$217.00
Fitness								
AquaFit - Deep Water	15 yrs +	CRC	Tue	Apr 2 -Jun 4	10:00 a.m. -10:45 a.m.	10	42088	\$93.20
AquaFit - Deep Water	15 yrs +	CRC	Thu	Apr 4 -Jun 6	10:00 a.m. -10:45 a.m.	10	42093	\$93.20
AquaFit - Deep Water	15 yrs +	CRC	Fri	Apr 5 -Jun 7	10:00 a.m. -10:45 a.m.	10	42094	\$93.20
AquaFit - Deep Water	15 yrs +	CRC	Mon	Apr 8 -Jun 17	10:00 a.m. -10:45 a.m.	10	42086	\$93.20
AquaFit - Deep Water	15 yrs +	SOCC	Fri	Apr 5 -Jun 7	9:30 a.m. -10:15 a.m.	10	42380	\$93.20
AquaFit - Deep Water	15 yrs +	SOCC	Mon	Apr 8 -Jun 17	9:30 a.m. -10:15 a.m.	10	42379	\$93.20
AquaFit - Shallow Water	15 yrs +	CRC	Tue	Apr 2 -Jun 4	9:00 a.m. -9:45 a.m.	10	42087	\$93.20
AquaFit - Shallow Water	15 yrs +	CRC	Thu	Apr 4 -Jun 6	9:00 a.m. -9:45 a.m.	10	42090	\$93.20
AquaFit - Shallow Water	15 yrs +	CRC	Fri	Apr 5 -Jun 7	9:00 a.m. -9:45 a.m.	10	42091	\$93.20
AquaFit - Shallow Water	15 yrs +	CRC	Mon	Apr 8 -Jun 17	9:00 a.m. -9:45 a.m.	10	42082	\$93.20
AquaFit - Shallow Water	15 yrs +	DHC	Tue	Apr 2 -Jun 4	9:00 a.m. -9:45 a.m.	10	41115	\$93.20
AquaFit - Shallow Water	15 yrs +	DHC	Tue	Apr 2 -Jun 4	9:45 a.m. -10:30 a.m.	10	41116	\$93.20
AquaFit - Shallow Water	15 yrs +	DHC	Wed	Apr 3 -Jun 5	9:00 a.m. -9:45 a.m.	10	41117	\$93.20
AquaFit - Shallow Water	15 yrs +	DHC	Wed	Apr 3 -Jun 5	9:45 a.m. -10:30 a.m.	10	41118	\$93.20
AquaFit - Shallow Water	15 yrs +	DHC	Wed	Apr 3 -Jun 5	8:15 p.m. -9:00 p.m.	10	41119	\$93.20
AquaFit - Shallow Water	15 yrs +	DHC	Thu	Apr 4 -Jun 6	9:00 a.m. -9:45 a.m.	10	41120	\$93.20
AquaFit - Shallow Water	15 yrs +	DHC	Thu	Apr 4 -Jun 6	9:45 a.m. -10:30 a.m.	10	41121	\$93.20
AquaFit - Shallow Water	15 yrs +	DHC	Fri	Apr 5 -Jun 7	9:00 a.m. -9:45 a.m.	10	41122	\$93.20

Spring Program Information ..continued

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Fitness								
Aquafit - Shallow Water	15 yrs +	DHC	Fri	Apr 5 -Jun 7	9:45 a.m. -10:30 a.m.	10	41123	\$93.20
Aquafit - Shallow Water	15 yrs +	DHC	Mon	Apr 8 -Jun 17	9:00 a.m. -9:45 a.m.	10	41113	\$93.20
Aquafit - Shallow Water	15 yrs +	DHC	Mon	Apr 8 -Jun 17	8:15 p.m. -9:00 p.m.	10	41114	\$93.20
Aquafit - Shallow Water	15 yrs +	DRC	Wed	Apr 3 -Jun 5	10:00 a.m. -10:45 a.m.	10	41933	\$93.20
Aquafit - Shallow Water	15 yrs +	DRC	Fri	Apr 5 -Jun 7	10:00 a.m. -10:45 a.m.	10	41934	\$93.20
Aquafit - Shallow Water	15 yrs +	DRC	Mon	Apr 8 -Jun 17	10:00 a.m. -10:45 a.m.	10	41935	\$93.20
Aquafit - Shallow Water	15 yrs +	SOCC	Tue	Apr 2 -Jun 4	8:00 p.m. -8:45 p.m.	10	40086	\$93.20
Aquafit - Shallow Water	15 yrs +	SOCC	Wed	Apr 3 -Jun 5	8:30 a.m. -9:15 a.m.	10	40084	\$93.20
Aquafit - Shallow Water	15 yrs +	SOCC	Fri	Apr 5 -Jun 7	8:30 a.m. -9:15 a.m.	10	40085	\$93.20
Aquafit - Shallow Water	15 yrs +	SOCC	Mon	Apr 8 -Jun 17	8:30 a.m. -9:15 a.m.	10	40083	\$93.20
AB Attack	15 yrs +	CRC	Wed	Mar 27 -Jun 19	10:30 a.m. -11:00 a.m.	13	42123	\$49.92
AB Attack	15 yrs +	SOCC	Mon	Mar 25 -Jun 24	7:30 p.m. -8:00 p.m.	12	40550	\$46.08
Basic Bootcamp (Women Only)	15 yrs +	DRC	Thu	Apr 4 -Jun 6	7:05 p.m. -8:00 p.m.	10	42192	\$76.80
Basic Bootcamp	15 yrs +	DHC	Sat	Mar 23 -Jun 22	10:30 a.m. -11:25 a.m.	12	39804	\$92.16
Basic Bootcamp	15 yrs +	DHC	Tue	Mar 26 -Jun 25	6:30 p.m. -7:25 p.m.	14	39803	\$107.52
Basic Bootcamp	15 yrs +	SOCC	Tue	Mar 26 -Jun 25	6:30 p.m. -7:25 p.m.	14	40554	\$107.52
BodyMAX	15 yrs +	DHC	Sat	Mar 23 -Jun 22	9:30 a.m. -10:25 a.m.	12	39800	\$92.16
BodyMAX	15 yrs +	DHC	Mon	Mar 25 -Jun 24	6:30 p.m. -7:25 p.m.	12	39798	\$92.16
BodyMAX	15 yrs +	DHC	Thu	Mar 28 -Jun 27	10:00 a.m. -10:55 a.m.	14	39799	\$107.52
Cardio Sculpt	15 yrs +	DHC	Thu	Mar 28 -Jun 27	6:30 p.m. -7:25 p.m.	14	39801	\$107.52
Cardio Sculpt	15 yrs +	DHC	Fri	Apr 5 -Jun 28	9:30 a.m. -10:25 a.m.	13	39802	\$99.84
Cycle	15 yrs +	DHC	Mon	Mar 25 -Jun 24	9:00 a.m. -9:45 a.m.	12	39788	\$69.12
Cycle	15 yrs +	DHC	Wed	Mar 27 -Jun 26	9:00 a.m. -9:45 a.m.	14	39789	\$80.64
Cycle	15 yrs +	DHC	Wed	Mar 27 -Jun 26	5:30 p.m. -6:15 p.m.	14	39790	\$80.64
Cycle	15 yrs +	SOCC	Tue	Mar 26 -Jun 25	7:30 p.m. -8:15 p.m.	14	40559	\$80.64
Easy Fit	15 yrs +	SOCC	Mon	Mar 25 -Jun 24	6:30 p.m. -7:25 p.m.	12	40548	\$92.16
Easy Fit	15 yrs +	SOCC	Wed	Mar 27 -Jun 26	10:30 a.m. -11:25 a.m.	14	40562	\$107.52
Easy Fit	15 yrs +	SOCC	Wed	Mar 27 -Jun 26	6:30 p.m. -7:25 p.m.	14	40565	\$107.52
Golf Tune Up	15 yrs +	CRC	Mon	Apr 8 -May 13	5:30 p.m. -6:25 p.m.	6	42975	\$46.08
Osteo FIT	15 yrs +	CRC	Tue	Mar 26 -Jun 18	10:30 a.m. -11:25 a.m.	13	42117	\$99.84
Osteo FIT	15 yrs +	CRC	Fri	Apr 5 -Jun 21	9:30 a.m. -10:25 a.m.	12	42228	\$92.16
SoulBody Barre Unhitched®	15 yrs +	CRC	Thu	Mar 28 -Jun 20	6:00 p.m. -6:55 p.m.	13	42230	\$120.51
Weigh Back Wednesdays	15 yrs +	SOCC	Wed	Mar 27 -Jun 26	7:30 p.m. -8:25 p.m.	14	40567	\$107.52
Yoga	15 yrs +	CRC	Tue	Mar 26 -Jun 18	7:00 p.m. -7:55 p.m.	13	42234	\$120.51
Yoga	15 yrs +	DHC	Mon	Mar 25 -Jun 24	10:00 a.m. -10:55 a.m.	12	39795	\$111.24
Yoga	15 yrs +	DHC	Wed	Mar 27 -Jun 26	10:00 a.m. -10:55 a.m.	14	39796	\$129.78

ARC - Arts Resource Centre CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex
 NCC - Northview Community Centre SOCC - South Oshawa Community Centre

Spring Program Information ..continued

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Fitness								
Yoga	15 yrs +	DHC	Tue	Mar 26 -Jun 25	10:00 a.m. -10:55 a.m.	14	43061	\$129.78
Yoga	15 yrs +	DHC	Wed	Mar 27 -Jun 26	6:30 p.m. -7:25 p.m.	14	39797	\$129.78
Yoga	15 yrs +	DRC	Mon	Apr 8 -Jun 10	8:05 p.m. -9:00 p.m.	9	42191	\$83.43
Yoga	15 yrs +	SOCC	Thu	Mar 28 -Jun 27	6:00 p.m. -6:55 p.m.	14	40571	\$129.78
Yoga -Gentle	15 yrs +	CRC	Thu	Mar 28 -Jun 20	7:00 p.m. -7:55 p.m.	13	42236	\$120.51
High Energy Aquafit Training (H.E.A.T.)	18 yrs +	SOCC	Thu	Apr 4 -Jun 6	8:00 p.m. -8:45 p.m.	10	40087	\$93.20
High Energy Aquafit Training (H.E.A.T.)	18 yrs +	SOCC	Sat	Apr 6 -Jun 15	11:00 a.m. -11:45 a.m.	10	40088	\$93.20
50 & Better Fitness	50 yrs +	CRC	Mon	Mar 25 -Jun 17	9:30 a.m. -10:25 a.m.	11	42111	\$84.48
50 & Better Fitness	50 yrs +	CRC	Thu	Mar 28 -Jun 20	10:30 a.m. -11:25 a.m.	13	42224	\$99.84
50 & Better Fitness	50 yrs +	DHC	Mon	Mar 25 -Jun 24	11:00 a.m. -11:55 a.m.	12	39791	\$92.16
50 & Better Fitness	50 yrs +	DHC	Tue	Mar 26 -Jun 25	11:00 a.m. -11:55 a.m.	14	39792	\$107.52
50 & Better Fitness	50 yrs +	DHC	Thu	Mar 28 -Jun 27	11:00 a.m. -11:55 a.m.	14	39793	\$107.52
50 & Better Fitness	50 yrs +	DHC	Fri	Apr 5 -Jun 28	11:00 a.m. -11:55 a.m.	13	39794	\$99.84
50 & Better Fitness	50 yrs +	SOCC	Mon	Mar 25 -Jun 24	10:30 a.m. -11:25 a.m.	12	40542	\$92.16
Stretch and Balance	50 yrs +	CRC	Mon	Mar 25 -Jun 17	10:30 a.m. -11:25 a.m.	11	42113	\$84.48
Stretch and Balance	50 yrs +	CRC	Fri	Apr 5 -Jun 21	10:30 a.m. -11:25 a.m.	12	42226	\$92.16
Safety								
Babysitter Course	11 yrs +	CRC	Sat	Apr 13	9:00 a.m. -5:00 p.m.	1	42945	\$49.60
Babysitter Course	11 yrs +	CRC	Sun	Jun 23	9:00 a.m. -5:00 p.m.	1	42946	\$49.60
Sports								
Hockey Skills - Adult	18 yrs +	DHC	Mon	Apr 8 -Jun 10	7:30 p.m. -8:50 p.m.	9	41409	\$167.85
Hockey Skills - Women	18 yrs +	DHC	Mon	Apr 8 -Jun 10	6:30 p.m. -7:20 p.m.	9	41408	\$111.87
Learn to Skate - Adult	18 yrs +	DHC	Tue	Apr 2 -Jun 4	8:00 p.m. -8:50 p.m.	10	41417	\$124.30

**Wear a
helmet while
skating.**



**Your
safety is your
responsibility.**

Summer Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Arts & Crafts								
Pottery & Sculpture - Open Studio	16 yrs +	ARC	Tue	Jul 16 -Aug 20	7:15 p.m. -9:15 p.m.	6	41887	\$130.20
Dance								
Zumba®	15 yrs +	DHC	Wed	Jul 3 -Sep 18	7:30 p.m. -8:30 p.m.	12	39865	\$116.64
Fitness								
AquaFit - Shallow Water	15 yrs +	DHC	Tue	Jul 2 -Aug 27	8:00 a.m. -8:45 a.m.	9	42175	\$83.88
AquaFit - Shallow Water	15 yrs +	DHC	Thu	Jul 4 -Aug 29	8:00 a.m. -8:45 a.m.	9	42176	\$83.88
AquaFit - Shallow Water	15 yrs +	SOCC	Tue	Jul 2 -Aug 27	8:30 a.m. -9:15 a.m.	9	42624	\$83.88
AquaFit - Shallow Water	15 yrs +	SOCC	Wed	Jul 3 -Aug 28	8:00 p.m. -8:45 p.m.	9	42626	\$83.88
AquaFit - Shallow Water	15 yrs +	SOCC	Thu	Jul 4 -Aug 29	8:30 a.m. -9:15 a.m.	9	42625	\$83.88
AB Attack	15 yrs +	CRC	Wed	Jul 3 -Sep 18	10:30 a.m. -11:00 a.m.	12	42243	\$46.08
Basic Bootcamp	15 yrs +	DHC	Tue	Jul 2 -Sep 17	6:30 p.m. -7:25 p.m.	12	39859	\$92.16
Basic Bootcamp	15 yrs +	SOCC	Tue	Jul 2 -Sep 17	6:30 p.m. -7:25 p.m.	12	40774	\$92.16
BodyMAX	15 yrs +	DHC	Thu	Jul 4 -Sep 19	10:00 a.m. -10:55 a.m.	12	39860	\$92.16
BodyMAX	15 yrs +	DHC	Mon	Jul 8 -Sep 16	6:30 p.m. -7:25 p.m.	9	39858	\$69.12
Cardio Sculpt	15 yrs +	CRC	Tue	Jul 2 -Sep 17	6:00 p.m. -6:55 p.m.	12	43126	\$92.16
Cardio Sculpt	15 yrs +	CRC	Wed	Jul 3 -Sep 18	9:30 a.m. -10:25 a.m.	12	42244	\$92.16
Cardio Sculpt	15 yrs +	DHC	Thu	Jul 4 -Sep 19	6:30 p.m. -7:25 p.m.	12	39861	\$92.16
Cardio Sculpt	15 yrs +	DHC	Fri	Jul 5 -Sep 20	9:30 a.m. -10:25 a.m.	12	39862	\$92.16
Cycle	15 yrs +	DHC	Wed	Jul 3 -Sep 18	5:30 p.m. -6:15 p.m.	12	39820	\$69.12
Cycle	15 yrs +	SOCC	Tue	Jul 2 -Sep 17	7:30 p.m. -8:15 p.m.	12	40775	\$69.12
Easy Fit	15 yrs +	SOCC	Wed	Jul 3 -Sep 18	6:30 p.m. -7:25 p.m.	12	40783	\$92.16
Osteo FIT	15 yrs +	CRC	Tue	Jul 2 -Sep 17	10:30 a.m. -11:25 a.m.	12	42245	\$92.16
Osteo FIT	15 yrs +	CRC	Fri	Jul 5 -Sep 20	9:30 a.m. -10:25 a.m.	12	42246	\$92.16
Weigh Back Wednesdays	15 yrs +	SOCC	Wed	Jul 3 -Sep 18	7:30 p.m. -8:25 p.m.	12	40784	\$92.16
Yoga	15 yrs +	CRC	Tue	Jul 2 -Sep 17	7:00 p.m. -7:55 p.m.	12	42250	\$111.24
Yoga	15 yrs +	DHC	Tue	Jul 2 -Sep 17	10:00 a.m. -10:55 a.m.	12	43062	\$111.24
Yoga	15 yrs +	DHC	Wed	Jul 3 -Sep 18	10:00 a.m. -10:55 a.m.	12	39856	\$111.24
Yoga	15 yrs +	DHC	Wed	Jul 3 -Sep 18	6:30 p.m. -7:25 p.m.	12	39857	\$111.24
Yoga	15 yrs +	DHC	Mon	Jul 8 -Sep 16	10:00 a.m. -10:55 a.m.	9	39855	\$83.43
Yoga -Gentle	15 yrs +	CRC	Thu	Jul 4 -Sep 19	7:00 p.m. -7:55 p.m.	12	42251	\$111.24
50 & Better Fitness	50 yrs +	CRC	Thu	Jul 4 -Sep 19	10:30 a.m. -11:25 a.m.	12	42242	\$92.16
50 & Better Fitness	50 yrs +	CRC	Mon	Jul 8 -Sep 16	9:30 a.m. -10:25 a.m.	9	42241	\$69.12
50 & Better Fitness	50 yrs +	DHC	Tue	Jul 2 -Sep 17	11:00 a.m. -11:55 a.m.	12	39852	\$92.16
50 & Better Fitness	50 yrs +	DHC	Thu	Jul 4 -Sep 19	11:00 a.m. -11:55 a.m.	12	39853	\$92.16
50 & Better Fitness	50 yrs +	DHC	Fri	Jul 5 -Sep 20	11:00 a.m. -11:55 a.m.	12	39854	\$92.16
50 & Better Fitness	50 yrs +	DHC	Mon	Jul 8 -Sep 16	11:00 a.m. -11:55 a.m.	9	39844	\$69.12

Summer Program Information ..continued

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Fitness								
Stretch and Balance	50 yrs +	CRC	Fri	Jul 5 -Sep 20	10:30 a.m. -11:25 a.m.	12	42249	\$92.16
Stretch and Balance	50 yrs +	CRC	Mon	Jul 8 -Sep 16	10:30 a.m. -11:25 a.m.	9	42248	\$69.12
Safety								
Babysitter Course	11 yrs +	CRC	Sun	Aug 25	9:00 a.m. -5:00 p.m.	1	42949	\$49.60

BECOME A

• **LIFEGUARD**

• **& START YOUR CAREER WITH THE CITY OF OSHAWA**

• We are looking for enthusiastic and energetic certified Lifeguards and Swim Instructors for all our pools. Flexible working hours available include day-time, evening and weekend shifts to fit your schedule.

• Visit www.oshawa.ca/careers to find current employment opportunities.

• All applicants are thanked for their interest, however, only selected candidates will be contacted.

camps

camps

We offer a variety of day camps for children of all ages from arts and dance to hockey and swim camps.

.....

Registration dates

.....

March Break Camps

Registration is open

Summer Camps

Tuesday, April 23 at 9 a.m.



Complete your registration online at Register.Oshawa.ca

.....

What to bring to camp

Send your child to camp with the essentials!

- A refillable water bottle
- A peanut-free lunch and snacks
- Extra clothing
- Swimsuit and towel

The City is not responsible for lost, damaged or stolen items.



Government-issued identification is required to be presented EVERY time you pick-up your child from camp.

Camp Registration Information


Age Requirements

Each camp program has specific age requirements. Campers must be the required age before the start of camp.

Toileting

Campers must be fully toilet-trained to attend all programs.

Financial Assistance


Assistance programs are available to Oshawa residents wishing to access summer camps. These include the Durham Region Social Services Recreation Program Cards and Child Care Fee Subsidy, Canadian Tire Jumpstart and the Recreation Fee Assistance Program. Programs that are offered in partnership with community organizations or businesses do not qualify for fee assistance. Programs identified with  qualify for assistance. Verify your eligibility by contacting a Supervisor at a recreation facility.

Cancellations & Waitlists


Register early to help ensure you get your first choice of camps. Camps may be cancelled due to low registration, or circumstances beyond our control. If a camp is cancelled, you will be contacted by staff to help choose a different camp (where space is available). If we cannot register you for another camp a full refund will be provided.


If your preferred camp is full, we recommend being placed on the waitlist. If a space becomes available campers will be contacted in order of being placed on the waitlist and offered the available space. There is no charge for being added to the waitlist. If you are already registered in a camp and wish to transfer to the now available waitlisted camp you may do so for no additional charge.

Extended Supervision

Extended supervision is available before and after camp programs for an additional fee at most camp locations. 

Lunches & Snacks

Campers are required to bring their own litterless lunch, snacks and extra drinks. Peanuts, peanut butter, tree nuts and all food containing nut by-products are not permitted at camp. 

The Camp Lunch Program is available for an additional fee at most camps.  To see lunch options or to place your order, complete our Camp Lunch Order Form at Oshawa.ca/Camps.



Parent Communication

Parents will be contacted by either phone or email prior to their camper's week at camp.

Camp Forms

Parents/guardians must complete all forms online the Thursday before camp starts. The Emergency Contact and Consent Form is a mandatory form for all campers. View camp forms at Oshawa.ca/Camps.

Forms submitted after Thursday will not leave staff enough time to review.

Photo Policy

Photos and videos are not permitted during camp programs, other than specific cases where performances have been identified 📷 (e.g. Dance Camp). Photos may be taken by the City of Oshawa for promotional purposes. In this case, all parents/guardians will be notified and required to give signed permission.



Statutory Holiday

Camps are not offered on July 1 (Canada Day) and August 5 (Civic Holiday - McLaughlin Day).

Pick-up & Drop-off

In order to ensure campers safety, parents/guardians are required to sign-in and sign-out campers each day. Government issued photo identification must be presented at the time of pick-up for campers to be released. Please ensure that all individuals permitted to pick up your campers are included on Emergency Contact and Consent Form. Individuals who are not included on the consent form will not be permitted to sign your camper out.

Camper Responsibilities

All campers and staff are expected to do their part by showing respect for all people and property while attending City of Oshawa camps. Please report any incidents and concerns to staff.

Coarse language, bullying, non-compliance, aggressive



or inappropriate behaviour are not permitted at camp. These behaviours will be documented, reported and could result in the removal of a participant from camp.

Inclusion Support

1:1 or 1:2 support can be requested for those participants who benefit from additional support to be successful in a typical camp program. Requests are fulfilled in order of request and based on the availability of appropriate inclusion staff. Support is not guaranteed. Participants may provide their own support staff to assist if desired.

March Break Camps

To request inclusion support for a March Break camp, campers must register in the camp and following inclusion support course: [38875](#)

Summer Camps

To request inclusion support for a summer camp, campers must register in a week of camp and the following inclusion support course that corresponds with that week:

	Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26
	41334	41337	41343	41347
Jul 29 -Aug 2	Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
41348	41351	41353	41356	41360

The Inclusion Coordinator will confirm if your request for inclusion support has been fulfilled. For further inclusion information, email recinclusionservices@oshawa.ca.

Camp Legend

-  Financial assistance available
-  Inclusion Services Support available
-  Optional lunch program
-  Peanut and nut by-products are not permitted
-  Extended supervision
-  Recreational swim
-  Lifesaving Society Swim to Survive program
-  Photos permitted

Swimming at Camp



Camps that offer recreational swimming have swim requirements to keep campers safe.

Red, yellow and green wristbands are provided based on the age of the camper and their ability to pass the swim test. To pass the swim test, campers must be able to swim 25 metres of the pool independently on their front, maintaining a horizontal body position at all times. Campers must be able to swim with their face in the water and take breaths without stopping or touching the bottom of the pool. Front Crawl is encouraged.

Wristbands	Age	Supervision	Additional Information
Red	All ages (non swimmers)	If camper is unable to swim - must wear a lifejacket and be under the direct supervision of a camp counsellor. Maximum four campers per counsellor.	
Yellow	7 -9 yrs	Swim under direct supervision of a camp counsellor in some areas of the pool. Pass swim test - receives a green wristband and may swim unaccompanied in all areas of the pool.	Before camp begins, visit a City pool during public or fun swim times for a free swim test. If your camper has a swim test card, please bring it on the first day of camp. For more information, visit Oshawa.ca/Swim .
	10 yrs +	Can swim unaccompanied in some areas of the pool. Pass swim test - receives a green wristband and can swim unaccompanied in all areas of the pool.	

Provided by Cashew & Clive

Delpark Homes Centre Camp Lunches **\$13**

For an additional \$13, a lunch program is available to Delpark Homes Centre campers daily. To see lunch options or to place your order, complete our Camp Lunch Order Form at Oshawa.ca/Camps.

Camp Descriptions

L'il Tykes Camp



Focus on fun while developing social, fine and gross motor skills. Campers will participate in games, crafts and sport drills.

Age: 4 to 6 years

Time: 9:00 a.m. -4:30 p.m.

Little Dancers Camp



Campers will learn different genres of dance and will perform a dance routine to a latest hit song. Activities will also include creative crafts, indoor/outdoor games and songs. A short performance for family and friends will be held on Friday at 4:00pm.

Age: 4 to 6 years

Time: 9:00 a.m. -4:30 p.m.

Little Legends Camp



Younger campers will enjoy a full week of action-packed fun, including active and passive games, sports, and arts and crafts. Campers will visit the on-site splash pad daily (summer camp only). An optional lunch is provided by Cashew & Clive for an additional fee.

Age: 4 to 6 years

Time: 9:00 a.m. -4:30 p.m.

