

**Hockey Skills (Parent and Child)** 🍁

Introductory hockey skills program for young children who are able to skate. Adults must be able to skate and accompany the child on the ice. Participants will learn basic hockey skills in an informal, fun and encouraging atmosphere. Children must wear full hockey equipment and a CSA approved hockey helmet with full face mask. Adults must wear a CSA approved hockey helmet.

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Legends Centre	4-7yrs	Wed	Sep 28	6:00pm - 6:50pm	10	165917	\$96.30
Legends Centre	4-7yrs	Wed	Jan 11	6:00pm - 6:50pm	9	165918	\$86.67

**Learn to Skate (Parent and Child)** 🍁

Introductory program for both parent and child will build confidence and teach new skills in a fun and encouraging atmosphere. Adults must be able to skate and accompany the child on the ice. CSA approved hockey helmets are mandatory for both parent and child. Face masks and mitts are strongly recommended.

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Donevan Recreation Complex	3-7yrs	Mon	Oct 17	6:00pm - 6:50pm	9	166089	\$86.67
Donevan Recreation Complex	3-7yrs	Fri	Oct 14	6:00pm - 6:50pm	10	166090	\$96.30
Donevan Recreation Complex	3-7yrs	Sat	Oct 15	11:00am -11:50am	10	166091	\$96.30
Donevan Recreation Complex	3-7yrs	Mon	Jan 9	6:00pm - 6:50pm	8	166168	\$77.04
Donevan Recreation Complex	3-7yrs	Fri	Jan 13	6:00pm - 6:50pm	9	166169	\$86.67
Donevan Recreation Complex	3-7yrs	Sat	Jan 14	12:00pm -12:50pm	9	166170	\$86.67
Legends Centre	3-7yrs	Tue	Sep 27	11:00am -11:50am	10	165915	\$96.30
Legends Centre	3-7yrs	Tue	Sep 27	6:00pm - 6:50pm	10	165893	\$96.30
Legends Centre	3-7yrs	Thu	Sep 29	6:00pm - 6:50pm	10	165894	\$96.30
Legends Centre	3-7yrs	Sat	Oct 1	12:00pm -12:50pm	10	165895	\$96.30
Legends Centre	3-7yrs	Tue	Jan 10	11:00am -11:50am	9	165916	\$86.67
Legends Centre	3-7yrs	Tue	Jan 10	6:00pm - 6:50pm	9	165896	\$86.67
Legends Centre	3-7yrs	Thu	Jan 12	6:00pm - 6:50pm	9	165897	\$86.67
Legends Centre	3-7yrs	Sat	Jan 14	12:00pm -12:50pm	9	165898	\$86.67

**Child/Youth Skating**

**Hockey Skills (Youth)** 🍁

Intended for house league calibre players (boys & girls) who want to improve basic hockey skills. Skating, puck control, and passing will be covered through fun and engaging drills. Participants will learn to stop in both directions, will build confidence and improve balance and posture. Participants must have previous skating experience and should be registered to play in a minor house league. Full hockey equipment is mandatory for all participants.

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Legends Centre	8-10yrs	Wed	Sep 28	7:00pm - 7:50pm	10	165919	\$91.90
Legends Centre	11-14yrs	Wed	Sep 28	8:00pm - 8:50pm	10	165920	\$91.90
Legends Centre	8-10yrs	Wed	Jan 11	7:00pm - 7:50pm	9	165921	\$82.71
Legends Centre	11-14yrs	Wed	Jan 11	8:00pm - 8:50pm	9	165922	\$82.71

**Learn to Skate (Child)** 🍁

Learn new skating skills in a progressive teaching sequence through seven levels. Each level includes Stroking, Rotating, Freestyle, Stopping and Slalom skills. Skaters will be assessed at the first class and assigned to the most appropriate group. Participants previously enrolled in this program should bring progress cards to the first class. New skaters should be able to stand on the ice and be able to 'walk' from point to point. CSA approved hockey helmets are mandatory for all participants. Face masks and mitts are strongly recommended. Please note that the program on Thursday night at 8:00 pm at Legends is shared ice with the Learn to Skate Youth.

