Before you go, you should know...

- Art programs can be messy, we recommend not wearing new or expensive clothes to programs.
- Clean indoor shoes are required for sports and dance programs.

Ice Programs

- CSA approved hockey helmet is mandatory for everyone on-ice including a full mask for participants under 18 years.

Why participate?

- Learn motor skills through play and sport
- Gain physical fitness and enhance overall health and well being.
- Learn creativity through play and arts/cultural activities.
- Builds self-esteem and positive self-image.
- Develop life-skills through play.
- Develop life-long friendships.
- Have fun!

The Benefits of Parks & Recreation

Save time, register online
register.oshawa.ca
Children 6 and Over

Arts & Crafts

**Drawing Skills**
Does your child love to draw? They will learn basic techniques needed to draw portraits, landscapes and abstract drawings using media such as pencils, markers, pastels and charcoal.

*Age: 6 to 12 years*
*Location: Arts Resource Centre*

**Anime Introduction**
Learn how to create sketches, and full colour illustrations in the popular Japanese cartoon style ‘Anime’. Using a variety of drawing media, learn how to create various characters, costumes and facial expressions.

*Age: 6 to 12 years*
*Location: Northview Community Centre*

**Comic Book Creation**
Do you love comic books? Learn the basics of planning, designing, and creating your own graphic novels and comic book strips. Children will create a plot and transform it into their own illustrated story.

*Age: 6 to 10 years*
*Age: 10 to 14 years*
*Location: Arts Resource Centre, Donevan Recreation Complex*

**Art Exploration**
An exploration of various creative mediums including pottery, drawing, and painting. Class material will be based around popular themes with each art form being taught over two-week segments.

*Age: 6 to 12 years*
*Location: Arts Resource Centre*

**Claymation**
Use clay and plasticine along with your imagination to create a story, 3D characters, design backgrounds, props, and build mini sets or dioramas. Working with our instructor, children will record their creations making their very own stop motion animation.

*Age: 6 to 12 years*
*Location: Arts Resource Centre*

**Minecraft® Creations**
This class will be focused around the popular game Minecraft®. Children will unleash their creativity by making a variety of Minecraft® projects using watercolours, drawing, painting and sculpting.

*Age: 6 to 12 years*
*Location: Arts Resource Centre*

**Pottery**
An introduction to pottery using basic hand building techniques. Children will be encouraged to use their imaginations to create projects such as musical instruments, jewelry boxes, dragons, castles, animals and figurines.

*Age: 6 to 12 years*
*Location: Arts Resource Centre*

**Pottery Workshop**
In this workshop participants will be guided in their creation learning basic hand building techniques and exploring such areas as construction, design, and glazing. Participants will create one piece per workshop and all pieces created will be fired and ready to take home approximately two weeks after the workshop completes.

*Age: 6 to 12 years*
*Location: Arts Resource Centre*

**Cartooning**
Learn the basics of cartoon drawing such as facial expressions, costume designs and caricatures. Children will be encouraged to use their imagination and humor to create different cartoon characters.

*Age: 6 to 12 years*
*Location: Arts Resource Centre*

**Acrylic Painting for Youth**
Youth will be encouraged to experiment with a variety of techniques, including paint handling and application, brush work, colour theory and composition. Participants will be required to purchase some of their own supplies after the first class.

*Age: 10 to 14 years*
*Location: Arts Resource Centre*

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Partnership program, see page 7 for more information.

Financial assistance available, see pages 7-8 for more information.

Inclusion Support Services available, see page 39 for information.
Arts & Crafts ...continued

Pottery Wheel for Youth
This next level class is designed for youth who would like to try their hand on the potter’s wheel. Youth will express creativity as they design and build their own works of art.

Age: 10 to 14 years
Location: Arts Resource Centre

Paint the Night Away - Adult & Child
Come out, get creative, and enjoy a social night out. This one-night class includes all required material, an instructor to guide you through each step of the way, and a masterpiece of your very own to take home. No artistic skills are required.

Age: 10 years +
Location: Arts Resource Centre

Dance

Acro - Intro
Incorporating jumps, cartwheels and other acrobatics this introductory program combines jazz, dance and gymnastics. An informal recital for family and friends will be held at the end of the session.