Little Sportsters Camp



These themed full day camps for 4-6 year olds are full of games, songs, crafts and sports. While the focus is on fun, children are developing social, fine and gross motor skills, all making for a great first camp experience.

Age: 4 to 6 years

Time: 9:00 a.m. -4:30 p.m.



Arts Camp



Campers will be lead through an exploration of the arts with a focus on drawing, painting, acting, dancing, singing, and music. Games and activities will be based around popular themes. An optional pizza lunch is offered on Friday for an additional fee.

Age: 7 to 13 years

Time: 9:00 a.m. -4:30 p.m.

Day Camp



An action-packed week of camp where campers will enjoy a variety of organized activities, including active and passive games, sports drills, arts and crafts, and leisure swimming

Age: 7 to 13 years

Time: 9:00 a.m. -4:30 p.m.

Dance Camp



During this fun-filled week campers will learn different genres of dance. Campers will participate daily in crafts, active and quiet games, and leisure swimming. A short performance for family and friends will be held on Friday at 4:00pm.

Age: 7 to 13 years

Time: 9:00 a.m. -4:30 p.m.

Hockey Camp (House League)



Offers hockey players (boys & girls) an opportunity to practice and improve their hockey skills while enjoying a camp-like atmosphere. Campers will be on-ice for up to two hours per day and participate in other fun activities, including swimming, sports, and active games. Full hockey equipment is required including a CSA approved hockey helmet with full face mask and a neck guard. An optional lunch is provided by Cashew & Clive for an additional fee.

Age: 7 to 13 years

Time: 8:30 a.m. -4:30 p.m.

Legendary Day Camp



During this action-packed week of camp, campers will enjoy a variety of organized activities, including active and passive games, sports, arts and crafts, and recreational swimming. An optional lunch is provided by Cashew & Clive for an additional fee.

Age: 7 to 13 years

Time: 9:00 a.m. -4:30 p.m.

Scooter Camp



Beginners will learn stance, balance, proper pushing, push and ride, push and turn, and safety. More experienced scooter riders will focus on proper drop-in on quarter, proper pumping on transitions, standing and moving, tail whips, and grinds. Campers must provide their own scooter, a bicycle or skateboard helmet, and elbow and knee pads. Campers will use the shared skateboard park in the morning and only in the afternoon if not too busy. Additional daily activities include games, sports, and leisure swimming.

Age: 7 to 13 years

Time: 9:00 a.m. -4:30 p.m.

Sport & Swim Camp



Campers will participate in a variety of basic sports drills, skills, and small-sided games, crafts and a daily Swim to Survive session taught by certified instructors.

Age: 7 to 13 years

Time: 9:00 a.m. -4:30 p.m.

Athletic Adventures Camp



Designed for campers who are ready to challenge themselves and try something new. Campers will start their day at the Delpark Homes Centre. Monday and Friday will be spent at Delpark Homes Centre learning and practicing skills in a variety of sports, swimming, and skating. Tuesday, Wednesday, and Thursday campers will board a bus and visit some exciting locations. Trips may include indoor bike park, treetop trekking, rock wall climbing, and archery. An optional lunch is provided by Cashew & Clive on Monday and Friday for an additional fee.

Age: 8 to 14 years

Time: 9:00 a.m. -4:30 p.m.

Daytrippers Day Camp



Campers will start their daily adventures from Delpark Homes Centre. Mondays and Fridays will be spent at Delpark Homes Centre participating in recreational swimming, camp activities, and skating. Tuesday, Wednesday, and Thursday campers will board a bus and visit some exciting locations. Trips may include the Toronto Zoo, an outdoor Escape Maze, Cedar Park Resort, and more! An optional lunch is provided by Cashew & Clive on Monday and Friday for an additional fee.

Age: 8-14 years

Time: 9:00 a.m. -4:30 p.m.

March Break Camps

.....

Stay informed.

Double check your contact information (phone number and email address) and ensure it is up-to-date.

Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
March Break Camps								
L'il Tykes	4-6 yrs	SOCC	Mon-Fri	Mar 11 -Mar 15	9:00 a.m. -4:30 p.m.	5	36350	\$195.00
Little Legends Camp	4-6 yrs	DHC	Mon-Fri	Mar 11 -Mar 15	9:00 a.m. -4:30 p.m.	5	37244	\$195.00
March Break Little Sportsters	4-6 yrs	CRC	Mon-Fri	Mar 11 -Mar 15	9:00 a.m. -4:30 p.m.	5	36375	\$195.00
Arts Camp	7-13 yrs	ARC	Mon-Fri	Mar 11 -Mar 15	9:00 a.m. -4:30 p.m.	5	38843	\$195.00
Dance Camp	7-13 yrs	DRC	Mon-Fri	Mar 11 -Mar 15	9:00 a.m. -4:30 p.m.	5	36419	\$195.00
Hockey Camp (House League)	7-13 yrs	DHC	Mon-Fri	Mar 11 -Mar 15	8:30 a.m. -4:30 p.m.	5	37136	\$256.00
Legendary Day Camp	7-13 yrs	DHC	Mon-Fri	Mar 11 -Mar 15	9:00 a.m. -4:30 p.m.	5	37243	\$195.00
March Break Sport & Swim Camp	7-13 yrs	CRC	Mon-Fri	Mar 11 -Mar 15	9:00 a.m. -4:30 p.m.	5	36374	\$195.00
Sport & Swim Camp	7-13 yrs	SOCC	Mon-Fri	Mar 11 -Mar 15	9:00 a.m. -4:30 p.m.	5	36349	\$195.00

Facility	Age	Day	Dates	Time	Course ID	Price
Extended Supervision EX						
Civic Recreation Complex	4-13 yrs	Mon-Fri	Mar 11 -Mar 15	8:00 a.m. -9:00 a.m.	36376	\$12.00
Civic Recreation Complex	4-13 yrs	Mon-Fri	Mar 11 -Mar 15	4:30 p.m. -5:30 p.m.	36377	\$12.00
Delpark Homes Centre	4-13 yrs	Mon-Fri	Mar 11 -Mar 15	8:00 a.m. -9:00 a.m.	37233	\$12.00
Delpark Homes Centre	4-13 yrs	Mon-Fri	Mar 11 -Mar 15	4:30 p.m. -5:30 p.m.	37234	\$12.00
South Oshawa Community Centre	4-13 yrs	Mon-Fri	Mar 11 -Mar 15	8:00 a.m. -9:00 a.m.	36352	\$12.00
South Oshawa Community Centre	4-13 yrs	Mon-Fri	Mar 11 -Mar 15	4:30 p.m. -5:30 p.m.	36353	\$12.00
Arts Resource Centre	7-13 yrs	Mon-Fri	Mar 11 -Mar 15	8:00 a.m. -9:00 a.m.	38844	\$12.00
Arts Resource Centre	7-13 yrs	Mon-Fri	Mar 11 -Mar 15	4:30 p.m. -5:30 p.m.	38845	\$12.00
Donevan Recreation Complex	7-13 yrs	Mon-Fri	Mar 11 -Mar 15	8:00 a.m. -9:00 a.m.	36420	\$12.00
Donevan Recreation Complex	7-13 yrs	Mon-Fri	Mar 11 -Mar 15	4:30 p.m. -5:30 p.m.	36421	\$12.00

ARC - Arts Resource Centre CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex
 NCC - Northview Community Centre SOCC - South Oshawa Community Centre

Summer Camps

ID required.

Government-issued identification is required to be presented EVERY time you pick-up your child from camp.

Arts Resource Centre

Arts Resource Centre Day Camps: 5 days = \$195 per week *4 days = \$156 per week

Camps	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
Arts Camp	41953	42009	42013	42015	42018	42019	42023	42026	42030

1 Hour Extended Camp Supervision: 5 days = \$12 per session *4 days= \$9.60 per session

Session	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
8 a.m. -9 a.m.	42076	42089	42102	42104	42141	42143	42146	42148	42151
4:30 p.m. -5:30 p.m.	42078	42092	42103	42105	42142	42144	42147	42149	42152

Civic Recreation Complex

Civic Recreation Complex Day Camps: 5 days = \$195 per week *4 days = \$156 per week

Camps	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
L'il Tykes Camp	40153	40154	40155	40156	40157	40158	40159	40160	40161
Day Camp	40118	40128	40129	40130	40131	40132	40133	40134	40135

1 Hour Extended Camp Supervision: 5 days = \$12 per session *4 days= \$9.60 per session

Session	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
8 a.m. -9 a.m.	40528	40531	40532	40533	40534	40535	40536	40537	40538
4:30 p.m. -5:30 p.m.	42038	42044	42045	42047	42048	42049	42050	42051	42052





Keep valuables safe.

Leave all valuables at home. The City is not responsible for lost, damaged or stolen personal items.

Delpark Homes Centre

Delpark Homes Centre Day Camps: 5 days = \$195 per week *4 days = \$156 per week

Camps	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
Little Legends Camp	40484	40485	40486	40487	40488	40489	40490	40491	40492
Legendary Day Camp	40377	40382	40383	40384	40385	40386	40387	40388	40389

Delpark Homes Centre Hockey Camps: 5 days = \$256 per week *4 days = \$204.80 per week

Camps	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
Hockey Camp (House League)	41598	41607	41608	41609	41611	41612	41613	41614	41615

Delpark Homes Centre Specialty Camps: 5 days = \$345 per week *4 days = \$276 per week

Camps	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
Athletic Adventures Camp	41310		41311		41312			41313	
Daytrippers Day Camp		41323		41324			41325		41326

1 Hour Extended Camp Supervision: 5 days = \$12 per session *4 days= \$9.60 per session

Session	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
8 a.m. -9 a.m.	41674	41675	41676	41677	41678	41679	41680	41681	41682
4:30 p.m. -5:30 p.m.	41683	41684	41685	41686	41687	41688	41689	41690	41691

Provided by Cashew & Clive

Delpark Homes Centre Camp Lunches \$13

For an additional \$13, a lunch program is available to Delpark Homes Centre campers daily. To see lunch options or to place your order, complete our Camp Lunch Order Form at Oshawa.ca/Camps.

Donevan Recreation Complex

Donevan Recreation Complex Day Camps: 5 days = \$195 per week *4 days = \$156 per week

Camps	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
L'il Tykes Camp		42256		42257		42258		42260	
Little Dancers Camp	42225		42227		42229		42231		42232
Dance Camp	42208	42209	42213	42215	42216	42219	42220	42222	42223
Day Camp		42240		42252		42254		42255	
Scooter Camp	42233		42235		42237		42238		42239

1 Hour Extended Camp Supervision: 5 days = \$12 per session *4 days= \$9.60 per session

Session	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
8 a.m. -9 a.m.	42264	42266	42268	42273	42300	42328	42330	42332	42334
4:30 p.m. -5:30 p.m.	42265	42267	42270	42299	42319	42329	42331	42333	42335

Youth Leadership Program at Donevan Recreation Complex

Leader-in-Training

Gain a variety of leadership skills in a fun and exciting recreation environment. Skills include program planning, child/group management, leadership techniques, games/activities, and planning and communication skills. The course consists of in-class theory and lessons as well as a chance to use skills learned in a camp atmosphere.

Age: 12 to 14 years

Time: 9:00 a.m. -4:30 p.m.



Donevan Recreation Complex Youth Leadership Programs					
Program	Day	Date	Classes	Course ID	Price
Counsellor-In-Training	Mon-Fri	Jul 8 -Jul 26	15	42261	\$292.50
Counsellor-In-Training	Mon-Fri	Jul 29 -Aug 16	14	42262	\$292.46
Leader-In-Training	Mon-Fri	Aug 19 -Aug 23	5	42263	\$195.00

Counsellor-In-Training

Gain leadership skills in a fun and exciting recreation environment. Skills include program planning, child/group management, leadership techniques, games/activities, and planning and communication skills. Youth will learn how to prepare a resume, participate in an interview, and will be certified in Standard First Aid & CPR-C. The course consists of one week of in-class theory and two weeks of hands-on experience at camp locations throughout the City of Oshawa. Transportation to and from the program and placement sites is the responsibility of the participant.

Age: 14 to 16 years

Time: 9:00 a.m. -4:30 p.m.



South Oshawa Community Centre

South Oshawa Community Centre Day Camps: 5 days = \$195 per week *4 days = \$156 per week

Camps	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
L'il Tykes Camp	40919	40920	40921	40922	40923	40924	40925	40926	40927
Sport & Swim Camp	40983	40989	40999	41000	41001	41002	41003	41004	41005

1 Hour Extended Camp Supervision: 5 days = \$12 per session *4 days= \$9.60 per session

Session	*Jul 2 -5	Jul 8 -12	Jul 15 -19	Jul 22 -26	Jul 29 -Aug 2	*Aug 6 -9	Aug 12 -16	Aug 19 -23	Aug 26 -30
8 a.m. -9 a.m.	41006	41007	41008	41009	41010	41011	41012	41013	41014
4:30 p.m. -5:30 p.m.	41015	41016	41017	41018	41019	41020	41021	41023	41024

Hooray! It's time to plan a birthday!

Host a party

Host your birthday party at a City of Oshawa recreation facility. We offer many birthday packages to help you plan the perfect party!

Party packages

All birthday party packages include one hour in the program room, studio, gymnasium or pool, plus two additional hours in the party room (unless otherwise noted). Fees include party leaders or lifeguards and necessary equipment.

Visit our birthday party page for more information about our birthday packages.



Free Playground Programs

[Oshawa.ca/Play](https://www.oshawa.ca/Play) 905-436-3311 ext. 2749

Drop-off Program

Ages 5-12 years

At playgrounds across the City!

Play leaders will provide fun and exciting play opportunities for children ages 5-12, at variety of neighbourhood playgrounds in the morning and afternoon. Participate in games, sports, crafts and great special events.

This is a DROP-IN program and children are free to come and go as they wish. Playground staff are not responsible for children once they leave the program area. Under and over-age children are not permitted (proof of age may be required). All participants are required to complete an Emergency Contact Form before participating in the program. Forms can be found online at [Oshawa.ca/Camps](https://www.oshawa.ca/Camps) or in-person at the nearest park location on the first day you attend the program. Visit [Oshawa.ca/Play](https://www.oshawa.ca/Play) for additional details and a list of participating playground locations.



Offered July 2 to August 16

Parented Program

Ages 3-5 years

In a neighbourhood park near you!

This program is available for families with children ages 3-5 at select park locations starting July 2, 2024. Each session will have a unique focus, ranging from movement, sports, water, and crafts. This is a DROP-IN program. Advance registration is not required; however, parents/guardians are required to actively participate with their child. Find participating park locations at [Oshawa.ca/Play](https://www.oshawa.ca/Play).

Offered July 2 to August 14



All Playground Programs are subject to change/cancellation based on weather, staff resources, and attendance. Stay informed by visiting [Oshawa.ca/Play](https://www.oshawa.ca/Play).

Playground Fun Night

July 31 at Civic Fieldhouse

Free admission!

Learn more at [Oshawa.ca/Play](https://www.oshawa.ca/Play)

Playground Programs are offered in partnership with Oshawa@Play and Their Opportunity.

No Playground Programs available on Monday, August 5 - McLaughlin Day (Civic Holiday)



swimming

swimming

Registration dates

Spring

Swimming Lessons

Tuesday, February 20 at 9 a.m.

Summer

Swimming Lessons

Tuesday, May 21 at 9 a.m.

Before you go, you should know

Swimming lessons are designed to work on personal improvement and becoming water safe.

- Bring a bathing suit, towel and goggles if needed
- Long hair should be tied back
- Street shoes are not permitted on the pool deck. If you would like to wear shoes, they must be indoor sandals or water shoes

Parented programs

- Some programs require parents/guardians to actively participate
 - Look out for parented program symbol **P**
-

Change room policies

Change room storage

Cubicles are for changing only. Do not leave personal belongings in the changing cubicles. Coin and padlock lockers are available at all facilities.

- Mixed gender families are required to use the universal change room
- Unaccompanied children under 12 years of age are required to use the universal change room (Only children 12 years and older are allowed in gender specific change rooms at the Delpark Homes Centre)

The City is not responsible for lost, damaged or stolen items.



.....

Camp Samac Outdoor Pool

275 Conlin Rd. E

.....

Civic Complex Centennial Pool

99 Thornton Rd. S.

.....

Donevan Recreation Complex Pool

171 Harmony Rd. S.

.....

Delpark Homes Centre Pool

1661 Harmony Rd. N.

.....

South Oshawa Community Centre Pool

1455 Cedar St.

Do you meet the Pool Admission Requirements?

Children will receive a **red, yellow or green wristband** based on the age of the child and their ability to pass the swim test. To pass the swim test, the child must be able to swim 25 metres of the pool independently on their front, maintaining a horizontal body position at all times. The child must be able to swim with their face in the water and take breaths without stopping or touching the bottom of the pool.

Age	Supervision	Additional Information
6 and under	Can swim in some areas of the pool. Must be in arm's reach of a supervising guardian (14 yrs +) at all times. Maximum two children per guardian. Pass swim test - receive a red wristband and gain access to additional areas of the pool. Must stay within arm's reach of a supervising guardian.	Swim tests are available at: Camp Samac Outdoor Pool, Centennial Pool and Donevan Recreation Complex Pool during fun swims and public swims. Delpark Homes Centre Pool and South Oshawa Community Centre Pool during fun swims only. For more information, visit Oshawa.ca/Swim .
7 -9 years	Receive a yellow wristband and swim in some areas of the pool. Must be in arm's reach of a supervising guardian (14 yrs +) at all times. Maximum two children per guardian. Pass swim test - receive a green wristband and swim unaccompanied in all areas of the pool.	
10-17 years	Can swim unaccompanied in some areas of the pool. Pass swim test - receive a green wristband and swim unaccompanied in all areas of the pool.	

Swim test cards

Children who have passed the swim test and received a green wristband, are eligible to purchase a City of Oshawa swim test card. This card entitles the child to a green wristband upon entry to any City pool. To receive a swim test card, present your child's green wristband (on their wrist) to a staff member at a reception desk. There is a fee of \$5.01 associated with obtaining the swim test card.

Pool fouling closures

Pool fouling closures can last up to 24 hours

Adopt healthy habits to stop the spread of germs and reduce the number of closures in our pools:

- Do not swim if you are feeling sick
- Eat at least one hour before swimming
- Wash your body thoroughly before swimming
- Children not toilet trained must wear swim diapers made for pool use

Swimming Level Descriptions



Preschool Swimmer Levels (5 & under)

Parent and Tot 1 (4-12 months)

Designed for the 4 to 12-month-old to learn to enjoy the water with the parent.



Parent and Tot 2 (12-24 months)

Designed for the 12 to 24-month-old to learn to enjoy the water with the parent.

Parent and Tot 3 (24-36 months)

Designed for the 24 to 36-month-old to learn to enjoy the water with the parent.

Transition Level (2-5 years)

This program is designed for toddlers/preschoolers who are comfortable in the water and are capable of doing skills independent from a caregiver. Caregivers are to participate (and should come prepared to be in the class) until their instructor lets them know their child can do it themselves.



Preschool 1 (3-5 years)

These preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide assisted on their front and back and learn to get their faces wet and blow bubbles underwater.



Preschool 2 (3-5 years)

These preschoolers learn to jump into chest-deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. Wearing a lifejacket they'll glide on their front and back.

Preschool 3 (3-5 years)

These preschoolers will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.


Preschool 4 (3-5 years)

Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short swim on their front wearing a lifejacket and gliding and kicking on their side.

Preschool 5 (3-5 years)

These advanced preschoolers are challenged with a forward roll entry wearing a lifejacket and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and get an introduction to whip kick.

 Parented program

 Eligible for financial assistance

 Inclusion Services Support available

Swimmer Levels (6-15 years)

Swimmer 1

These swimmers will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back with assistance.

Swimmer 2

These swimmers will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim on their front and back, and be introduced to flutter kick interval training.

Swimmer 3

These swimmers will do different entries, in-water front somersaults and handstands. They'll work on front crawl, back crawl and whip kick. Flutter kick interval training increases.

Swimmer 4

These swimmers will swim underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new challenges include the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints and front or back crawl interval training.

Swimmer 5

These swimmers will master entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl and breaststroke. Then they'll pick up the pace in sprints and two interval trainings.

Swimmer 6

These swimmers will rise to the challenge of aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and improve fitness with swimming workouts.

Swimmer 7

These swimmers will rise to the challenge of aquatic skills including stride entries, lifesaving kicks like eggbeater and scissor kick. They'll develop strength and endurance through stroke developments and workouts.

Swimmer 8 - Rookie

Swimmers continue stroke development with 50 m swims of front crawl, back crawl, and breaststroke. Lifesaving Sport skills include a 25 m obstacle swim and a 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims.



Swimmer 9 - Ranger

Swimmers develop better strokes over 75 m swims of each stroke. They tackle Lifesaving Sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.



Swimmer 10 - Star

Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone, joint injuries and respiratory emergencies including asthma allergic reactions. Lifesaving skills include defense methods, victim removals and rolling over and supporting victims face up in shallow water.



Spring

preschool swim lessons ages 4 months - 5 years



Parent and Tot 1/2

Age: 4 to 24 months

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	40594	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	40596	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	40597	\$90.00
Wed	Apr 3 -Jun 5	4:30 p.m.	10	40598	\$90.00
Wed	Apr 3 -Jun 5	5:30 p.m.	10	40600	\$90.00
Wed	Apr 3 -Jun 5	7:00 p.m.	10	40601	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	40602	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	40604	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	40605	\$90.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40579	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	40580	\$90.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	40581	\$90.00
Sat	Apr 6 -Jun 15	12:30 p.m.	10	40582	\$90.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	40583	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	40587	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	40588	\$90.00
Sun	Apr 7 -Jun 16	12:30 p.m.	10	40589	\$90.00
Mon	Apr 8 -Jun 17	4:30 p.m.	10	40590	\$90.00
Mon	Apr 8 -Jun 17	5:30 p.m.	10	40592	\$90.00
Mon	Apr 8 -Jun 17	7:00 p.m.	10	40593	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	39921	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	39922	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	39923	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	39920	\$90.00

Parent and Tot 3

Age: 24 to 36 months

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	40620	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40621	\$90.00
Tue	Apr 2 -Jun 4	7:15 p.m.	10	40622	\$90.00
Wed	Apr 3 -Jun 5	5:00 p.m.	10	40623	\$90.00
Wed	Apr 3 -Jun 5	6:30 p.m.	10	40625	\$90.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	40626	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	40627	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	40628	\$90.00
Thu	Apr 4 -Jun 6	7:15 p.m.	10	40629	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40607	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40608	\$90.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	40609	\$90.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	40610	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40613	\$90.00
Sun	Apr 7 -Jun 16	12:00 p.m.	10	40614	\$90.00
Mon	Apr 8 -Jun 17	5:00 p.m.	10	40615	\$90.00
Mon	Apr 8 -Jun 17	6:30 p.m.	10	40618	\$90.00
Mon	Apr 8 -Jun 17	7:30 p.m.	10	40619	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	5:30 p.m.	10	39925	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	39926	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	39927	\$90.00
Sun	Apr 7 -Jun 16	11:00 a.m.	10	39924	\$90.00

Parent and Tot 1/2/3

Age: 4 to 36 months

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	41088	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	41110	\$90.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	41780	\$90.00
Sat	Apr 6 -Jun 15	4:30 p.m.	10	41835	\$90.00
Sun	Apr 7 -Jun 16	4:00 p.m.	10	41957	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	10:00 a.m.	10	40635	\$90.00
Tue	Apr 2 -Jun 4	1:00 p.m.	10	40636	\$90.00
Tue	Apr 2 -Jun 4	1:30 p.m.	10	40637	\$90.00
Wed	Apr 3 -Jun 5	9:00 a.m.	10	40638	\$90.00
Wed	Apr 3 -Jun 5	9:30 a.m.	10	40639	\$90.00
Wed	Apr 3 -Jun 5	10:00 a.m.	10	40640	\$90.00
Thu	Apr 4 -Jun 6	9:00 a.m.	10	40641	\$90.00
Thu	Apr 4 -Jun 6	9:30 a.m.	10	40642	\$90.00
Thu	Apr 4 -Jun 6	10:00 a.m.	10	40643	\$90.00
Fri	Apr 5 -Jun 7	9:00 a.m.	10	40644	\$90.00
Fri	Apr 5 -Jun 7	9:30 a.m.	10	40645	\$90.00
Fri	Apr 5 -Jun 7	10:00 a.m.	10	40646	\$90.00
Fri	Apr 5 -Jun 7	1:00 p.m.	10	40647	\$90.00
Fri	Apr 5 -Jun 7	1:30 p.m.	10	40648	\$90.00
Mon	Apr 8 -Jun 17	9:00 a.m.	10	40632	\$90.00
Mon	Apr 8 -Jun 17	9:30 a.m.	10	40633	\$90.00
Mon	Apr 8 -Jun 17	10:00 a.m.	10	40634	\$90.00
South Oshawa Community Centre					
Sun	Apr 7 -Jun 16	5:00 p.m.	10	42862	\$90.00