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Donevan Recreation Complex	5-14yrs	Mon	Oct 17	5:00pm - 5:50pm	9	166039	\$82.71
Donevan Recreation Complex	5-14yrs	Fri	Oct 14	5:00pm - 5:50pm	10	166040	\$91.90
Donevan Recreation Complex	5-14yrs	Fri	Oct 14	7:00pm - 7:50pm	10	166041	\$91.90
Donevan Recreation Complex	5-14yrs	Sat	Oct 15	10:00am - 10:50am	10	166042	\$91.90
Donevan Recreation Complex	5-14yrs	Mon	Jan 9	5:00pm - 5:50pm	8	166163	\$73.52
Donevan Recreation Complex	5-14yrs	Fri	Jan 13	5:00pm - 5:50pm	9	166164	\$82.71
Donevan Recreation Complex	5-14yrs	Fri	Jan 13	7:00pm - 7:50pm	9	166165	\$82.71
Donevan Recreation Complex	5-14yrs	Sat	Jan 14	10:00am -10:50am	9	166166	\$82.71
Donevan Recreation Complex	5-14yrs	Sat	Jan 14	11:00am -11:50am	9	166167	\$82.71

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### Learn to Skate (Child) continued

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Legends Centre	5-11yrs	Tue	Sep 27	7:00pm - 7:50pm	10	165899	\$91.90
Legends Centre	5-11yrs	Thu	Sep 29	7:00pm - 7:50pm	10	165900	\$91.90
Legends Centre	5-11yrs	Thu	Sep 29	8:00pm - 8:50pm	10	165903	\$91.90
Legends Centre	5-11yrs	Sat	Oct 1	1:00pm - 1:50pm	10	165901	\$91.90
Legends Centre	5-11yrs	Sat	Oct 1	2:00pm - 2:50pm	10	165902	\$91.90
Legends Centre	5-11yrs	Tue	Jan 10	7:00pm - 7:50pm	9	165904	\$82.71
Legends Centre	5-11yrs	Thu	Jan 12	7:00pm - 7:50pm	9	165905	\$82.71
Legends Centre	5-11yrs	Thu	Jan 12	8:00pm - 8:50pm	9	165908	\$82.71
Legends Centre	5-11yrs	Sat	Jan 14	1:00pm - 1:50pm	9	165906	\$82.71
Legends Centre	5-11yrs	Sat	Jan 14	2:00pm - 2:50pm	9	165907	\$82.71

### Learn to Skate (Youth)

Intended for youth just learning to skate and for those who wish to improve skating skills through small and large group instruction. CSA approved hockey helmets are mandatory for all participants. Please note that this program is shared ice with the Child Learn to Skate program.

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Legends Centre	12-17yrs	Thu	Sep 29	8:00pm - 8:50pm	10	165909	\$91.90
Legends Centre	12-17yrs	Thu	Jan 12	8:00pm - 8:50pm	9	165910	\$82.71

### Skating Skills for Hockey (Youth)

Intended for young hockey players (boys & girls) who want to improve skating skills and be strides above the rest. Participants will learn to stop in both directions, build confidence, improve skills through repetition and concentration and will improve balance and posture. Skating, skating and more skating! Full hockey gear is required. No sticks or pucks.

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Legends Centre	7-12yrs	Mon	Sep 26	5:00pm - 5:50pm	10	165889	\$91.90
Legends Centre	7-12yrs	Mon	Jan 9	5:00pm - 5:50pm	8	165890	\$73.52

## Skating Adult

### Hockey Skills (Adult Coed)

Intended for adult male and female recreational hockey players who want to improve skills and conditioning. Tips and instruction on skating, puck control, passing, shooting and game situations will be covered along with controlled scrimmage play. Full hockey equipment is required.

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Legends Centre	18yrs+	Mon	Sep 26	7:30pm - 8:50pm	10	165891	\$163.23
Legends Centre	18yrs+	Mon	Jan 9	7:30pm - 8:50pm	8	165892	\$130.58

### Hockey Skills (Women)

Intended for female recreational hockey players who want to improve skills and conditioning. Tips and instruction on skating, puck control, passing, shooting and game situations will be covered along with controlled scrimmage play. Full hockey equipment is required.

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Legends Centre	18yrs+	Mon	Sep 26	6:00pm - 7:20pm	10	167468	\$163.23
Legends Centre	18yrs+	Mon	Jan 9	6:00pm - 7:20pm	8	167474	\$130.58

### Learn to Skate (Adult)

Intended for adults just learning to skate and for those who wish to improve skating skills through small and large group instruction. CSA approved hockey helmets are mandatory for all participants.

Location	Age	Day(s)	Start Date	Time	# of classes	Code	Fee
Donevan Recreation Complex	15yrs+	Mon	Oct 17	6:00pm - 6:50pm	9	166092	\$97.94
Donevan Recreation Complex	15yrs+	Mon	Jan 9	6:00pm - 6:50pm	8	166171	\$87.06
Legends Centre	18yrs+	Tue	Sep 27	12:00pm - 12:50pm	10	165912	\$108.82
Legends Centre	18yrs+	Tue	Sep 27	8:00pm - 8:50pm	10	165911	\$108.82
Legends Centre	18yrs+	Tue	Jan 10	12:00pm - 12:50pm	9	165914	\$97.94
Legends Centre	18yrs+	Tue	Jan 10	8:00pm - 8:50pm	9	165913	\$97.94