Age: 5 to 7 years
Location: Donevan Recreation Complex, Northview Community Centre

Ballet
Aimed at improving a dancer’s balance, body awareness, and graceful movement by focusing on ballet and basic body positions. An informal recital for family and friends will be held at the end of the session.

Age: 5 to 7 years
Location: Donevan Recreation Complex

Funky Town
A fun, recreational dance program that teaches some of the latest hip hop video dance moves. The program includes cardio warm up and dance combinations to the latest radio hits. Focus is on building self-esteem and confidence in a non-competitive environment.

Age: 6 to 9 years
Location: Northview Community Centre

Hip Hop - Boys Only
Learn today’s hottest funky dance moves, combinations and challenging dance routines. An informal recital for family and friends will be held at the end of the session.

Age: 6 to 10 years
Location: Donevan Recreation Complex

Hip Hop - Level 1
Introduction to the steps of today’s hottest dance through funky dance combinations. An informal recital for family and friends will be held at the end of the session.

Age: 6 to 10 years
Location: Delpark Homes Centre, Donevan Recreation Complex

Acro - Intermediate
Building on steps and skills learned in Acro - Intro children will put together a more challenging routine. An informal recital for family and friends will be held at the end of the session.

Age: 8 to 12 years
Location: Donevan Recreation Complex

Hip Hop - Level 2
Building on previous hip hop knowledge by adding funky dance moves and combinations, and a more challenging dance routine. An informal recital for family and friends will be held at the end of the session.

Age: 8 to 12 years
Location: Donevan Recreation Complex

Drama & Music

Little Actors
Casting call for little actors ready to step into the spotlight! Songs, dances, and fairy tales are explored. Activities and games focus on co-operation, movement, voice, and imagination. There is a short performance for family and friends at the end of the session.

Age: 4 to 6 years
Location: Arts Resource Centre

Junior Actors
Activities and games will focus on cooperation, movement, voice, and imagination. Songs, dances, and fairy tales will be explored. A short performance will be held for friends and family at the end of the session.

Age: 6 to 10 years
Location: Arts Resource Centre

Musical Keyboarding - An Introduction
Learn basic keyboard functions, note reading, chords, and popular songs. All material provided.

Age: 6 to 10 years
Age: 10 to 14 years
Location: Arts Resource Centre
Musical Theatre $
Combining dancing, singing, and acting to musical numbers from popular shows, participants will practice then perform at an informal recital for family and friends at the end of the session.

Age: 6 to 10 years
Location: Arts Resource Centre

Buckets & Beats $
This high energy and exciting program introduces participants to the basics of rhythm, tempo and stick handling of bucket drumming. Using plastic buckets and other objects participants will create drum beats, songs, and work toward writing their own drum music.

Age: 6 to 12 years
Location: Arts Resource Centre

Guitar - An Introduction
Study the types, parts, handling, and tuning of guitars. Participants will learn to read music notation and will develop performance skills as you play several popular songs.

Age: 8 to 15 years
Location: Northview Community Centre

Guitar - Level 2
Study the types, parts, handling, and tuning of guitars. Participants will learn to read music notation and will develop performance skills as you play several popular songs.

Age: 8 to 15 years
Location: Northview Community Centre

Lights, Camera, Action! $
Participants will collaborate to create a theatrical performance of their very own by writing a script, directing, and acting. Participants will showcase their work in a performance for friends and family at the end of the session.

Age: 10 to 14 years
Location: Arts Resource Centre

The Voice $
Learn vocal techniques, range, tonal clarity, breath control, and endurance to get the most out of your voice.

Age: 10 to 14 years
Location: Arts Resource Centre

Today’s Pop Hits $
Learn vocal techniques, stage movement, line memorization, and receive performance tips while creating fun and dynamic group numbers from the pop hits of today. Participants will showcase their work during performance for friends and family at the end of the session.

Age: 10 to 14 years
Location: Arts Resource Centre

Leadership, Safety & First Aid

When I’m Home Alone $
The course will help participants learn the skills required to stay home alone whether just after school or for longer periods of time. Parents/guardians are required to attend with their child to achieve the full benefit of the program.