Transition Swimmer

Age: 2 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	41093	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	41112	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	41712	\$90.00
Sat	Apr 6 -Jun 15	4:30 p.m.	10	41834	\$90.00
Sun	Apr 7 -Jun 16	3:30 p.m.	10	41949	\$90.00
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42057	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	1:00 p.m.	10	40668	\$90.00
Tue	Apr 2 -Jun 4	1:30 p.m.	10	40669	\$90.00
Tue	Apr 2 -Jun 4	4:45 p.m.	10	40670	\$90.00
Tue	Apr 2 -Jun 4	5:15 p.m.	10	40671	\$90.00
Tue	Apr 2 -Jun 4	5:45 p.m.	10	40672	\$90.00
Tue	Apr 2 -Jun 4	6:15 p.m.	10	40673	\$90.00
Tue	Apr 2 -Jun 4	6:45 p.m.	10	40674	\$90.00
Wed	Apr 3 -Jun 5	4:45 p.m.	10	40677	\$90.00
Wed	Apr 3 -Jun 5	5:15 p.m.	10	40678	\$90.00
Wed	Apr 3 -Jun 5	5:45 p.m.	10	40679	\$90.00
Wed	Apr 3 -Jun 5	6:15 p.m.	10	40680	\$90.00
Wed	Apr 3 -Jun 5	6:45 p.m.	10	40681	\$90.00
Thu	Apr 4 -Jun 6	4:45 p.m.	10	40684	\$90.00
Thu	Apr 4 -Jun 6	5:15 p.m.	10	40685	\$90.00
Thu	Apr 4 -Jun 6	5:45 p.m.	10	40686	\$90.00
Thu	Apr 4 -Jun 6	6:15 p.m.	10	40687	\$90.00
Thu	Apr 4 -Jun 6	6:45 p.m.	10	40688	\$90.00
Fri	Apr 5 -Jun 7	1:00 p.m.	10	40689	\$90.00
Fri	Apr 5 -Jun 7	1:30 p.m.	10	40690	\$90.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40649	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40650	\$90.00
Sat	Apr 6 -Jun 15	11:15 a.m.	10	40651	\$90.00
Sat	Apr 6 -Jun 15	11:45 a.m.	10	40652	\$90.00
Sat	Apr 6 -Jun 15	12:15 p.m.	10	40653	\$90.00
Sat	Apr 6 -Jun 15	1:00 p.m.	10	40654	\$90.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	40655	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40656	\$90.00

Transition Swimmer ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Sun	Apr 7 -Jun 16	11:15 a.m.	10	40657	\$90.00
Sun	Apr 7 -Jun 16	11:45 a.m.	10	40658	\$90.00
Sun	Apr 7 -Jun 16	12:15 p.m.	10	40659	\$90.00
Sun	Apr 7 -Jun 16	1:00 p.m.	10	40660	\$90.00
Mon	Apr 8 -Jun 17	1:00 p.m.	10	40661	\$90.00
Mon	Apr 8 -Jun 17	1:30 p.m.	10	40662	\$90.00
Mon	Apr 8 -Jun 17	4:45 p.m.	10	40663	\$90.00
Mon	Apr 8 -Jun 17	5:15 p.m.	10	40664	\$90.00
Mon	Apr 8 -Jun 17	5:45 p.m.	10	40665	\$90.00
Mon	Apr 8 -Jun 17	6:15 p.m.	10	40666	\$90.00
Mon	Apr 8 -Jun 17	6:45 p.m.	10	40667	\$90.00
South Oshawa Community Centre					
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42868	\$90.00
Sun	Apr 7 -Jun 16	6:30 p.m.	10	42869	\$90.00




HERONHILLS
IN PORT PERRY





PHASE 2 NOW OPEN

A MASTER PLANNED COMMUNITY
IN PORT PERRY

ALL BRICK TOWNS, SINGLES
+ BUNGALOWS

CONTACT US TODAY
HERONHILLS@DELPARKHOMES.CA
 OR LEARN MORE & REGISTER
[DELPARKHOMES.CA](https://www.delparkhomes.ca)

Preschool 1

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	41087	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	41095	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	41106	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	41445	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	41732	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	41745	\$90.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	41777	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	41778	\$90.00
Sat	Apr 6 -Jun 15	4:30 p.m.	10	41837	\$90.00
Sun	Apr 7 -Jun 16	3:30 p.m.	10	41950	\$90.00
Sun	Apr 7 -Jun 16	4:00 p.m.	10	41960	\$90.00
Sun	Apr 7 -Jun 16	5:00 p.m.	10	41992	\$90.00
Sun	Apr 7 -Jun 16	6:00 p.m.	10	42063	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:00 p.m.	10	40716	\$90.00
Tue	Apr 2 -Jun 4	4:30 p.m.	10	40717	\$90.00
Tue	Apr 2 -Jun 4	5:00 p.m.	10	40718	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	40719	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40720	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	40721	\$90.00
Tue	Apr 2 -Jun 4	7:15 p.m.	10	40722	\$90.00
Wed	Apr 3 -Jun 5	4:00 p.m.	10	40723	\$90.00
Wed	Apr 3 -Jun 5	4:30 p.m.	10	40724	\$90.00
Wed	Apr 3 -Jun 5	5:00 p.m.	10	40725	\$90.00
Wed	Apr 3 -Jun 5	5:30 p.m.	10	40726	\$90.00
Wed	Apr 3 -Jun 5	6:30 p.m.	10	40727	\$90.00
Wed	Apr 3 -Jun 5	7:00 p.m.	10	40728	\$90.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	40729	\$90.00
Thu	Apr 4 -Jun 6	4:00 p.m.	10	40730	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	40731	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	40732	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	40733	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	40734	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	40735	\$90.00
Thu	Apr 4 -Jun 6	7:15 p.m.	10	40736	\$90.00
Fri	Apr 5 -Jun 7	1:00 p.m.	10	40737	\$90.00

Preschool 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Fri	Apr 5 -Jun 7	1:30 p.m.	10	40738	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40691	\$90.00
Sat	Apr 6 -Jun 15	9:15 a.m.	10	40692	\$90.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40693	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40694	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	40695	\$90.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	40696	\$90.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	40697	\$90.00
Sat	Apr 6 -Jun 15	12:30 p.m.	10	40698	\$90.00
Sat	Apr 6 -Jun 15	12:45 p.m.	10	40699	\$90.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	40700	\$90.00
Sun	Apr 7 -Jun 16	9:15 a.m.	10	40701	\$90.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	40702	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40703	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	40704	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	40705	\$90.00
Sun	Apr 7 -Jun 16	12:00 p.m.	10	40706	\$90.00
Sun	Apr 7 -Jun 16	12:30 p.m.	10	40707	\$90.00
Sun	Apr 7 -Jun 16	12:45 p.m.	10	40708	\$90.00
Mon	Apr 8 -Jun 17	4:00 p.m.	10	40709	\$90.00
Mon	Apr 8 -Jun 17	4:30 p.m.	10	40710	\$90.00
Mon	Apr 8 -Jun 17	5:00 p.m.	10	40711	\$90.00
Mon	Apr 8 -Jun 17	5:30 p.m.	10	40712	\$90.00
Mon	Apr 8 -Jun 17	6:30 p.m.	10	40713	\$90.00
Mon	Apr 8 -Jun 17	7:00 p.m.	10	40714	\$90.00
Mon	Apr 8 -Jun 17	7:30 p.m.	10	40715	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	39932	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	39933	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	39934	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	39935	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	39936	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	39937	\$90.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	39938	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	39939	\$90.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	39940	\$90.00

Preschool 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Sat	Apr 6 -Jun 15	9:00 a.m.	10	39941	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	39942	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	39943	\$90.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	39928	\$90.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	39929	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	39930	\$90.00
Sun	Apr 7 -Jun 16	11:00 a.m.	10	39931	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	42137	\$90.00
Sun	Apr 7 -Jun 16	5:00 p.m.	10	42863	\$90.00

Let's
stay
in touch!



SCAN ME

News, events
and alerts in
your inbox

[Oshawa.ca/Subscribe](https://oshawa.ca/Subscribe)



Preschool 2

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	41089	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	41101	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	41449	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	41719	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	41760	\$90.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	41761	\$90.00
Sat	Apr 6 -Jun 15	5:00 p.m.	10	41839	\$90.00
Sun	Apr 7 -Jun 16	4:30 p.m.	10	41974	\$90.00
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42036	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:00 p.m.	10	40764	\$90.00
Tue	Apr 2 -Jun 4	4:30 p.m.	10	40767	\$90.00
Tue	Apr 2 -Jun 4	5:00 p.m.	10	40768	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	40769	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40770	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	40771	\$90.00
Wed	Apr 3 -Jun 5	4:00 p.m.	10	40773	\$90.00
Wed	Apr 3 -Jun 5	4:30 p.m.	10	40776	\$90.00
Wed	Apr 3 -Jun 5	5:00 p.m.	10	40777	\$90.00
Wed	Apr 3 -Jun 5	5:30 p.m.	10	40778	\$90.00
Wed	Apr 3 -Jun 5	6:30 p.m.	10	40779	\$90.00
Wed	Apr 3 -Jun 5	7:00 p.m.	10	40780	\$90.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	40781	\$90.00
Thu	Apr 4 -Jun 6	4:00 p.m.	10	40782	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	40786	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	40787	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	40788	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	40789	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	40790	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40739	\$90.00
Sat	Apr 6 -Jun 15	9:15 a.m.	10	40740	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40741	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	40742	\$90.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	40743	\$90.00

Preschool 2 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Sat	Apr 6 -Jun 15	11:45 a.m.	10	40744	\$90.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	40745	\$90.00
Sat	Apr 6 -Jun 15	12:30 p.m.	10	40746	\$90.00
Sat	Apr 6 -Jun 15	12:45 p.m.	10	40747	\$90.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	40748	\$90.00
Sun	Apr 7 -Jun 16	9:15 a.m.	10	40749	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40750	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	40751	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	40752	\$90.00
Sun	Apr 7 -Jun 16	11:45 a.m.	10	40753	\$90.00
Sun	Apr 7 -Jun 16	12:00 p.m.	10	40754	\$90.00
Sun	Apr 7 -Jun 16	12:30 p.m.	10	40755	\$90.00
Sun	Apr 7 -Jun 16	12:45 p.m.	10	40756	\$90.00
Mon	Apr 8 -Jun 17	4:00 p.m.	10	40757	\$90.00
Mon	Apr 8 -Jun 17	4:30 p.m.	10	40758	\$90.00
Mon	Apr 8 -Jun 17	5:00 p.m.	10	40759	\$90.00
Mon	Apr 8 -Jun 17	5:30 p.m.	10	40760	\$90.00
Mon	Apr 8 -Jun 17	6:30 p.m.	10	40761	\$90.00
Mon	Apr 8 -Jun 17	7:00 p.m.	10	40762	\$90.00
Mon	Apr 8 -Jun 17	7:30 p.m.	10	40763	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	39948	\$90.00
Tue	Apr 2 -Jun 4	5:00 p.m.	10	39949	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	39950	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	39951	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	39952	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	39953	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	39954	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	39955	\$90.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	39956	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	39957	\$90.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	39944	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	39945	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	39946	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	39947	\$90.00

Preschool 1/2

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Sat	Apr 6 -Jun 15	4:00 p.m.	10	41816	\$90.00



Preschool 3

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	6:30 p.m.	10	41439	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	41755	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	41785	\$90.00
Sat	Apr 6 -Jun 15	5:30 p.m.	10	41857	\$90.00
Sun	Apr 7 -Jun 16	4:30 p.m.	10	41979	\$90.00
Sun	Apr 7 -Jun 16	5:00 p.m.	10	41988	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	40813	\$90.00
Tue	Apr 2 -Jun 4	4:45 p.m.	10	40814	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	41097	\$90.00
Tue	Apr 2 -Jun 4	5:45 p.m.	10	40815	\$90.00
Tue	Apr 2 -Jun 4	6:45 p.m.	10	40816	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	40817	\$90.00
Wed	Apr 3 -Jun 5	4:30 p.m.	10	40818	\$90.00
Wed	Apr 3 -Jun 5	4:45 p.m.	10	40819	\$90.00
Wed	Apr 3 -Jun 5	5:45 p.m.	10	40820	\$90.00
Wed	Apr 3 -Jun 5	6:45 p.m.	10	40821	\$90.00
Wed	Apr 3 -Jun 5	7:15 p.m.	10	40822	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	40823	\$90.00
Thu	Apr 4 -Jun 6	4:45 p.m.	10	40824	\$90.00
Thu	Apr 4 -Jun 6	5:45 p.m.	10	40825	\$90.00
Thu	Apr 4 -Jun 6	6:45 p.m.	10	40826	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	40827	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40794	\$90.00
Sat	Apr 6 -Jun 15	9:45 a.m.	10	40795	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40796	\$90.00
Sat	Apr 6 -Jun 15	11:15 a.m.	10	40797	\$90.00
Sat	Apr 6 -Jun 15	11:45 a.m.	10	40798	\$90.00
Sat	Apr 6 -Jun 15	12:15 p.m.	10	40799	\$90.00

Preschool 3 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Sat	Apr 6 -Jun 15	1:00 p.m.	10	40800	\$90.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	40801	\$90.00
Sun	Apr 7 -Jun 16	9:45 a.m.	10	40802	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40803	\$90.00
Sun	Apr 7 -Jun 16	11:15 a.m.	10	40804	\$90.00
Sun	Apr 7 -Jun 16	11:45 a.m.	10	40805	\$90.00
Sun	Apr 7 -Jun 16	12:15 p.m.	10	40806	\$90.00
Sun	Apr 7 -Jun 16	1:00 p.m.	10	40807	\$90.00
Mon	Apr 8 -Jun 17	4:30 p.m.	10	40808	\$90.00
Mon	Apr 8 -Jun 17	4:45 p.m.	10	40809	\$90.00
Mon	Apr 8 -Jun 17	5:45 p.m.	10	40810	\$90.00
Mon	Apr 8 -Jun 17	6:45 p.m.	10	40811	\$90.00
Mon	Apr 8 -Jun 17	7:15 p.m.	10	40812	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	39960	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	39961	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	39962	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	39963	\$90.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	39964	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	39965	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	39958	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	39959	\$90.00

Preschool 2/3

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42864	\$90.00

Preschool 4

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:30 p.m.	10	41103	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	41692	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	41751	\$90.00
Sun	Apr 7 -Jun 16	5:00 p.m.	10	41986	\$90.00

Preschool 5

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	6:00 p.m.	10	41111	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	41564	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	41783	\$90.00
Sun	Apr 7 -Jun 16	4:30 p.m.	10	41968	\$90.00



Looking for inclusive swim lessons?

See page 17 to find inclusive private swim lessons for participants 3 to 19 years of age.

Preschool 4/5

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Sat	Apr 6 -Jun 15	6:00 p.m.	11	41942	\$99.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	5:15 p.m.	10	40835	\$90.00
Tue	Apr 2 -Jun 4	6:15 p.m.	10	40836	\$90.00
Wed	Apr 3 -Jun 5	5:15 p.m.	10	40837	\$90.00
Wed	Apr 3 -Jun 5	6:15 p.m.	10	40838	\$90.00
Wed	Apr 3 -Jun 5	7:15 p.m.	10	40839	\$90.00
Thu	Apr 4 -Jun 6	5:15 p.m.	10	40840	\$90.00
Thu	Apr 4 -Jun 6	6:15 p.m.	10	40841	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40828	\$90.00
Sat	Apr 6 -Jun 15	10:45 a.m.	11	40829	\$99.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	40830	\$90.00
Sun	Apr 7 -Jun 16	10:45 a.m.	10	40831	\$90.00
Mon	Apr 8 -Jun 17	5:15 p.m.	10	40832	\$90.00
Mon	Apr 8 -Jun 17	6:15 p.m.	10	40833	\$90.00
Mon	Apr 8 -Jun 17	7:15 p.m.	10	40834	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	39967	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	39968	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	39969	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	39966	\$90.00



Spring

.....

swim lessons

ages 6 - 15

Swimmer 1 ..continued

Swimmer 1

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	41086	\$90.00
Tue	Apr 2 -Jun 4	5:00 p.m.	10	41094	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	41096	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	41107	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	41563	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	41694	\$90.00
Tue	Apr 2 -Jun 4	7:30 p.m.	10	41699	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	41704	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	41733	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	41734	\$90.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	41779	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	41800	\$90.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	41809	\$90.00
Sat	Apr 6 -Jun 15	4:00 p.m.	10	41821	\$90.00
Sat	Apr 6 -Jun 15	5:30 p.m.	10	41853	\$90.00
Sat	Apr 6 -Jun 15	6:00 p.m.	10	41941	\$90.00
Sun	Apr 7 -Jun 16	3:30 p.m.	10	41947	\$90.00
Sun	Apr 7 -Jun 16	4:00 p.m.	10	41954	\$90.00
Sun	Apr 7 -Jun 16	4:30 p.m.	10	41966	\$90.00
Sun	Apr 7 -Jun 16	6:00 p.m.	10	42064	\$90.00
Sun	Apr 7 -Jun 16	6:30 p.m.	10	42067	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:00 p.m.	10	40880	\$90.00
Tue	Apr 2 -Jun 4	4:30 p.m.	10	40881	\$90.00
Tue	Apr 2 -Jun 4	5:00 p.m.	10	40882	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	40883	\$90.00

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	5:45 p.m.	10	40884	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40885	\$90.00
Tue	Apr 2 -Jun 4	6:45 p.m.	10	40886	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	40887	\$90.00
Tue	Apr 2 -Jun 4	7:15 p.m.	10	40888	\$90.00
Wed	Apr 3 -Jun 5	4:00 p.m.	10	40890	\$90.00
Wed	Apr 3 -Jun 5	4:30 p.m.	10	40891	\$90.00
Wed	Apr 3 -Jun 5	5:00 p.m.	10	40892	\$90.00
Wed	Apr 3 -Jun 5	5:30 p.m.	10	40893	\$90.00
Wed	Apr 3 -Jun 5	5:45 p.m.	10	40894	\$90.00
Wed	Apr 3 -Jun 5	6:30 p.m.	10	40895	\$90.00
Wed	Apr 3 -Jun 5	6:45 p.m.	10	40896	\$90.00
Wed	Apr 3 -Jun 5	7:00 p.m.	10	40897	\$90.00
Wed	Apr 3 -Jun 5	7:15 p.m.	10	40898	\$90.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	40899	\$90.00
Thu	Apr 4 -Jun 6	4:00 p.m.	10	40900	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	40901	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	40902	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	40903	\$90.00
Thu	Apr 4 -Jun 6	5:45 p.m.	10	40904	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	40905	\$90.00
Thu	Apr 4 -Jun 6	6:45 p.m.	10	40906	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	40907	\$90.00
Thu	Apr 4 -Jun 6	7:15 p.m.	10	40908	\$90.00
Sat	Apr 6 -Jun 15	9:15 a.m.	10	40847	\$90.00
Sat	Apr 6 -Jun 15	9:45 a.m.	10	40848	\$90.00
Sat	Apr 6 -Jun 15	10:15 a.m.	10	40850	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	40851	\$90.00
Sat	Apr 6 -Jun 15	10:45 a.m.	10	40852	\$90.00
Sat	Apr 6 -Jun 15	11:45 a.m.	10	40853	\$90.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	40854	\$90.00
Sat	Apr 6 -Jun 15	12:30 p.m.	10	40855	\$90.00
Sat	Apr 6 -Jun 15	12:45 p.m.	10	40856	\$90.00

Swimmer 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Sat	Apr 6 -Jun 15	1:00 p.m.	10	40857	\$90.00
Sun	Apr 7 -Jun 16	9:15 a.m.	10	40858	\$90.00
Sun	Apr 7 -Jun 16	9:45 a.m.	10	40860	\$90.00
Sun	Apr 7 -Jun 16	10:15 a.m.	10	40861	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	40862	\$90.00
Sun	Apr 7 -Jun 16	10:45 a.m.	10	40863	\$90.00
Sun	Apr 7 -Jun 16	11:45 a.m.	10	40864	\$90.00
Sun	Apr 7 -Jun 16	12:00 p.m.	10	40865	\$90.00
Sun	Apr 7 -Jun 16	12:30 p.m.	10	40866	\$90.00
Sun	Apr 7 -Jun 16	12:45 p.m.	10	40867	\$90.00
Sun	Apr 7 -Jun 16	1:00 p.m.	10	40868	\$90.00
Mon	Apr 8 -Jun 17	4:00 p.m.	10	40869	\$90.00
Mon	Apr 8 -Jun 17	4:30 p.m.	10	40870	\$90.00
Mon	Apr 8 -Jun 17	4:45 p.m.	10	40871	\$90.00
Mon	Apr 8 -Jun 17	5:00 p.m.	10	40872	\$90.00
Mon	Apr 8 -Jun 17	5:30 p.m.	10	40873	\$90.00
Mon	Apr 8 -Jun 17	5:45 p.m.	10	40874	\$90.00
Mon	Apr 8 -Jun 17	6:30 p.m.	10	40875	\$90.00
Mon	Apr 8 -Jun 17	6:45 p.m.	10	40876	\$90.00
Mon	Apr 8 -Jun 17	7:00 p.m.	10	40877	\$90.00
Mon	Apr 8 -Jun 17	7:15 p.m.	10	40878	\$90.00
Mon	Apr 8 -Jun 17	7:30 p.m.	10	40879	\$90.00
Donevan Recreation Complex					
Wed	Apr 3 -Jun 5	6:30 p.m.	10	41543	\$90.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	41544	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	41545	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	41546	\$90.00
Sat	Apr 6 -Jun 15	11:00 a.m.	10	41547	\$90.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	41548	\$90.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	41549	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	39973	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	39974	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	39975	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	39976	\$90.00
Tue	Apr 2 -Jun 4	7:30 p.m.	10	39977	\$90.00

Swimmer 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Thu	Apr 4 -Jun 6	4:30 p.m.	10	39978	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	39979	\$90.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	39980	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	39981	\$90.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	39982	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	39983	\$90.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	39984	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	39985	\$90.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	39986	\$90.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	39987	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	39971	\$90.00
Sun	Apr 7 -Jun 16	11:00 a.m.	10	42136	\$90.00
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42865	\$90.00



Emergency

Preparedness

Emergencies can happen anytime, anywhere.

Is your family **ready?**

72
Hours

**Be prepared
to take care of
yourself and your family
for a minimum of 72 hours (3 days).**

oshawa.ca/emergencynews

Swimmer 2

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	41090	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	41098	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	41108	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	41443	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	41705	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	41750	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	42079	\$90.00
Sat	Apr 6 -Jun 15	4:00 p.m.	10	41824	\$90.00
Sat	Apr 6 -Jun 15	6:00 p.m.	10	41943	\$90.00
Sun	Apr 7 -Jun 16	3:30 p.m.	10	41948	\$90.00
Sun	Apr 7 -Jun 16	4:30 p.m.	10	41969	\$90.00
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42032	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	40942	\$90.00
Tue	Apr 2 -Jun 4	5:00 p.m.	10	40943	\$90.00
Tue	Apr 2 -Jun 4	5:15 p.m.	10	40944	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	40945	\$90.00
Tue	Apr 2 -Jun 4	6:15 p.m.	10	40946	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40947	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	40948	\$90.00
Tue	Apr 2 -Jun 4	7:15 p.m.	10	40949	\$90.00
Wed	Apr 3 -Jun 5	4:30 p.m.	10	40950	\$90.00
Wed	Apr 3 -Jun 5	5:00 p.m.	10	40951	\$90.00
Wed	Apr 3 -Jun 5	5:30 p.m.	10	40952	\$90.00
Wed	Apr 3 -Jun 5	6:15 p.m.	10	40953	\$90.00
Wed	Apr 3 -Jun 5	6:30 p.m.	10	40954	\$90.00
Wed	Apr 3 -Jun 5	7:00 p.m.	10	40955	\$90.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	40956	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	40957	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	40958	\$90.00
Thu	Apr 4 -Jun 6	5:15 p.m.	10	40959	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	40960	\$90.00
Thu	Apr 4 -Jun 6	6:15 p.m.	10	40961	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	40962	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	40963	\$90.00
Thu	Apr 4 -Jun 6	7:15 p.m.	10	40964	\$90.00

Swimmer 2 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40910	\$90.00
Sat	Apr 6 -Jun 15	9:45 a.m.	10	40911	\$90.00
Sat	Apr 6 -Jun 15	10:15 a.m.	10	40912	\$90.00
Sat	Apr 6 -Jun 15	10:45 a.m.	10	40913	\$90.00
Sat	Apr 6 -Jun 15	11:15 a.m.	11	40914	\$99.00
Sat	Apr 6 -Jun 15	11:45 a.m.	10	40915	\$90.00
Sat	Apr 6 -Jun 15	12:45 p.m.	10	40916	\$90.00
Sat	Apr 6 -Jun 15	1:00 p.m.	10	40917	\$90.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	40918	\$90.00
Sun	Apr 7 -Jun 16	9:45 a.m.	10	40928	\$90.00
Sun	Apr 7 -Jun 16	10:15 a.m.	10	40929	\$90.00
Sun	Apr 7 -Jun 16	10:45 a.m.	10	40930	\$90.00
Sun	Apr 7 -Jun 16	11:15 a.m.	10	40931	\$90.00
Sun	Apr 7 -Jun 16	11:45 a.m.	10	40932	\$90.00
Sun	Apr 7 -Jun 16	12:45 p.m.	10	40933	\$90.00
Sun	Apr 7 -Jun 16	1:00 p.m.	10	40934	\$90.00
Mon	Apr 8 -Jun 17	4:30 p.m.	10	40935	\$90.00
Mon	Apr 8 -Jun 17	5:00 p.m.	10	40936	\$90.00
Mon	Apr 8 -Jun 17	5:30 p.m.	10	40937	\$90.00
Mon	Apr 8 -Jun 17	6:15 p.m.	10	40938	\$90.00
Mon	Apr 8 -Jun 17	6:30 p.m.	10	40939	\$90.00
Mon	Apr 8 -Jun 17	7:00 p.m.	10	40940	\$90.00
Mon	Apr 8 -Jun 17	7:30 p.m.	10	40941	\$90.00
Donevan Recreation Complex					
Wed	Apr 3 -Jun 5	7:00 p.m.	10	41867	\$90.00
Wed	Apr 3 -Jun 5	8:00 p.m.	10	41868	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	41869	\$90.00
Sat	Apr 6 -Jun 15	11:00 a.m.	10	41870	\$90.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	41871	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	39990	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	39991	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	40002	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	39992	\$90.00
Tue	Apr 2 -Jun 4	7:30 p.m.	10	39993	\$90.00



Swimmer 3

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:30 p.m.	10	41099	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	41104	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	41756	\$90.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	41782	\$90.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	41808	\$90.00
Sat	Apr 6 -Jun 15	4:00 p.m.	10	41827	\$90.00
Sun	Apr 7 -Jun 16	4:00 p.m.	10	41958	\$90.00
Sun	Apr 7 -Jun 16	5:00 p.m.	10	41985	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	40982	\$90.00
Tue	Apr 2 -Jun 4	5:15 p.m.	10	40984	\$90.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40985	\$90.00
Tue	Apr 2 -Jun 4	6:45 p.m.	10	40986	\$90.00
Tue	Apr 2 -Jun 4	7:15 p.m.	10	40987	\$90.00
Wed	Apr 3 -Jun 5	5:00 p.m.	10	40988	\$90.00
Wed	Apr 3 -Jun 5	5:15 p.m.	10	40990	\$90.00
Wed	Apr 3 -Jun 5	6:30 p.m.	10	40991	\$90.00
Wed	Apr 3 -Jun 5	6:45 p.m.	10	40992	\$90.00
Wed	Apr 3 -Jun 5	7:00 p.m.	10	40993	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	40994	\$90.00
Thu	Apr 4 -Jun 6	5:15 p.m.	10	40995	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	40996	\$90.00
Thu	Apr 4 -Jun 6	6:45 p.m.	10	40997	\$90.00
Thu	Apr 4 -Jun 6	7:15 p.m.	10	40998	\$90.00
Sat	Apr 6 -Jun 15	9:15 a.m.	10	40965	\$90.00
Sat	Apr 6 -Jun 15	10:15 a.m.	10	40966	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	40967	\$90.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	40968	\$90.00
Sat	Apr 6 -Jun 15	12:45 p.m.	10	40969	\$90.00
Sat	Apr 6 -Jun 15	1:00 p.m.	10	40970	\$90.00
Sun	Apr 7 -Jun 16	9:15 a.m.	10	40971	\$90.00
Sun	Apr 7 -Jun 16	10:15 a.m.	10	40972	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	40973	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	40974	\$90.00
Sun	Apr 7 -Jun 16	12:45 p.m.	10	40975	\$90.00

Swimmer 2 ..continued

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Thu	Apr 4 -Jun 6	4:30 p.m.	10	39994	\$90.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	39995	\$90.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	40003	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	39996	\$90.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	39997	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	39998	\$90.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	39999	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40000	\$90.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	40001	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40004	\$90.00
Sun	Apr 7 -Jun 16	11:00 a.m.	10	39988	\$90.00

Swimmer 3 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Sun	Apr 7 -Jun 16	1:00 p.m.	10	40976	\$90.00
Mon	Apr 8 -Jun 17	5:00 p.m.	10	40977	\$90.00
Mon	Apr 8 -Jun 17	5:15 p.m.	10	40978	\$90.00
Mon	Apr 8 -Jun 17	6:30 p.m.	10	40979	\$90.00
Mon	Apr 8 -Jun 17	6:45 p.m.	10	40980	\$90.00
Mon	Apr 8 -Jun 17	7:00 p.m.	10	40981	\$90.00
Donevan Recreation Complex					
Wed	Apr 3 -Jun 5	7:00 p.m.	10	41874	\$90.00
Wed	Apr 3 -Jun 5	8:00 p.m.	10	41876	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	41880	\$90.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	41881	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	40007	\$90.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	40008	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	40009	\$90.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	40010	\$90.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	40011	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	40012	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40013	\$90.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40014	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40015	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	40017	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40016	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	42135	\$90.00
Sun	Apr 7 -Jun 16	11:00 a.m.	10	40005	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	40006	\$90.00

Swimmer 2/3

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Sun	Apr 7 -Jun 16	6:00 p.m.	10	42866	\$90.00



Check out the events and initiatives happening in 2024 to celebrate the 100th anniversary of Oshawa as a city.



