Before you go, you should know...

- Clean indoor shoes are required for sports and dance programs.

Ice Programs

- CSA approved hockey helmet is mandatory for everyone on-ice.

Why participate?

- Builds social skills and stimulates participation in community life.
- Provides opportunities for life-long learning.
- Reduces isolation, loneliness and alienation.
- Build a sense of belonging within the community.
- Helps extend life expectancy.

The Benefits of Parks & Recreation

Save time, register online
register.oshawa.ca
Adult

Arts & Crafts

Acrylic Painting $
An introduction to basic acrylic painting through a series of projects relating to art concepts and techniques. Ideal for painters of all abilities wanting to refresh their skills and/or learn new techniques. Participants will be required to purchase their own art supplies after the first class.

Age: 16 years +
Location: Arts Resource Centre

Acrylic Painting - Intermediate $
Learn acrylic painting skills through a series of projects relating to art concepts and techniques. Ideal for those looking to further develop their skill and/or learn new techniques. Participants will be required to purchase their own art supplies after the first class.

Age: 16 years +
Location: Arts Resource Centre

Pottery & Sculpture $
This program will feature instruction in form, texture, construction, and design. Wheel throwing, decoration and glaze techniques will also be taught. Fee includes clay, glaze, and firing.

Age: 16 years +
Location: Arts Resource Centre

Program Registration Information

<table>
<thead>
<tr>
<th>Program</th>
<th>Age</th>
<th># Classes</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Facility</th>
<th>Code</th>
<th>Fee</th>
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<td>4</td>
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ARC - Arts Resource Centre  
CRC - Civic Recreation Complex  
DEL - Delpark Homes Centre formerly Legends Centre