Age: 9 to 12 years
Location: Northview Community Centre

Red Cross Babysitting Course $
Designed for youth who are, or want to become, a babysitter, the course covers safety tips for children of all ages, basic child care skills, and what to do in case of an emergency. Additional fees for materials and awards are applied at checkout.

Age: 11 years+
Location: Civic Recreation Complex

Select these materials when registering:
Manual Code: 15318

Standard First Aid & CPR-C $
This course provides comprehensive training covering all aspects of Standard First Aid and CPR-C. Additional fees for materials and awards are applied at checkout.

Age: 13 years+
Location: Civic Recreation Complex

Select these materials when registering:
Manual Code: 15051  Award Code: 15050

Age: 13 years+
Location: Donevan Recreation Complex

Select these materials when registering:
Manual Code: 14706  Award Code: 15266
Children 6 and Over

Leadership, Safety & First Aid
...continued

Standard First Aid & CPR - Recert $
Successful candidates will receive both Standard First Aid and CPR-C certification. Recertification can only be done through the original certifying agency. A recertification course can only be taken once. Award holders must then repeat the full Standard First Aid course. Additional fees for materials and awards are applied at checkout. Prerequisite: Current Lifesaving Standard First Aid and CPR-C certification not more than three years from the date of issue.

Age: 13 years+
Location: Civic Recreation Complex

Select these materials when registering:
Program Date: Sep 22 Award Code: 15050
Program Date: Nov 23 Award Code: 15319

Age: 13 years+
Location: Donevan Recreation Complex

Select these materials when registering:
Manual Code: 14707 Award Code: 14705

Recreation Instructor - In - Training $
This course prepares youth for opportunities in the recreation work field by teaching program planning, child/group management and leadership techniques. Participants take part in a placement at a City of Oshawa recreation facility, these hours qualify towards a participant’s volunteer hours for high school.

Age: 14 to 16 years
Location: Donevan Recreation Complex

Sports

Junior Sports $
Younger athletes try their hand or foot at fun sports. Hockey, soccer, basketball and many other sports make this course a ton of fun!

Age: 4 to 6 years
Location: Delpark Homes Centre

Karate Kidz $-
Young children will have fun learning the fundamentals of karate.

Age: 4 to 6 years
Location: Northview Community Centre

Sportball Multi-Sport $
This dynamic and unique sports program will focus on skill development in floor hockey, baseball, basketball, soccer, tennis, volleyball, and golf. It’s creative, non-competitive, and helps children build self-esteem and prepare for a future of confident sports play.

Age: 5 to 8 years
Age: 6 to 9 years
Location: Delpark Homes Centre, Northview Community Centre

Learn to Skate $
Skating skills are taught in a progressive sequence of seven levels. New participants are assessed at the first class and assigned to the most appropriate level. Participants previously enrolled in this program should bring progress cards to the first class.

Age: 5 to 11 years
Location: Delpark Homes Centre
Age: 5 to 14 years
Location: Donevan Recreation Complex

Floor Hockey $
A basic introduction to floor hockey with emphasis on stick handling, passing, team play, sportsmanship and the rules of the game. Boys and girls are welcome! This is a non-contact program.

Age: 6 to 8 years
Location: South Oshawa Community Centre

Hockey Skills $
House league caliber and first-time hockey players are taught fundamental hockey skills: stick handling, puck control, passing, and shooting.

Age: 6 to 8 years
Age: 9 to 14 years
Location: Delpark Homes Centre

Karate $
A beginner program for children with an interest in Karate.

Age: 6 to 8 years
Location: Northview Community Centre

Soccer Basics $
Soccer basics is an introductory program that will focus on basic ball handling skills such as passing, dribbling, and shooting. This program will also benefit beginners wishing to improve their skills. Closed-toed running shoes are required.

Age: 6 to 8 years
Location: South Oshawa Community Centre
Games, Games, Games
This program is a great way to stay active and to promote a healthy lifestyle. Dodgeball, capture the flag, parachute games, and others will keep everyone moving while encouraging team play.

Age: 6 to 10 years
Location: Walter E. Harris Public School

Karate Kid Style
Karate Kid style refers to the combination of both karate and kung fu. Blocks, punches, and kicks are developed into kata training (techniques organized into routines) with a focus on developing discipline, mental focus, and mind body mastery.* Additional fees may apply.