Oshawa.ca/100thAnniversary

Swimmer 4

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	6:00 p.m.	10	41109	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	41789	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	41790	\$90.00
Sun	Apr 7 -Jun 16	4:00 p.m.	10	41955	\$90.00
Sun	Apr 7 -Jun 16	5:00 p.m.	10	41998	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:45 p.m.	10	41039	\$90.00
Tue	Apr 2 -Jun 4	5:45 p.m.	10	41040	\$90.00
Tue	Apr 2 -Jun 4	6:15 p.m.	10	41041	\$90.00
Tue	Apr 2 -Jun 4	6:45 p.m.	10	41042	\$90.00
Wed	Apr 3 -Jun 5	4:45 p.m.	10	41043	\$90.00
Wed	Apr 3 -Jun 5	5:45 p.m.	10	41044	\$90.00
Wed	Apr 3 -Jun 5	6:15 p.m.	10	41045	\$90.00
Wed	Apr 3 -Jun 5	7:15 p.m.	10	41046	\$90.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	41047	\$90.00
Thu	Apr 4 -Jun 6	4:45 p.m.	10	41048	\$90.00
Thu	Apr 4 -Jun 6	5:45 p.m.	10	41049	\$90.00
Thu	Apr 4 -Jun 6	6:15 p.m.	10	41050	\$90.00
Thu	Apr 4 -Jun 6	6:45 p.m.	10	41051	\$90.00
Sat	Apr 6 -Jun 15	9:45 a.m.	10	41022	\$90.00
Sat	Apr 6 -Jun 15	10:15 a.m.	10	41025	\$90.00
Sat	Apr 6 -Jun 15	10:45 a.m.	10	41026	\$90.00
Sat	Apr 6 -Jun 15	11:15 a.m.	10	41027	\$90.00
Sat	Apr 6 -Jun 15	1:00 p.m.	10	41028	\$90.00
Sun	Apr 7 -Jun 16	9:45 a.m.	10	41029	\$90.00
Sun	Apr 7 -Jun 16	10:15 a.m.	10	41030	\$90.00
Sun	Apr 7 -Jun 16	10:45 a.m.	10	41031	\$90.00
Sun	Apr 7 -Jun 16	11:15 a.m.	10	41032	\$90.00
Sun	Apr 7 -Jun 16	1:00 p.m.	10	41033	\$90.00
Mon	Apr 8 -Jun 17	4:45 p.m.	10	41034	\$90.00
Mon	Apr 8 -Jun 17	5:45 p.m.	10	41035	\$90.00
Mon	Apr 8 -Jun 17	6:15 p.m.	10	41036	\$90.00
Mon	Apr 8 -Jun 17	7:15 p.m.	10	41037	\$90.00
Mon	Apr 8 -Jun 17	7:30 p.m.	10	41038	\$90.00

Swimmer 4 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Donevan Recreation Complex					
Wed	Apr 3 -Jun 5	6:30 p.m.	10	41891	\$90.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	41892	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	41893	\$90.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	41894	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	40019	\$90.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	42139	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	40021	\$90.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	40022	\$90.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40023	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	40024	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	40018	\$90.00

Swimmer 5

Age: 6 to 15 years

Lessons: 30 minutes per class, *45 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
*Tue	Apr 2 -Jun 4	6:30 p.m.	10	41463	\$90.00
*Thu	Apr 4 -Jun 6	6:00 p.m.	10	41775	\$90.00
*Sun	Apr 7 -Jun 16	5:30 p.m.	10	42041	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	5:15 p.m.	10	41061	\$90.00
Tue	Apr 2 -Jun 4	6:15 p.m.	10	41062	\$90.00
Wed	Apr 3 -Jun 5	5:15 p.m.	10	41063	\$90.00
Wed	Apr 3 -Jun 5	6:15 p.m.	10	41064	\$90.00
Wed	Apr 3 -Jun 5	7:15 p.m.	10	41065	\$90.00
Thu	Apr 4 -Jun 6	5:15 p.m.	10	41066	\$90.00
Thu	Apr 4 -Jun 6	6:15 p.m.	10	41067	\$90.00
Sat	Apr 6 -Jun 15	9:15 a.m.	10	41052	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	41053	\$90.00
Sat	Apr 6 -Jun 15	12:30 p.m.	10	41054	\$90.00
Sun	Apr 7 -Jun 16	9:15 a.m.	10	41055	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	41056	\$90.00
Sun	Apr 7 -Jun 16	12:30 p.m.	10	41057	\$90.00
Mon	Apr 8 -Jun 17	5:15 p.m.	10	41058	\$90.00

Swimmer 5 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Mon	Apr 8 -Jun 17	6:15 p.m.	10	41059	\$90.00
Mon	Apr 8 -Jun 17	7:15 p.m.	10	41060	\$90.00
Donevan Recreation Complex					
Wed	Apr 3 -Jun 5	6:30 p.m.	10	41895	\$90.00
Wed	Apr 3 -Jun 5	8:00 p.m.	10	41897	\$90.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	41899	\$90.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	41900	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40026	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	40027	\$90.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40028	\$90.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	40025	\$90.00

Swimmer 4/5

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Sun	Apr 7 -Jun 16	6:00 p.m.	10	42867	\$90.00



Swimmer 6

Age: 6 to 15 years

Lessons: 30 minutes per class, *45 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
*Tue	Apr 2 -Jun 4	6:30 p.m.	10	41453	\$90.00
*Thu	Apr 4 -Jun 6	6:00 p.m.	10	41776	\$90.00
*Sun	Apr 7 -Jun 16	5:30 p.m.	10	42053	\$90.00
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	41074	\$90.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	41075	\$90.00
Wed	Apr 3 -Jun 5	4:30 p.m.	10	41076	\$90.00
Wed	Apr 3 -Jun 5	7:00 p.m.	10	41077	\$90.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	41078	\$90.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	41079	\$90.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	41069	\$90.00
Sat	Apr 6 -Jun 15	12:15 p.m.	10	41068	\$90.00
Sun	Apr 7 -Jun 16	11:30 a.m.	11	41071	\$99.00
Sun	Apr 7 -Jun 16	12:15 p.m.	10	41070	\$90.00
Mon	Apr 8 -Jun 17	4:30 p.m.	10	41072	\$90.00
Mon	Apr 8 -Jun 17	7:00 p.m.	10	41073	\$90.00
Donevan Recreation Complex					
*Wed	Apr 3 -Jun 5	6:30 p.m.	10	41902	\$90.00
*Wed	Apr 3 -Jun 5	7:00 p.m.	10	41903	\$90.00
*Sat	Apr 6 -Jun 15	10:00 a.m.	10	41904	\$90.00
*Sat	Apr 6 -Jun 15	11:00 a.m.	10	41905	\$90.00

Swimmer 7

Age: 6 to 15 years

Lessons: 45 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	7:15 p.m.	10	41702	\$90.00
Thu	Apr 4 -Jun 6	6:45 p.m.	10	41794	\$90.00
Sun	Apr 7 -Jun 16	6:15 p.m.	10	42073	\$90.00
Donevan Recreation Complex					
Wed	Apr 3 -Jun 5	7:15 p.m.	10	41906	\$90.00
Wed	Apr 3 -Jun 5	7:45 p.m.	10	41907	\$90.00
Sat	Apr 6 -Jun 15	10:45 a.m.	10	41908	\$90.00
Sat	Apr 6 -Jun 15	11:45 a.m.	10	41909	\$90.00

Swimmer 6/7

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	7:30 p.m.	10	40031	\$90.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	40032	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40033	\$90.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40030	\$90.00

Swimmer 8/9/10

Age: 6 to 15 years

Lessons: 45 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	7:15 p.m.	10	41701	\$90.00
Thu	Apr 4 -Jun 6	6:45 p.m.	10	41797	\$90.00
Sat	Apr 6 -Jun 15	5:15 p.m.	10	41848	\$90.00
Sun	Apr 7 -Jun 16	4:45 p.m.	10	42074	\$90.00
Sun	Apr 7 -Jun 16	6:15 p.m.	10	42075	\$90.00
Donevan Recreation Complex					
Wed	Apr 3 -Jun 5	7:00 p.m.	10	41910	\$90.00
Wed	Apr 3 -Jun 5	7:45 p.m.	10	41911	\$90.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	41912	\$90.00
Sat	Apr 6 -Jun 15	10:45 a.m.	10	41913	\$90.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	7:15 p.m.	10	40089	\$90.00



Looking for inclusive swim lessons?

See page 17 to find inclusive private swim lessons for participants 3 to 19 years of age.



activeOshawa

Getting active is easy with
the City of Oshawa

Connect with Rec



SCAN ME

Oshawa.ca/Recreation



Spring

.....

low ratio swim lessons

ages 3 - 15

Low ratio swimming lessons are ideal for persons who prefer smaller class sizes. Each lesson is capped at 3 participants per instructor, ensuring swimmers receive more individualized attention and tailored guidance to improve on specific skills and strokes.



Family Swim - Low Ratio

Designed for family/friends to learn together in the water. Each participant will be able to work on their own swim techniques while having fun together. Ideal for participants who are close in skill set. All participants must register in the course. Register the first participant then call the coordinator at the location where the lesson is taking place to add extra participants: Civic Recreation Complex ext. 2787 or South Oshawa Community Centre ext. 5308. Must be a minimum of two swimmers and a maximum of three.

Age: 3 to 13 years

Lessons: 30 minutes per class

Price is listed per participant

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	41091	\$180.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	41102	\$180.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	41438	\$180.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	41556	\$180.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	41693	\$180.00
Tue	Apr 2 -Jun 4	7:30 p.m.	10	41698	\$180.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	41726	\$180.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	41746	\$180.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	41781	\$180.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	41788	\$180.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	41796	\$180.00

Low Ratio - Preschool 2/3

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	40352	\$180.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40353	\$180.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	40354	\$180.00
Wed	Apr 3 -Jun 5	4:45 p.m.	10	40355	\$180.00
Wed	Apr 3 -Jun 5	5:00 p.m.	10	40356	\$180.00
Wed	Apr 3 -Jun 5	6:30 p.m.	10	40357	\$180.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	40358	\$180.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	40359	\$180.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40342	\$180.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	40344	\$180.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	40345	\$180.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	40346	\$180.00
Mon	Apr 8 -Jun 17	4:45 p.m.	10	40347	\$180.00
Mon	Apr 8 -Jun 17	5:00 p.m.	10	40350	\$180.00
Mon	Apr 8 -Jun 17	6:30 p.m.	10	40351	\$180.00

Family Swim - Low Ratio

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Thu	Apr 4 -Jun 6	7:30 p.m.	10	41802	\$180.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	41803	\$180.00
Sat	Apr 6 -Jun 15	4:00 p.m.	11	41819	\$198.00
Sat	Apr 6 -Jun 15	5:00 p.m.	10	41844	\$180.00
Sat	Apr 6 -Jun 15	5:30 p.m.	10	41896	\$180.00
Sat	Apr 6 -Jun 15	6:00 p.m.	10	41944	\$180.00
Sun	Apr 7 -Jun 16	3:30 p.m.	10	41951	\$180.00
Sun	Apr 7 -Jun 16	3:30 p.m.	10	41952	\$180.00
Sun	Apr 7 -Jun 16	4:00 p.m.	10	41956	\$180.00
Sun	Apr 7 -Jun 16	4:30 p.m.	10	41967	\$180.00
Sun	Apr 7 -Jun 16	5:00 p.m.	10	42003	\$180.00
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42061	\$180.00
Sun	Apr 7 -Jun 16	6:00 p.m.	10	42062	\$180.00
South Oshawa Community Centre					
Sun	Apr 7 -Jun 16	5:00 p.m.	10	42874	\$180.00
Sun	Apr 7 -Jun 16	6:00 p.m.	10	42875	\$180.00

Low Ratio - Swimmer 2

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:45 p.m.	10	40516	\$180.00
Tue	Apr 2 -Jun 4	5:45 p.m.	10	40517	\$180.00
Wed	Apr 3 -Jun 5	4:45 p.m.	10	40518	\$180.00
Wed	Apr 3 -Jun 5	5:45 p.m.	10	40519	\$180.00
Wed	Apr 3 -Jun 5	7:00 p.m.	10	40520	\$180.00
Thu	Apr 4 -Jun 6	4:45 p.m.	10	40521	\$180.00
Thu	Apr 4 -Jun 6	5:45 p.m.	10	40522	\$180.00
Sat	Apr 6 -Jun 15	10:45 a.m.	10	40509	\$180.00
Sat	Apr 6 -Jun 15	12:15 p.m.	10	40510	\$180.00
Sun	Apr 7 -Jun 16	10:45 a.m.	10	40511	\$180.00
Sun	Apr 7 -Jun 16	12:15 p.m.	10	40512	\$180.00
Mon	Apr 8 -Jun 17	4:45 p.m.	10	40513	\$180.00
Mon	Apr 8 -Jun 17	5:45 p.m.	10	40514	\$180.00
Mon	Apr 8 -Jun 17	7:00 p.m.	10	40515	\$180.00

Low Ratio - Swimmer 1

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	5:30 p.m.	10	40502	\$180.00
Tue	Apr 2 -Jun 4	6:45 p.m.	10	40503	\$180.00
Wed	Apr 3 -Jun 5	5:30 p.m.	10	40504	\$180.00
Wed	Apr 3 -Jun 5	6:45 p.m.	10	40505	\$180.00
Wed	Apr 3 -Jun 5	7:15 p.m.	10	40506	\$180.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	40507	\$180.00
Thu	Apr 4 -Jun 6	6:45 p.m.	10	40508	\$180.00
Sat	Apr 6 -Jun 15	9:45 a.m.	10	40494	\$180.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	40495	\$180.00
Sun	Apr 7 -Jun 16	9:45 a.m.	10	40496	\$180.00
Sun	Apr 7 -Jun 16	12:00 p.m.	10	40498	\$180.00
Mon	Apr 8 -Jun 17	5:30 p.m.	10	40499	\$180.00
Mon	Apr 8 -Jun 17	6:45 p.m.	10	40500	\$180.00
Mon	Apr 8 -Jun 17	7:15 p.m.	10	40501	\$180.00

Spring/ Summer GUIDE 2024



Looking for seniors' specific programs and services? From Art to Zumba® classes; we've got you covered.

Visit oscc.ca/activityguide today!



905.576.6712
oscc.ca

Low Ratio - Swimmer 3

Age: 6 to 15 years

Lessons: 30 minutes per class

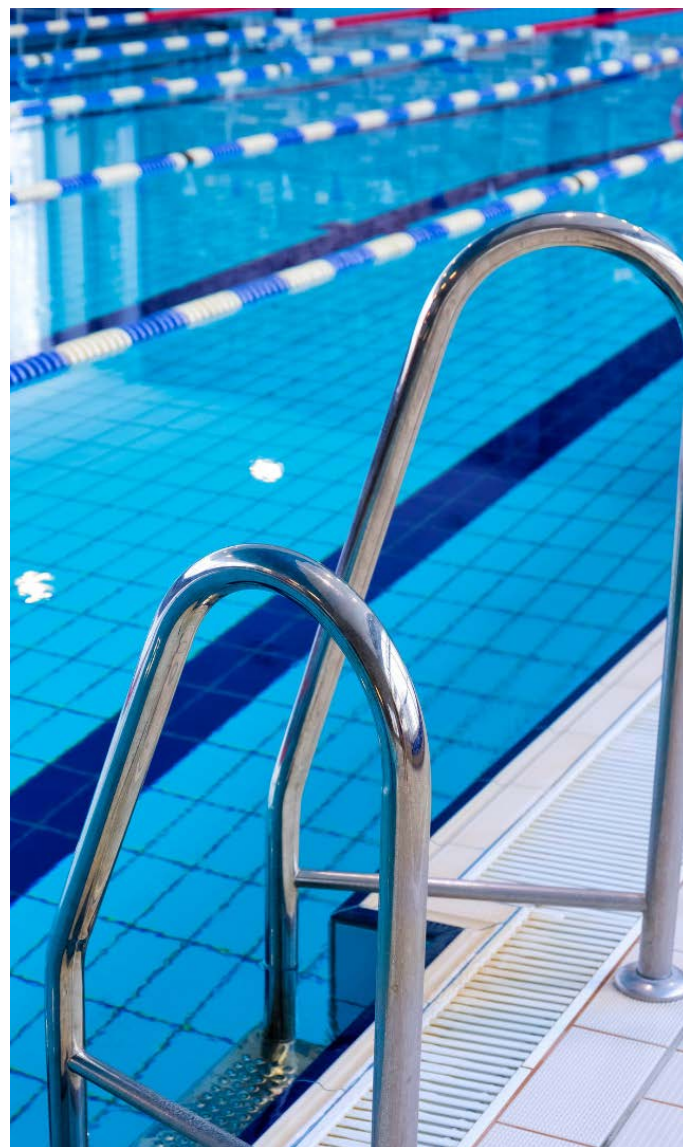
Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:45 p.m.	10	40530	\$180.00
Tue	Apr 2 -Jun 4	5:45 p.m.	10	40539	\$180.00
Wed	Apr 3 -Jun 5	5:45 p.m.	10	40540	\$180.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	40543	\$180.00
Thu	Apr 4 -Jun 6	4:45 p.m.	10	40544	\$180.00
Thu	Apr 4 -Jun 6	5:45 p.m.	10	40546	\$180.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40523	\$180.00
Sat	Apr 6 -Jun 15	12:30 p.m.	10	40524	\$180.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	40525	\$180.00
Sun	Apr 7 -Jun 16	12:30 p.m.	10	40526	\$180.00
Mon	Apr 8 -Jun 17	5:45 p.m.	10	40527	\$180.00
Mon	Apr 8 -Jun 17	7:30 p.m.	10	40529	\$180.00

Low Ratio - Swimmer 5/6

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	6:45 p.m.	10	40572	\$180.00
Wed	Apr 3 -Jun 5	6:45 p.m.	10	40573	\$180.00
Thu	Apr 4 -Jun 6	6:45 p.m.	10	40574	\$180.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	40568	\$180.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	40569	\$180.00
Mon	Apr 8 -Jun 17	6:45 p.m.	10	40570	\$180.00



Low Ratio - Swimmer 4

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	5:15 p.m.	10	40558	\$180.00
Tue	Apr 2 -Jun 4	6:15 p.m.	10	40560	\$180.00
Wed	Apr 3 -Jun 5	5:15 p.m.	10	40561	\$180.00
Wed	Apr 3 -Jun 5	6:15 p.m.	10	40563	\$180.00
Thu	Apr 4 -Jun 6	5:15 p.m.	10	40564	\$180.00
Thu	Apr 4 -Jun 6	6:15 p.m.	10	40566	\$180.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40549	\$180.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	40551	\$180.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	40552	\$180.00
Sun	Apr 7 -Jun 16	12:00 p.m.	10	40555	\$180.00
Mon	Apr 8 -Jun 17	5:15 p.m.	10	40556	\$180.00
Mon	Apr 8 -Jun 17	6:15 p.m.	10	40557	\$180.00

Spring private swim lessons

Private swimming lessons offer 1:1 instruction with a skilled swim instructor. Participants will receive individual attention to improve their swimming technique and have the convenience of selecting their preferred day and time. Levels will be determined upon registration.

