

### Automated External Defibrillation

Automated External Defibrillation builds on the skills learned in CPR and first aid courses. AED provides knowledge of how the heart works and what goes wrong when defibrillation is required. Candidates will learn when and how to operate an AED unit, as well as reporting protocols required after an incident in which the AED unit is used.

Prerequisites: CPR-A or higher.

13yrs+

4 hours \$59.42

Civic Recreation Complex

Day	Start	Time	Code
Sat	Dec 17	9:00am - 1:00pm	167627
Sat	Mar 10	9:00am - 1:00pm	167628

Donevan Recreation Complex

Day	Start	Time	Code
Sat	Oct 1	9:00am - 1:00pm	168759
Sat	Oct 29	9:00am - 1:00pm	168775
Sat	Feb 11	9:00am - 1:00pm	168790

South Oshawa Community Centre

Day	Start	Time	Code
Sun	Jan 8	2:00pm - 6:00pm	169358

### CPR - Level C (Recert)

Lifesaving procedures for adult, child and infant. Annual recertification is recommended. Prerequisite: CPR-C certification.

13yrs+

4 hours \$43.40

Civic Recreation Complex

Day	Start	Time	Code
Sat	Sep 24	9:00am - 1:00pm	167631

Donevan Recreation Complex

Day	Start	Time	Code
Sat	Jan 28	9:00am - 1:00pm	168762
Sat	Mar 10	9:00am - 1:00pm	168765

### Emergency First Aid

Emergency First Aid is a course for those who want a general knowledge of first aid principles and emergency treatment of injuries. Includes. CPR Level B certification (Adult and Child CPR procedures). Emergency first aid is the prerequisite for Bronze Cross.

11yrs+

8 hours \$58.96

Civic Recreation Complex

Day	Start	Time	Code
Sat	Sep 17	9:00am - 5:00pm	167632
Sat	Jan 14	9:00am - 5:00pm	167633

### Standard First Aid & CPR-C

This course provides comprehensive training covering all aspects of Standard First Aid and CPR Level C. Standard First Aid is the prerequisite for National Lifeguard Service.

13yrs+

16 hours \$91.40

Civic Recreation Complex

Day	Start	Time	Code
Sat-Sun	Oct 15	9:00am - 5:00pm	167646
Sat-Sun	Mar 3	9:00am - 5:00pm	167647

Donevan Recreation Complex

Day	Start	Time	Code
Sat-Sun	Sep 24	9:00am - 5:00pm	168766 relocated to Northview
Sat-Sun	Jan 14	9:00am - 5:00pm	168767

South Oshawa Community Centre

Day	Start	Time	Code
Sat-Sun	Nov 5	9:00am - 5:00pm	169352
Sat-Sun	Feb 4	9:00am - 5:00pm	169353

### Standard First Aid & CPR (Recert)

First Aid certification is valid for 3 years. Successful candidates will receive both Standard First Aid and CPR-C certification. Prerequisite: Standard First Aid and CPR-C certification. Standard First Aid Recertification Procedure: Standard First Aid (SFA) award holders may recertify their Lifesaving Society SFA Recertification just once on a Lifesaving Society SFA recertification course. To renew SFA certification subsequently, award holders must repeat the full SFA Course. Thereafter, individuals may renew by alternating recertifications and original courses. Holders of SFA certifications from other agencies may not recertify their certificate on a Lifesaving Society recertification course. They may recertify only with the original certifying agency.

13yrs+

8 hours \$69.89

Civic Recreation Complex

Day	Start	Time	Code
Sat	Sep 24	9:00am - 5:00pm	167645

Donevan Recreation Complex

Day	Start	Time	Code
Sat	Jan 28	9:00am - 5:00pm	168764
Sat	Mar 10	9:00am - 5:00pm	168763