Age: 6 to 17 years
Beginner - White Belt
Intermediate - Yellow to Green Belt (*Prerequisite: White Belt)
Advanced - Blue to Black Belt
Location: Civic Recreation Complex

Dodgeball
This program focuses on the game of dodgeball and incorporates different versions such as king’s court, elimination dodgeball, and many more!

Age: 7 to 10 years
Age: 11 to 14 years
Age: 8 to 12 years
Location: Walter E. Harris Public School

Kidz X-FITT
A fast paced fitness circuit developing balance, body control, flexibility, and movement through running, jumping, hopping, climbing, throwing, and skipping. This program is sure to be challenging but exhilarating for the athlete in training and the non-athlete looking to get active.

Age: 8 to 14 years
Location: Civic Recreation Complex

Badminton
Join friends for some fun, exercise, and learn the skills of the game! Racquets and shuttles are provided for players new to the game.

Age: 8 to 15 years
Location: Northview Community Centre

Basketball
Learn the basics of basketball in a fun and friendly environment.

Age: 10 to 14 years
Location: Northview Community Centre

Volleyball
Join friends for noncompetitive volleyball in a fun and friendly setting. A great opportunity for exercise and to improve your skills.

Age: 10 to 14 years
Location: Northview Community Centre

Mother & Daughter Yoga
Develop physical strength, endurance, flexibility, and learn basic yoga moves while spending quality time with your daughter. Daughters must be 10 years of age or older.

A yoga mat and warm clothing are recommended. The course fee includes one adult and one child. Additional family members are $22.61 each. Registration available in person or by fax only.

Age: 10 years+
Location: Donevan Recreation Complex

Learn to Skate - Youth
Learn basic skating skills to help you feel more comfortable on the ice including: starting, stopping, striding, and gliding.

Age: 12 to 17 years
Location: Delpark Homes Centre

Learn to Swim - Youth
A two-level swimming and water-safety program for youth based on personal choice. Participants set their own goals, proceed at their own pace, and track their own progress. Participants will be grouped according to ability in one of the two levels: learn to swim or stroke development. Newcomers and experienced swimmers are welcome!

Age: 14 to 18 years
Location: Civic Recreation Complex, Delpark Homes Centre
Children 6 and Over

Technology

**Kids Great Minds - Jr Games and Animations Programming**
Young children will learn beginner coding, allowing them to make their own characters come to life by programming them to move, jump, dance, sing and so much more. Children will learn problem solving, numeracy, literacy while still having fun! Children aren’t just learning to code, they are coding to learn. An Apple or Android tablet is required for this program.

*Age: 5 to 7 years
Location: Northview Community Centre*

**Kids Great Minds - 3D Modeling and Printing**
Children will learn how to design and model 3D objects from their favourite movies and video games, animals, moving pieces and anything else that they can imagine. At the end of the program, children will be able to take home one of their newly created models! A 3D printer will also be brought in for students to see and learn how it works. Note: more pieces can be made at an additional cost.

*Age: 8 to 12 years
Location: Northview Community Centre*

**Kids Great Minds - iPad© Video Game Creation**
Learn the basics of creating games in this program by using coding concepts such as If statements, conditions, variables, sequencing etc. Children will create many games on their iPad by using single & multiplayer options, A.I.'s, enemies and platformers. Impress your family and friends by sharing your unique games with them. Students are required to bring their own Apple iPad© to this course.

*Age: 9 to 13 years
Location: Northview Community Centre*

Program Registration Information

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<th>Program</th>
<th>Age</th>
<th># Classes</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Facility</th>
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ARC - Arts Resource Centre  
CRC - Civic Recreation Complex  
DEL - Delpark Homes Centre  
DRC - Donevan Recreation Complex  
NCC - Northview Community Centre  
SOCC - South Oshawa Community Centre  
WEH - Walter E. Harris Public School

---

**Make a difference with the Oshawa Youth Council**

Have your voice heard.

Are you in grades 7-12?  
Interested in getting involved?  
Able to commit to one meeting a month?

- Develop leadership skills  
- Gain volunteer hours  
- Organize youth events  
- Make an impact in your community

For more information, visit www.oshawa.ca/oyc or call Paul 905-436-3311 ext 5706.