Private Swim - 30 minutes

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Sat	Apr 6 -Jun 15	5:00 p.m.	10	41842	\$280.00
Sat	Apr 6 -Jun 15	6:00 p.m.	10	41898	\$280.00
Sun	Apr 7 -Jun 16	3:30 p.m.	10	41945	\$280.00
Sun	Apr 7 -Jun 16	3:30 p.m.	10	41946	\$280.00
Sun	Apr 7 -Jun 16	4:00 p.m.	10	41959	\$280.00
Sun	Apr 7 -Jun 16	4:30 p.m.	10	41965	\$280.00
Sun	Apr 7 -Jun 16	5:00 p.m.	10	41997	\$280.00
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42058	\$280.00
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42059	\$280.00
Sun	Apr 7 -Jun 16	6:30 p.m.	10	42068	\$280.00
Sun	Apr 7 -Jun 16	6:30 p.m.	10	42069	\$280.00
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	4:30 p.m.	10	40046	\$280.00
Tue	Apr 2 -Jun 4	5:00 p.m.	10	40047	\$280.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	40049	\$280.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40051	\$280.00
Tue	Apr 2 -Jun 4	7:30 p.m.	10	40052	\$280.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	40057	\$280.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	40058	\$280.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	40059	\$280.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	40060	\$280.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	40061	\$280.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40068	\$280.00
Sat	Apr 6 -Jun 15	9:00 a.m.	10	40069	\$280.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40070	\$280.00
Sat	Apr 6 -Jun 15	9:30 a.m.	10	40071	\$280.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40072	\$280.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	40073	\$280.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	40074	\$280.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	42140	\$280.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40036	\$280.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	40037	\$280.00
Sun	Apr 7 -Jun 16	11:00 a.m.	10	40038	\$280.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	40039	\$280.00
Sun	Apr 7 -Jun 16	5:00 p.m.	10	42870	\$280.00
Sun	Apr 7 -Jun 16	5:30 p.m.	10	42871	\$280.00
Sun	Apr 7 -Jun 16	6:00 p.m.	10	42872	\$280.00
Sun	Apr 7 -Jun 16	6:30 p.m.	10	42873	\$280.00

Private Swim - 30 minutes

Age: 3 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Apr 2 -Jun 4	5:00 p.m.	10	41092	\$280.00
Tue	Apr 2 -Jun 4	5:30 p.m.	10	41100	\$280.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	41105	\$280.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	41446	\$280.00
Tue	Apr 2 -Jun 4	7:30 p.m.	10	41695	\$280.00
Tue	Apr 2 -Jun 4	7:30 p.m.	10	41696	\$280.00
Tue	Apr 2 -Jun 4	7:30 p.m.	10	41697	\$280.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	41710	\$280.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	41739	\$280.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	41768	\$280.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	41769	\$280.00
Thu	Apr 4 -Jun 6	6:30 p.m.	10	41786	\$280.00
Thu	Apr 4 -Jun 6	7:00 p.m.	10	41787	\$280.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	41804	\$280.00
Thu	Apr 4 -Jun 6	7:30 p.m.	10	41805	\$280.00
Sat	Apr 6 -Jun 15	4:00 p.m.	10	41818	\$280.00

Private Swim Preschool 1 - Swimmer 3

Age: 3 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:00 p.m.	10	40285	\$280.00
Tue	Apr 2 -Jun 4	4:00 p.m.	10	40286	\$280.00
Tue	Apr 2 -Jun 4	4:15 p.m.	10	40287	\$280.00
Tue	Apr 2 -Jun 4	4:15 p.m.	10	40288	\$280.00
Tue	Apr 2 -Jun 4	5:15 p.m.	10	40289	\$280.00
Tue	Apr 2 -Jun 4	6:15 p.m.	10	40290	\$280.00
Wed	Apr 3 -Jun 5	4:00 p.m.	10	40291	\$280.00
Wed	Apr 3 -Jun 5	4:00 p.m.	10	40292	\$280.00
Wed	Apr 3 -Jun 5	4:15 p.m.	10	40293	\$280.00
Wed	Apr 3 -Jun 5	4:15 p.m.	10	40294	\$280.00
Wed	Apr 3 -Jun 5	5:15 p.m.	10	40295	\$280.00
Wed	Apr 3 -Jun 5	6:15 p.m.	10	40296	\$280.00
Thu	Apr 4 -Jun 6	4:00 p.m.	10	40297	\$280.00
Thu	Apr 4 -Jun 6	4:00 p.m.	10	40299	\$280.00
Thu	Apr 4 -Jun 6	4:15 p.m.	10	40300	\$280.00
Thu	Apr 4 -Jun 6	4:15 p.m.	10	40301	\$280.00
Thu	Apr 4 -Jun 6	5:15 p.m.	10	40302	\$280.00
Thu	Apr 4 -Jun 6	6:15 p.m.	10	40303	\$280.00
Sat	Apr 6 -Jun 15	9:45 a.m.	10	40216	\$280.00
Sat	Apr 6 -Jun 15	10:15 a.m.	10	40217	\$280.00
Sat	Apr 6 -Jun 15	11:15 a.m.	10	40218	\$280.00
Sat	Apr 6 -Jun 15	12:15 p.m.	10	40219	\$280.00
Sat	Apr 6 -Jun 15	12:45 p.m.	10	40220	\$280.00
Sun	Apr 7 -Jun 16	9:45 a.m.	10	40222	\$280.00
Sun	Apr 7 -Jun 16	10:15 a.m.	10	40223	\$280.00
Sun	Apr 7 -Jun 16	11:15 a.m.	10	40224	\$280.00
Sun	Apr 7 -Jun 16	12:15 p.m.	10	40225	\$280.00
Sun	Apr 7 -Jun 16	12:45 p.m.	10	40226	\$280.00
Mon	Apr 8 -Jun 17	4:00 p.m.	10	40269	\$280.00
Mon	Apr 8 -Jun 17	4:00 p.m.	10	40280	\$280.00
Mon	Apr 8 -Jun 17	4:15 p.m.	10	40281	\$280.00
Mon	Apr 8 -Jun 17	4:15 p.m.	10	40282	\$280.00
Mon	Apr 8 -Jun 17	5:15 p.m.	10	40283	\$280.00
Mon	Apr 8 -Jun 17	6:15 p.m.	10	40284	\$280.00

Private Swim Preschool 1 - Swimmer 3

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Tue	Apr 2 -Jun 4	5:30 p.m.	10	40053	\$280.00
Tue	Apr 2 -Jun 4	6:00 p.m.	10	40054	\$280.00
Tue	Apr 2 -Jun 4	6:30 p.m.	10	40055	\$280.00
Tue	Apr 2 -Jun 4	7:00 p.m.	10	40056	\$280.00
Tue	Apr 2 -Jun 4	7:30 p.m.	10	42138	\$280.00
Thu	Apr 4 -Jun 6	4:30 p.m.	10	40064	\$280.00
Thu	Apr 4 -Jun 6	5:00 p.m.	10	40065	\$280.00
Thu	Apr 4 -Jun 6	5:30 p.m.	10	40066	\$280.00
Thu	Apr 4 -Jun 6	6:00 p.m.	10	40067	\$280.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	40034	\$280.00
Sun	Apr 7 -Jun 16	9:00 a.m.	10	40040	\$280.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	40035	\$280.00
Sun	Apr 7 -Jun 16	9:30 a.m.	10	40041	\$280.00
Sun	Apr 7 -Jun 16	10:00 a.m.	10	40042	\$280.00
Sun	Apr 7 -Jun 16	10:30 a.m.	10	40043	\$280.00
Sun	Apr 7 -Jun 16	11:00 a.m.	10	40044	\$280.00
Sun	Apr 7 -Jun 16	11:30 a.m.	10	40045	\$280.00



Private Swim - Swimmer 4-7

Age: 5 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Apr 2 -Jun 4	4:00 p.m.	10	40323	\$280.00
Tue	Apr 2 -Jun 4	4:15 p.m.	10	40324	\$280.00
Tue	Apr 2 -Jun 4	4:15 p.m.	10	40325	\$280.00
Tue	Apr 2 -Jun 4	4:45 p.m.	10	40326	\$280.00
Tue	Apr 2 -Jun 4	5:45 p.m.	10	40327	\$280.00
Wed	Apr 3 -Jun 5	4:00 p.m.	10	40328	\$280.00
Wed	Apr 3 -Jun 5	4:15 p.m.	10	40331	\$280.00
Wed	Apr 3 -Jun 5	4:15 p.m.	10	40332	\$280.00
Wed	Apr 3 -Jun 5	4:45 p.m.	10	40333	\$280.00
Wed	Apr 3 -Jun 5	5:45 p.m.	10	40334	\$280.00
Wed	Apr 3 -Jun 5	6:45 p.m.	10	40335	\$280.00
Thu	Apr 4 -Jun 6	4:00 p.m.	10	40336	\$280.00
Thu	Apr 4 -Jun 6	4:15 p.m.	10	40338	\$280.00
Thu	Apr 4 -Jun 6	4:15 p.m.	10	40339	\$280.00
Thu	Apr 4 -Jun 6	4:45 p.m.	10	40340	\$280.00
Thu	Apr 4 -Jun 6	5:45 p.m.	10	40341	\$280.00
Sat	Apr 6 -Jun 15	9:15 a.m.	10	40304	\$280.00
Sat	Apr 6 -Jun 15	10:15 a.m.	10	40306	\$280.00
Sat	Apr 6 -Jun 15	10:45 a.m.	10	40307	\$280.00
Sat	Apr 6 -Jun 15	11:15 a.m.	10	40308	\$280.00
Sat	Apr 6 -Jun 15	12:15 p.m.	10	40309	\$280.00
Sun	Apr 7 -Jun 16	9:15 a.m.	10	40310	\$280.00
Sun	Apr 7 -Jun 16	10:15 a.m.	10	40313	\$280.00
Sun	Apr 7 -Jun 16	10:45 a.m.	10	40314	\$280.00
Sun	Apr 7 -Jun 16	11:15 a.m.	10	40315	\$280.00
Sun	Apr 7 -Jun 16	12:15 p.m.	10	40316	\$280.00
Mon	Apr 8 -Jun 17	4:00 p.m.	10	40317	\$280.00
Mon	Apr 8 -Jun 17	4:15 p.m.	10	40318	\$280.00
Mon	Apr 8 -Jun 17	4:15 p.m.	10	40319	\$280.00
Mon	Apr 8 -Jun 17	4:45 p.m.	10	40320	\$280.00
Mon	Apr 8 -Jun 17	5:45 p.m.	10	40321	\$280.00
Mon	Apr 8 -Jun 17	6:45 p.m.	10	40322	\$280.00

Private Swim - Swimmer 1-7

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Donevan Recreation Complex					
Wed	Apr 3 -Jun 5	6:30 p.m.	10	41914	\$280.00
Wed	Apr 3 -Jun 5	6:30 p.m.	10	41915	\$280.00
Wed	Apr 3 -Jun 5	7:00 p.m.	10	41916	\$280.00
Wed	Apr 3 -Jun 5	7:30 p.m.	10	41917	\$280.00
Wed	Apr 3 -Jun 5	8:00 p.m.	10	41918	\$280.00
Sat	Apr 6 -Jun 15	10:00 a.m.	10	41919	\$280.00
Sat	Apr 6 -Jun 15	10:30 a.m.	10	41920	\$280.00
Sat	Apr 6 -Jun 15	11:00 a.m.	10	41921	\$280.00
Sat	Apr 6 -Jun 15	11:30 a.m.	10	41922	\$280.00
Sat	Apr 6 -Jun 15	12:00 p.m.	10	41923	\$280.00

Private Swim - Adult

Age: 18 years +

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Donevan Recreation Complex					
Wed	Apr 3 -Jun 5	8:30 p.m.	10	41925	\$316.40
Wed	Apr 3 -Jun 5	8:30 p.m.	10	41926	\$316.40
Wed	Apr 3 -Jun 5	8:30 p.m.	10	41927	\$316.40
Wed	Apr 3 -Jun 5	8:30 p.m.	10	41928	\$316.40



Spring

specialty swim lessons

Fitness Swimmer

Swimmers of any age improve their overall physical fitness in the water. A structured approach based on accepted training principles and practices including interval training. Participants set their own goals.

Age: 12 to 16 years

Location: Civic Recreation Complex

Teen Swimmer - Beginner

Designed for beginners who may be just starting out. Within the curriculum participants set their own goals to develop water confidence and smooth recognizable strokes. Targeted Water Smart® drowning prevention messages are an integral part of the Swim for Life® program. These messages are delivered in all teen swimmer levels.

Age: 12 to 17 years

Location: Civic Recreation Complex

Female Only Learn to Swim

Taught by female instructors in a curtain enclosed pool. Swimmers will be taught in a group setting according to ability in one of two levels: beginner or intermediate/advanced.

Age: 13 years +

Location: Donevan Recreation Complex

Adult Swimmer - Beginner

Participants will work towards a 10-15 metre swim on their front and back, do jump entries from the side, and recover an object from the bottom in chest-deep water. Improve fitness and flutter kick with 4 x 9-12 metre interval training.

Age: 14 years +

Location: Civic Recreation Complex, Delpark Homes Centre, South Oshawa Community Centre

Adult Swimmer - Intermediate

Participants will work on two interval training workouts of 4 x 25 metre kicking and front or back crawl, perform dive entries, and demonstrate breaststroke arms and breathing over 10-15 metres. Participants will also learn to support themselves at the surface for 1-2 minutes.

Age: 14 years +


Location: Civic Recreation Complex, South Oshawa Community Centre

Adult Swimmer - All Levels

Swimmers just starting out or wanting help with strokes. Within the curriculum participants set their own goals to develop water confidence and smooth recognizable strokes. Learn to master the front crawl, back crawl, and breaststroke. Targeted Water Smart® drowning prevention messages are an integral part of the Swim for Life® program. These messages are delivered in all adult swimmer levels. Instructors are prepared to adapt these items and awards to accommodate the needs of adult learners and provide the flexibility for them to select the skills they want to learn to achieve their personal swimming goals.

Age: 18 years +

Location: Donevan Recreation Complex

 Eligible for financial assistance

 Inclusion Services Support available

Spring Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Specialty Swim Lessons								
Fitness Swimmer	12-16 yrs	CRC	Sat	Apr 6 -Jun 15	5:15 p.m. -6:00 p.m.	10	42970	\$90.00
Fitness Swimmer	12-16 yrs	CRC	Sun	Apr 7 -Jun 16	4:00 p.m. -4:45 p.m.	10	43084	\$90.00
Teen Swimmer - Beginner	12-17 yrs	CRC	Sun	Apr 7 -Jun 16	6:15 a.m. -7:00 a.m.	10	42077	\$90.00
Female Only Learn to Swim - Beginner	13 yrs +	DRC	Sat	Apr 6 -Jun 15	4:00 p.m. -4:30 p.m.	8	41929	\$54.24
Female Only Learn to Swim - Beginner	13 yrs +	DRC	Sat	Apr 6 -Jun 15	4:30 p.m. -5:00 p.m.	8	41930	\$54.24
Female Only Learn to Swim - Intermediate/Advanced	13 yrs +	DRC	Sat	Apr 6 -Jun 15	4:00 p.m. -4:30 p.m.	8	41931	\$54.24
Female Only Learn to Swim - Intermediate/Advanced	13 yrs +	DRC	Sat	Apr 6 -Jun 15	4:30 p.m. -5:00 p.m.	8	41932	\$54.24
Adult Swimmer - Beginner	14 yrs +	CRC	Tue	Apr 2 -Jun 4	9:45 a.m. -10:30 a.m.	10	42080	\$101.70
Adult Swimmer - Beginner	14 yrs +	CRC	Tue	Apr 2 -Jun 4	7:15 p.m. -8:00 p.m.	10	41700	\$101.70
Adult Swimmer - Beginner	14 yrs +	CRC	Thu	Apr 4 -Jun 6	9:45 a.m. -10:30 a.m.	10	42081	\$101.70
Adult Swimmer - Beginner	14 yrs +	CRC	Thu	Apr 4 -Jun 6	7:15 p.m. -8:00 p.m.	10	41811	\$101.70
Adult Swimmer - Beginner	14 yrs +	CRC	Sat	Apr 6 -Jun 15	4:30 p.m. -5:15 p.m.	10	41833	\$101.70
Adult Swimmer - Beginner	14 yrs +	CRC	Sun	Apr 7 -Jun 16	6:00 p.m. -6:45 p.m.	10	42070	\$101.70
Adult Swimmer - Beginner	14 yrs +	DHC	Tue	Apr 2 -Jun 4	9:15 a.m. -10:00 a.m.	10	41126	\$101.70
Adult Swimmer - Beginner	14 yrs +	DHC	Wed	Apr 3 -Jun 5	8:15 p.m. -9:00 p.m.	10	41085	\$101.70
Adult Swimmer - Beginner	14 yrs +	DHC	Mon	Apr 8 -Jun 17	8:15 p.m. -9:00 p.m.	10	41084	\$101.70
Adult Swimmer - Beginner	14 yrs +	SOCC	Tue	Apr 2 -Jun 4	7:00 p.m. -7:30 p.m.	10	40075	\$67.80
Adult Swimmer - Beginner	14 yrs +	SOCC	Thu	Apr 4 -Jun 6	7:00 p.m. -7:30 p.m.	10	40076	\$67.80
Adult Swimmer - Beginner	14 yrs +	SOCC	Sun	Apr 7 -Jun 16	6:30 p.m. -7:00 p.m.	10	42876	\$67.80
Adult Swimmer - Intermediate	14 yrs +	CRC	Tue	Apr 2 -Jun 4	7:15 p.m. -8:00 p.m.	10	41703	\$101.70
Adult Swimmer - Intermediate	14 yrs +	CRC	Thu	Apr 4 -Jun 6	7:15 p.m. -8:00 p.m.	10	41812	\$101.70
Adult Swimmer - Intermediate	14 yrs +	CRC	Sat	Apr 6 -Jun 15	4:30 p.m. -5:15 p.m.	10	41831	\$101.70
Adult Swimmer - Intermediate	14 yrs +	CRC	Sun	Apr 7 -Jun 16	6:00 p.m. -6:45 p.m.	10	42071	\$101.70
Adult Swimmer - Intermediate	14 yrs +	SOCC	Tue	Apr 2 -Jun 4	7:30 p.m. -8:00 p.m.	10	40077	\$67.80
Adult Swimmer - Intermediate	14 yrs +	SOCC	Thu	Apr 4 -Jun 6	7:30 p.m. -8:00 p.m.	10	40078	\$67.80
Adult Swimmer - Intermediate	14 yrs +	SOCC	Sun	Apr 7 -Jun 16	6:30 p.m. -7:00 p.m.	10	42877	\$67.80
Adult Swimmer - All Levels	18 yrs +	DRC	Wed	Apr 3 -Jun 5	8:30 p.m. -9:15 p.m.	10	41924	\$101.70

CRC - Civic Recreation Complex DHC - Delpark Homes Centre DRC - Donevan Recreation Complex SOCC - South Oshawa Community Centre

BIGGER
BETTER
FASTER
THAN EVER

Experience the new Freedom.

- Nationwide unlimited plans.
- Growing 5G network.
- Still affordable.

Visit us at 4 locations across Oshawa, or learn more at freedommobile.ca.

Speeds reduced beyond plan data amounts. 5G is available in select markets. Conditions apply. Visit freedommobile.ca for details.



Get your **FREE** Grade 5 Action Pass



All Grade 5 students in Durham Region can get a pass that gives them:

- **free** public swimming
- **free** public skating
- **free** drop-in programs (programs vary by recreation centre)

Have fun, meet new friends and get active!

For more information and a list of participating recreation centres and programs visit: durham.ca/physicalactivity

Summer

.....

preschool swim lessons

ages 4 months - 5 years



Parent and Tot 1/2

Age: 4 to 24 months

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Jul 2 -Aug 27	6:00 p.m.	9	41810	\$84.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	41814	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	41815	\$84.60
Sat	Jul 6 -Aug 24	10:00 a.m.	7	41817	\$65.80
Sat	Jul 6 -Aug 24	11:30 a.m.	7	41820	\$65.80
Mon	Jul 8 -Aug 26	5:00 p.m.	7	41807	\$65.80
South Oshawa Community Centre					
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42388	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42389	\$84.60

Parent and Tot 3

Age: 24 to 36 months

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Jul 2 -Aug 27	5:00 p.m.	9	41826	\$84.60
Wed	Jul 3 -Aug 28	6:00 p.m.	9	41828	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	41829	\$84.60
Sat	Jul 6 -Aug 24	10:30 a.m.	8	41832	\$75.20
Mon	Jul 8 -Aug 26	6:00 p.m.	7	41823	\$65.80
South Oshawa Community Centre					
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42390	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42391	\$84.60

Parent and Tot 1/2/3

Age: 4 to 36 months

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42112	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42378	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42664	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42729	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42771	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42920	\$47.00
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	9:15 a.m.	4	40457	\$37.60
Mon-Fri	Jul 8 -Jul 12	9:15 a.m.	5	40458	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:15 a.m.	5	40459	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:15 a.m.	5	40460	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:15 a.m.	5	40461	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:15 a.m.	4	40462	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:15 a.m.	5	40463	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:15 a.m.	5	40464	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:15 a.m.	5	40465	\$47.00

Transition Swimmer

Age: 2 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42364	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42670	\$84.60
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	8:45 a.m.	4	40466	\$37.60
Tue-Fri	Jul 2 -Jul 5	9:45 a.m.	4	40467	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41845	\$84.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41846	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	41847	\$84.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41850	\$84.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	41851	\$84.60
Wed	Jul 3 -Aug 28	5:30 p.m.	9	41852	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	41854	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	41855	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	41856	\$84.60
Sat	Jul 6 -Aug 24	10:30 a.m.	7	41858	\$65.80
Sat	Jul 6 -Aug 24	11:00 a.m.	7	41859	\$65.80
Sat	Jul 6 -Aug 24	12:00 p.m.	7	41860	\$65.80
Mon-Fri	Jul 8 -Jul 12	8:45 a.m.	5	40468	\$47.00
Mon-Fri	Jul 8 -Jul 12	9:45 a.m.	5	40469	\$47.00
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41838	\$65.80
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41840	\$65.80
Mon	Jul 8 -Aug 26	5:30 p.m.	7	41841	\$65.80
Mon-Fri	Jul 15 -Jul 19	8:45 a.m.	5	40470	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:45 a.m.	5	40471	\$47.00
Mon-Fri	Jul 22 -Jul 26	8:45 a.m.	5	40472	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:45 a.m.	5	40473	\$47.00
Mon-Fri	Jul 29 -Aug 2	8:45 a.m.	5	40474	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:45 a.m.	5	40475	\$47.00
Tue-Fri	Aug 6 -Aug 9	8:45 a.m.	4	40476	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:45 a.m.	4	40477	\$37.60
Mon-Fri	Aug 12 -Aug 16	8:45 a.m.	5	40478	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:45 a.m.	5	40479	\$47.00
Mon-Fri	Aug 19 -Aug 23	8:45 a.m.	5	40480	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:45 a.m.	5	40481	\$47.00
Mon-Fri	Aug 26 -Aug 30	8:45 a.m.	5	40482	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:45 a.m.	5	40483	\$47.00

Preschool 1

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42120	\$84.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42126	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42365	\$84.60
Tue	Jul 2 -Aug 27	6:30 p.m.	9	42511	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42649	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42668	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42673	\$84.60
Thu	Jul 4 -Aug 29	6:30 p.m.	9	42687	\$84.60
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	8:45 a.m.	4	41264	\$37.60
Tue-Fri	Jul 2 -Jul 5	9:45 a.m.	4	41265	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:15 a.m.	4	41266	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41961	\$84.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41962	\$84.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	41963	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	41964	\$84.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41970	\$84.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	41971	\$84.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	41972	\$84.60
Wed	Jul 3 -Aug 28	6:00 p.m.	9	41973	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	41975	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	41976	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	41977	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	41978	\$84.60
Sat	Jul 6 -Aug 24	10:30 a.m.	7	41980	\$65.80
Sat	Jul 6 -Aug 24	11:00 a.m.	7	41981	\$65.80
Sat	Jul 6 -Aug 24	11:30 a.m.	7	41982	\$65.80
Sat	Jul 6 -Aug 24	12:00 p.m.	7	41983	\$65.80
Sat	Jul 6 -Aug 24	12:30 p.m.	7	41984	\$65.80
Mon-Fri	Jul 8 -Jul 12	8:45 a.m.	5	41267	\$47.00
Mon-Fri	Jul 8 -Jul 12	9:45 a.m.	5	41268	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:15 a.m.	5	41269	\$47.00
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41862	\$65.80
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41864	\$65.80
Mon	Jul 8 -Aug 26	5:00 p.m.	7	41865	\$65.80
Mon	Jul 8 -Aug 26	6:00 p.m.	7	41866	\$65.80
Mon-Fri	Jul 15 -Jul 19	8:45 a.m.	5	41270	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:45 a.m.	5	41271	\$47.00

Preschool 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Mon-Fri	Jul 15 -Jul 19	10:15 a.m.	5	41272	\$47.00
Mon-Fri	Jul 22 -Jul 26	8:45 a.m.	5	41273	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:45 a.m.	5	41274	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:15 a.m.	5	41275	\$47.00
Mon-Fri	Jul 29 -Aug 2	8:45 a.m.	5	41276	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:45 a.m.	5	41277	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:15 a.m.	5	41278	\$47.00
Tue-Fri	Aug 6 -Aug 9	8:45 a.m.	4	41279	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:45 a.m.	4	41280	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:15 a.m.	4	41281	\$37.60
Mon-Fri	Aug 12 -Aug 16	8:45 a.m.	5	41282	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:45 a.m.	5	41283	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:15 a.m.	5	41284	\$47.00
Mon-Fri	Aug 19 -Aug 23	8:45 a.m.	5	41286	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:45 a.m.	5	41287	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:15 a.m.	5	41288	\$47.00
Mon-Fri	Aug 26 -Aug 30	8:45 a.m.	5	41289	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:45 a.m.	5	41290	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:15 a.m.	5	41291	\$47.00
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42393	\$37.60
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42394	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	42395	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	42420	\$84.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42421	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42422	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	42426	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42427	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42428	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42396	\$47.00
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42397	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	42398	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42399	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42400	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:30 a.m.	5	42401	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42402	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42403	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	42404	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42405	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42406	\$47.00

Preschool 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	42407	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42408	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42409	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:30 a.m.	4	42410	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42411	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42412	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	42413	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42414	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42415	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	42416	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42417	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42418	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:30 a.m.	5	42419	\$47.00



Audi Durham

905-579-0088
 audidurham.ca
 audisales@owasco.com



905-579-0010
 owascovolkswagen.ca
 vwsales@owasco.com



905-697-0678
 owascorv.com
 rvsales@owasco.com



Preschool 2

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42115	\$84.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42127	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42368	\$84.60
Tue	Jul 2 -Aug 27	6:30 p.m.	9	42627	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42653	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42669	\$84.60
Thu	Jul 4 -Aug 29	6:30 p.m.	9	42688	\$84.60
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	8:45 a.m.	4	41292	\$37.60
Tue-Fri	Jul 2 -Jul 5	9:15 a.m.	4	41293	\$37.60
Tue-Fri	Jul 2 -Jul 5	9:45 a.m.	4	41294	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41993	\$84.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41994	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	41995	\$84.60
Tue	Jul 2 -Aug 27	6:30 p.m.	9	41996	\$84.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41999	\$84.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	42000	\$84.60
Wed	Jul 3 -Aug 28	5:30 p.m.	9	42001	\$84.60
Wed	Jul 3 -Aug 28	6:30 p.m.	9	42002	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	42004	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42005	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42006	\$84.60
Thu	Jul 4 -Aug 29	6:30 p.m.	9	42007	\$84.60
Sat	Jul 6 -Aug 24	10:30 a.m.	7	42008	\$65.80
Sat	Jul 6 -Aug 24	11:00 a.m.	7	42010	\$65.80
Sat	Jul 6 -Aug 24	11:30 a.m.	7	42011	\$65.80
Sat	Jul 6 -Aug 24	12:30 p.m.	7	42012	\$65.80
Mon-Fri	Jul 8 -Jul 12	8:45 a.m.	5	41295	\$47.00
Mon-Fri	Jul 8 -Jul 12	9:15 a.m.	5	41296	\$47.00
Mon-Fri	Jul 8 -Jul 12	9:45 a.m.	5	41297	\$47.00
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41987	\$65.80
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41989	\$65.80
Mon	Jul 8 -Aug 26	5:30 p.m.	7	41990	\$65.80
Mon	Jul 8 -Aug 26	6:30 p.m.	7	41991	\$65.80
Mon-Fri	Jul 15 -Jul 19	8:45 a.m.	5	41298	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:15 a.m.	5	41299	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:45 a.m.	5	41300	\$47.00
Mon-Fri	Jul 22 -Jul 26	8:45 a.m.	5	41301	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:15 a.m.	5	41302	\$47.00

Preschool 2 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Mon-Fri	Jul 22 -Jul 26	9:45 a.m.	5	41303	\$47.00
Mon-Fri	Jul 29 -Aug 2	8:45 a.m.	5	41304	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:15 a.m.	5	41305	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:45 a.m.	5	41306	\$47.00
Tue-Fri	Aug 6 -Aug 9	8:45 a.m.	4	41307	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:15 a.m.	4	41308	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:45 a.m.	4	41309	\$37.60
Mon-Fri	Aug 12 -Aug 16	8:45 a.m.	5	41314	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:15 a.m.	5	41315	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:45 a.m.	5	41316	\$47.00
Mon-Fri	Aug 19 -Aug 23	8:45 a.m.	5	41317	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:15 a.m.	5	41318	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:45 a.m.	5	41319	\$47.00
Mon-Fri	Aug 26 -Aug 30	8:45 a.m.	5	41320	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:15 a.m.	5	41321	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:45 a.m.	5	41322	\$47.00
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42429	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42430	\$37.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42447	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42448	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42452	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42453	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42431	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42432	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42433	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	42434	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42435	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42436	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42437	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42438	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42439	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	42440	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42441	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42442	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42443	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42444	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42445	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42446	\$47.00

Preschool 1/2

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42713	\$37.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42730	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42747	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42760	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42772	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42799	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42879	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42900	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42916	\$47.00

Preschool 3

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42131	\$84.60
Tue	Jul 2 -Aug 27	6:30 p.m.	9	42392	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42657	\$84.60
Thu	Jul 4 -Aug 29	6:30 p.m.	9	42681	\$84.60
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	9:45 a.m.	4	41333	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:15 a.m.	4	41335	\$37.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42017	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42020	\$84.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	42021	\$84.60
Wed	Jul 3 -Aug 28	6:00 p.m.	9	42022	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42024	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42025	\$84.60
Sat	Jul 6 -Aug 24	10:00 a.m.	7	42027	\$65.80
Sat	Jul 6 -Aug 24	11:00 a.m.	7	42028	\$65.80
Sat	Jul 6 -Aug 24	12:00 p.m.	7	42029	\$65.80
Mon-Fri	Jul 8 -Jul 12	9:45 a.m.	5	41338	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:15 a.m.	5	41339	\$47.00
Mon	Jul 8 -Aug 26	5:00 p.m.	7	42014	\$65.80
Mon	Jul 8 -Aug 26	6:00 p.m.	7	42016	\$65.80
Mon-Fri	Jul 15 -Jul 19	9:45 a.m.	5	41341	\$47.00

Preschool 3 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Mon-Fri	Jul 15 -Jul 19	10:15 a.m.	5	41342	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:45 a.m.	5	41345	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:15 a.m.	5	41346	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:45 a.m.	5	41349	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:15 a.m.	5	41350	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:45 a.m.	4	41354	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:15 a.m.	4	41355	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:45 a.m.	5	41358	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:15 a.m.	5	41359	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:45 a.m.	5	41361	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:15 a.m.	5	41362	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:45 a.m.	5	41364	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:15 a.m.	5	41365	\$47.00
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42454	\$37.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42463	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42465	\$84.60
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42455	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	42456	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42457	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42458	\$47.00
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	42459	\$37.60
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42460	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42461	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42462	\$47.00



Preschool 4

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42361	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42383	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42659	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42676	\$84.60



Preschool 3/4

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42714	\$37.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42731	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42745	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42759	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42773	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42800	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42880	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42899	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42917	\$47.00

Preschool 5

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42382	\$84.60
Tue	Jul 2 -Aug 27	7:00 p.m.	9	42634	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42677	\$84.60
Thu	Jul 4 -Aug 29	7:00 p.m.	9	42693	\$84.60

Preschool 4/5

Age: 3 to 5 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	9:15 a.m.	4	41366	\$37.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42033	\$84.60
Wed	Jul 3 -Aug 28	5:30 p.m.	9	42034	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42035	\$84.60
Sat	Jul 6 -Aug 24	12:30 p.m.	7	42037	\$65.80
Mon-Fri	Jul 8 -Jul 12	9:15 a.m.	5	41367	\$47.00
Mon	Jul 8 -Aug 26	5:30 p.m.	7	42031	\$65.80
Mon-Fri	Jul 15 -Jul 19	9:15 a.m.	5	41368	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:15 a.m.	5	41369	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:15 a.m.	5	41370	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:15 a.m.	4	41371	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:15 a.m.	5	41372	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:15 a.m.	5	41373	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:15 a.m.	5	41374	\$47.00
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	42466	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	42475	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	42477	\$84.60
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	42467	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:30 a.m.	5	42468	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	42469	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	42470	\$47.00
Tue-Fri	Aug 6 -Aug 9	10:30 a.m.	4	42471	\$37.60
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	42472	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	42473	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:30 a.m.	5	42474	\$47.00

Summer swim lessons ages 6-15

Swimmer 1

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42712	\$37.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42114	\$84.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42118	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42366	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42371	\$84.60
Tue	Jul 2 -Aug 27	6:30 p.m.	9	42611	\$84.60
Tue	Jul 2 -Aug 27	7:00 p.m.	9	42633	\$84.60
Tue	Jul 2 -Aug 27	7:30 p.m.	9	42641	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42647	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42651	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42666	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42680	\$84.60
Thu	Jul 4 -Aug 29	6:30 p.m.	9	42685	\$84.60
Thu	Jul 4 -Aug 29	7:00 p.m.	9	42690	\$84.60
Thu	Jul 4 -Aug 29	7:30 p.m.	9	42695	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42732	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42748	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42750	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42758	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42767	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42775	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42776	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42801	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42809	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42881	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42885	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42902	\$47.00

Swimmer 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42906	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42918	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42923	\$47.00
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	41215	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	41216	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	41217	\$37.60
Tue-Fri	Jul 2 -Jul 5	4:00 p.m.	4	41218	\$37.60
Tue-Fri	Jul 2 -Jul 5	5:00 p.m.	4	41219	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41260	\$84.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	41261	\$84.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41262	\$84.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	41263	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	41220	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	41221	\$47.00
Mon-Fri	Jul 8 -Jul 12	4:00 p.m.	5	41222	\$47.00
Mon-Fri	Jul 8 -Jul 12	5:00 p.m.	5	41223	\$47.00
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41258	\$65.80
Mon	Jul 8 -Aug 26	5:00 p.m.	7	41259	\$65.80
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	41224	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	41225	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:30 a.m.	5	41226	\$47.00
Mon-Fri	Jul 15 -Jul 19	4:00 p.m.	5	41227	\$47.00
Mon-Fri	Jul 15 -Jul 19	5:00 p.m.	5	41228	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	41229	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	41230	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	41231	\$47.00
Mon-Fri	Jul 22 -Jul 26	4:00 p.m.	5	41232	\$47.00
Mon-Fri	Jul 22 -Jul 26	5:00 p.m.	5	41233	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	41234	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	41235	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	41236	\$47.00
Mon-Fri	Jul 29 -Aug 2	4:00 p.m.	5	41237	\$47.00
Mon-Fri	Jul 29 -Aug 2	5:00 p.m.	5	41238	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	41239	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	41240	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:30 a.m.	4	41241	\$37.60
Tue-Fri	Aug 6 -Aug 9	4:00 p.m.	4	41242	\$37.60
Tue-Fri	Aug 6 -Aug 9	5:00 p.m.	4	41243	\$37.60

Swimmer 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Camp Samac					
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	41244	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	41245	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	41246	\$47.00
Mon-Fri	Aug 12 -Aug 16	4:00 p.m.	5	41247	\$47.00
Mon-Fri	Aug 12 -Aug 16	5:00 p.m.	5	41248	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	41249	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	41250	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	41251	\$47.00
Mon-Fri	Aug 19 -Aug 23	5:00 p.m.	5	41253	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	41254	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	41255	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:30 a.m.	5	41256	\$47.00
Mon-Fri	Aug 26 -Aug 30	4:00 p.m.	5	41252	\$47.00
Mon-Fri	Aug 26 -Aug 30	5:00 p.m.	5	41257	\$47.00
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	8:45 a.m.	4	40234	\$37.60
Tue-Fri	Jul 2 -Jul 5	9:15 a.m.	4	40235	\$37.60
Tue-Fri	Jul 2 -Jul 5	9:45 a.m.	4	40236	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:15 a.m.	4	40237	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41632	\$84.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41633	\$84.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	41634	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	41635	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	41636	\$84.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41637	\$84.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	41638	\$84.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	41639	\$84.60
Wed	Jul 3 -Aug 28	5:30 p.m.	9	41640	\$84.60
Wed	Jul 3 -Aug 28	6:00 p.m.	9	41641	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	41642	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	41643	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	41644	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	41645	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	41646	\$84.60
Sat	Jul 6 -Aug 31	10:00 a.m.	9	41647	\$84.60
Sat	Jul 6 -Aug 31	10:30 a.m.	9	41648	\$84.60
Sat	Jul 6 -Aug 31	11:00 a.m.	9	41649	\$84.60
Sat	Jul 6 -Aug 31	11:30 a.m.	9	41650	\$84.60
Sat	Jul 6 -Aug 31	12:00 p.m.	9	41651	\$84.60
Sat	Jul 6 -Aug 31	12:30 p.m.	9	41652	\$84.60

Swimmer 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Mon-Fri	Jul 8 -Jul 12	8:45 a.m.	5	40238	\$47.00
Mon-Fri	Jul 8 -Jul 12	9:15 a.m.	5	40239	\$47.00
Mon-Fri	Jul 8 -Jul 12	9:45 a.m.	5	40240	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:15 a.m.	5	40241	\$47.00
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41627	\$65.80
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41628	\$65.80
Mon	Jul 8 -Aug 26	5:00 p.m.	7	41629	\$65.80
Mon	Jul 8 -Aug 26	5:30 p.m.	7	41630	\$65.80
Mon	Jul 8 -Aug 26	6:00 p.m.	7	41631	\$65.80
Mon-Fri	Jul 15 -Jul 19	8:45 a.m.	5	40242	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:15 a.m.	5	40243	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:45 a.m.	5	40244	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:15 a.m.	5	40245	\$47.00
Mon-Fri	Jul 22 -Jul 26	8:45 a.m.	5	40246	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:15 a.m.	5	40247	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:45 a.m.	5	40248	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:15 a.m.	5	40249	\$47.00
Mon-Fri	Jul 29 -Aug 2	8:45 a.m.	5	40250	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:15 a.m.	5	40251	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:45 a.m.	5	40252	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:15 a.m.	5	40253	\$47.00
Tue-Fri	Aug 6 -Aug 9	8:45 a.m.	4	40254	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:15 a.m.	4	40255	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:45 a.m.	4	40256	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:15 a.m.	4	40257	\$37.60
Mon-Fri	Aug 12 -Aug 16	8:45 a.m.	5	40259	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:15 a.m.	5	40260	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:45 a.m.	5	40261	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:15 a.m.	5	40262	\$47.00
Mon-Fri	Aug 19 -Aug 23	8:45 a.m.	5	40264	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:15 a.m.	5	40265	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:45 a.m.	5	40266	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:15 a.m.	5	40267	\$47.00
Mon-Fri	Aug 26 -Aug 30	8:45 a.m.	5	40270	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:15 a.m.	5	40271	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:45 a.m.	5	40272	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:15 a.m.	5	40273	\$47.00

Swimmer 1 ..continued

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42478	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	42479	\$37.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42496	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42497	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42500	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42501	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42480	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	42481	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42482	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:30 a.m.	5	42483	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42484	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	42485	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42486	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	42487	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42488	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:30 a.m.	4	42489	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42490	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	42491	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42492	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	42493	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42494	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:30 a.m.	5	42495	\$47.00



Swimmer 2

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42718	\$37.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42124	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42367	\$84.60
Tue	Jul 2 -Aug 27	6:30 p.m.	9	42553	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42652	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42667	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42678	\$84.60
Thu	Jul 4 -Aug 29	6:30 p.m.	9	42686	\$84.60
Thu	Jul 4 -Aug 29	7:00 p.m.	9	42691	\$84.60
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	41429	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	41435	\$37.60
Tue-Fri	Jul 2 -Jul 5	4:00 p.m.	4	41436	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41478	\$84.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41480	\$84.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41481	\$84.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	41482	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	41437	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	41440	\$47.00
Mon-Fri	Jul 8 -Jul 12	4:00 p.m.	5	41441	\$47.00
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41476	\$65.80
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41477	\$65.80
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	41442	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	41448	\$47.00
Mon-Fri	Jul 15 -Jul 19	4:00 p.m.	5	41451	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	41452	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	41455	\$47.00
Mon-Fri	Jul 22 -Jul 26	4:00 p.m.	5	41456	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	41457	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	41459	\$47.00
Mon-Fri	Jul 29 -Aug 2	4:00 p.m.	5	41460	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	41462	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	41465	\$37.60
Tue-Fri	Aug 6 -Aug 9	4:00 p.m.	4	41466	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	41467	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	41468	\$47.00
Mon-Fri	Aug 12 -Aug 16	4:00 p.m.	5	41469	\$47.00

Swimmer 2 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Camp Samac					
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	41470	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	41471	\$47.00
Mon-Fri	Aug 19 -Aug 23	4:00 p.m.	5	41472	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	41473	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	41474	\$47.00
Mon-Fri	Aug 26 -Aug 30	4:00 p.m.	5	41475	\$47.00
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	8:45 a.m.	4	40373	\$37.60
Tue-Fri	Jul 2 -Jul 5	9:15 a.m.	4	40374	\$37.60
Tue-Fri	Jul 2 -Jul 5	9:45 a.m.	4	40375	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:15 a.m.	4	40376	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41658	\$84.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41659	\$84.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	41660	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	41661	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	41662	\$84.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41663	\$84.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	41664	\$84.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	41665	\$84.60
Wed	Jul 3 -Aug 28	5:30 p.m.	9	41666	\$84.60
Wed	Jul 3 -Aug 28	6:00 p.m.	9	41667	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	41668	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	41669	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	41670	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	41671	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	41672	\$84.60
Sat	Jul 6 -Aug 24	10:00 a.m.	7	41673	\$65.80
Sat	Jul 6 -Aug 24	10:30 a.m.	7	41707	\$65.80
Sat	Jul 6 -Aug 24	11:30 a.m.	7	41706	\$65.80
Sat	Jul 6 -Aug 24	12:00 p.m.	7	41708	\$65.80
Sat	Jul 6 -Aug 24	12:30 p.m.	7	41709	\$65.80
Mon-Fri	Jul 8 -Jul 12	8:45 a.m.	5	40378	\$47.00
Mon-Fri	Jul 8 -Jul 12	9:15 a.m.	5	40379	\$47.00
Mon-Fri	Jul 8 -Jul 12	9:45 a.m.	5	40380	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:15 a.m.	5	40381	\$47.00
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41653	\$65.80
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41654	\$65.80
Mon	Jul 8 -Aug 26	5:00 p.m.	7	41655	\$65.80
Mon	Jul 8 -Aug 26	5:30 p.m.	7	41656	\$65.80
Mon	Jul 8 -Aug 26	6:00 p.m.	7	41657	\$65.80

Swimmer 2 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Mon-Fri	Jul 15 -Jul 19	8:45 a.m.	5	40390	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:15 a.m.	5	40391	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:45 a.m.	5	40392	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:15 a.m.	5	40393	\$47.00
Mon-Fri	Jul 22 -Jul 26	8:45 a.m.	5	40394	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:15 a.m.	5	40395	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:45 a.m.	5	40396	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:15 a.m.	5	40397	\$47.00
Mon-Fri	Jul 29 -Aug 2	8:45 a.m.	5	40398	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:15 a.m.	5	40399	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:45 a.m.	5	40400	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:15 a.m.	5	40401	\$47.00
Tue-Fri	Aug 6 -Aug 9	8:45 a.m.	4	40402	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:15 a.m.	4	40403	\$37.60
Tue-Fri	Aug 6 -Aug 9	9:45 a.m.	4	40404	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:15 a.m.	4	40405	\$37.60
Mon-Fri	Aug 12 -Aug 16	8:45 a.m.	5	40406	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:15 a.m.	5	40407	\$47.00
Mon-Fri	Aug 12 -Aug 16	9:45 a.m.	5	40408	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:15 a.m.	5	40409	\$47.00
Mon-Fri	Aug 19 -Aug 23	8:45 a.m.	5	40410	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:15 a.m.	5	40411	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:45 a.m.	5	40412	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:15 a.m.	5	40413	\$47.00
Mon-Fri	Aug 26 -Aug 30	8:45 a.m.	5	40414	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:15 a.m.	5	40415	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:45 a.m.	5	40416	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:15 a.m.	5	40417	\$47.00
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42502	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	42512	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42513	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	42516	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42517	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42503	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42504	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42505	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42506	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42507	\$37.60

Swimmer 2 ..continued

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42508	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42509	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42510	\$47.00

Swimmer 1/2

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Donevan Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42774	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42777	\$37.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42791	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42792	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42802	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	42803	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42813	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42814	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42823	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42824	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42831	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	42832	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42839	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42840	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42847	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42848	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42854	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42855	\$47.00



Looking for inclusive swim lessons?

See page 17 to find inclusive private swim lessons for participants 3 to 19 years of age.

Swimmer 3

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42717	\$37.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42363	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42384	\$84.60
Tue	Jul 2 -Aug 27	7:00 p.m.	9	42631	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42660	\$84.60
Thu	Jul 4 -Aug 29	6:30 p.m.	9	42683	\$84.60

Camp Samac

Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	41484	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	41485	\$37.60
Tue-Fri	Jul 2 -Jul 5	4:30 p.m.	4	41486	\$37.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41512	\$84.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	41513	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	41487	\$47.00
Mon-Fri	Jul 8 -Jul 12	4:30 p.m.	5	41490	\$47.00
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41511	\$65.80
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	41491	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:30 a.m.	5	41492	\$47.00
Mon-Fri	Jul 15 -Jul 19	4:30 p.m.	5	41493	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	41494	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	41495	\$47.00
Mon-Fri	Jul 22 -Jul 26	4:30 p.m.	5	41496	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	41497	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	41498	\$47.00
Mon-Fri	Jul 29 -Aug 2	4:30 p.m.	5	41499	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	41500	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:30 a.m.	4	41501	\$37.60
Tue-Fri	Aug 6 -Aug 9	4:30 p.m.	4	41502	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	41503	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	41504	\$47.00
Mon-Fri	Aug 12 -Aug 16	4:30 p.m.	5	41505	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	41506	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	41507	\$47.00
Mon-Fri	Aug 19 -Aug 23	4:30 p.m.	5	41508	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	41509	\$47.00
Mon-Fri	Aug 26 -Aug 30	4:30 p.m.	5	41510	\$47.00

Swimmer 3 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	8:45 a.m.	4	40418	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:15 a.m.	4	40419	\$37.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41717	\$84.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	41718	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	41716	\$84.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	41720	\$84.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	41721	\$84.60
Wed	Jul 3 -Aug 28	6:00 p.m.	9	41722	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	41723	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	41724	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	41725	\$84.60
Sat	Jul 6 -Aug 24	10:00 a.m.	7	41727	\$65.80
Sat	Jul 6 -Aug 24	11:00 a.m.	7	41728	\$65.80
Sat	Jul 6 -Aug 24	11:30 a.m.	7	41729	\$65.80
Sat	Jul 6 -Aug 24	12:00 p.m.	7	41730	\$65.80
Mon-Fri	Jul 8 -Jul 12	8:45 a.m.	5	40420	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:15 a.m.	5	40421	\$47.00
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41711	\$65.80
Mon	Jul 8 -Aug 26	5:00 p.m.	7	41714	\$65.80
Mon	Jul 8 -Aug 26	6:00 p.m.	7	41715	\$65.80
Mon-Fri	Jul 15 -Jul 19	8:45 a.m.	5	40422	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:15 a.m.	5	40423	\$47.00
Mon-Fri	Jul 22 -Jul 26	8:45 a.m.	5	40424	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:15 a.m.	5	40425	\$47.00
Mon-Fri	Jul 29 -Aug 2	8:45 a.m.	5	40426	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:15 a.m.	5	40427	\$47.00
Tue-Fri	Aug 6 -Aug 9	8:45 a.m.	4	40428	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:15 a.m.	4	40429	\$37.60
Mon-Fri	Aug 12 -Aug 16	8:45 a.m.	5	40430	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:15 a.m.	5	40431	\$47.00
Mon-Fri	Aug 19 -Aug 23	8:45 a.m.	5	40432	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:15 a.m.	5	40433	\$47.00
Mon-Fri	Aug 26 -Aug 30	8:45 a.m.	5	40434	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:15 a.m.	5	40435	\$47.00
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42518	\$37.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42527	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42529	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42519	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42520	\$47.00

Swimmer 3 ..continued

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42521	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42522	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42523	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42524	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42525	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42526	\$47.00

Swimmer 2/3

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42736	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42751	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42766	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42781	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42822	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42886	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42907	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42925	\$47.00



Swimmer 4

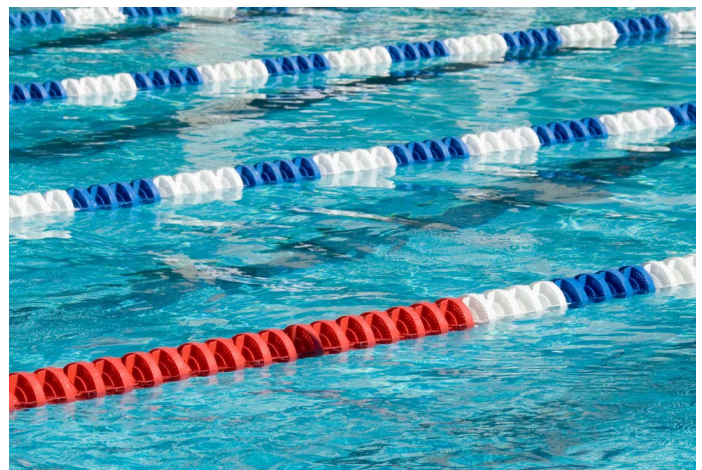
Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42719	\$37.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42362	\$84.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42385	\$84.60
Tue	Jul 2 -Aug 27	7:00 p.m.	9	42632	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42656	\$84.60
Thu	Jul 4 -Aug 29	6:30 p.m.	9	42684	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42734	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42788	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42908	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42922	\$47.00
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	41514	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	41515	\$37.60
Tue-Fri	Jul 2 -Jul 5	4:30 p.m.	4	41516	\$37.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41540	\$84.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	41541	\$84.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	41517	\$47.00
Mon-Fri	Jul 8 -Jul 12	4:30 p.m.	5	41518	\$47.00
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41539	\$65.80
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	41519	\$47.00
Mon-Fri	Jul 15 -Jul 19	4:30 p.m.	5	41520	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	41521	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	41522	\$47.00
Mon-Fri	Jul 22 -Jul 26	4:30 p.m.	5	41523	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	41524	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	41525	\$47.00
Mon-Fri	Jul 29 -Aug 2	4:30 p.m.	5	41526	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	41527	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:30 a.m.	4	41528	\$37.60
Tue-Fri	Aug 6 -Aug 9	4:30 p.m.	4	41529	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	41530	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	41531	\$47.00
Mon-Fri	Aug 12 -Aug 16	4:30 p.m.	5	41532	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	41533	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	41534	\$47.00
Mon-Fri	Aug 19 -Aug 23	4:30 p.m.	5	41535	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	41536	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:30 a.m.	5	41537	\$47.00
Mon-Fri	Aug 26 -Aug 30	4:30 p.m.	5	41538	\$47.00

Swimmer 4 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	9:15 a.m.	4	40436	\$37.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41740	\$84.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	41741	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	41742	\$84.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41747	\$84.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	41748	\$84.60
Wed	Jul 3 -Aug 28	6:00 p.m.	9	41749	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	41752	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	41753	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	41754	\$84.60
Sat	Jul 6 -Aug 24	10:00 a.m.	7	41759	\$65.80
Sat	Jul 6 -Aug 24	11:00 a.m.	7	41762	\$65.80
Sat	Jul 6 -Aug 24	12:00 p.m.	7	41763	\$65.80
Mon-Fri	Jul 8 -Jul 12	9:15 a.m.	5	40437	\$47.00
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41735	\$65.80
Mon	Jul 8 -Aug 26	5:00 p.m.	7	41737	\$65.80
Mon	Jul 8 -Aug 26	6:00 p.m.	7	41738	\$65.80
Mon-Fri	Jul 15 -Jul 19	9:15 a.m.	5	40438	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:15 a.m.	5	40439	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:15 a.m.	5	40440	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:15 a.m.	4	40441	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:15 a.m.	5	40442	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:15 a.m.	5	40443	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:15 a.m.	5	40444	\$47.00
South Oshawa Community Centre					
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42531	\$84.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42533	\$84.60



Swimmer 3/4

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Donevan Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42778	\$37.60
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	42780	\$37.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42793	\$47.00
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	42794	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42804	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:30 a.m.	5	42805	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42815	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	42816	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42825	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	42826	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42833	\$37.60
Tue-Fri	Aug 6 -Aug 9	10:30 a.m.	4	42834	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42841	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	42842	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42849	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	42850	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42856	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:30 a.m.	5	42857	\$47.00



Swimmer 5 ..continued

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41766	\$84.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	41767	\$84.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41770	\$84.60
Wed	Jul 3 -Aug 28	5:30 p.m.	9	41771	\$84.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	41772	\$84.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	41773	\$84.60
Sat	Jul 6 -Aug 24	12:30 p.m.	7	41792	\$65.80
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41764	\$65.80
Mon	Jul 8 -Aug 26	5:30 p.m.	7	41765	\$65.80
Donevan Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42783	\$37.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42795	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42806	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42817	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42827	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42835	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42843	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42851	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42858	\$47.00
South Oshawa Community Centre					
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42543	\$84.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42545	\$84.60

Swimmer 5

Age: 6 to 15 years

Lessons: 30 minutes per class, * 45 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
*Tue	Jul 2 -Aug 27	5:30 p.m.	9	42375	\$84.60
*Thu	Jul 4 -Aug 29	5:00 p.m.	9	42655	\$84.60
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	41568	\$37.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	41569	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	41570	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	41571	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	41572	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	41573	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	41574	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	41575	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	41576	\$47.00

Swimmer 4/5

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42534	\$37.60
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42535	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	42536	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42537	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42538	\$47.00
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	42539	\$37.60
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42540	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42541	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42542	\$47.00

Swimmer 6

Age: 6 to 15 years

Lessons: 30 minutes per class, *45 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
*Tue	Jul 2 -Aug 27	5:30 p.m.	9	42373	\$84.60
*Thu	Jul 4 -Aug 29	5:00 p.m.	9	42663	\$84.60
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	41589	\$37.60
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	41590	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:30 a.m.	5	41591	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	41592	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	41593	\$47.00
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	41594	\$37.60
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	41595	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	41596	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	41597	\$47.00
Delpark Homes Centre					
Tue	Jul 2 -Aug 27	6:00 p.m.	9	41795	\$84.60
Wed	Jul 3 -Aug 28	5:30 p.m.	9	41798	\$84.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	41799	\$84.60
Sat	Jul 6 -Aug 24	12:30 p.m.	7	41801	\$65.80
Mon	Jul 8 -Aug 26	5:30 p.m.	7	41793	\$65.80

Swimmer 5/6

Age: 6 to 15 years

Lessons: 30 minutes per class, *45 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42722	\$37.60
*Thu	Jul 4 -Aug 29	6:15 p.m.	9	42711	\$84.60
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42737	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	42754	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42765	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42784	\$47.00
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	42820	\$37.60
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42891	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42911	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42941	\$47.00
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	5:00 p.m.	4	41577	\$37.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	41587	\$84.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	41588	\$84.60
Mon-Fri	Jul 8 -Jul 12	5:00 p.m.	5	41578	\$47.00
Mon	Jul 8 -Aug 26	5:00 p.m.	7	41586	\$65.80
Mon-Fri	Jul 15 -Jul 19	5:00 p.m.	5	41579	\$47.00
Mon-Fri	Jul 22 -Jul 26	5:00 p.m.	5	41580	\$47.00
Mon-Fri	Jul 29 -Aug 2	5:00 p.m.	5	41581	\$47.00
Tue-Fri	Aug 6 -Aug 9	5:00 p.m.	4	41582	\$37.60
Mon-Fri	Aug 12 -Aug 16	5:00 p.m.	5	41583	\$47.00
Mon-Fri	Aug 19 -Aug 23	5:00 p.m.	5	41584	\$47.00
Mon-Fri	Aug 26 -Aug 30	5:00 p.m.	5	41585	\$47.00
Delpark Homes Centre					
Tue-Fri	Jul 2 -Jul 5	10:15 a.m.	4	40445	\$37.60
Mon-Fri	Jul 8 -Jul 12	10:15 a.m.	5	40446	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:15 a.m.	5	40447	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:15 a.m.	5	40448	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:15 a.m.	5	40449	\$47.00
Tue-Fri	Aug 6 -Aug 9	10:15 a.m.	4	40450	\$37.60
Mon-Fri	Aug 12 -Aug 16	10:15 a.m.	5	40452	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:15 a.m.	5	40453	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:15 a.m.	5	40454	\$47.00

Swimmer 7

Age: 6 to 15 years

Lessons: 30 minutes per class, *45 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42726	\$37.60
*Tue	Jul 2 -Aug 27	6:15 p.m.	9	42629	\$84.60
*Thu	Jul 4 -Aug 29	5:45 p.m.	9	42707	\$84.60
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42739	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	42756	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42764	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42782	\$47.00
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	42811	\$37.60
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42892	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42910	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42943	\$47.00
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	41599	\$37.60
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	41600	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	41601	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	41602	\$47.00
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	41603	\$37.60
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	41604	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	41605	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	41606	\$47.00

Swimmer 6/7

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Donevan Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42786	\$37.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42796	\$47.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42807	\$47.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42818	\$47.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42828	\$47.00
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42836	\$37.60
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42844	\$47.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42852	\$47.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42859	\$47.00

Swimmer 6/7 ..continued

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	42546	\$37.60
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	42547	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	42548	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	42549	\$47.00
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	42550	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	42551	\$47.00

Swimmer 8/9/10

Age: 6 to 15 years

Lessons: 45 minutes, *60 minutes, **90 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
*Tue	Jul 2 -Aug 27	6:15 p.m.	9	42630	\$84.60
*Thu	Jul 4 -Aug 29	7:00 p.m.	9	42709	\$84.60
**Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42757	\$47.00
**Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42770	\$47.00
**Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42915	\$47.00
**Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42913	\$47.00
Donevan Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	10:15 a.m.	4	42790	\$37.60
Mon-Fri	Jul 8 -Jul 12	10:15 a.m.	5	42797	\$47.00
Mon-Fri	Jul 15 -Jul 19	10:15 a.m.	5	42808	\$47.00
Mon-Fri	Jul 22 -Jul 26	10:15 a.m.	5	42819	\$47.00
Mon-Fri	Jul 29 -Aug 2	10:15 a.m.	5	42829	\$47.00
Tue-Fri	Aug 6 -Aug 9	10:15 a.m.	4	42837	\$37.60
Mon-Fri	Aug 12 -Aug 16	10:15 a.m.	5	42845	\$47.00
Mon-Fri	Aug 19 -Aug 23	10:15 a.m.	5	42853	\$47.00
Mon-Fri	Aug 26 -Aug 30	10:15 a.m.	5	42860	\$47.00
South Oshawa Community Centre					
Mon-Fri	Jul 8 -Jul 19	8:45 a.m.	10	42554	\$94.00
Mon-Fri	Jul 22 -Aug 2	8:45 a.m.	10	42555	\$94.00
Tue-Fri	Aug 6 -Aug 16	8:45 a.m.	9	42556	\$84.60

Summer

.....

low ratio swim lessons

ages 3 - 15

Low ratio swimming lessons are ideal for persons who prefer smaller class sizes. Each lesson is capped at 3 participants per instructor, ensuring swimmers receive more individualized attention and tailored guidance to improve on specific skills and strokes.



Family Swim - Low Ratio

Designed for family/friends to learn together in the water. Each participant will be able to work on their own swim techniques while having fun together. Ideal for participants who are close in skill set. All participants must register in the course. Register the first participant then call the coordinator at the location where the lesson is taking place to add extra participants: Civic Recreation Complex ext. 2787. Must be a minimum of two swimmers and a maximum of three.

Age: 3 to 13 years

Lessons: 30 minutes per class

Price is listed per participant

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42724	\$117.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42122	\$264.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42128	\$264.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42370	\$264.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42376	\$264.60
Tue	Jul 2 -Aug 27	6:30 p.m.	9	42628	\$264.60
Tue	Jul 2 -Aug 27	7:00 p.m.	9	42635	\$264.60
Tue	Jul 2 -Aug 27	7:30 p.m.	9	42642	\$264.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42654	\$264.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42662	\$264.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42671	\$264.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42674	\$264.60
Thu	Jul 4 -Aug 29	7:00 p.m.	9	42694	\$264.60
Thu	Jul 4 -Aug 29	7:30 p.m.	9	42705	\$264.60
Thu	Jul 4 -Aug 29	7:30 p.m.	9	42706	\$264.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42735	\$147.00
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42740	\$147.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42752	\$147.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	42753	\$147.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42762	\$147.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42768	\$147.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42787	\$147.00
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42830	\$117.60
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	42821	\$117.60
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42884	\$147.00

Family Swim - Low Ratio

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42888	\$147.00
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42893	\$147.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42905	\$147.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42909	\$147.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42921	\$147.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42940	\$147.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42942	\$147.00

Low Ratio Swim - Swimmer 1/2

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42178	\$170.10
Wed	Jul 3 -Aug 28	4:00 p.m.	9	42179	\$170.10
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42180	\$170.10
Mon	Jul 8 -Aug 26	4:00 p.m.	7	42177	\$132.30

Low Ratio Swim - Swimmer 1

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	41195	\$75.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	41196	\$94.50
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	41197	\$94.50
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	41198	\$94.50
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	41199	\$94.50

Low Ratio Swim - Swimmer 2

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	41200	\$75.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	41201	\$94.50
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	41202	\$94.50
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	41203	\$94.50
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	41204	\$94.50



Respect Check



Respect the dignity and spirit of all people - children, youth, adults and staff.

Set a good example for your family, team members and those around you by creating a supportive, positive experience, build confidence, develop and improve skills and have fun.

oshawa.ca/respectcheck

Low Ratio Swim - Swimmer 3/4

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	41205	\$75.60
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	41206	\$94.50
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	41207	\$94.50
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	41208	\$94.50
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	41209	\$94.50
Delpark Homes Centre					
Tue	Jul 2 -Aug 27	4:00 p.m.	9	42182	\$170.10
Wed	Jul 3 -Aug 28	4:30 p.m.	9	42183	\$170.10
Thu	Jul 4 -Aug 29	4:00 p.m.	9	42184	\$170.10
Mon	Jul 8 -Aug 26	4:30 p.m.	7	42181	\$132.30

Low Ratio Swim - Swimmer 5/6

Age: 6 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	41210	\$75.60
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	41211	\$94.50
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	41212	\$94.50
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	41213	\$94.50
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	41214	\$94.50



Looking for inclusive swim lessons?

See page 17 to find inclusive private swim lessons for participants 3 to 19 years of age.



activeOshawa

Getting active is easy with
the City of Oshawa

Connect with Rec



SCAN ME

Oshawa.ca/Recreation



Summer private swim lessons

Private swimming lessons offer 1:1 instruction with a skilled swim instructor. Participants will receive individual attention to improve their swimming technique and have the convenience of selecting their preferred day and time. Levels will be determined upon registration.

Private Swim - 30 minutes

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42650	\$264.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42661	\$264.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42665	\$264.60
Thu	Jul 4 -Aug 29	5:45 p.m.	9	42672	\$264.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42675	\$264.60
Thu	Jul 4 -Aug 29	6:30 p.m.	9	42682	\$264.60
Thu	Jul 4 -Aug 29	7:00 p.m.	9	42689	\$264.60
Thu	Jul 4 -Aug 29	7:00 p.m.	9	42692	\$264.60
Thu	Jul 4 -Aug 29	7:30 p.m.	9	42696	\$264.60
Thu	Jul 4 -Aug 29	7:30 p.m.	9	42697	\$264.60
Thu	Jul 4 -Aug 29	7:30 p.m.	9	42698	\$264.60
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42733	\$147.00
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42738	\$147.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42741	\$147.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42749	\$147.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	42755	\$147.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42761	\$147.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42763	\$147.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42769	\$147.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42779	\$147.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42785	\$147.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42798	\$117.60
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42810	\$117.60
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	42812	\$117.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42883	\$147.00
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42887	\$147.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42904	\$147.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42912	\$147.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42919	\$147.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42924	\$147.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42926	\$147.00
Camp Samac					
Tue-Fri	Jul 2 -Jul 5	4:00 p.m.	4	41127	\$117.60
Tue-Fri	Jul 2 -Jul 5	4:30 p.m.	4	41128	\$117.60
Tue-Fri	Jul 2 -Jul 5	5:00 p.m.	4	41129	\$117.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	41189	\$264.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	41190	\$264.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	41191	\$264.60
Wed	Jul 3 -Aug 28	4:00 p.m.	9	41192	\$264.60

Private Swim - 30 minutes

Age: 3 to 14 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
Civic Recreation Complex					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42715	\$117.60
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42716	\$117.60
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42725	\$117.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42110	\$264.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42125	\$264.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42130	\$264.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42369	\$264.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42377	\$264.60
Tue	Jul 2 -Aug 27	6:30 p.m.	9	42530	\$264.60
Tue	Jul 2 -Aug 27	7:00 p.m.	9	42636	\$264.60
Tue	Jul 2 -Aug 27	7:30 p.m.	9	42637	\$264.60
Tue	Jul 2 -Aug 27	7:30 p.m.	9	42638	\$264.60
Tue	Jul 2 -Aug 27	7:30 p.m.	9	42639	\$264.60
Tue	Jul 2 -Aug 27	7:30 p.m.	9	42640	\$264.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42646	\$264.60
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42648	\$264.60

Private Swim - 30 minutes

Day	Dates	Time	Class #	Course ID	Fee
Camp Samac					
Wed	Jul 3 -Aug 28	4:30 p.m.	9	41193	\$264.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	41194	\$264.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	41130	\$147.00
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	41131	\$147.00
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	41132	\$147.00
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	41133	\$147.00
Mon-Fri	Jul 8 -Jul 12	4:00 p.m.	5	41134	\$147.00
Mon-Fri	Jul 8 -Jul 12	4:30 p.m.	5	41135	\$147.00
Mon-Fri	Jul 8 -Jul 12	5:00 p.m.	5	41136	\$147.00
Mon	Jul 8 -Aug 26	4:00 p.m.	7	41186	\$205.80
Mon	Jul 8 -Aug 26	4:30 p.m.	7	41187	\$205.80
Mon	Jul 8 -Aug 26	5:00 p.m.	7	41188	\$205.80
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	41137	\$147.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	41138	\$147.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	41139	\$147.00
Mon-Fri	Jul 15 -Jul 19	10:30 a.m.	5	41140	\$147.00
Mon-Fri	Jul 15 -Jul 19	4:00 p.m.	5	41141	\$147.00
Mon-Fri	Jul 15 -Jul 19	4:30 p.m.	5	41142	\$147.00
Mon-Fri	Jul 15 -Jul 19	5:00 p.m.	5	41143	\$147.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	41144	\$147.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	41145	\$147.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	41146	\$147.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	41147	\$147.00
Mon-Fri	Jul 22 -Jul 26	4:00 p.m.	5	41148	\$147.00
Mon-Fri	Jul 22 -Jul 26	4:30 p.m.	5	41149	\$147.00
Mon-Fri	Jul 22 -Jul 26	5:00 p.m.	5	41150	\$147.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	41151	\$147.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	41152	\$147.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	41153	\$147.00
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	41154	\$147.00
Mon-Fri	Jul 29 -Aug 2	4:00 p.m.	5	41155	\$147.00
Mon-Fri	Jul 29 -Aug 2	4:30 p.m.	5	41156	\$147.00
Mon-Fri	Jul 29 -Aug 2	5:00 p.m.	5	41157	\$147.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	41158	\$117.60
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	41159	\$117.60
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	41160	\$117.60
Tue-Fri	Aug 6 -Aug 9	10:30 a.m.	4	41161	\$117.60

Private Swim - 30 minutes

Day	Dates	Time	Class #	Course ID	Fee
Camp Samac					
Tue-Fri	Aug 6 -Aug 9	4:00 p.m.	4	41162	\$117.60
Tue-Fri	Aug 6 -Aug 9	4:30 p.m.	4	41163	\$117.60
Tue-Fri	Aug 6 -Aug 9	5:00 p.m.	4	41164	\$117.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	41165	\$147.00
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	41166	\$147.00
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	41167	\$147.00
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	41168	\$147.00
Mon-Fri	Aug 12 -Aug 16	4:00 p.m.	5	41169	\$147.00
Mon-Fri	Aug 12 -Aug 16	4:30 p.m.	5	41170	\$147.00
Mon-Fri	Aug 12 -Aug 16	5:00 p.m.	5	41171	\$147.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	41172	\$147.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	41173	\$147.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	41174	\$147.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	41175	\$147.00
Mon-Fri	Aug 19 -Aug 23	4:00 p.m.	5	41176	\$147.00
Mon-Fri	Aug 19 -Aug 23	4:30 p.m.	5	41177	\$147.00
Mon-Fri	Aug 19 -Aug 23	5:00 p.m.	5	41178	\$147.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	41179	\$147.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	41180	\$147.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	41181	\$147.00
Mon-Fri	Aug 26 -Aug 30	10:30 a.m.	5	41182	\$147.00
Mon-Fri	Aug 26 -Aug 30	4:00 p.m.	5	41183	\$147.00
Mon-Fri	Aug 26 -Aug 30	4:30 p.m.	5	41184	\$147.00
Mon-Fri	Aug 26 -Aug 30	5:00 p.m.	5	41185	\$147.00
Delpark Homes Centre					
Mon-Fri	Jul 2 -Jul 12	8:45 a.m.	9	41376	\$264.60
Mon-Fri	Jul 2 -Jul 12	8:45 a.m.	9	41380	\$264.60
Mon-Fri	Jul 2 -Jul 12	9:15 a.m.	9	41377	\$264.60
Mon-Fri	Jul 2 -Jul 12	9:15 a.m.	9	41381	\$264.60
Mon-Fri	Jul 2 -Jul 12	9:45 a.m.	9	41378	\$264.60
Mon-Fri	Jul 2 -Jul 12	9:45 a.m.	9	41382	\$264.60
Mon-Fri	Jul 2 -Jul 12	10:15 a.m.	9	41379	\$264.60
Mon-Fri	Jul 2 -Jul 12	10:15 a.m.	9	41383	\$264.60
Tue	Jul 2 -Aug 27	4:30 p.m.	9	42098	\$264.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42099	\$264.60
Tue	Jul 2 -Aug 27	5:30 p.m.	9	42100	\$264.60
Wed	Jul 3 -Aug 28	4:30 p.m.	9	42107	\$264.60
Wed	Jul 3 -Aug 28	5:00 p.m.	9	42108	\$264.60
Wed	Jul 3 -Aug 28	5:30 p.m.	9	42109	\$264.60

Private Swim - 30 minutes

Day	Dates	Time	Class #	Course ID	Fee
Delpark Homes Centre					
Thu	Jul 4 -Aug 29	4:30 p.m.	9	42161	\$264.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42162	\$264.60
Thu	Jul 4 -Aug 29	5:30 p.m.	9	42163	\$264.60
Sat	Jul 6 -Aug 24	10:00 a.m.	7	42167	\$205.80
Sat	Jul 6 -Aug 24	10:30 a.m.	7	42168	\$205.80
Sat	Jul 6 -Aug 24	11:30 a.m.	7	42169	\$205.80
Mon	Jul 8 -Aug 26	4:30 p.m.	7	42095	\$205.80
Mon	Jul 8 -Aug 26	5:00 p.m.	7	42096	\$205.80
Mon	Jul 8 -Aug 26	5:30 p.m.	7	42097	\$205.80
Mon-Fri	Jul 15 -Jul 26	8:45 a.m.	10	41384	\$294.00
Mon-Fri	Jul 15 -Jul 26	8:45 a.m.	10	41388	\$294.00
Mon-Fri	Jul 15 -Jul 26	9:15 a.m.	10	41385	\$294.00
Mon-Fri	Jul 15 -Jul 26	9:15 a.m.	10	41389	\$294.00
Mon-Fri	Jul 15 -Jul 26	9:45 a.m.	10	41386	\$294.00
Mon-Fri	Jul 15 -Jul 26	9:45 a.m.	10	41390	\$294.00
Mon-Fri	Jul 15 -Jul 26	10:15 a.m.	10	41387	\$294.00
Mon-Fri	Jul 15 -Jul 26	10:15 a.m.	10	41391	\$294.00
Mon-Fri	Jul 29 -Aug 9	8:45 a.m.	9	41392	\$264.60
Mon-Fri	Jul 29 -Aug 9	8:45 a.m.	9	41396	\$264.60
Mon-Fri	Jul 29 -Aug 9	9:15 a.m.	9	41393	\$264.60
Mon-Fri	Jul 29 -Aug 9	9:15 a.m.	9	41397	\$264.60
Mon-Fri	Jul 29 -Aug 9	9:45 a.m.	9	41394	\$264.60
Mon-Fri	Jul 29 -Aug 9	9:45 a.m.	9	41398	\$264.60
Mon-Fri	Jul 29 -Aug 9	10:15 a.m.	9	41395	\$264.60
Mon-Fri	Jul 29 -Aug 9	10:15 a.m.	9	41399	\$264.60
Mon-Fri	Aug 12 -Aug 23	8:45 a.m.	10	41400	\$294.00
Mon-Fri	Aug 12 -Aug 23	8:45 a.m.	10	41404	\$294.00
Mon-Fri	Aug 12 -Aug 23	9:15 a.m.	10	41401	\$294.00
Mon-Fri	Aug 12 -Aug 23	9:15 a.m.	10	41405	\$294.00
Mon-Fri	Aug 12 -Aug 23	9:45 a.m.	10	41402	\$294.00
Mon-Fri	Aug 12 -Aug 23	9:45 a.m.	10	41406	\$294.00
Mon-Fri	Aug 12 -Aug 23	10:15 a.m.	10	41403	\$294.00
Mon-Fri	Aug 12 -Aug 23	10:15 a.m.	10	41407	\$294.00
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42557	\$117.60
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42558	\$117.60
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42559	\$117.60

Private Swim - 30 minutes

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	10:30 a.m.	4	42560	\$117.60
Tue	Jul 2 -Aug 27	4:00 p.m.	9	42612	\$264.60
Tue	Jul 2 -Aug 27	5:00 p.m.	9	42613	\$264.60
Tue	Jul 2 -Aug 27	6:00 p.m.	9	42614	\$264.60
Thu	Jul 4 -Aug 29	4:00 p.m.	9	42619	\$264.60
Thu	Jul 4 -Aug 29	5:00 p.m.	9	42620	\$264.60
Thu	Jul 4 -Aug 29	6:00 p.m.	9	42621	\$264.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42561	\$147.00
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42562	\$147.00
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42563	\$147.00
Mon-Fri	Jul 8 -Jul 12	10:30 a.m.	5	42564	\$147.00
Mon-Fri	Jul 15 -Jul 19	9:30 a.m.	5	42565	\$147.00
Mon-Fri	Jul 15 -Jul 19	10:30 a.m.	5	42566	\$147.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42567	\$147.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42568	\$147.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42569	\$147.00
Mon-Fri	Jul 22 -Jul 26	10:30 a.m.	5	42570	\$147.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42571	\$147.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42572	\$147.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42573	\$147.00
Mon-Fri	Jul 29 -Aug 2	10:30 a.m.	5	42574	\$147.00
Tue-Fri	Aug 6 -Aug 9	9:30 a.m.	4	42575	\$117.60
Tue-Fri	Aug 6 -Aug 9	10:30 a.m.	4	42576	\$117.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42577	\$147.00
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42578	\$147.00
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42579	\$147.00
Mon-Fri	Aug 12 -Aug 16	10:30 a.m.	5	42580	\$147.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42581	\$147.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42582	\$147.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42583	\$147.00
Mon-Fri	Aug 19 -Aug 23	10:30 a.m.	5	42584	\$147.00
Mon-Fri	Aug 26 -Aug 30	9:30 a.m.	5	42585	\$147.00
Mon-Fri	Aug 26 -Aug 30	10:30 a.m.	5	42586	\$147.00

Private Swim Preschool 1 - Swimmer 3

Age: 3 to 15 years

Lessons: 30 minutes per class

Day	Dates	Time	Class #	Course ID	Fee
South Oshawa Community Centre					
Tue-Fri	Jul 2 -Jul 5	9:00 a.m.	4	42587	\$117.60
Tue-Fri	Jul 2 -Jul 5	9:30 a.m.	4	42588	\$117.60
Tue-Fri	Jul 2 -Jul 5	10:00 a.m.	4	42589	\$117.60
Mon-Fri	Jul 8 -Jul 12	9:00 a.m.	5	42590	\$147.00
Mon-Fri	Jul 8 -Jul 12	9:30 a.m.	5	42591	\$147.00
Mon-Fri	Jul 8 -Jul 12	10:00 a.m.	5	42592	\$147.00
Mon-Fri	Jul 15 -Jul 19	9:00 a.m.	5	42593	\$147.00
Mon-Fri	Jul 15 -Jul 19	10:00 a.m.	5	42594	\$147.00
Mon-Fri	Jul 22 -Jul 26	9:00 a.m.	5	42595	\$147.00
Mon-Fri	Jul 22 -Jul 26	9:30 a.m.	5	42596	\$147.00
Mon-Fri	Jul 22 -Jul 26	10:00 a.m.	5	42597	\$147.00
Mon-Fri	Jul 29 -Aug 2	9:00 a.m.	5	42598	\$147.00
Mon-Fri	Jul 29 -Aug 2	9:30 a.m.	5	42599	\$147.00
Mon-Fri	Jul 29 -Aug 2	10:00 a.m.	5	42600	\$147.00
Tue-Fri	Aug 6 -Aug 9	9:00 a.m.	4	42601	\$117.60
Tue-Fri	Aug 6 -Aug 9	10:00 a.m.	4	42602	\$117.60
Mon-Fri	Aug 12 -Aug 16	9:00 a.m.	5	42603	\$147.00
Mon-Fri	Aug 12 -Aug 16	9:30 a.m.	5	42604	\$147.00
Mon-Fri	Aug 12 -Aug 16	10:00 a.m.	5	42605	\$147.00
Mon-Fri	Aug 19 -Aug 23	9:00 a.m.	5	42606	\$147.00
Mon-Fri	Aug 19 -Aug 23	9:30 a.m.	5	42607	\$147.00
Mon-Fri	Aug 19 -Aug 23	10:00 a.m.	5	42608	\$147.00
Mon-Fri	Aug 26 -Aug 30	9:00 a.m.	5	42609	\$147.00
Mon-Fri	Aug 26 -Aug 30	10:00 a.m.	5	42610	\$147.00



Check out the events and initiatives happening in 2024 to celebrate the 100th anniversary of Oshawa as a city.



Oshawa.ca/100thAnniversary

Summer

specialty swim lessons

Fitness Swimmer

Swimmers of any age improve their overall physical fitness in the water. A structured approach based on accepted training principles and practices including interval training. Participants set their own goals.

Age: 12 to 16 years

Location: Civic Recreation Complex

Teen Swimmer - Beginner

Designed for beginners who may be just starting out. Within the curriculum participants set their own goals to develop water confidence and smooth recognizable strokes. Targeted Water Smart® drowning prevention messages are an integral part of the Swim for Life® program. These messages are delivered in all teen swimmer levels.

Age: 12 to 17 years

Location: Civic Recreation Complex

Adult Swimmer - Beginner

Participants will work towards a 10-15 metre swim on their front and back, do jump entries from the side, and recover an object from the bottom in chest-deep water. Improve fitness and flutter kick with 4 x 9-12 metre interval training.

Age: 14 years +

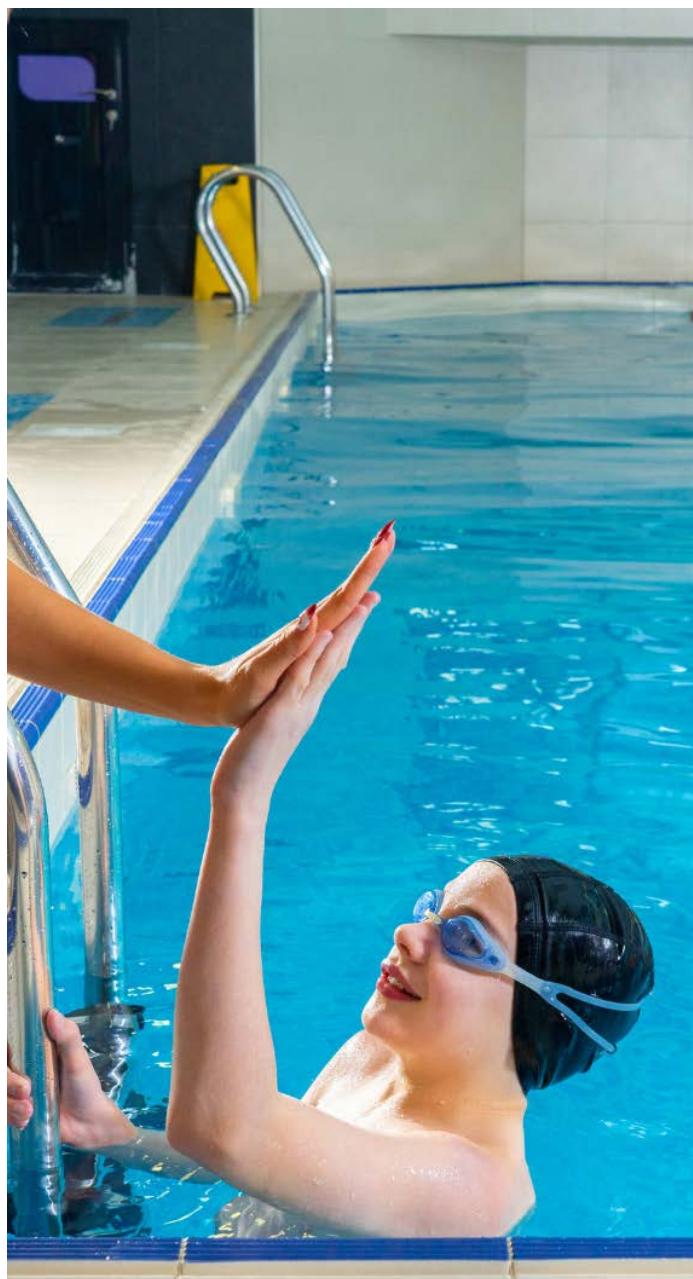
**Location: Civic Recreation Complex,
South Oshawa Community Centre**


Adult Swimmer - Intermediate

Participants will work on two interval training workouts of 4 x 25 metre kicking and front or back crawl, perform dive entries, and demonstrate breaststroke arms and breathing over 10-15 metres. Participants will also learn to support themselves at the surface for 1-2 minutes.

Age: 14 years +

Location: Civic Recreation Complex



 Eligible for financial assistance

 Inclusion Services Support available

Summer Program Information

Program	Age	Facility	Day	Dates	Time	Classes	Course ID	Price
Specialty Swim Lessons								
Fitness Swimmer	12-16 yrs	CRC	Thu	Jul 4 -Aug 29	7:00 p.m. -8:00 p.m.	9	42710	\$84.60
Teen Swimmer - Beginner	12-17 yrs	CRC	Tue	Jul 2 -Aug 27	7:15 p.m. -8:00 p.m.	9	42645	\$84.60
Adult Swimmer - Beginner	14 yrs +	CRC	Tue	Jul 2 -Aug 27	7:15 p.m. -8:00 p.m.	9	42643	\$95.58
Adult Swimmer - Beginner	14 yrs +	CRC	Thu	Jul 4 -Aug 29	7:15 p.m. -8:00 p.m.	9	42708	\$95.58
Adult Swimmer - Beginner	14 yrs +	SOCC	Tue	Jul 2 -Aug 27	6:00 p.m. -6:30 p.m.	9	42622	\$95.58
Adult Swimmer - Beginner	14 yrs +	SOCC	Thu	Jul 4 -Aug 29	6:00 p.m. -6:30 p.m.	9	42623	\$95.58
Adult Swimmer - Intermediate	14 yrs +	CRC	Tue	Jul 2 -Aug 27	7:30 p.m. -8:15 p.m.	9	42644	\$95.58

activeOshawa

Inclusion Private Swim Lessons

Grandview Special Needs Private Swimming Lessons has transitioned to Inclusion Private Swimming Lessons with the City of Oshawa.

Learn how this change will impact you at Oshawa.ca/InclusionServices



SCAN ME

Leadership & first aid

Leadership & first aid

Become a City of Oshawa Lifeguard and Swim Instructor

To be considered for employment, candidates must have the minimum certifications: National Lifeguard, Swim Instructor, Lifesaving/Emergency First Aid Instructor and Standard First Aid. All certifications must be current within 2 years.



Lifeguard path

- * Bronze Star - Optional
- 1 **Bronze Medallion & Emergency First Aid CPR B**
Must be minimum 13 years old or have Bronze Star
- 2 **Bronze Cross**
Must have Bronze Medallion and Emergency First Aid or Standard First Aid
- 3 **Standard First Aid with CPR C**
Must be completed through a WSIB certified agency
- 4 **National Lifeguard**
Must be minimum 15 years old, have Bronze Cross (current or expired) and current WSIB approved Standard First Aid certification



Swim Instructor path

- * **Swim Instructor**
Must be minimum 15 years old or have Bronze Cross
- * **Lifesaving/Emergency First Aid Instructor**
Must be minimum 15 years old or have Bronze Cross



The Swim Instructor and Lifesaving/Emergency First Aid Instructor courses can be taken in any order.

Visit [Oshawa.ca/Lifeguarding](https://www.oshawa.ca/Lifeguarding) for more information about our leadership programs.

Making registration simple

Community members no longer need to register for separate course materials. All aquatic leadership courses now include the cost for awards, manuals and course materials in their fees.

Aquatic Leadership Courses

! Aquatic Leadership courses are offered in two formats, an extended course and crash course

Extended courses

Extended courses are scheduled over the duration of a program session (i.e. several weeks) and give candidates more opportunities to practice what they learnt in between each class.

Crash courses

Crash courses allow candidates to complete a full course intensively over one or two weekends or consecutive days. Crash courses are best suited for highly motivated, mature learners ready to perform required skills with little time to practice between each class.

Course Prerequisites

Age prerequisites

Candidates must meet the minimum course age by the last day of the course or the day of the exam. There are no exceptions. Acceptable proof of age includes: birth certificate, driver's license, health card or passport.

Award prerequisites

Prerequisite award(s) must be earned prior to the start of the course. No exceptions can be made to this policy and it is the responsibility of the candidate to ensure they have the appropriate prerequisite(s).

The following are acceptable proof of award prerequisites: a printout from Find a Member; or confirmation using [Find a Member Mobile](#), a Lifesaving Society certification card or current temporary card (expired temporary cards more than 90 days old will not be accepted).



Course Attendance

Active participation and 100 per cent attendance are required for all aquatic leadership courses. If a candidate is unable to attend a class, make-up classes will not be offered and a refund will not be issued.

Before you go, you should know

Food & Drinks

Candidates should bring water/drinks and lunch/dinner/snacks where appropriate.

For aquatic leadership courses, bring:

- proof of age where required
- proof of original certification of prerequisite(s)

For in-water courses, bring:

- bathing suit(s) and towel(s)
- comfortable clothing and shoes
- non-slip sandals or deck shoes
- notebook/paper and pen/pencil

Leadership & first aid programs

.....

Bronze Star & Basic First Aid

Develop swimming proficiency, lifesaving skills, and personal fitness. Candidates refine their stroke mechanics, acquire self-rescue skills, and apply fitness principles in training workouts. Excellent preparation for success in Bronze Medallion and provides a fun introduction to lifesaving sport. Completion of Bronze Star allows early entry into Bronze Medallion if candidate is under 13 years old.

Age prerequisite: 10 to 13 years

Location: Camp Samac, Civic Recreation Complex, Donevan Recreation Complex, South Oshawa Community Centre

Bronze Medallion & Emergency First Aid

This Lifesaving Society course is the prerequisite for Bronze Cross. Participants develop stroke efficiency and endurance in a 400-metre timed swim as well as Emergency First Aid & CPR B and victim assessment skills.

Prerequisite: Bronze Star certification or 13 years + by exam date

Location: Camp Samac, Civic Recreation Complex, Donevan Recreation Complex, South Oshawa Community Centre



Bronze Cross & Standard First Aid

The Lifesaving Society's Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a prerequisite for advanced training in the Society's National Lifeguard and instructor certification programs.

Age prerequisite: 13 years +

Award prerequisite: Bronze Medallion and Emergency or Standard First Aid


Location: Donevan Recreation Complex, South Oshawa Community Centre

National Lifeguard - Pool

As Canada's professional lifeguard standard, National Lifeguard training develops a sound understanding of lifeguarding principles, good judgment, and a mature and responsible attitude towards the lifeguard's role. The course emphasizes prevention and effective rescue response in emergencies including first aid treatment. Candidates develop teamwork, leadership, and communication skills. Fitness requirements include a timed object recovery, 50 metre sprint challenge, 50 metre rescue drill, and 400 metre endurance challenge.

Age prerequisite: 15 years +

Award prerequisite: Bronze Cross and Standard First Aid from a WSIB approved agency

 Eligible for financial assistance

National Lifeguard - Recertification

The National Lifeguard award remains current for a period of two years. This is a mandatory program to recertify the award. Fitness requirements include a timed object recovery, 50 metre sprint challenge, 50 metre rescue drill, and 400 metre endurance challenge.

Age prerequisite: 17 years +

Award prerequisite: National Lifeguard Certification

Location: Donevan Recreation Complex

National Lifeguard - Waterfront Recertification

The National Lifeguard Waterfront award remains current for a period of two years. This is a mandatory program to recertify the award. Fitness requirements include a 300 metre run-swim-tow and a 50 metre swim wearing fins.

Age prerequisite: 17 years +

Award prerequisite: National Lifeguard Waterfront Certification

Location: Lakeview Park Beach, South Oshawa Community Centre

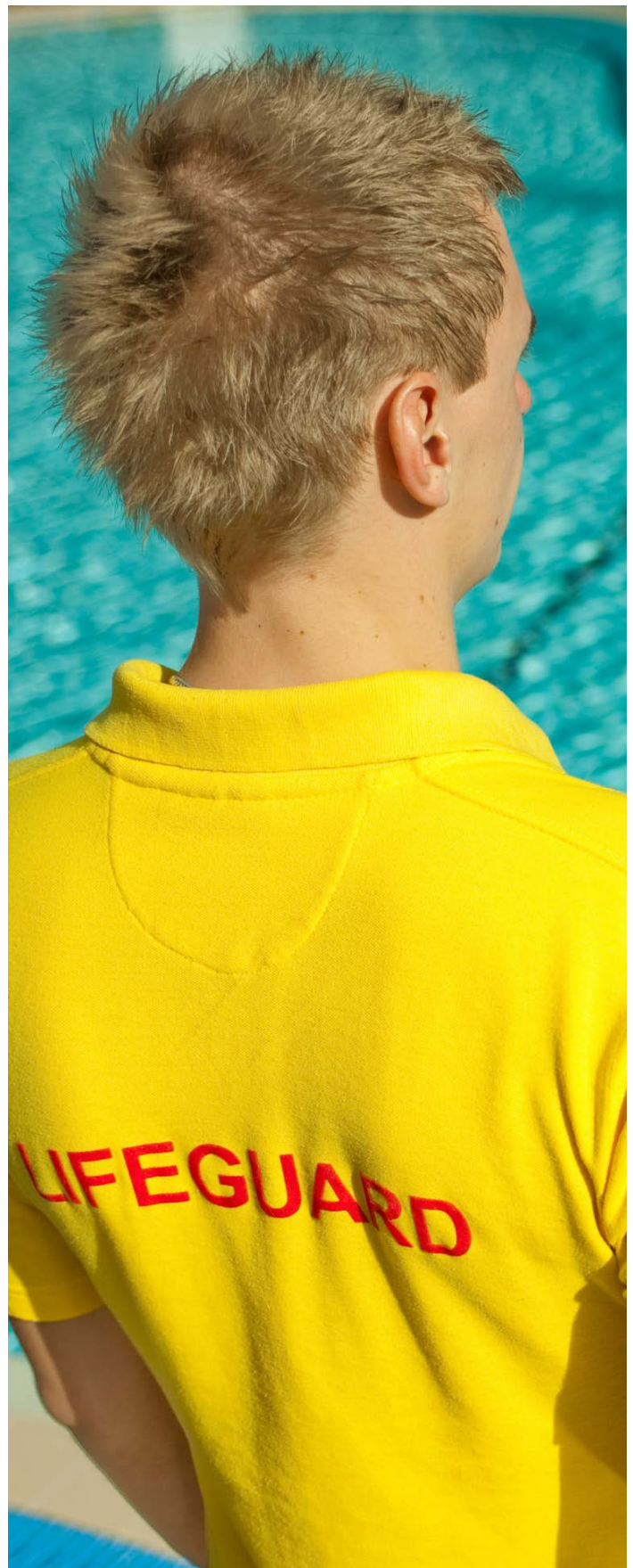
Swim Instructor


The Lifesaving Society Swim Instructor course prepares the instructor to teach and evaluate the swimming strokes and related skills found in the Lifesaving Society Swim for Life program. Candidates acquire proven teaching methods, planning skills, and a variety of stroke development drills and correction techniques.

Age prerequisite: 15 years +

Award prerequisite: Bronze Cross certification (does not need to be current).

Location: Delpark Homes Centre, Donevan Recreation Complex



 Eligible for financial assistance

Lifesaving & Emergency

First Aid Instructor

Upon successful completion of this program, candidates will be able to instruct the following awards in the Lifesaving program: Canadian Swim Patrol program, Bronze Medal Awards, Wading Pool Attendant, and Emergency First Aid.

Age prerequisite: 15 years +

Award prerequisite: Bronze Cross and Standard First Aid from a WSIB approved agency

Location: Delpark Homes Centre, Donevan Recreation Complex

Standard First Aid & CPR C

Standard First Aid provides comprehensive training covering all aspects of first aid and CPR. Standard First Aid incorporates all of Emergency First Aid and is designed for those who require a more in-depth understanding of first aid including: legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, chest injuries, and medical emergencies. Includes CPR-C certification.

Age prerequisite: 13 years +

Location: Civic Recreation Complex, Donevan Recreation Complex



Standard First Aid & CPR C - Recertification

Successful candidates will receive both Standard First Aid and CPR-C certification. Recertification can only be done through the original certifying agency. A recertification course can only be taken once. Award holders must then repeat the full Standard First Aid course.

Age prerequisite: 13 years +

Award prerequisite: Current Lifesaving Standard First Aid and CPR-C certification no more than three years from the date of issue

Location: Civic Recreation Complex, Donevan Recreation Complex



activeOshawa
Register online at Register.oshawa.ca

  oshawacity • 905-436-3311
Oshawa.ca/activeOshawa

Spring Program Information

Program	Age	Facility	Date	Day	Time	Class #	Course ID	Price
Leadership & First Aid								
Bronze Star & Basic First Aid	10-13 yrs	CRC	Apr 4 -May 23	Thu	7:00 p.m. -8:30 p.m.	8	41813	\$122.40
Bronze Star & Basic First Aid	10-13 yrs	SOCC	Apr 7 -Jun 2	Sun	11:00 a.m. -12:30 p.m.	8	40093	\$122.40
Bronze Star & Basic First Aid	10-13 yrs	DRC	Apr 6 -Jun 1	Sat	11:15 a.m. -12:45 p.m.	8	41936	\$122.40
Bronze Cross & Standard First Aid	13 yrs +	SOCC	Apr 4 -Jun 6	Thu	4:30 p.m. -7:30 p.m.	10	40091	\$345.80
Bronze Cross & Standard First Aid	13 yrs +	DRC	Apr 7 -Jun 16	Sun	9:00 a.m. -12:00 p.m.	10	41938	\$345.80
Bronze Medallion & Emergency First Aid	13 yrs +	CRC	Apr 6 -Jun 15	Sat	4:30 p.m. -6:30 p.m.	10	42944	\$204.00
Bronze Medallion & Emergency First Aid	13 yrs +	DRC	Apr 7 -Jun 16	Sun	9:00 a.m. -11:00 a.m.	10	41937	\$204.00
Bronze Medallion & Emergency First Aid	13 yrs +	SOCC	Apr 2 -Jun 4	Tue	4:30 p.m. -6:30 p.m.	10	40092	\$204.00
Standard First Aid & CPR C	13 yrs +	CRC	May 25 -May 26	Sat, Sun	9:00 a.m. -5:00 p.m.	2	42947	\$151.88
Standard First Aid & CPR C	13 yrs +	DRC	Jun 22 -Jun 23	Sat, Sun	9:00 a.m. -5:00 p.m.	2	42932	\$151.88
Standard First Aid & CPR C - Recert	13 yrs +	CRC	May 11	Sat	9:00 a.m. -5:00 p.m.	1	42948	\$75.94
Standard First Aid & CPR C - Recert	13 yrs +	DRC	Apr 21	Sun	9:00 a.m. -5:00 p.m.	1	42933	\$75.94
Standard First Aid & CPR C - Recert	13 yrs +	DRC	May 26	Sun	9:00 a.m. -5:00 p.m.	1	42934	\$75.94
Standard First Aid & CPR C - Recert	13 yrs +	DRC	Jun 16	Sun	9:00 a.m. -5:00 p.m.	1	42935	\$75.94
Lifesaving & Emergency First Aid Instructor	15 yrs +	DHC	Jun 21 -Jun 23	Fri Sat, Sun	4:00 p.m. -8:00 p.m. 9:00 a.m. -5:00 p.m.	3	41940	\$289.28
Swim Instructor	15 yrs +	DHC,DRC	Apr 7 -Jun 16	Sun	10:00 a.m. -12:00 p.m.	10	42046	\$271.20
National Lifeguard - Pool	15 yrs +	DRC	Apr 7 -Jun 16	Sun	1:00 p.m. -5:00 p.m.	10	41939	\$370.60
National Lifeguard - Pool	15 yrs +	CS,DHC	Jun 14 -Jun 23	Fri Sat, Sun	5:00 p.m. -9:00 p.m. 9:00 a.m. -5:00 p.m.	6	42972	\$370.64
National Lifeguard -Recert	17 yrs +	DRC	Apr 14	Sun	4:00 p.m. -9:00 p.m.	1	42040	\$103.96
National Lifeguard -Recert	17 yrs +	DRC	Jun 2	Sun	4:00 p.m. -9:00 p.m.	1	42042	\$103.96

Stay connected. Stay Informed. Follow us.

For news, events, program updates and cancellations.

Subscribe to our e-newsletter at www.Oshawa.ca/subscribe

  **oshawacity**

CS - Camp Samac

CRC - Civic Recreation Complex

DHC - Delpark Homes Centre

DRC - Donevan Recreation Complex

LPB - Lakeview Park Beach

SOCC - South Oshawa Community Centre

Summer Program Information

Program	Age	Facility	Date	Day	Time	Class #	Course ID	Price
Leadership & First Aid								
Bronze Star & Basic First-Aid	10-13 yrs	CRC	Jul 2 -Jul 12	Tue-Fri	9:00 a.m. -10:30 a.m.	8	42727	\$122.40
Bronze Star & Basic First-Aid	10-13 yrs	CRC	Jul 30 -Aug 9	Tue-Fri	9:00 a.m. -10:30 a.m.	8	42789	\$122.40
Bronze Star & Basic First-Aid	10-13 yrs	CS	Jul 15 -Jul 18	Mon-Thu	8:30 a.m. -11:30 a.m.	4	41875	\$122.40
Bronze Star & Basic First-Aid	10-13 yrs	CS	Aug 26 -Aug 29	Mon-Thu	8:30 a.m. -11:30 a.m.	4	41877	\$122.40
Bronze Cross & Standard First Aid	13 yrs +	DRC	Jul 8 -Jul 19	Mon-Fri	9:00 a.m. -12:00 p.m.	10	42878	\$345.80
Bronze Cross & Standard First Aid	13 yrs +	DRC	Aug 12 -Aug 23	Mon-Fri	9:00 a.m. -12:00 p.m.	10	42889	\$345.80
Bronze Cross & Standard First Aid	13 yrs +	SOCC	Jul 22 -Aug 2	Mon, Tue Thu, Fri	4:00 p.m. -7:45 p.m.	8	42742	\$345.80
Bronze Cross & Standard First Aid	13 yrs +	SOCC	Aug 19 -Aug 30	Mon, Tue Thu, Fri	4:00 p.m. -7:45 p.m.	8	42743	\$345.80
Bronze Medallion & Emergency First Aid	13 yrs +	CS	Jul 2 -Jul 12	Mon-Fri	9:00 a.m. -11:15 a.m.	9	41883	\$204.00
Bronze Medallion & Emergency First Aid	13 yrs +	CS	Jul 29 -Aug 9	Mon-Fri	9:00 a.m. -11:15 a.m.	9	41886	\$204.00
Bronze Medallion & Emergency First Aid	13 yrs +	DRC	Jul 8 -Jul 19	Mon-Fri	9:00 a.m. -11:00 a.m.	10	42861	\$204.00
Bronze Medallion & Emergency First Aid	13 yrs +	DRC	Aug 12 -Aug 23	Mon-Fri	9:00 a.m. -11:00 a.m.	10	42890	\$204.00
Bronze Medallion & Emergency First Aid	13 yrs +	SOCC	Jul 8 -Jul 19	Mon, Tue Thu, Fri	4:00 p.m. -6:30 p.m.	8	42744	\$204.00
Bronze Medallion & Emergency First Aid	13 yrs +	SOCC	Aug 6 -Aug 16	Mon-Fri	4:00 p.m. -6:30 p.m.	8	42746	\$204.00
Standard First Aid & CPR C	13 yrs +	DRC	Aug 10 -Aug 11	Sun, Sat	9:00 a.m. -5:00 p.m.	2	42936	\$151.88
Standard First Aid & CPR C - Recert	13 yrs +	DRC	Jun 30	Sun	9:00 a.m. -5:00 p.m.	1	42937	\$75.94
Standard First Aid & CPR C - Recert	13 yrs +	DRC	Jul 28	Sun	9:00 a.m. -5:00 p.m.	1	42938	\$75.94
Standard First Aid & CPR C - Recert	13 yrs +	DRC	Sep 15	Sun	9:00 a.m. -5:00 p.m.	1	42939	\$75.94
Lifesaving & Emergency First Aid Instructor	15 yrs +	DRC	Jul 2 -Jul 5	Tue-Fri	2:00 p.m. -7:00 p.m.	4	42901	\$289.28
Lifesaving & Emergency First Aid Instructor	15 yrs +	DRC	Aug 6 -Aug 9	Tue-Fri	2:00 p.m. -7:00 p.m.	4	42903	\$289.28
Swim Instructor	15 yrs +	DHC,DRC	Jul 22 -Aug 2	Mon-Fri	4:30 p.m. -6:30 p.m.	10	42882	\$271.20
Swim Instructor	15 yrs +	DHC,DRC	Aug 19 -Aug 30	Mon-Fri	4:30 p.m. -6:30 p.m.	10	42914	\$271.20
National Lifeguard - Pool	15 yrs +	CRC	Jul 8 -Jul 19	Mon-Fri	4:00 p.m. -8:00 p.m.	10	42952	\$370.60
National Lifeguard - Pool	15 yrs +	DRC	Aug 12 -Aug 23	Mon-Fri	3:00 p.m. -7:00 p.m.	10	42894	\$370.60
National Lifeguard - Waterfront Recert	15 yrs +	LPB, SOCC	Jul 27	Sat	9:00 a.m. -2:00 p.m.	1	42929	\$103.96
National Lifeguard -Recert	17 yrs +	DRC	Jul 7	Sun	1:00 p.m. -6:00 p.m.	1	42927	\$103.96
National Lifeguard -Recert	17 yrs +	DRC	Aug 11	Sun	1:00 p.m. -6:00 p.m.	1	42930	\$103.96
National Lifeguard -Recert	17 yrs +	DRC	Sep 15	Sun	1:00 p.m. -6:00 p.m.	1	42931	\$103.96



Celebrate Oshawa's Centennial 1924 - 2024



Learn more about upcoming celebrations,
visit Oshawa.ca/Centennial

Never miss another event!
Sign up for weekly community event updates.
Oshawa.ca/subscribe

